

CALENDAR

day through Friday, Northwest Youthcorps Outdoor School, 2621 Augusta St., rsvp to joshc@nwouthcorps.org. FREE. Friends of Buford Park & Mt. Pisgah volunteers for local habitat restoration projects, 8am, today, Saturday, Tuesday & Thursday, Aug. 4, 344-8350. Free.

Native Plant Nursery Volunteer Work Party, 9-11am today; 9am-noon Monday, Tuesday & Thursday, Aug. 4, Native Plant Nursery in Buford Park, rsvp to volunteer@bufordpark.org. FREE.

Care for Owen Rose Garden, bring gloves & small hand-weeding tools, instruction provided, noon-3pm, end of N. Jefferson St., 682-5025.

FRIDAY

JULY 29
SUNRISE 5:58AM; SUNSET 8:39PM
AVG. HIGH 83; AVG. LOW 52

FARMERS MARKETS Springfield Farmers Market w/entertainment, 3-7pm, Spfd City Hall, Fountain Plaza at 225 5th St, Spfd. FREE.

FILM *Toy Story*, 7:30-10pm, movie starts at 8:30pm, Ruff Park 1161 66th St. Spfd. FREE.

FOOD/DRINKS Wine Tasting, 3-8pm today; noon-5pm tomorrow & Sunday, Bluebird Hill Cellars, 25059 Larson Rd., Monroe. FREE.

Wine & Music, 4-10pm, Noble Estate Urban, 560 Commercial St. FREE.

Wine Tasting, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

GATHERINGS Yawn Patrol Toastmasters, 6-7:45am, LCC Downtown Center, 110 W. 10th Ave. FREE.

African American Rites of Passage Summer Leadership Academy graduation & capstone performances, 6:30-8pm, Longhouse, LCC Main. FREE.

City Club of Eugene: "Initiatives and Referendums: Rights vs Cost," noon, Baker Center, 975 High St. \$5.

Nar-Anon Meeting, 12:30pm, Springfield Lutheran Church, 1542 I St., Spfd. FREE.

Food Not Bombs, vegan meal, 2-4pm, 8th & Oak. FREE.

Last Friday Art Walk w/ Injoy Wellness, 4-8pm, 775 Monroe St. FREE.

Cottage Grove Art Walk: Hot Summer Nights, 6-9pm, downtown Cottage Grove. FREE.

Open Hack, 6-9pm today & Tuesday, Eugene Maker Space, 687 McKinley St. FREE.

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

HEALTH Miracles of Magnetism, DVD presentation, 6:30pm Market of Choice 67 W. 29th, Upstairs. FREE.

KIDS/FAMILIES "Imagine w/Us!" River Road Park Imagination Bus, 9:30-11:30am, Prairie View Apartments, 584 N. Danebo Ave., 1-3pm, Royal Oaks Mobile Park, 4900 Royal Ave. FREE.

ON THE AIR "The Sunday Morning Hangover TV Show," 11pm, Comcast channel 29.

Marc Time's Record Attic, 11:30pm, Comcast channel 29.

OUTDOORS/RECREATION Walk 'n' Talkers, weekly self-led neighborhood walking group, 9-11am, meet at Campbell Community Center, 155 High St. FREE.

Bridge Group for Seniors, 12:30-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Magic the Gathering, standard deck casual play, 6pm, Castle of Games, 660 Main, Spfd. \$1.

Magic the Gathering, 6pm, Delight, 811 E. Main St., Cottage Grove, info at delightcg@gmail.com. FREE.

Pool Hall continues. See Thursday, July 28.

SPIRITUAL Dances of Universal Peace: Circle dances with sacred chats from world traditions, 7:30pm, Friends Meeting House, 2274 Onyx St. \$5 sug. don.

SOCIAL DANCE Folk Dancing for Seniors, request & lessons, 2:30-4pm today, Willamalane Adult Activity Center, 215 W. C St.; 2:30-4pm Monday, Campbell Community Center, 155 High St., info at 603-0998. \$25-\$1.

Advanced dance class w/Taller de Son Jarocho, 4:30-6pm, Whiteaker Community Center, N. Jackson & Clark St. FREE.

Salsa Dancing w/Jose Cruz, 8:30pm, Vet's Club Ballroom, 1626 Willamette St. \$7.

Church of '80s, 9pm, Blairally, 245 Blair Blvd. \$3.

SPECTATOR SPORTS TrackTown Summer Series championship meet, 6:30pm, Hayward Field. \$5-\$25.

THEATER *School of Rock*, 7pm today & tomorrow, 2pm Sunday, Ragozzino Theatre, LCC. \$20.

On the Town, 7:30pm today & tomorrow; 3pm Sunday, The Shedd, 868 High St. \$22-\$38.

VOLUNTEER United Way of Lane County Summer Reading Spots continues. See Thursday, July 28.

SATURDAY

JULY 30
SUNRISE 5:59AM; SUNSET 8:38PM
AVG. HIGH 83; AVG. LOW 52

BENEFITS Good Bye July for White Bird & Cahoots, 6-10pm, Kelsey Square. Free, don. welcome.

FARMERS MARKETS Hideaway Bakery Farmers Market, 9am-2pm, Hideaway Bakery, 3377 E. Amazon.

Eugene Saturday Market, locally made craft items, 10am-5pm, across the street from the Park Blocks at 8th & Oak. FREE.

FOOD for Lane County Youth Farm Stand, 10am-2pm, 705 Flamingo Ave., Spfd., 343-2822. FREE.

Good Food Easy Farm Stand, 10am-2pm, Creswell Bakery, 182 S. 2nd St., Creswell. FREE.

Spencer Creek Community Growers' Market, 10am-2pm, Spencer Creek Grange, 86013 Lorane Hwy., spencercreekmarket.org. FREE.

Coast Fork Farm Stand, 11am-6pm, 10th & Washington, Cottage Grove.

Lane County Farmers Market continues. See Thursday, July 28.

FOOD/DRINKS Wine & Music, 4-10pm, Noble Estate Urban, 560 Commercial St. FREE.

Bluebird Cellars Wine Tasting continues. See Friday.

GATHERINGS Eugene Zendo Benefit Yard Sale, 9am-5pm today; 9am-3pm Sunday, 2190 Garfield St. FREE.

Saturday Market Music, 10am-5pm: Timothy Shaw 10am; Linda Yapp 11am; Sacred Harp Singers noon; Acoustic Etouffee

1pm; Buffalo Romeo 2pm; Music's Edge Rock Camp Showcase 3:30pm; 8th & Oak. FREE.

Co-Dependents Anonymous, 12 step meeting, noon-1pm, White Bird Clinic, 341 E. 12th Ave. FREE.

Peace Vigil, noon-1pm, downtown library, info at 342-2914. FREE.

Eating Disorders Anonymous, closed group, 7-8:30pm, First Church of the Nazarene, 727 W. Broadway, write to edaeugeneinfo@gmail.com to join. FREE.

Exhibit Talks continue. See Thursday, July 28.

KIDS/FAMILIES Family Music Time, 10:15am, downtown library. FREE.

Children's Celebration, hands-on activities from 60+ community exhibitors, 10am-3pm, Island Park, 200 W. B St., Spfd. FREE.

Youth Art Works, free art classes for kids 6-12, 1-3pm, Emerald Art Center, 500 Main St., Spfd., 726-8595. FREE.

ON THE AIR Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

OUTDOORS/RECREATION REI Weekend Celebration at Mt. Pisgah, 9am-1pm today & tomorrow, Mt. Pisgah Arboretum, registration recommended. FREE.

All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 344-1239. FREE.

Dungeons & Dragons, role-playing, 3pm, Delight, 811 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE.

Obon & Taiko Festival Celebrates w/ dance & drumming, 5-9pm, Alton Baker Park. FREE.

SPIRITUAL Contemplative Mass w/Taizé chant, incense & candlelight, 5:30pm, Church of the Resurrection, 3925 Hilyard St. FREE.

Eugene Astronomical Society: Dark Sky Party, 9pm, Dexter State Park, Hwy. 58. FREE.

VOLUNTEER United Way of Lane County Summer Reading Spots continues. See Thursday, July 28.

Friends of Buford Park & Mt. Pisgah volunteers continues. See Thursday, July 28.

Eugene Park Stewards Work Party, 9am-noon, Hendricks Park, call 510-4636. FREE.

Invasive Species Work Party, 10am-1pm, Mount Pisgah Arboretum, 34901 Frank Parrish Rd., 747-3817. FREE.

SUNDAY

JULY 31
SUNRISE 6:00AM; SUNSET 8:37PM
AVG. HIGH 83; AVG. LOW 52

ARTS Joyful Paint Party: Stroll in the Pueblo, 2-4:30pm, Eugene Wine Cellars Tasting Room, 255 Madison St. \$35.

BENEFITS Ethiopian Buffet to support Water to Thrive, 11am-3pm, Sons of Norway Lodge Hall, 710 McKinley St. \$10-\$20.

FARMERS MARKETS Dexter Lake Farmers' Market w/arts, crafts, live music & food, noon-3pm, Dexter State Recreation Site, 39011 Hwy. 58, Dexter. FREE.

FOOD/DRINKS Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd.

The Awesome Food Goddess, Chrissy's Festival of Wonder & Delight, 2-4pm, Park Blocks, 8th & Oak St. FREE.

Bluebird Cellars Wine Tasting continues. See Friday.

Luckeys CLUB 100 YEARS

FRIDAY, JULY 29TH \$3
10PM READY STEADY SOUL CLUB!
SATURDAY, JULY 30TH
DRINK SPECIALS 9:30-10:30 PM
\$3 CRATER LAKE & \$3 JAMESON SHOTS
SUNDAY, JULY 31ST \$5
THE BROADWAY REVUE BURLESQUE SHOW
933 Olive St | 541-687-4643

luckeysclub.com • In the heart of the Barmuda Triangle

Starlight LOUNGE

BEST HAPPY HOUR!
EW "BEST OF EUGENE 2007-15"
830 Olive St | 541-343-3204

Palmo Center 2016 Events with Venerable Tulku Jigme Rinpoche



Conscious Living Series

Tsunami Bookstore - 2585 Willamette St, Eugene
7:00 pm to 8:30 pm (come early as these talks fill up)
August 3rd - Using Obstacles as Opportunities
Sept. 7th - Overcoming Addiction
Oct. 5th - Self-Esteem

All Day Meditation Retreat

August 14th 10:00 am to 4:00 pm
Where: The Stellaria Building 150 Shelton-McMurphey Blvd.
Suggested Donation \$40 - Bring a lunch & meditation cushion if you have one. Cushions and chairs available.

ESSENTIAL Ngondro Workshop: A Path of Awakening

Ngondro practices are the heart of Tibetan Buddhism
All are welcome. 10:00 am to 4:00 pm
Where: The Stellaria Building 150 Shelton-McMurphey Blvd.
Dates: 8/21, 8/28, 9/18 & 9/25
Suggested Donation \$40



The Palmo Center for Peace & Education
Educating the Heart and Mind
www.palmocenter.org

LaVelle VINEYARDS

PRESENTS

THE FOURTH ANNUAL BAND-AID BENEFIT FOR THE



ON JULY 31ST, 2016 AT THE VINEYARD
AT 89697 SHEFFLER RD, ELMIRA, OR 97437
PHONE 541-935-9406
2 PM TO 10 PM
SUGGESTED DONATION \$10

MUSIC PROVIDED BY
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