

Natural Grocers, 201 Coburg Rd. FREE.

Guided Meditation w/River, 4pm, Ophelia's Place, 1577 Pearl St. FREE.

Identify & Investigate Your Stressfull Thinking, 6:30pm, call 686-3223 for location. FREE.

LECTURES/CLASSES Basic Community Emergency Response Team Training, 6pm, Eugene Fire & Emergency, 1705 W. 2nd Ave. FREE.

Networks, Tipping Points, Fractals & the Edge of Chaos: The Mathematics of Nature w/ Alder Stone Fuller & Ermah Ge, 6:30-8pm, Eugene Mindworks, 207 E. 5th Ave. \$5-\$10.

Ki Aikido, 7pm, Oregon Ki Society, 1071 W. 7th Ave. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM.

OUTDOORS/RECREATION Duplicate Bridge continues. See Thursday, Oct. 1.

Pool Hall continues. See Thursday, Oct. 1.

SOCIAL DANCE West Coast Swing, lessons & dance, 7:10-30pm, The Vet's Club, 1626 Willamette St.

SPIRITUAL Inspirational Sounds rehearsal, sing African-American gospel, 6:30pm, Northwood Christian Church, 2425 Harvest Ln., Spfd. FREE.

VOLUNTEER Native Plant Nursery Volunteer Work Party continues. See Thursday, Oct. 1.

TUESDAY
OCTOBER 6
SUNRISE 7:16AM; SUNSET 6:44PM
AVG. HIGH 69; AVG. LOW 42

DANCE Northwest Screendance Expo, 4pm & 7:30pm, Bijou Art Cinemas, 492 E. 13th Ave. \$8-\$10.

FARMERS MARKETS Lane County Farmers Market continues. See Saturday.

McKenzie SmartGrow Farm Stand continues. See Thursday, Oct. 1.

FILM *The Innocents*, 1961 film based on Henry James *Turn of the Screw*, 6pm, downtown library. FREE.

Hot Girls Wanted, screening & discussion hosted by Eugene Men Against Rape Culture, 6pm, The Boreal, 450 W. 3rd Ave. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 682-6182. FREE.

Church Women United: Human Rights and Fracking, 7:30am, Brails Restaurant, 1689 Willamette St. FREE.

Lane Country Association of PERS: "What Lies Ahead for PERS Retirees" panel discussion, 10:30am, Campbell Senior Center, 155 High St. FREE.

NAMI Connection, peer support group for people living with mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE.

G-Tec, girl's tech empowerment & confidence group, 4pm, Ophelia's Place, 1577 Pearl St. \$5.

Hearts & Crafts, crafting meet-up, 4pm, Ophelia's Place, 1577 Pearl St. FREE.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45 pm, LCC, 101 10th Ave., info at toddk.pe@gmail.com. FREE.

Emeralds Photographic Society Club Meeting, 6:45pm, Willamalane Adult Activity Center, 215 W. C St., Spfd. FREE.

Adult Children of Alcoholics Meeting, 7-8pm, Santa Clara Church of Christ, 175 Santa Clara Ave., Santa Clara.

Co-Dependents Anonymous 12-step Meeting, 7-8pm, Valley Methodist Church, 25133 E. Broadway, Veneta. FREE.

Nar-Anon Meeting, 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Open Mic Poetry, 7:30pm sign-up, Cush Cafe, 1235 Railroad Blvd., call 393-6822. FREE.

Exhibit Talks continue. See Thursday, Oct. 1.

KIDS/FAMILIES Baby Pop Music, 9:30am, Daisy's Place, 1244 Lawrence. FREE.

Tween Scene: Chemistry for the non-squeamish, 4:30-5:30pm, Springfield library, 225 5th St., Spfd. FREE.

LECTURE/CLASSES Organizing to Write w/Susan Quash-Mah, 5:30pm, Sheldon library, 1566 Coburg Rd. FREE.

LITERARY ARTS Fall Poetry Reading w/poets Maxine Scates, Jennifer Richter & Sharon Lask Munson, 7-9pm, Springfield library, 225 5th St., Spfd. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM. Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Duplicate Bridge continues. See Thursday, Oct. 1.

Pool Hall continues. See Thursday, Oct. 1.

SOCIAL DANCE Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$3, Willamalane Adult Activity Center, 215 W. C St., Spfd., 344-7591.

Bailonga: Argentine Tango Milonga, lessons and open dance, 8-11pm, Vet's Club, 1626 Willamette St. \$4.

SPIRITUAL Relationship w/Sacred Texts, instructional classes based on text by Dogen, 7-9pm, Eugene Zendo, 2190 Garfield St., call 302-4576. FREE.

VOLUNTEER Eugene Park Stewards Work Party, 9am-noon, Hendricks Park Rhododendron Garden, 1800 Skyline Blvd., 510-4636. FREE.

Native Plant Nursery Volunteer Work Party continues. See Thursday, Oct. 1.

WEDNESDAY
OCTOBER 7
SUNRISE 7:17AM; SUNSET 6:43PM
AVG. HIGH 69; AVG. LOW 42

FARMERS MARKETS The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 513-4527.

Coast Fork Farm Stand continues. See Saturday.

McKenzie SmartGrow Farm Stand continues. See Thursday, Oct. 1.

FILM IWW Movie & Discussion: *Lumumba*, 7pm, Mcnail-Riley House, 601 W. 13th Ave. FREE.

FOOD Wine Wednesday, tasting, 5-7pm, Tap & Growler, 207 E. 5th Ave. FREE.

GATHERINGS Very Little Theatre Backstage Tour, 12:15-1pm, VLT, 2350 Hilyard St. FREE.

Nar-Anon Meeting, 12:30pm, Springfield Lutheran Church, 1542 I St., Spfd. FREE.

Grrrl Jamz, unleash your inner rock god w/volunteers from Grrrlz Rock, 3:30-6pm, Ophelia's Place, 1577 Pearl St. FREE.

Women's Advisory Council for Youth, ages 12-18, 4-5pm, Ophelia's Place, 1577 Pearl St. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Support Group for parents, partners & family of people who have Asperger's, 6-7:30pm, call 221-0900 for info & location. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

NAMI Connection Peer Support Group for individuals w/mental illness, 6pm, NAMI Lane County Resource Center, 2411 MLK Jr. Blvd. FREE.

Open Session Figure Drawing, 6:30-9pm, Emerald Art Center, 500 Main St., Spfd. \$6.

Salem Drum Circle, 6:30pm, downtown Riverfront Park, Salem. FREE.

Exhibit Talks continue. See Thursday, Oct. 1.

HEALTH "Gelatin: a Re-Discovered Super-Food," cooking demo w/nutritionist Yaakov Levine, 6-7:30pm, Natural Grocers, 201 Coburg Rd. FREE.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Family Board Game Night, 6pm, Castle of Games, 660 Main, Spfd. FREE.

LECTURES/CLASSES "Medicare Made Clear" w/the Oregon Insurance Lady, 5-5:45pm, Oregon Insurance Lady Office, 1163 Olive St, rsvp to 222-9020. FREE.

Consciousness Living talk w/ Tulku Jigme Rinposhe, 7pm, Tsunami Books, 2585 Willamette St. \$10-\$15 sug. don.

"Oregon Communities Taking on Corporations" w/Thomas Linzey of the Community Environment Legal Defense Fund, 7-9pm, LCC, 101 W. 10th Ave. FREE.

LITERARY ARTS Reading: A.S. King, author of award winning Young Adult fiction, 6pm, downtown library. FREE.

The BreakBeat Poets featuring Kevin Coval, Jamila Woods & Fatimah Asghar, 6:30pm, EMU Ballroom, UO. FREE.

Mid-Valley Willamette Writers Speakers Series continues. See Thursday, Oct. 1.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9AM.

"That Atheist Show, weekly call-in, 7pm, Comcast TV channel 29, 790-6617.

OUTDOORS/RECREATION Obsidians: Hike Amazon Headwaters, 6.2 miles, reg. at obsidians.org.

Accessible Aquatics, swimming classes for individuals with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Pinball Knights, double-elimination pinball tournament, 21 and over, 8pm, Blairally, 245 Blair Blvd., 683-1721. \$5 buy in.

Duplicate Bridge continues. See Thursday, Oct. 1.

Pool Hall continues. See Thursday, Oct. 1.

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