

WANT TO PARTICIPATE IN A RESEARCH STUDY?

The SAN Lab at the University of Oregon is looking for 35-55 year old volunteers for the following studies:

DO YOU HAVE TROUBLE WITH SELF-CONTROL?

-Contact us about 'Self-Control Study'
-Like facebook.com/REVstudy

DO YOU WANT TO EAT HEALTHIER?

-Contact us about 'Eating Study'
-Like facebook.com/oregoneatingstudy

Visit our website for more research opportunities:
sanlab.uoregon.edu/participate



SAN LAB
Motivation Neuroscience at UO
1440 Franklin Blvd - Eugene OR 97403
contact us
541-346-6724
sanlab@uoregon.edu

CALENDAR

6-7:30pm, NAMI, 2411 Martin Luther King Jr. Blvd. FREE.
Cascadia Forest Defenders Meeting, 6:30-8pm, Growers Market, 454 Willamette St. FREE.
Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. fee.
Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.
Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Center, 700 E. Gibbs Ave., Cottage Grove. FREE.

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.
SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, Sexual Assault Support Services, 591 W. 19th Ave. FREE.

Sweet Adeline harmonizing group, 7pm, United Methodist Church, 1385 Oakway Rd. FREE.

Eugene Cannabis TV Recording Session, 7:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

HEALTH Guided Meditation w/ River, 4pm, Ophelia's Place, 1577 Pearl St. FREE.

"Feed Your Brain" w/Yaakov Levine continues. See Sunday.

LECTURES/CLASSES Adult Ki Aikido, 7pm, Oregon Ki Society, 1071 W. 7th Ave. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM.

OUTDOORS/RECREATION Duplicate Bridge continues. See Thursday, Jan. 28.

Pool Hall continues. See Thursday, Jan. 28.

SOCIAL DANCE International Folk Dance, 2:30-4pm, Campbell Center, 155 High St., 682-5318. \$25.

West Coast Swing, lessons & dance, 7-10:30pm, The Vet's Club, 1626 Willamette St.

Folk Dancing for Seniors continues. See Friday.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 6:30-8:30pm, Northwood Christian Church, 2425 Harvest Ln., Spfd, 995-8459. FREE.

VOLUNTEER Native Plant Nursery Volunteer Work Party continues. See Thursday, Jan. 28.

TUESDAY

FEBRUARY 2
SUNRISE 7:29AM; SUNSET 5:23PM
AVG. HIGH 49; AVG. LOW 34

FOOD New Beer Release, meet the brewer & learn the story behind the brew, 6pm, Oakshire, 207 Madison St., 654-5520. FREE.

GATHERINGS PERS Retirees Meeting: "Pros & Cons of Traditional Estate Planning" w/ John Urness, 10am, Celeste Campbell, 155 High St. FREE.

Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 682-6182. FREE.

NAMI On-Campus Mental Health Support Group, 6pm, Peterson Building room 105, UO, 343-8677. FREE.

Eugene Men Against Rape Culture, book discussion group, 5pm, Knight Library room 321, UO. FREE.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Eating Disorders Anonymous, 6:30-7:30pm, Jesco Club, 340 Blair Blvd. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45 pm, LCC downtown., info at toddk.pe@gmail.com. FREE.

Emeralds Photographic Society Club Meeting, 6:45pm, Willamalane Adult Activity Center, 215 W. C St., Spfd. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Co-Dependents Anonymous 12-step Meeting, 7-8pm, Valley Methodist Church, 25133 E. Broadway, Veneta. FREE.

Live Drawing, 7-9pm, New Zone Gallery, 164 W. Broadway. \$5.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Exhibit Talks continue. See Thursday, Jan. 28.

Open Hack continues. See Friday.

HEALTH Nia-Healing Through Movement class, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447. Don.

KIDS/FAMILIES Baby Pop Music, 9:30am, Daisy's Place, 1244 Lawrence. FREE.

United Music Academy Open Rehearsal, 5pm, United Lutheran Church, 2230 Washington St. FREE.

LITERARY ARTS Open Mic Poetry, 7:30pm sign-up, Cush Cafe, 1235 Railroad Blvd., call 393-6822. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM. Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Obsidians: Groundhog Day Hike, 4 miles, reg. at obsidians.org. FREE.

Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Duplicate Bridge continues. See Thursday, Jan. 28.

Pool Hall continues. See Thursday, Jan. 28.

SOCIAL DANCE Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$3, Willamalane Adult Activity Center, 215 W. C St., Spfd., 344-7591.

Bailonga: Argentine Tango Milonga, lessons & open dance, 8-11pm, Vet's Club, 1626 Willamette St. \$4.

SPIRITUAL Relationship w/Sacred Texts, instructional classes based on text by Dogen, 7-9pm, Eugene Zendo, 2190 Garfield St., call 302-4576. FREE.

THEATER Book of Mormon, 7:30pm today through Thursday, Feb. 4, Hult Center. \$45-\$160.

VOLUNTEER Eugene Park Stewards Work Party, 9am-noon, Hendricks Park Rhododendron Garden, 1800 Skyline Blvd., 510-4636. FREE.

Native Plant Nursery Volunteer Work Party continues. See Thursday, Jan. 28.

WEDNESDAY

FEBRUARY 3
SUNRISE 7:28AM; SUNSET 5:25PM
AVG. HIGH 49; AVG. LOW 34

BENEFITS Oakshire Inspires for Willamette Animal Guild, 11am-10pm, Oakshire, 207 Madison St., 654-5520. FREE.

FARMERS MARKETS The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 513-4527.

Coast Fork Farm Stand continues. See Saturday.

FOOD/DRINK Wine Wednesday, tasting, 5-7pm, Tap & Growler, 207 E. 5th Ave. FREE.

GATHERINGS Nar-Anon Meeting, 12:30pm, Springfield Lutheran Church, 1542 I St., Spfd. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

Open Session Figure Drawing, 6:30-9pm, Emerald Art Center, 500 Main St., Spfd. \$6.

4J School Board Meeting, 7pm, Eugene School District 4J Education Center, 200 N. Monroe St., 790-7707. FREE.

Exhibit Talks continue. See Thursday, Jan. 28.

HEALTH "The Egg Came First," cooking demo w/nutritionist Yaakov Levine, 6-7:30pm, Natural Grocers, 201 Coburg Rd., 345-3300. FREE.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Grrrr! Jamz w/musicians from Grrrr!z Rock! for girls 10-18, 3:30-6pm, Ophelia's Place, 1577 Pearl St., 284-4333. FREE.

Women's Advisory Council for Youth, for girls 12-18, 4-5pm, Ophelia's Place, 1577 Pearl St., 284-4333. FREE.

Children's Ki Aikido, 5:15pm, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Family Board Game Night, 6pm, Castle of Games, 660 Main, Spfd. FREE.

LECTURES/CLASSES LTD's Environmental & Sustainability Management System, 11:30am-1pm, Hilton Eugene, 66 E. 6th Ave. FREE.

Oregon Wild Wednesday: "6,000 Years w/the Oregon Coast Trail" w/author Bonnie Henderson, 6-8pm, Claim 52, 1030 Tyinn St. FREE.

LITERARY ARTS Science (Non) Fiction Book Group, 7pm, Tap & Growler, 207 E. 5th Ave. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9AM.

"Truth Television," live call-in local news/politics, 6pm, Comcast 29. FREE.

"That Atheist Show," weekly call-in, 7pm, Comcast 29, 790-6617.

OUTDOORS/RECREATION Obsidians: Hike Amazon Headwaters/Spencer Butte, 6.2 miles, reg. at obsidians.org. FREE.

Accessible Aquatics, swimming classes for individuals with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Community Group Run, 3-5 miles, bring lights for visibility, 6pm, Run Hub Northwest, 515 High St., 344-1239. FREE.

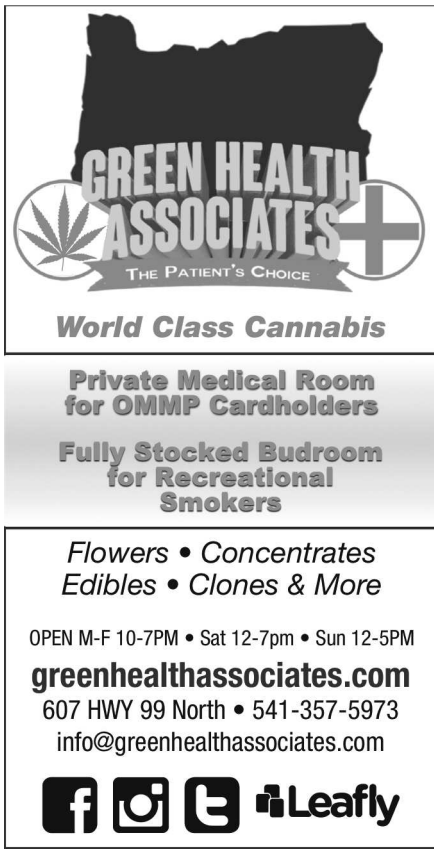
Pinball Knights, double-elimination pinball tournament, 21 and over, 8pm, Blairally, 245 Blair Blvd., 683-1721. \$5 buy in.

Duplicate Bridge continues. See Thursday, Jan. 28.

Pool Hall continues. See Thursday, Jan. 28.

SOCIAL DANCE Salsa Libre, lessons & social dance 7:30pm, Global Scholars Hall room 123, UO. FREE.

THEATER Book of Mormon continues. See Tuesday.



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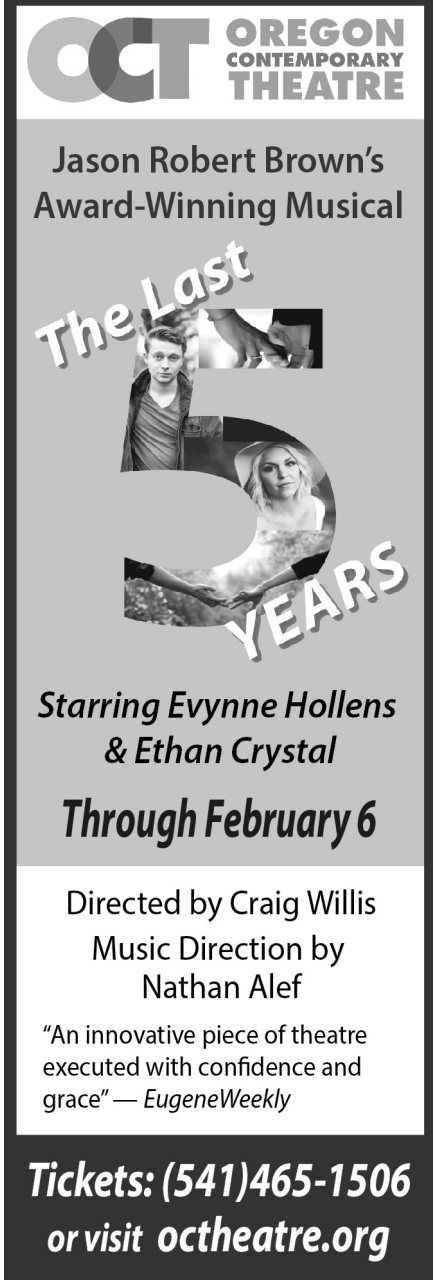
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