

parental pampering

Day and night, they care for the next generation. They wipe noses, teach them to share and encourage them to be kind and stand up to the playground bully.

If you have a parent on your holiday list this year, acknowledge the bags under their eyes and begin the pampering process.

A charming house tucked next to Vero Espresso beckons the weak and weary to their massage table. For \$70, you can treat your favorite parent to an hour of relaxation and help them get rid of that pain in their neck for at least an hour. Stop by Pearl Day Spa at 1375 Pearl Street in Eugene or call 541-214-2166 to pick up a gift certificate.

Parents adore their children. If they didn't, there is no way they would take care of the double slugs that appear during a cold. If you don't know what those are, count yourself lucky and pick up a New School gift card for the parents



games with the crew at New School. Give your weary friends the gift of being able to go to dinner at a restaurant that doesn't have a kids menu or crayons on the table. Call New School at 541-650-7887 or find them at 207 E. 5th Avenue, Ste. 120, in Eugene.

Perhaps a little magic is in order. Keven Craft Rituals at 268 W. 7th Avenue has a miracle elixir to erase the weeks of sleepless nights your favorite parent has suffered or make their skin glow. Their Raw Cacao body scrub is made by hand, with premium ingredients including raw cacao, organic coconut oil, vanilla, Dead Sea salt, Himalayan and epsom salts to increase their ability to ease sore muscles, mineralize and soften skin. \$14. A bathtub surrounded with candles and foam

bath letters, a lock on the door and a stereo blasting tranquil music to cover the jingling door handles might be exactly what your loved one needs.

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