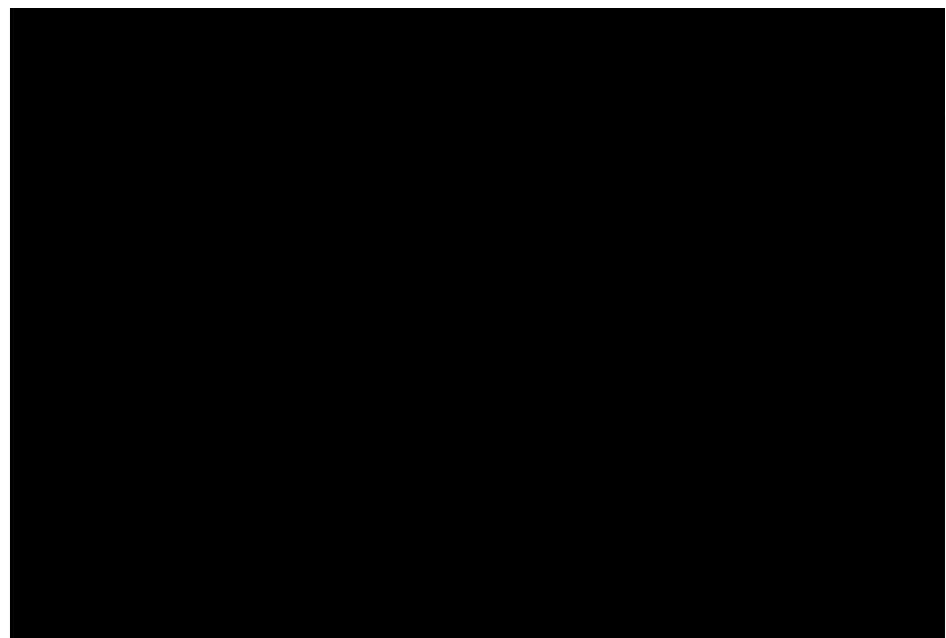


WHAT'S HAPPENING



Grandmother Flordemayo is a well-known healer and a seer. She grew up in a Mayan village in Nicaragua, where “she was born with the gift of visions, dream and spiritual sight,” which has led her around the world to teach and heal, according to her Facebook page. Also once part of the International Council of 13 Indigenous Grandmothers, Flordemayo will help youth with projects focusing on social justice and change at the Northwest Youth Slam — a one-day event and project of PeaceJam Northwest. She'll also speak at the University of Oregon. Her talk, entitled “Planting Seeds of Prayer and Humanity,” will discuss her heritage, compassion and peace. For ten years, she traveled with the Council of Indigenous Grandmothers, where they spoke to the United Nations, religious leaders and national leaders about future generations and the global environment.

Grandmother Flordemayo will be at the Northwest Youth Slam 9 am Saturday, Sept. 24, at North Eugene High School, 200 Silver Ln., \$25, scholarships available; and later at 6:30pm at Straub Hall, University of Oregon, 1451 Onyx St.; FREE.



THURSDAY SEPTEMBER 22

SUNRISE 7:00AM; SUNSET 7:09PM
AVG. HIGH 75; AVG. LOW 45

BENEFITS OSLP, Pints for a Cause, noon-10pm, Ninkasi Tasting Room, 272 Van Buren. FREE.

FARMERS MARKETS Lane County Farmers Market, 10am-2pm today & Thursday, Sept. 29; 9am-3pm Saturday; 10am-3pm Tuesday, Park Blocks, 8th & Oak. FREE.

FOOD for Lane County Youth Farm Stand, 2-6pm today & Thursday, Sept. 29, 3333 Riverbend Dr., 343-2822. FREE.

South Valley Farmers Market, 4-7pm today & Thursday Sept. 29, 7th & Main, Cottage Grove. FREE.

Whiteaker Community Market, 4-8pm today & Thursday Sept. 29, 5th Alley & Blair. FREE.

FOOD/DRINK Fort George Pop Up Pub, 5pm, 16 Tons Taphouse, 13th & High St. FREE.

GATHERINGS Downtown Public Speakers Toastmasters Club, drop-ins welcome noon-1:05pm today & Thursday, Sept. 29, Les Lyle Conference Rm, fourth floor Wells Fargo Bldg., 99 E. Broadway Ave., 485-1182. FREE.

NAMI Connection Support Group for people with mental health issues, 1-2:30pm today & Thursday, Sept. 29, 2411 Martin Luther King Jr. Blvd. FREE.

Exhibit Talks, 2pm today, Saturday, Sunday & Tuesday through Thursday, Sept. 29, Museum of Natural and Cultural History, 1680 E. 15th Ave., natural-history.uoregon.edu. FREE with price of museum admission.

Cottage Grove Parkinson's Disease Support Group, 10-11:30am, Trinity Lutheran Church, 675 S. 7th St., Cottage Grove. FREE.

Performace Audit Committee, 2:30pm-4:30pm, Lane County Mental Health, 2411 Martin Luther King Jr. Blvd. FREE.

Home Grown Community Radio Forming KEPW-FM, 7pm, today & Thursday, Sept. 29, Growers Market, 454 Willamette St., 343-8548. FREE.

HEALTH Group Acupuncture Clinic, 10-11:30am, Trauma Healing Project, 2222 Coburg Rd., 687-9447. Don.

Mindfulness Group, 4-5pm, NAMI Resource Center, 2411 Martin Luther King Blvd., 520-3096. FREE.

Reiki session, practitioners welcome, 5:30-7pm today & Thursday, Sept. 29, Heartwise, 1840 Willamette St. FREE.

KIDS/FAMILIES Wonderful Ones Storytime, 1-year-olds w/caregivers, 10:15am & 11am today & Thursday, Sept. 29, downtown library, 682-8316. FREE.

Preschool Fun w/Art & Science, 10:30-11:15am, Springfield library, 225 5th St., Spfd. FREE.

Wee Beginnings, education about safety, self care & care for infants, 10:30-11:30am, 250 S. 32nd St., Spfd. \$5, first time FREE.

LECTURES/CLASSES Open Labs: Textile Arts, 1:30pm-7:30pm, downtown library. FREE. “Let’s Make Organic Apple No Bake Cookies,” sampling w/Yaakov Levine, 2:30-4:30pm, Natural Grocers, 201 Coburg Rd., 345-3300. FREE.

Intro to Ki, 4:15pm today, Monday, Wednesday & Thursday, Sept. 29, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Oregon Homeless Bill of Rights, 6pm, First Christian Church, 1166 Oak St., kneubeck@comcast.net. FREE.

Tanya Peterson: To Thine Own Self Be True, 6pm, downtown library. FREE.

“What Was it Like to Be a Delegate at the 2016 Democratic National Convention?” 7-8pm, First United Methodist Church, 1376 Olive St. FREE.

ON THE AIR “The Point,” 9-9:30am today & Thursday, Sept. 29, KPOV 88.9FM.

“Arts Journal,” current local arts, 9-10pm today & Thursday, Sept. 29, Comcast channel 29.

Thursday Night Jazz w/David Gizara, 10pm today & Thursday, Sept. 29, KLCC 89.7FM.

OUTDOORS/RECREATION Pool Hall for seniors, 8:30am-4:30pm today, tomorrow & Monday through Thursday, Sept. 29, Campbell Community Center, 155 High St. \$0.25.

GEARs Bicycle Club: Clearwater Trail & Springfield, 25 mi., medium speed, 9am, Alton Baker Park. FREE.

Lunchtime Running Group, 3-4 miles, 12:15-12:45pm today & Thursday, Sept. 29, Tap & Growler, 207 E. 5th Ave. FREE.

Duplicate Bridge, 1pm today, Sunday, Tuesday & Thursday, Sept. 29; 9:30am Monday; 6:30pm Wednesday, Emerald Bridge Club, 1782 Centennial Blvd., Spfd. \$8.

Board Game Night, 6-11pm today, Tuesday & Thursday, Sept. 29, Funagain Games, 1280 Willamette St. FREE.

WDYK Trivia, 7-9pm today & Thursday, Sept. 29, Brew & Cue, 2222 Hwy 99. FREE.

Quizzo Pub Trivia w/ Dr. Seven Phoenix, 9pm, Level Up, 1290 Oak St. FREE.

WDYK Trivia hosted by Rising Phoenix Productions, 9pm today & Thursday, Sept. 29, Brew & Cue, 2222 Hwy. 99 N. FREE.

SOCIAL DANCE Crossroads Blues Fusion dancing, 7-11pm, Vet’s Ballroom, 1626 Willamette St. \$6-\$10, first time FREE.

English & Scottish Country Dancing, 7pm today & Thursday, Sept. 29, Vet’s Ballroom, 1626 Willamette St. \$7, first time FREE.

Music & Dance Workshops w/ Taller de Son Jarocho, 7-9pm today & Thursday, Sept. 29, American Legion Hall, 344 8th St., Spfd. FREE.

Doc’s Pad Drag Queen Bingo w/ Karess, 9pm today & Thursday, Sept. 29, Doc’s Pad, 710 Willamette St. FREE.

SPIRITUAL Zen Meditation Group, 7-8am today & Thursday, Sept. 29, Blue Cliff Zen Center, 439 W. 2nd Ave. FREE.

Open Heart Meditation, 4:30pm today & Thursday, Sept. 29, 1840 Willamettes St. FREE.

Insight Meditation, 6:30-8pm today & Thursday, Sept. 29, Eugene Yoga Annex, 3575 Donald St. Don.

Zen Practice & Teaching, 7-8:30pm, Zen West, 981 Fillmore St. Dons welcome. FREE.

THEATER No Shame Eugene, short-form improv theatre, 7:30pm today & Thursday, Sept. 29, New Zone Gallery, 164 W. Broadway. FREE.

The Revolutionists, 7:30pm today, tomorrow, Saturday & Thursday, Sept. 29, Oregon Contemporary Theatre, 194 Broadway. \$20-\$35

VOLUNTEER United Way of Lane County Day of Caring, a day of service of our community’s non-profit organizations, all day, contact Julie DiBiase at jdiBiase@unitedwaylane.org.

United Way of Lane County Summer Reading Spots, today-Sept. 29, Eugene, Spfd., Cottage Grove, 741-6000. FREE.

Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party, 9am-noon today, Tuesday & Thursday, Sept. 29, Native Plant Nursery, Buford Park, volunteer@bufordpark.com, 344-8350. FREE.

Laurel Valley Education Farm Day, 9am-noon, today & tomorrow, Monday through Thursday Sept. 29, Northwest Youthcorps Outdoor School, 2621 Augusta St., RSVP to JoshC@nwyoouthcorps.org. FREE.

Care for Owen Rose Garden, bring gloves & small hand-weeding tools, instruction provided, noon-3pm, end of N. Jefferson St., 682-5025.

FRIDAY SEPTEMBER 23

SUNRISE 7:01AM; SUNSET 7:07PM
AVG. HIGH 74; AVG. LOW 45

COMEDY Eugene’s Best Medicine Comedy Showcase, 7pm, Green Room. \$10 sug. don.

FARMERS MARKETS Springfield Farmers Market outdoors w/ entertainment, 3-7pm, Springfield City Hall, 225 5th Street, Spfd. FREE.

FOOD/DRINKS Wine & Music, 4-10pm, Noble Estate Urban, 560 Commercial St. FREE.

Wine Tasting, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

GATHERINGS Yawn Patrol Toastmasters, 6-7:45am, LCC Downtown Center, 110 W. 10th Ave. FREE.

Budget Committee Meeting, noon-1:30pm, Board of Commissioners Conference Room, 125 E. 8th Ave. FREE.

Nar-Anon Meeting, 12:30pm, Springfield Lutheran Church, 1542 I St., Spfd. FREE.

Food Not Bombs, vegan meal, 2-4pm, 8th & Oak. FREE.

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

KIDS/FAMILIES Baby Storytime, 10:15am & 11am, downtown library. FREE.