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sweaty ganesh yoga

Love your body, open your mind, change your life

HOT and NON-HEATED classes
for people of all ages and body types.
Beginners welcome!
Intro offer \$39 for 1 month unlimited yoga!

YOU CAN HELP

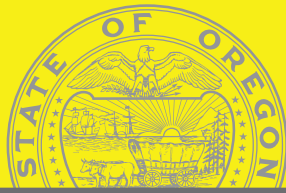
EUGENE WEEKLY CLOTHING DRIVE
FOR WHITE BIRD'S
STAY WARM

Bring in your extra
blankets, sleeping bags, tarps,
coats, jackets, sweaters, socks,
rain gear, hats, gloves, scarves

ITEMS CAN BE DONATED AT OUR OFFICE
1251 LINCOLN ST. | MON. - FRI. 9AM - 5PM
and we will deliver to White Bird

Need help getting health insurance by the Jan. 31 deadline?

GET FREE LOCAL HELP!



OREGON HEALTH INSURANCE
MARKETPLACE

www.OregonHealthCare.gov | 1-855-268-3767



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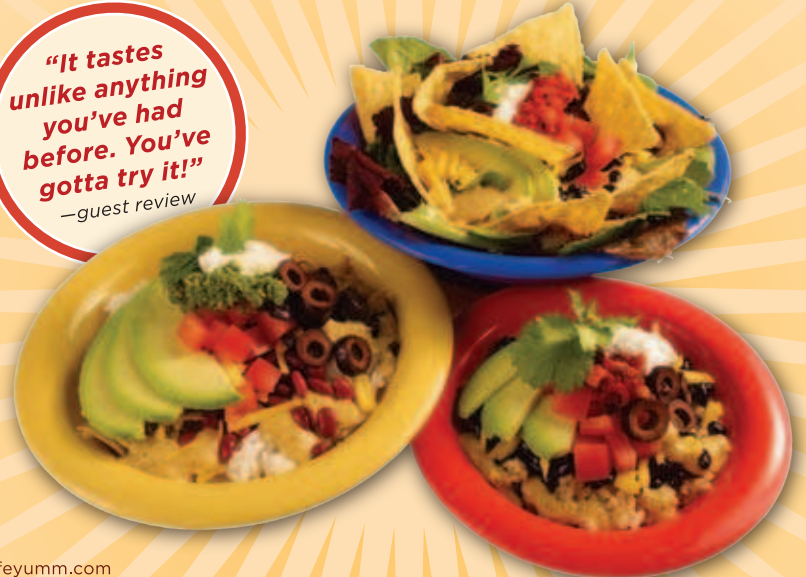
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before. You've
gotta try it!"
—guest review



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EUGENE CAFÉ YUMM! LOCATIONS

- North Delta Center • Oakway Shopping Center
- Corner of Broadway & Hillyard
- The Meridian ... *our remodel is complete!*

SPRINGFIELD LOCATIONS

- On Gateway • Sacred Heart at RiverBend



Each Café Yumm! independently owned and operated by members of the community.

350Eug <http://world.350.org/eugene/>

www.facebook.com/350EUG/

STAND TOGETHER

350 Eugene presents

PRACTICAL WORKSHOPS FOR PEACEFUL RESISTANCE

SATURDAY, FEBRUARY 4

10 - 4:30



Including:

- Action Design
- Basic Outreach Skills
- Artivism -- Photography for Actions
- Media -- Tweeting
- Peacekeeping -- Police Liaison
- Security Culture -- Legal Observer
- Know Your Rights
- Encryption -- Online Security
- Basic Medic Training
- Emotional Support

The Women's March was fabulous!

But, what's next?

Experienced climate activists along with The Civil Liberties Defense Center will offer workshops for people new to activism and for those upgrading their skills.

SATURDAY, FEBRUARY 4TH

10 - 4:30 new sessions each hour

First United Methodist Church - 1376 Olive, Eugene

For more information: tngolvr@gmail.com

FEATURING LEONARD HIGGINS: VALVE TURNER

"One of five climate activists who pulled off the most expansive, coordinated takeovers of fossil fuel infrastructure ever attempted in the United States"

Street Roots Dec 2016 www.shutitdown.today

