

"The Sunday Morning Hangover Radio Program" w/Marc Time, 10am, KWA 88.1FM & kwradio.org.

Son of Saturday Gold, True stuff for true believers, 11am-1pm, KRVM.

OUTDOORS/RECREATION
Church of Pinball, tournament, minors welcome, 3pm, Blairally, 245 Blair Blvd., 683-1721. \$5.

Final Table Poker, 3pm & 6pm, Steve's Bar & Grill, 117 14th St., Spfd. FREE.

Cards Against Humanity w/Rick, 7pm, First National Taphouse, 51 W. Broadway. FREE.

Duplicate Bridge continues. See Thursday, Feb. 2.

SOCIAL DANCE Music & Dance Workshop w/Taller de Son Jarocho, 3-5pm, Whiteaker Community Center, N. Jackson & Clark St. FREE.

Argentinian Tango, lesson 3-4pm, dance 5-7pm, 485-6647. \$5-\$12.

Veselo Folk Dancers, weekly international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 683-3376. \$3.

SPIRITUAL Self Realization Fellowship 9-9:50am Meditation; 10-11am Service, 1610 Olive St. FREE.

Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Center, 439 W. 2nd Ave. FREE.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTO, 4065 W. 11th Ave. #43, cophnia-oto.org. FREE.

THEATER "Winter Shorts," 7:30 today & tomorrow, 2pm & 7:30pm Tuesday, Blue Door Theatre, LCC campus. \$5-\$10.

The Emperor of the Moon continues. See Thursday, Feb. 2.

Peter & the Starcatcher continues. See Friday.

VOLUNTEER Feed the Hungry w/Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE.

MONDAY

FEBRUARY 6
SUNRISE 7:23AM; SUNSET 5:30PM
AVG. HIGH 49; AVG. LOW 34

ARTS Artist Show & Tell, artists, photographers, storytellers, 5-7pm, Shadowfox, 76 W. Broadway. FREE.

FOOD/DRINKS Omega-3 Recipes for Optimal Health continues. See Sunday.

GATHERINGS Lunch Bunch Toastmasters, noon, 341-1690. FREE.



Feeling feisty with fascist executive orders raining down every day? 350 Eugene wants to help you direct your energy in a meaningful way with **Non-Violent Direct Action Advanced Skills Training**. The keynote will be Leonard Higgins, a prominent environmental activist who's facing trial soon for a protest in which "a few people shut down all of the tar sands coming in from Canada," according to organizer Sandra Clark. The training will include a variety of different options for activists of all stripes, Clark says. "This is a civil disobedience training. We've been doing trainings that are the same as those of the civil rights movement, anti-apartheid movement or anti-nuke movement." Participants can learn how to encrypt their electronic devices, how to effectively use Twitter and photography, how to support arrested and jailed comrades, and basic medic training for protests. According to Clark, 350 Eugene hopes to teach people how to plan, supplement and support peaceful, safe and effective events. Clark adds that activists can learn how to organize and run a rally at the "action design" workshop. "We feel like we're covering all the bases here." She says, "When you feel compelled to do something, there's a space in every movement for any level of engagement."

Standing Together: Non-Violent Direct Action Advanced Skills Training is 10 am to 4 pm Saturday, Feb. 4, at the First United Methodist Church, 1376 Olive St. Contact tngolvr@gmail.com for info or visit world.350.org/Eugene for the schedule. FREE.

— Kelly Kenoyer

Drop-In Support Group for girls, 4-5pm, Ophelia's Place, 1577 Pearl St., #100. FREE.

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE.

Overeaters Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th Ave. FREE.

Atheist, Agnostics & Free Thinker AA, 12-Step Meeting, 6:30-7:30pm, 2520 Harris St., 255-8444. FREE.

Cascadia Forest Defenders Meeting, 5:30-7pm, Growers Market, 454 Willamette St. FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.

Eugene Heritage Rose Group, 7-9pm, Market of Choice Community Rm., 67 W. 29th Ave. FREE.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Center, 700 E. Gibbs Ave., Cottage Grove. FREE.

Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., rsvp to michaelhejazi@gmail.com. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Women! Come sing w/Sweet Adeline harmonizing group, 7pm, United Methodist Church, 1385 Oakway Rd. FREE.

Polyamory & Non-monogamy Relationship Discussion & Support Group, 7:15pm, contact eugenepolygroup@gmail.com for location. don.

Eugene Cannabis TV Recording Session, 7:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

Refuge Recovery Meeting continues. See Friday.

HEALTH Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

KIDS/FAMILIES Children's Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Pajama Story Time, 6:30pm, downtown library. FREE.

Family Swims at warm saltwater Tamarack Pool continues. See Saturday.

LECTURES/CLASSES Coloring Party for Adults, 10am-noon, Bethel branch library & Sheldon branch library. FREE.

Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S 6th St. #B, Cottage Grove, 357-4982. don.

Get Organized: Creating Your Personal Identity Book, 6-7:30pm, Willamalane Adult Activity Center, 215 West C St., Spfd \$5-\$6.

ON THE AIR "The Point" continues. See Thursday, Feb. 2.

OUTDOORS/RECREATION Qigong, 4:30pm, Willamalane Adult Activity Center, 215 West C St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Center, 250 S. 32nd St., Spfd. FREE intro.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

Duplicate Bridge continues. See Thursday, Feb. 2.

Pool Hall continues. See Thursday, Feb. 2.

SOCIAL DANCE Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Center, 215 West C St., Spfd. FREE intro.

SPIRITUAL Saraha Orientation Meeting, 6-7pm, Saraha Nyngma Buddhist Institute, 477 E. 40th Ave. FREE.

Inspirational Sounds Gospel Choir Rehearsal, 6:30-8:30pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

TEENS Intro to Hip-hop, 4-5pm, Ophelia's Place, 1577 Pearl St., 284-4333x113 to register. sug. don. \$25-\$50 for term.

Graphic Novels & You, 5-6pm, Ophelia's Place, 1577 Pearl St., pre-register at info@ophelias-place.net. \$10-\$25 sug.don. for term.

THEATER "Winter Shorts" continues. See Sunday.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

TUESDAY

FEBRUARY 7
SUNRISE 7:22AM; SUNSET 5:31PM
AVG. HIGH 49; AVG. LOW 34

ART/CRAFT Beading Circle, 3-6pm, Mona Beads, 1712 Willamette. FREE.

Open Mic Poetry, 7:30pm sign-up, Cush Cafe, 1235 Railroad Blvd., 393-6822. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 682-6182. FREE.

Lane County Association of PERS Retirees, 10am, Celeste Campbell Senior Center, 155 High St. FREE.

"The Maltese Falcon" Book Groups for adults, 11am, Sheldon branch library. FREE.

Eugene Men Against Rape Culture, open to all, task force meeting, 4:30pm, Grower's Market, 454 Willamette St. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 968-1981. FREE.

NAMI On-Campus Mental Health Support Group, 6pm, Peterson Building rm. 105, UO, 343-8677. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, room 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

"Envisioning a Better Way," panel on taxes for peace/not Trump's agenda, new ideas welcome, 7pm, CALC, 458 Blair Blvd., 687-4753. FREE.

Information night: School Choice in Eugene School District 4J, 7pm, 4J Education Center, 200 N. Monroe St., 4j.lane.edu/choice, 790-7570. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

COLLEGE OF LIBERAL ARTS
SCHOOL OF ARTS AND COMMUNICATION

SAC Presents

NW Dance Project

APRIL 14
7:30pm

TICKETS:
\$30, \$25, \$10

TICKETS ONLINE
liberalarts.oregonstate.edu/SACpresents

OREGONLIVE
The Oregonian

Corvallis
ARTS
for all

Oregon State
UNIVERSITY

WINTER FARMERS MARKET

SATURDAYS FEBRUARY – MARCH

10 a.m. – 2 p.m.

8th and Oak St, Eugene

We accept EBT/Credit/Debit

LaneCountyFarmersMarket.org