

Lithia Park Nature Walks continues. See 6/3.

Follow the Fork Walking Tour of Bend continues. See 6/8.

THURSDAY, 6/16

Four Peaks Music Festival, music, family, fun, today through 6/19, 19449 Tumalo Reservoir Rd., Bend, 4peaksmusic.com.

Portland Monthly's Pride Kick-Off Party for Basic Rights Oregon, Love Wins & The Bus Project, 7:30pm, Zidell Yards, 3121 SW. Moody Ave., pdxmonthly.com/flare. \$15-\$25.

Stephen "Ragga" Marley's The Fruit of Life Tour, 7:30pm, Wonder Ballroom, Portland. \$24-\$27.

Culinary Secrets Tour of Central Oregon continues. See 6/9.

Hearts & Spades continues. See 6/9.

FRIDAY, 6/17

Bite of Bend, the region's largest food festival, today through 6/19, downtown Bend, biteofbend.com.

Epic Oregon Relay, eclecticideracing.com. Cost varies.

What The Festival, three-day music, art, film & interactive festival during Summer Solstice weekend, today through 6/20, Wolf Run Ranch, Dufur, whatthefestival.com.

Edward Sharpe & The Magnetic Zeroes w/ Preservation Hall Jazz Band, 5pm, McMenamins Edgefield, Troutdale. \$37-\$38.

Eric Burdon & The Animals, 7:30pm, Britt Pavilion, Jacksonville, brittfest.org. \$26-\$59.

Pride Northwest Glow Run, 3 miles, 9:30-11:55pm, SW. Morrison & SW. Naito Pkwy., Portland, prideglowrun.com.

Farm & Ranch Tour continues. See 6/3.

Lithia Park Nature Walks continues. See 6/3.

Four Peaks Music Festival continues. See 6/16.

SATURDAY, 6/18

17K in a Day, shuttled mountain biking over six trails: "The Double" (Lawler & Hardesty Trails), Larison Rock, Flat Creek & Aubrey Mountain; today, 7/2, 8/13, 9/3 & 10/1, Oakridge, oregon-adventures.com. Prices vary.

Black Butte Ranch TRI for FUN, Sprint Triathlon, eclecticideracing.com. Cost varies.

Habitat for Humanity Run, Walk, Ride, 10K & 5K bike, McMinnville, eclecticideracing.com. Cost varies.

The Dam Marathon: full, half, hike, 5K or 10K, Oakridge, themountainfest.com.

Adapted Day Trips to Family Fun Center, Hellgate Boat Ride & Wildlife Safari. 6/18, 7/30 & 8/20. register at ashlandparksandrec.org. \$20/trip.

Blooms & Butterflies Garden Celebration & Butterfly Run, 9am-5pm, Elkton Community Education Center, Elkton. Race \$25, Blooms & Butterflies FREE.

Father's Day Golf Tournament, 9am, McMenamins Edgefield, Troutdale. \$25.

Eastern Oregon Beer Festival, noon-8pm, Union County Fairgrounds, La Grande, eobeerfest.org. \$5 admission, \$25-\$50 tasting passes.

Rib Roarin' BBQ w/the Lions, noon-2pm, Wildlife Safari, 1790 Safari Rd., Winston. \$180.

Umpqua Valley Hemp Fest, music stages, food, camping, vendors & speakers, noon-9pm, Oakland, umpquavalleyhempfest.com. \$20-\$40.

Slightly Stoopid, 4:30pm, Les Schwab Amphitheater, Bend, bendconcerts.com. \$35.

Portland Pride Festival, today to 6/19, Tom McCall Waterfront Park, Portland. \$7 don.

Follow the Fork Walking Tour of Bend's Westside continues. See 6/4.

Portland Saturday Market continues. See 6/4.

Four Peaks Music Festival continues. See 6/16.

Bite of Bend continues. See 6/17.

What The Festival continues. See 6/17.

SUNDAY, 6/19

Pioneer Dam Run, 5K & 10K, Brownsville, eclecticideracing.com. Cost varies.

Father's Day Breakfast, 8-11am, Walterville Community Center, 747-9297.

Lithia Park Nature Walks continues. See 6/3.

Portland Saturday Market continues. See 6/4.

Four Peaks Music Festival continues. See 6/16.

Bite of Bend continues. See 6/17.

What the Festival continues. See 6/17.

Portland Pride Festival continues. See 6/18.

MONDAY, 6/20

For the Love of Bees: How to Taste Honey Varietals, ages 9-adult, 7-8pm, North Mountain Park, 620 N. Mountain Ave., ashlandparksandrec.org. \$15.

What the Festival continues. See 6/17.

Ukulele U continues. See 6/6.

TUESDAY, 6/21

Chicago, 7pm, Britt Pavilion, 350 1st St., Jacksonville, brittfest.org. \$46-\$89, group ticket available.

Music on the Halfshell w/Luisa Maita, 7pm, Roseburg, halfshell.org. FREE.

WEDNESDAY, 6/22

Lithia Park Nature Walks continues. See 6/3.

Follow the Fork Walking Tour of Bend continues. See 6/8.

THURSDAY, 6/23

Adapted "Fun in the Sun" Gardening, ages 10 & up, 4-5pm Thursdays, Ashland Creek Park, 27 E. Hersey St., register at ashlandparksandrec.org. \$5.

Fermentation Festival, a beer walk w/unique, experimental & limited-edition tastings, 4-10pm, Old Mill District, Powerhouse Dr., Bend. FREE, \$20 for drink tickets & commemorative glass.

Culinary Secrets Tour of Central Oregon continues. See 6/9.

Hearts & Spades continues. See 6/9.

FRIDAY, 6/24

Chamber Music Northwest, five weeks of music that explores Beethoven's inspiration & influences, today through 7/31, various locations in Portland & Eugene, cmnw.org.

Salem Summer Solstice Run, 5K & 10K, Salem, eclecticideracing.com. Cost varies.

Summer Arts Festival, noon-9pm today, 10am-9pm tomorrow & 10am-4pm Sun., Umpqua Valley Arts Center, 1624 W. Harvard Ave., Roseburg. FREE.

Ben Harper & The Innocent Criminals, 6pm, McMenamins Edgefield, Troutdale. \$52-\$58.

Adapted "Friday Night Social," 6-8:30pm today, 7/15 & 8/12, Ashland Senior Center, 1699 Homes Ave., Ashland, register at ashlandparksandrec.org. \$10.

Farm & Ranch Tour continues. See 6/3.

Lithia Park Nature Walks continues. See 6/3.

SATURDAY, 6/25

Pioneer Dam Run, 5k & 10K, Brownsville, eclecticideracing.com. Cost varies.

MusicFestNW (now apparently going by the moniker **Project Pabst**, lame) is back, and it's teaming up with Pabst for a show-stopping weekend. Running Aug. 27-28 up in Portland, big names like **Ice Cube**, **Duran Duran** and **Ween** will take over the stage. And don't forget to bring your Imodium, since **Diarrhea Planet** (they're grunge-punk, not intestinal irritation) will also be making an appearance. Atlanta punk band **The Coathangers** and Philly's equally rockin' **Sheer Mag** will satisfy your fist-pumping urges, while **Lizzo** (Minneapolis hip hop) and **STRFKR** will sooth your needs to groove. Full line up at portland.projectpabst.com.



Ice Cube (left)
Diarrhea Planet (right)