

WHAT'S HAPPENING



Some of the world's speediest runners, springiest jumpers and throwiest throwers compete this week in Eugene at the **U.S. Olympic Track and Field Trials**. Beginning Friday at Hayward Field, America's track stars will give it their sweatiest all to see if they have what it takes to bring home Olympic gold medals from Brazil this summer.

2016 U.S. Olympic Team Trials: Track and Field run July 1-10 at Hayward Field, at UO; Ticket prices vary, see usatf.org for more information.

THURSDAY

JUNE 30

SUNRISE 5:33AM; SUNSET 8:59PM
AVG. HIGH 78; AVG. LOW 49

BENEFIT Hollis' New Wheels Benefit w/music by Kitty Trap, 9pm, Cowfish, 62 W. Broadway. Don.

FARMERS MARKETS Lane County Farmers Market, 10am-2pm today & Thursday, July 7; 9am-3pm Saturday; 10am-3pm Tuesday, Park Blocks, 8th & Oak. FREE.

FOOD for Lane County Youth Farm Stand, 2-6pm today & Thursday, July 7, 3333 Riverbend Dr., 343-2822. FREE.

Whiteaker Community Market, 4-8pm today & Thursday July 7, 5th Alley & Blair. FREE.

FILM Be Kind, Rewind Outdoor Movies: *Rio*, 8:15pm, Vanilla Jill's, 298 Blair Blvd. FREE.

FOOD/DRINKS Wine tasting, 5-9pm, Noble Estate Urban, 560 Commercial St. FREE.

GATHERINGS Lane County Hearings Official, 9:30am, Customer Service Center, 3050 N. Delta Hwy. FREE.

Eugene Metro Business Networking International, 11:30am today & Thursday, July 7, LCC Downtown Center, 101 W. 10th Ave. \$12 lunch.

Downtown Public Speakers Toastmasters Club, drop-ins welcome noon-1:05pm today & Thursday, July 7, Les Lyle Conference Rm, fourth floor Wells Fargo Bldg., 99 E. Broadway Ave., 485-1182. FREE.

NAMI Connection Support Group for people w/mental health issues, 1-2:30pm today & Thursday, July 7, NAMI Office, 2411 Martin Luther King Jr. Blvd. FREE.

Exhibit Talks, 2pm today, Saturday, Sunday & Tuesday through Thursday, July 7, Museum of Natural and Cultural History, 1680 E. 15th Ave., natural-history.uoregon.edu. FREE with price of museum admission.

Open Figure Drawing, 4-6pm today & Thursday, July 7, MECCA, 449 Willamette St. Pay what you want.

Guitar Club, 7-8pm, Cush Cafe, 1235 Railroad Blvd. FREE.

Home Grown Community Radio Forming KEPW-FM, 7pm, today & Thursday, July 7, Growers Market, 454 Willamette St., 343-8548. FREE.

Migraine Management Group, 7-8:30pm, Westmoreland Community Room, 2065 W. 16th Way. FREE.

Nar-Anon Meeting, beginners, 7pm today & Thursday, July 7, Wesley United Methodist Church, 1385 Oak Rd. FREE.

HEALTH Group Acupuncture Clinic, 10-11:30am, Trauma Healing Project, 2222 Coburg Rd., 687-9447. Don.

Mindfulness Group, 4-5pm, NAMI Resource Center, 2411

Martin Luther King Blvd., 520-3096. FREE.

Reiki session, practitioners welcome, 5:30-7pm today & Thursday, July 7, Heartwise, 1840 Willamette St. FREE.

KIDS/FAMILIES "Imagine w/Us!" River Road Park Imagination Bus, 9:30-11:30am today & Thursday, July 7, Emerald Park, 1400 Lake Dr.; 1-3pm today & Thursday, July 7, State Street Park, Dakota St. & Burnett Ave. FREE.

Minecraft Python Coding Camp for Teens, 10am-noon today & tomorrow, Springfield library, 225 5th St., Spfd. FREE.

Summer Family Fun at the Farmers Market: Superhero Day w/Mecca, 10am-noon, Park Blocks. FREE.

Wonderful Ones Storytime, 1-year-olds w/caregivers, 10:15am & 11am today & Thursday, July 7, downtown library, 682-8316. FREE.

Choose Your Own Adventure Writing Workshop, 1pm, Springfield library, 225 5th St., Spfd. FREE.

DanceAbility Class for Youth, 4-5pm today & Thursday, July 7, Hilyard Community Center, 2580 Hilyard St. Call 357-4982 or see danceability.com for registration info.

LECTURES/CLASSES Green Ideas & Ham: Clean Energy & Environment Justice, 8am, Barn Light, 924 Willamette St. \$15.

Hands-On Permaculture Learning Program w/Circle of Children, 10am-5pm today & Sunday, Triangle Lake Conference Center, 19291 Hwy. 36, Blachly. FREE.

Payroll Tax Basics, noon-1:30pm, Worksource, 2510 Oakmont Way. FREE.

Intro to Ki, 7pm today, Monday, Wednesday & Thursday, July 7, Oregon Ki Society, 1071 W. 7th Ave. FREE.

ON THE AIR "The Point," 9-9:30am today & Thursday, July 7, KPOV 88.9FM.

"Arts Journal," current local arts, 9-10pm today & Thursday, July 7, Comcast channel 29.

Thursday Night Jazz w/David Gizara, 10pm today & Thursday, July 7, KLCC 89.7FM.

OUTDOORS/RECREATION Pool Hall for seniors, 8:30am-4:30pm today, tomorrow & Monday through Thursday, July 7, Campbell Community Center, 155 High St. \$0.25.

GEARS Bike Club: Clearwater Trail & Spfd., 25 miles, 9am; Women Only Ride, 20-30 miles, 6pm, Alton Baker Park. FREE.

Lunchtime Running Group, 3-4 miles, 12:15-12:45pm today & Thursday, July 7, Tap & Growler, 207 E. 5th Ave. FREE.

Duplicate Bridge, 1pm today, Sunday, Tuesday & Thursday, July 7; 9:30am Monday; 6:30pm Wednesday, Emerald Bridge Club, 1782 Centennial Blvd., Spfd. \$8.

Board Game Night, 6-11pm today, Tuesday & Thursday, July 7, Funagain Games, 1280 Willamette St. FREE.

Cornhole Tournament, 6:30pm today & Thursday, July 7, Wetlands, 922 Garfield St. FREE.

Trivia, 7-9pm today & Thursday, July 7, Brew & Cue, 2222 Hwy 99. FREE.

WDYK Trivia w/Rick, 9pm today & Thursday, July 7, Side Bar, 1680 Coburg Rd. FREE.

SOCIAL DANCE English & Scottish Country Dancing, 7pm today & Thursday, July 7, Vet's Ballroom, 1620 Willamette St. \$7, first time FREE.

Music & Dance Workshops w/ Taller de Son Jarocho, 7-9pm today & Thursday, July 7, American Legion Hall, 344 8th St., Spfd. FREE.

Doc's Pad Drag Queen Bingo w/ Karess, 9pm today & Thursday, July 7, Doc's Pad, 710 Willamette St. FREE.

SPIRITUAL Zen Meditation Group, 7-8am today & Thursday, July 7, Blue Cliff Zen Center, 439 W. 2nd Ave. FREE.

Open Heart Meditation, 4:30pm today & Thursday, July 7, 1840 Willamettes St. FREE.

Insight Meditation, 6:30-8pm today & Thursday, July 7, Eugene Yoga Annex, 3575 Donald St. Don.

THEATER No Shame Eugene, short-form improv theatre, 7:30pm today & Thursday, July 7, New Zone Gallery, 164 W. Broadway. FREE.

VOLUNTEER Native Plant Nursery Volunteer Work Party, 9-11am today; 9am-noon Monday, Tuesday & Thursday, July 7, Native Plant Nursery in Buford Park, rsvp to volunteer@bufordpark.org. FREE.

Care for Owen Rose Garden, bring gloves & small hand-weeding tools, instruction provided, noon-3pm, end of N. Jefferson St., 682-5025.

FRIDAY

JULY 1

SUNRISE 5:34AM; SUNSET 8:59PM
AVG. HIGH 78; AVG. LOW 49

ARTS Free First Friday at the Jordan Schnitzer Museum of Art, 11am-5pm, JSMA, UO. FREE.

First Friday Artwalk w/SLUG queen Holly GoSlugly, 5:30-8pm, Oregon Contemporary Theatre, 194 W. Broadway, lanearts.org. FREE.

DANCE #instaballet w/dancers from Eugene Ballet Co., 5:30-8pm, Oregon Contemporary Theatre, 194 W. Broadway, instaballet.org. FREE.

FARMERS MARKETS Market-place@Sprout, year-round indoor & outdoor farmers market w/entertainment, 3-7pm, 418 A St., Spfd. info at sproutfoodhub.org.

FOOD/DRINKS Barrel Tasting: Fall 2016, noon-5pm today through Monday, Bluebird Hill Cellars, 25059 Larson Rd., Monroe. FREE.

Wine & Music, 4-10pm, Noble Estate Urban, 560 Commercial St. FREE.

Wine Tasting, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

GATHERINGS Yawn Patrol Toastmasters, 6-7:45am, LCC Downtown Center, 110 W. 10th Ave. FREE.

Gem Faire, noon-6pm today, 10am-6pm tomorrow, 10am-5pm Sunday, Lane Events Center, 796 W. 13th Ave., gemfaire.com. \$7 weekend pass.