

1890. Counter service, outdoor seating & take-out.
Open 11am-7pm daily, Fridays 'til 8pm. MCV. \$.

SOUTHEAST

ASIAN

AIYARA THAI CAFÉ

1010 Harlow Rd. Spfd. 736-8306.
aiyaratthai.cafe.com.
The affordable Thai cuisine. Dine in or take out.
Wheelchair accessible. 11am-8pm M-F, noon-8pm
Sa. MCV. \$-\$\$.

ANGKOR CAMBODIAN CAFE

1810 Chambers St. 343-0485.
Traditional Cambodian cuisine. Phnom Pehn noodles,
Cambodian-style curry, authentic marinades, spring
rolls, fried rice & bubble tea. 11am-9pm. \$\$.

BAI KHAO THAI

541 W. Centennial Blvd. 736-8424.
baikhao.com.
Traditional Thai cuisine. 11am-3pm & 4pm-9pm
M-F, noon-3pm & 4-9pm Sa-Su. \$\$.

BON MI

153 E. Broadway. 505-9349.
bonmieugene.com.
Pho Noodle Soups, Bun Vermicelli bowls, Salad
Rolls, French inspired deli sandwiches, a variety
of fresh Salads & Bánh mì Sandwiches. 10:30am-
9pm M-F, 11am-6pm Su. \$-\$\$.

CHAO PRA YA THAI CUISINE

580 Adams St. 344-1706.
Real Thai-style, more than 100 items to choose
from. Best of Eugene 2003-2006. 11am-9pm M-Th,
11am-10pm F, noon-10pm Sa, noon-9pm Su. Some
cards. \$-\$\$.

MANOLA'S THAI CUISINE

652 E. Broadway. 342-6666.
manolasthai.com.
Serving lunch & dinner. Papaya salad, pineapple
curry w/shrimp, mint leaf & basil stir-fry. Chef Phayao
Tongprapipak brings 55 years experience & count-
less authentic, ethnic Thai recipes to Manola's. Some
OG/LG. 4-9pm M, 11am-9pm Tu-Th, 11am-9:30pm F,
noon-9:30pm Sa, noon-9pm Su. MCV/AE/Novus. \$\$.

MASTER DONUTS

3177 Gateway, Spfd. 988-5991.
Thai cuisine, donuts & coffee, lunch served start-
ing at 11am, vegetarian options available. 11am-
8pm M-F, noon-8pm Sa. V/MC. \$.

NOODLE N THAI RESTAURANT

553 Main St., Spfd. 505-7349.
noodlenhai.com.
Thai food made from scratch using fresh Thai rice
noodles. No MSG. 11am-8pm daily.

RING OF FIRE RESTAURANT & CATERING

See Pacific Rim

SABAI CAFE & BAR

27 Oakway Center. 654-5424.
sabaicafe.com.
Traditional Thai salads, noodles, stir fry & more.
Vegetarian options available. Full bar. 11am-10pm
M-F, noon-10pm Sa-Su. All major cards. \$\$.
★ BEST THAI (2ND)

SWEET BASIL EXPRESS

1219 Alder St.
Sweet Basil Express offers the elegant side of Thai
food. Wheelchair accessible. 11:30am-3pm M-Sa,
5-9pm Su-Th, 5-10pm F & Sa. MCV/AE/D/DC.
\$-\$\$\$.
★ BEST THAI (3RD)

TA RA RIN THAI CUISINE

1200 Oak St. 343-1230.
1410 Mahawk Blvd. 505-8987.
Come & try our mother's homemade recipes taste
that you admire & are familiar with, in a relaxing
atmosphere w/friendly staff & affordable prices.
Serving a fine selection of beer & wine. Make our
kitchen your kitchen! Some OG. Wheelchair acces-

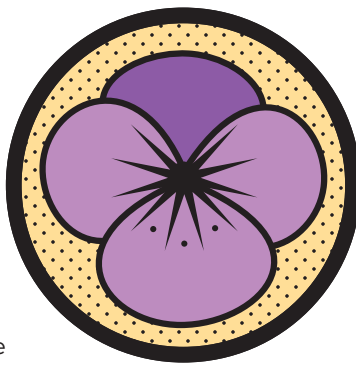
EAT YOUR FLOWERS

Eric Garcia, head chef at Rain Northwest, says he runs a high-utilization kitchen. “We try to always use what’s left for something else so nothing goes into the trash,” he says. “It’s not only good for the business because that helps us save money but it makes less trash.”

The restaurant’s goal is to eventually be self-sustainable by growing its own produce either on-site or in a farm outlet. As of now, the restaurant is doing some of that, but since the farm-to-table restaurant has only been open a few months, it’s just getting started.

Garcia utilizes some molecular techniques to change the taste or texture of the food. He also uses edible flower blossoms such as nasturtiums, borage and calendula. “People think that flowers on a plate are mainly for garnish and that you can slide it off the plate, but it is really part of the plate,” Garcia says.

Bright orange and yellow nasturtiums add a spicy note. The leaves, Garcia says, are also spicy but taste more plant-like, making them good for salads. Calendula has “a little spicy note,” but Garcia considers them more of the bitter end, again, good with mixed greens. “And borage is floral all around,” he says. “We put flowers on almost every plate we have.” — Vanessa Salvia



sible. 11am-3pm & 4:30-10pm M-F, noon-10pm Sa & Su. All major cards. \$-\$\$.

★ BEST THAI

TAM'S PLACE VIETNAMESE CUISINE

See Food Carts

TARN TIP THAI CUISINE

2535 NW Monroe Ave., Corvallis. 757-8906.
Serving lunch & dinner. LG. Lunch 11am-3pm. Dinner
5pm-9pm M-Sa, 4pm-9pm Su. No cards. \$\$.
★ BEST THAI (3RD)

TASTY THAI CAMPUS

1308 Hilyard St. 343-0165.
Express service: Rice bowls, Thai wraps, bubble
tea, beer & wine. Vegetarian & vegan friendly.
Delivery. 11am-9:30pm daily. MCV/D. \$\$.
★ BEST THAI (3RD)

TASTY THAI KITCHEN

80 E. 29th Ave. 302-6444.
Serving breakfast, lunch & dinner. Exotic Thai cui-
sine w/weekly lunch & dinner specials. Vegan &
vegetarian entrées. Wine, cocktails, beer, smooth-
ies & bubble tea. Take-out & delivery. Wheelchair
accessible. 11am-9:30pm M-F, 9:30am-9:30pm
Sa-Su. MCV/D. \$\$.
★ BEST THAI (3RD)

THAI CHILI

1425 NW Monroe Ave., Suite A, Corvallis. 738-0848.
11am-3pm & 4-8:45pm M-F, 3:30-8:45pm Su.
MCV. \$.

UBON THAI

670 Hwy 99 N. 689-0033.
Authentic Thai curries, stir fries, noodles & soups.
11am-7pm Tu-Sa. MCV. \$\$.
★ BEST THAI (3RD)

VIETNAM RESTAURANT

2355 W. 11th Ave. 684-8060.
Beef noodle soup & other traditional Vietnamese
dishes. 11am-9:30pm M-Th, 11am-10:30 F-Su.
Some cards. \$-\$\$.

YI SHEN VIETNAMESE RESTAURANT

1915 W. 11th Ave. 683-9386.
Serving lunch, dinner: Vietnamese cuisine including
beef noodle soup, spiced salads, chicken, pork, tofu
& rice dishes. Vegetarian entrées. Take-out. 11am-
7pm Su-Tu & Th, 11am-8pm F-Sa. MCV. \$.

STEAK

BATES STEAKHOUSE & SALOON

433 E. Broadway. 683-3108.
Featuring prime & choice grade cuts of ribeye, tri-
tip, prime rib, filet mignon, porterhouses & sirloin,
w/a wide selection of seafood & chicken. Dinners
are four courses w/black beans, salsa & soup, salad,
spuds & rice & a float or liqueur. Early bird & bar
menu under \$10. Some LG. 5-9pm Su-Th, 5-10pm
F-Sa. \$-\$\$\$.

BOULEVARD GRILL

See Continental

CENTENNIAL STEAKHOUSE

1300 Mohawk Blvd., Spfd. 988-1324.
Serving lunch, dinner: Charbroiled steak, chicken,
seafood, salads, vegetarian entrées. Daily lunch &
dinner specials. Full bar. Beer, microbrews. Take-
out. 7am-2:30am daily. MCV. \$-\$\$.

ORIGINAL ROADHOUSE GRILL

3018 Gateway St., Spfd. 746-6000.
Lunch, dinner. USDA choice steak, ribs, chops &
chicken. Grilled salmon & shrimp. Specialty: Texas
egg rolls served w/jalapeño jelly. Full bar. Patio
dining. Take-out. LG. 11am-10pm Su-Th, 11am-11pm
F-Sa. All cards. \$\$\$.

OUTBACK STEAKHOUSE, INC.

3463 Hutton St., Spfd. 746-7700.
Serving dinner: High quality, uniquely seasoned
steaks, prime rib, chops, ribs, chicken, seafood &
pasta. Full bar. Kids' menu. Smoking section avail-
able. 4pm-10pm M-Th, 4pm-11pm F, noon-11pm Sa,
noon-10pm Su. All major cards. \$-\$\$\$\$.

SWEETS

CHOCOLATE DECADENCE

152 W. 5th Ave. 653-9367.
10am-6pm M-Sa, noon-5pm Su.

EUPHORIA CHOCOLATE COMPANY

17th & Willamette. 343-9223.
Stewart & Bertelsen. 344-4605.
Oakway Center. 343-0407.
euphoriachocolate.com
Serving European-style specialty chocolates.
Willamette: 10am-6pm M-F, 10am-5pm Sa-Su.
VRC: 10am-9pm M-Sa, 11am-6pm Su. Stewart:
10am-6pm M-F, 11am-5pm Sa. Oakway: 10am-7pm
M-Sa, 11am-6pm Su. \$.

GOODY'S CHOCOLATE, CANDY & ICE CREAM

Fifth Street Market, 2nd level. 653-8829.
goodyschocolates.com
10 am-9 pm M-F.

MASTER DONUTS

See Bakeries

PRINCE PÜCKLER'S

1605 E. 19th Ave. 344-4418.
Serving locally-made ice cream since 1975.
Shakes, sundaes, ice cream pies, coffee drinks,
espresso shakes & more. LG. Noon-11pm daily. All
cards. \$.
★ BEST FROZEN TREATS, (2ND)

RED WAGON CREAMERY

55 W. Broadway. 345-8008.
redwagoncreamery.com.
Handcrafted artisan ice cream made w/local, sea-
sonal flavors. Check web site for flavors & hours.
Noon-11pm Tu-F, 11am-11pm Sa & Su. \$.
★ BEST FROZEN TREATS

SWEET LIFE PÂTISSERIE

See Bakeries

SWEETY'S

555 Main St., Spfd. 337-6561.
Self-serve frozen yogurt, candy & more. More than
50 toppings. Party room available. 11:30am-close
M-Sa.

YOGURT EXTREME

879 E. 13th Ave.
2846 Willamette St.

VEGETARIAN

CAFÉ YUMMI!

See Northwest

CORNBREAD CAFE

1290 W. 7th Ave. 505-9175.
cornbreadcafe.com
An entirely vegan menu with a focus on organic &
local. This family-friendly diner is stocked w/board
games & a Ms. Packman video game from
Blairally. First-timers are encouraged to try
Cornbread's signature sandwich Eugenewich. We
aim to please every palate! 8am-9pm M-F, 9am-
9pm Sa, 9am-3pm Su. All major cards. \$\$.
★ BEST VEGETARIAN/VEGAN FOOD, BEST COMFORT
FOOD (2ND)

GOVINDA'S VEGETARIAN BUFFET

1030 River Rd. 461-0093.
govindasbuffet.com
Serving lunch, dinner: "All You Care to Eat" buffet (85
percent vegan & gluten free) includes salad bar,
nourishing hot foods, homemade breads & desserts.
Student, senior & child discounts. Take-out \$4.99/lb.
Some OG. 11:30am-2pm & 5-7:30pm M-F. MCV/AE. \$.

IVY'S COOKIN'

2135 Hayes St. 485-4200.
ivyscookin.com • ivy@efn.org
Delectable home cooked international vegetarian
entrées delivered Thursdays since 1992! Healthy,
affordable, convenient alternative to eating out.
Excellent gift idea (new mom, illness, new home,
holiday) or for casual entertaining. Go to website
for menu to order. Veggie baskets begin in July
(see website). Gift certificates available. Some OG/
LG. Wheelchair accessible. Order by Mon. night for
pickup Wed., or Thurs. delivery. Cash, check or
COD. \$-\$\$.

LAUGHING PLANET

760 Blair Blvd. 868-0668.
2864 Willamette St. 505-5399.
127 NW 2nd St., Corvallis. 826-4048.
Burritos, bowls & beyond, including international
wraps (aka "portable nutrition devices"), rice bowls,
soups, salads, vegan & vegetarian options, as well
as raw juices & smoothies. 11am-10pm daily. \$.
★ BEST PLACE TO EAT W/KIDS, BEST VEGETARIAN/
VEGAN FOOD (2ND), BEST CHEAP EATS (3RD)

LOTUS GARDEN VEGETARIAN RESTAURANT

810 Charnelton St. 344-1928.
Serving Chinese vegetarian entrées for lunch &
dinner. Take-out. Some LG. Wheelchair accessible.
11:30am-2:30pm & 4:30pm-8:30pm Tu-F, noon-
8:30pm Sa. MCV/DC. \$-\$\$.

MORNING GLORY CAFE

See Cafes

NEARLY NORMAL'S GONZO CUISINE

109 NW 15th, Corvallis. 753-0791.
Mexican, Italian, Mediterranean, tofu & tempeh,
fresh juice & smoothies, margaritas, beer & wine.
Catering, outdoor garden dining. Wheelchair
accessible. Some OG/LG. 8am-8pm M-W, 8am-
9pm Th & F, 9am-9pm Sa. MCV. \$-\$\$.

TRU VEG

2055 Patterson St. 863-9706.
themaivegetarian.com
International vegan cuisine: natural & wholesome
food without chemicals, additives or preserva-
tives. Gluten-free & delicious. 10am-8pm M-Th,
10am-2pm F, 10am-6pm Su. V/MC. \$\$.
★ BEST THAI (3RD)

VIVA! VEGETARIAN GRILL

See Food Carts

where

GREAT food

meets

great BEER

BEER. CIDER. MEAD & WINE TO PAIR WITH THE PERFECT MEAL

The Bier Stein

BOTTLESHOP & PUB

1591 WILLAMETTE EUGENE THEBIERSTEIN.COM

Organic | Vegetarian & Vegan | Breakfast & Lunch

MORNING GLORY CAFÉ

450 Willamette St. | 7:30am-3:30pm Every Day
morninggloryeugene.com | 541-687-0709