

WHAT'S HAPPENING

THURSDAY MARCH 16

SUNRISE 7:22AM; SUNSET 7:20PM
AVG. HIGH 56; AVG. LOW 37

ART/CRAFT The Japanese Art of Notan, make a unique light/dark paper collage, 2-4pm, Willamalane Adult Activity Center, 215 W. C St., Spfd. \$16/\$20.

GATHERINGS Refuge Recovery meeting, 7:30-8:30am today & Thursday, March 23, Cascade Center for Spiritual Living, 741 Main St., Spfd. FREE.

PSCC Budget Committee, 10am-11am, LCOG 5th Floor Buford rm. FREE.

Poverty & Homelessness Board, noon-1:30pm, Lane County Youth Services Serbu Campus, Carmichael Conference rm., 2727 Martin Luther King Jr. Blvd. FREE.

Downtown Public Speakers Toastmasters Club, drop-ins welcome, noon-1:05pm today & Thursday, March 23, Les Lyle Conference rm., 4th floor Wells Fargo Bldg., 99 E. Broadway Ave., 485-1182. FREE.

NAMI Connection Support Group for people w/mental health issues, 1-2:30pm today & Thursday, March 23, 2411 Martin Luther King Jr. Blvd. FREE.

Finance & Audit Committee, 1:30-3pm, Board of Commissioners' Conference rm., 125 E. 8th Ave. FREE.

Retired Senior Providers of Lane County meeting, 2pm, Sheldon Oaks Retirement, 2525 Cal Young Rd. FREE.

Public Safety Coordinating Council, 3-5pm, Lane County Youth Services Serbu Campus, Carmichael rm., 2727 Martin Luther King Jr. Blvd. FREE.

Rush Hour Resistance, Progressive Coalition Rally, 5-6pm Mon-

day through Friday, old Federal Building, 211 E. 7th. FREE.

Emerald Photographic Society Club Meeting, 6:45pm today & Thursday March 23, Northwood Christian Church, 2425 Harvest Ln., Spfd. FREE.

350 Eugene, 6pm potluck, 7pm meeting, First United Methodist Church, 1376 Olive St. FREE.

Home Grown Community Radio Forming KEPW-FM, 7pm, today & Thursday, March 23, Growers Market, 454 Willamette St., 343-8548. FREE.

HEALTH Stress & Anxiety Relief Group Acupuncture, 10-11:30am today & Thursday, March 23, Trauma Healing Project, 2222 Coburg Rd., 687-9447. \$10.

Chinese Acupuncture Healing Circle, by appt. only, 1:30-3:20pm today & Thursday, March 23, Trauma Healing Project, 2222 Coburg Rd., Ste. 300, 687-9447. \$15.

Mindfulness Group, 4-5pm, NAMI Resource Center, 2411 Martin Luther King Blvd., 520-3096. FREE.

LECTURES/CLASSES Reversing Diabetes, 1:30-2:30pm, Willamalane Adult Activity Center, 215 W. C St., Spfd. FREE.

Talks at the MNCH, 2pm today through Sunday, Tuesday through Thursday, March 23, Museum of Natural & Cultural History, 1680 E. 15th Ave., natural-history.uoregon.edu. FREE w/price of museum admission.

Love Science: dating life at mid-life & beyond, 2:30pm, Sheldon branch library. FREE.

DanceAbility Class, creative movement for youth 4pm, adults 5pm, today & Thursday, March 23, all abilities & disabilities, Hilyard Community Center, 2580 Hilyard St., 357-4982. don.

"Fish tales: Traditions & Challenges of Seafood in Oregon" w/ Jennifer Burns Bright, MNCH, 1680 E. 15th Ave., UO Campus. FREE.

Artist talk "Beyond Language" & "Unspoken, 6-7:30pm, Maude Kerns Art Center, 1910 E. 15th Ave. FREE.

Will McClatchey talk on woodland meadows & orchard management, 7pm, 150 Shelton-McMurry Building. FREE.

KIDS/FAMILIES Wonderful Ones Storytime, 1-year-olds w/ caregivers, 10:15am & 11am today & Thursday, March 23, downtown library, 682-8316. FREE.

Fun w/Flight, kids K-6, 4pm, downtown library. FREE.

Charlemagne French Immersion Elementary School kindergarten orientation, 5-6pm, 3875 Kincaid St., info at 4j.lane.edu/ kindergarten or 790-7080. FREE.

Chinese Immersion kindergarten orientation, 5:30-6:30pm, 200 N. Monroe St., 4j.lane.edu/ kindergarten or 790-3700. FREE.

Corridor Elementary School kindergarten orientation, 6-7pm, 250 Silver Lane, 4j.lane.edu/ kindergarten or 790-4600. FREE.

ON THE AIR "The Point," current local issues, arts, stories, 9-9:30am, today, tomorrow & Monday through Thursday, March 23, KPVO 88.9FM.

"Arts Journal," current local arts, 9-10pm today & Thursday, March 23. Comcast channel 29.

Thursday Night Jazz w/David Gizara, 10pm today & Thursday, March 23, KLCC 89.7FM.

OUTDOORS/RECREATION Pool Hall for seniors, 8:30am-4:30pm today, tomorrow &

Monday through Thursday, March 23, Campbell Community Center, 155 High St. \$0.25.

GEARs Bicycle Club: Clearwater Trail, 9am, Alton Baker Park, eugenegears.org/wp-content/uploads/March-2017.pdf. FREE.

Lunchtime Running Group, 3-4 miles, 12:15-12:45pm today & Thursday, March 23, Tap & Growler, 207 E. 5th Ave. FREE.

Duplicate Bridge, 1pm today, Sunday, Tuesday & Thursday, March 23; 9:30am Monday; 6:30pm Wednesday, Emerald Bridge Club, 1782 Centennial Blvd., Spfd. \$8.

Cribbage Tournament, 5:30-7:30pm today & Thursday, March 23, Max's Tavern, 550 E. 13th Ave. \$2.

Board Game Night, 6-11pm today, Tuesday & Thursday, March 23, Funagain Games, 1280 Willamette St. FREE.

Femme-identifying & Women's Bike Maintenance, 6-8pm, UO Bike Program, UO Erb Memorial Union. \$10.

Adult intro to ki-aikido, 7pm today, Monday & Thursday, March 23, OKS 1071 W. 7th. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Level Up, 1290 Oak St. FREE.

WDYK Trivia w/Rick, 9pm today & Thursday, March 23, Side Bar, 1680 Coburg Rd. FREE.

SOCIAL DANCE Community Ecstatic Dance benefit for Burrito Brigade, 7-9pm, WOW Hall. \$5-\$15 sug. don.

English & Scottish Country Dancing, 7pm today & Thursday, March 23, Vet's Club, 1620 Willamette St. \$7, first time FREE.

Music & Dance Workshops w/ Taller de Son Jarocho, 7-9pm today & Thursday, March 23, American Legion Hall, 344 8th St., Spfd. FREE.

Fall Dance Sampler Series, Tango, 7:30pm, In Shape Athletic Club, 2681 Willamette St. \$10.

SPIRITUAL Zen Meditation Group, 7-8am today & Thursday, March 23, Blue Cliff Zen Center, 439 W. 2nd Ave. FREE.

Insight Meditation, 6:30-8pm today & Thursday, March 23, Eugene Yoga Annex, 3575 Donald St. Don.

Intro to Zen Practice, 7-8:45pm, Zen West, 981 Fillmore St., zenwesteugene@gmail.com. FREE.

TEENS Japanese Manga & Cartoon Drawing Club! 4-5pm, Ophelia's Place, 1577 Pearl St. Ste. 100. \$10-\$25 sug. don. for the term.

THEATER *Comedy of Errors*, 7:30pm today & tomorrow, Good Samaritan Center, 3500 Hilyard. FREE.

New Voices: "The Fruit Stand" & "On the Street Where We Used To Live," 8pm today through Saturday, 2pm matinee Sunday, Hope Theater, \$8-\$10m, FREE for UO students.

Oregon Contemporary Theatre: *Northwest 10: Number 9* Preview Performance, 7:30pm, 194 W. Broadway. Pay-What-You-Can.

No Shame Workshop: Short-form theatre & improv! 7:30pm, Atrium Building, 99 W. 10th Ave. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party, 9am-noon today, Tuesday & Thursday, March 23, Native Plant Nursery, Buford Park, volunteer@bufordpark.com, 344-8350. FREE.

Care for Owen Rose Garden, bring gloves & small hand-weeding tools, instruction provided, noon-3pm, end of N. Jefferson St., 682-5025. FREE.

FRIDAY

MARCH 17
SUNRISE 7:20AM; SUNSET 7:21PM
AVG. HIGH 56; AVG. LOW 37

FOOD/DRINKS Lunch & Learn: The Oregon Country Fair history, 12-2pm, Willamalane Adult Ac-

tivity Center, 215 W. C St., Spfd. FREE, \$5 lunch.

Wine & Music, 4-10pm, Noble Estate Urban, 560 Commercial St. FREE.

Wine Tasting, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

Vegan Potluck, 7pm, McNail-Riley, 601 W. 13th Ave., 341-1690. FREE.

GATHERINGS The Space Between Us: Immigrants, Refugees, & Oregon, 5:30pm, Library Meeting rm., Spfd. Public Library, 225 5th St., Spfd. FREE.

Yawn Patrol Toastmasters, 6-7:45am, LCC Downtown Center, 110 W. 10th Ave. FREE.

Can Oregon Adapt to Climate Change? City Club Program, noon-1pm, UO Academic Extension at the Baker Center, 975 High St. \$5.

Evergreen Tattoo Invitational, noon-10pm today, 11am-10pm Saturday, 11am-8pm Sunday, Lane Events Center, 796 W. 13th Ave. \$15 daily, \$40 weekend.

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Food Not Bombs, 1pm cooking, Campbell Club, 3pm serving, Kesey Square. FREE.

Artist's Reception for Adam Rubin, 5-7pm, WOW Hall. FREE.

Game Night, 7pm, Barnes & Noble, 1163 Valley River Dr., 687-0356. FREE.

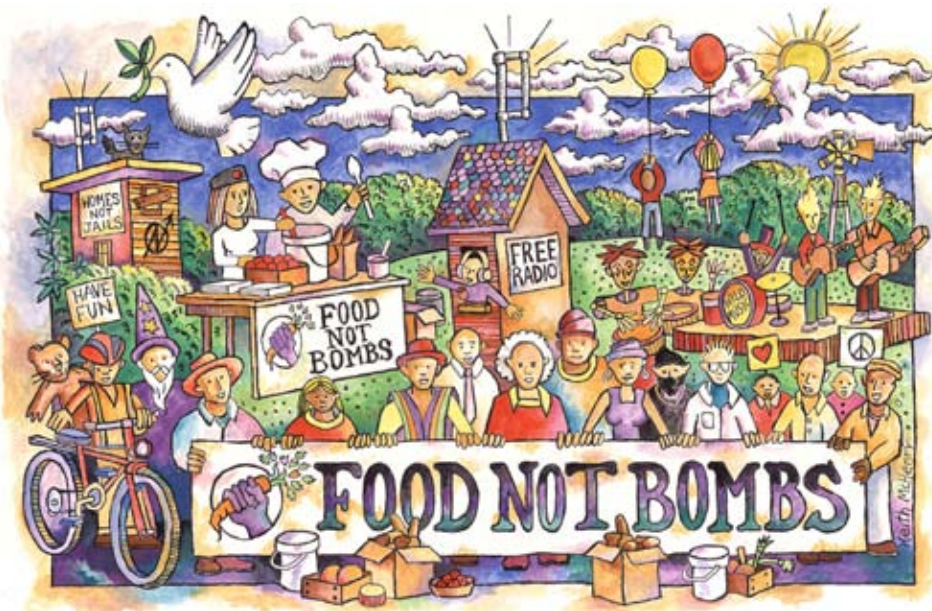
Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

Rush Hour Resistance continues. See Thursday, March 16.

HEALTH Tai chi for balance or yoga therapy sessions: 30 min each, 3pm today & Friday, Sacred Heart medical center lobby, 333 Riverbend Dr., Spfd. Don.

KIDS/FAMILIES Family Storytime, 10:15am, Sheldon branch library, 1566 Coburg Rd. & Bethel branch library, 1990 Echo Hollow Rd. FREE.

Baby Storytime, 10:15am & 11:15am, downtown library. FREE.



In 1980, an organization was formed based on the radical notion that human beings should always have access to nutritious food and dignified shelter. The founder of **Food Not Bombs**, Keith McHenry, started the non-profit after seeing food at his local grocery store thrown out every day. Today the organization that started in Boston has spread to 65 countries and has over 1,000 chapters, according to McHenry. Those who come to his talk on Friday can expect "to hear about a bit of the history of Food Not Bombs [...] what it can do to address the situation of being in a Trump era and how it can be a positive force for resisting the Trump administration," McHenry says.

McHenry began his speaking tour to promote his new book, *The Anarchist Cookbook* (recipes for vegan food and protests, not bombs), but decided after Trump was elected that he had more to offer. "It occurred to me that some of the things I've learned would be useful in this context, especially affinity groups." McHenry hopes to leverage his experience as an activist to help others organize affinity groups to participate in political actions. He plans to talk about some of his experiences in the anti-nuclear movement. Food Not Bombs is about more than vegan meals for the unhoused, he says. "Part of my idea is not only to protest Trump, but to replace the system with one that is really life-affirming." He hopes those who attend will decide to volunteer their time for the Eugene chapter, which prepares food on Fridays at 1 pm at the Campbell Club and serves it at 3 pm in Kesey Square.

Keith McHenry will speak from 6 pm to 8 pm Friday, March 17 in McKenzie Hall room 129 on the University of Oregon campus. FREE. — *Kelly Kenoyer*