



Call
(541) 225-4955
to adopt

501(c)(3) nonprofit
westcoastdogandcat.org



If you've ever wanted someone to gaze at you adoringly, **Lucy's** your cat. She's a ray of sunshine. Pet her and her appreciative purrs will make you smile. She has a skin allergy that causes her to over groom, but in a home setting it can be easily managed.



3970 W. 1st Ave
541-844-1777
www.green-hill.org



All good things contain a dash of **Nutmeg**. Unmistakably unique, she adds that special something to even the blandest homes. Don't live without the delightful flavor of companionship! This 3-year-old promises to impart the seasoning of glee to your days. Nutmeg's zest for life completes the recipe for happiness along with ingredients like doggie play dates, toys and teenagers. Nutmeg is waiting for you in her foster home. Call 1st Avenue Shelter today and meet a real dish!

Greenhill cared for over 500 kittens last year! Fosters, volunteers and donors make saving the lives of Lane County's young felines possible. Visit www.Green-Hill.org to learn how you can help.

Tue -Fri, 10am-6pm and Sat 10am-5:30pm



**SevaDog
Rescue**
501 c3 nonprofit



Ginger and Oliver Twist: you may have seen these two in the news. They were thrown from a trailer and left in a parking lot all alone. They're now showered with love! Oliver Twist is spunky and full of fun! He's ready for a real home. Ginger suffered a broken pelvis but will recover after surgery nicely. She needs an extra special family to love. Email mandy@sevadog.org to learn more.

We need your help! Visit: gofundme.com/sevadog
Donations needed: potty pads, blankets, towels
Please bring to the Den, 1010 Grant St. • 541.731.2930

LIKE us on www.facebook.com/Sevadog
mandy@sevadog.org • www.sevadog.org

S.A.R.A.'s Shelter Animal Resource Alliance Rescued Cat of the Week



Midnight and Rafters are a pair of 13 and 14 year-old love bugs that wish to spend their glory years side by side. Midnight shows her affection when petted by powerfully rubbing on anything in her immediate path. Look out for fragile objects getting zealously knocked over! Rafters waits patiently everyday for the sunlight to penetrate the windows so that she can lazily sunbathe and absorb the intense rays of the sun. Cool down with the air conditioning at S.A.R.A.'s Treasures and greet these girls with a gentle head pat, they will appreciate you.

**S.A.R.A.'s Treasures
Gift and Thrift Shop**
volunteer • donate • shop • adopt
871 River Road • 607-8892 • Open Everyday 10-6
www.saratreasures.org

CLASSIFIEDS

WE ARE LOOKING FOR A NANNY for our one-year-old daughter, three days per week, for 20-30 hours in total. Our ideal candidate has an educational background in early childhood ed, speaks a foreign language, and plays guitar! We would like for you to care for her in our home in south Eugene, and so having your own car is a necessity. Must be comfortable around pets, including cats and dogs. We are looking for someone with experience and references, and someone who goes above and beyond in providing an enriching, engaging experience for our daughter. We will pay up to \$15/hr, depending on experience. We look forward to meeting you! [541] 321-6516

LOST YOUR JOB? Place a free line ad here (up to 4 lines, 160 characters) for 2 weeks. Briefly list your skills/experience & contact info. Email to: office@eugeneweekly.com or call 541-484-0519

WELLNESS

Acupuncture

RELIEVE STRESS & PAIN AFFORDABLY Wise Turtle Acupuncture offers community acupuncture. Sliding scale \$15-35, 807 A St, Spfd 541-731-1466 WiseTurtleAcupuncture.com

Bodywork

CHRONIC PAIN? Try Roling, Jeffrey Burch LMT #9092, 541-689-1515 jeffreymburch.com

Counseling

PERSONAL & FINANCIAL COUNSELING Accountant with Counseling degree offers help with life and money issues. First session free, check me out! Dale Deason, MA MS 541-214-8783

Fitness

LACKING ENERGY? NEED MOTIVATION? Get In Shape w/ us! Personal Training, Free Weights, Circuit & Over 35 classes to choose from **NEVER A JOINING FEE!** In Shape Athletic Club 2681 Willamette 541-687-2200

Health & Nutrition

NUTRITION WISDOM FOR WOMEN—Are you looking for help to heal your relationship with food? Compassionate, experienced, professional. Christy Morrell, RD. Nutrition Therapist. 541-525-3328

Wellness

STRUGGLING WITH DRUGS OR ALCOHOL? Addicted to PILLS? Talk to someone who cares. Call The Addiction Hope & Help Line for a free assessment. 800-978-6674 (AAN CAN)

WHITE BIRD DENTAL CLINIC 1400 Mill St. Eugene. Emergency & on-going dentistry for Low/No income residents of Lane County. Accepts OHP & under insured. 541-344-8302

Hypnosis

YES HYPNOSIS WORKS Hypnosis for stopping smoking, weight loss, stress, anxiety Call Shoshanah Thielle Cht 541-684-3965

Yoga

DROP-IN YOGA at Eugene Yoga. Sundays: \$6 Downtown 9a/5-45p. \$5 South 11:45a/6:15p. \$44 for 4 weeks of Unlimited Classes for new students! www.eugeneyoga.us

YOGA WEST Kundalini Yoga in Eugene as taught by Yogi Bhajan. First two classes for the price of one. 3635 Hilyard, yogawest-eugene.com

CranioSacral Therapy

JEFF W. RYDER, DC, LAC, CERTIFIED ROLFER® Roling® Structural Integration, Cranial & Visceral Manipulation, Chiropractic, Acupuncture. 40th year. Offices in Eugene & Portland. Drjeffryder.com [503]250-3209

HOME SERVICES

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ALL PHASES rehab/new construction. Bring new life to **DECKS**. Ask about custom rails. 30 yrs. CCB#116497 **BRAD** 541-913-0652

OREGON STATE LAW requires anyone contracting for construction work to be licensed with the Construction Contractors Board. An active license means the contractor is bonded & insured. Verify CCB licenses at: www.hirealicensedcontractor.com

Chimney Sweep

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40 yrs+ experience.
Jolly Good Chimney Sweep.
David Stuart Bull Esq. CCB#51931.
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Yard & Garden

DO SOMETHING NICE FOR YOUR FAMILY Mowing/trimming yard \$35. Roof Cleaning & Moss Removal free est. Gutter cleaning: \$85 avg home. Same day service. Moving, hauling & more **ALL OTHER WORK \$15/HR** Senior discounts Nate 541-232-3753. 24/7 Eugene & outlying. They'll Love You

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Ralph 541-517-4210

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AFFORDABLE Wills, Trusts, Guardianships, SS Disability and SSI Representation and Legal Advice. Alice M. Plymell, 132 East Broadway, Suite 718, Eugene. 541-343-9341 Also makes home visits.

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COMMUNITY TELEVISION (Comcast channel 29) offers hands-on classes in Studio, Field & Digital Editing. For info call 541-790-6616 or info@ctv29.org

REAL ESTATE

Commercial

1500SQFT+ LARGE RETAIL SPACE with rooms in the back. Need renters ASAP. 142 E. 13th Street, Eugene. Close to downtown & UO. Please contact Debbie 541-564-8943 or Jill, IMPCO 503-223-6327 ext.112

Realtors

A SOCIALLY responsible Realtor. Kathy Ging, M.A., G.R.I., 28 years of ethical practice. Amethyst Realty LLC 541-342-8461 kathy@kathyging.com. www.kathyging.com.

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HANNAH CLOTERE Real Estate Broker Service That Shines. Equinox Real Estate 541-943-9345 HannahSellsHomes.com

RENTALS

Rentals Wanted

ROOM AND BOARD NEEDED ASAP!!! 60 yo gm smoker. Have my own car. Nice, interesting guy. Reward! 541-606-0018

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LEGAL NOTICES

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY Probate Department In the Matter of the Estate of JOAN EMBRO BENNETT, Deceased. Case No. 15PB02999 **NOTICE TO INTERESTED PERSONS** NOTICE IS HEREBY GIVEN that the undersigned has been appointed Personal Representative. All persons having claims against the estate are required to present them, with vouchers attached,

JONESIN' CROSSWORD

BY MATT JONES ©2015 Jonesin' Crosswords (editor@jonesincrosswords.com)

"Make It Your Priority"

--that is, if you're Cookie Monster.

ACROSS

1 Cloud over
6 Cookie's partner?
10 Wi-fi setting
14 Avoid by deceit
15 "Who's that kid with the cookie?" [old jingle]
16 "My Name Is"
17 Beverage unit
18 Former picnic game that should've been titled "The Most Dangerous Game"
20 Cookie Monster, why do you like playing fetch with your dog?
22 Former New Jersey governor Tom
23 Longtime Mex. ruling party
24 sorta
28 Superlative suffix
29 Wanna-
30 Lymphatic mass near a tonsil

32 Poet's "before"
33 "Just so you're aware..."
34 Embattled TV host
35 Cookie, what's that picture of the Cheshire Cat with Winnie the Pooh?
39 Carbon dioxide's lack
40 Masters' mastery
41 Say no to
42 Toast opener
44 Dew
45 Checked out
48 Japanese comic book genre
49 Hang like a diaper
50 mater
51 Cookie, I don't like this blindfold, but is that... aluminum?
55 Entree where you eat the bowl
58 Hen's comment
59 Aloha Tower locale
60 "Tomb Raider" heroine

Croft
61 Wood shop machine
62 Art colony in the desert
63 Like new stamp pads
64 Hurt all over

DOWN

1 Mimic
2 Party reminders with a "Maybe" status
3 Big shot
4 Old-fashioned theater name
5 Antiseptic target
6 Wisdom teeth, e.g.
7 Afghani neighbor
8 Dirty-minded
9 Word with King or Donkey
10 Humidity factors into it
11 Dinghy thing
12 1980s icon with his own breakfast cereal
13 Golfer Ernie
19 Rink fake-out

21 Olympic fencer
25 Nick's wife in "The Thin Man"
26 Couturier Christian
27 Ax's cousin
29 Chilly response
30 Novelist Rand
31 Stayed put
32 Beyond bad
33 Page by phone?
35 Light-bulb lighter?
36 In shreds
37 Film colleague of Morpheus and Trinity
38 Bargain basement container
39 Physicist with a law and a unit named after him
43 Admission exams, casually
44 "Help!"
45 Pro tracker
46 "Cocoon" Oscar winner Don
47 Left one's job in a huff
49 Feature of much witty blogging
50 Company with a duck mascot
52 "Going Back to..." [LL Cool J single]
53 Jackson of country music
54 "Fiat lux" is its motto
55 "Bubble Guppies" watcher
56 Electric toothbrush battery size
57 Stand-up comic Margaret

ANSWERS TO LAST WEEK'S

NADIRS BUDS SEC
OGCELOT LEAH ERR
CALLMEMAYBE MIA
ACA NAH LLEPEW
RINGFOR CABLE
BAYER CRAZYFROG
TEA APU FUL
BUZZINGMOSQUITO
UZTI GRE AUG
COMICSANS ALANS
BRATS MEDICAL
ROAST SUV TRA
ORB CHEWTINFOIL
JAW HOLA LEANTO
DEE YEEP STREAM

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to Health and Transformation*

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WIGGLY TAILS DOG RESCUE

Helping abandoned and surrendered dogs find their forever homes



Disney is looking for his forever home! He's a 1 1/2 year old terrier mix and friendly with everyone. He would love a canine friend to play with and a family to call his own. His perfect home would be with kids over 6 years old. We don't know how he is with cats, yet, but he is potty trained. Contact us if you are interested in adopting this adorable little fellow.

*Foster homes & volunteers are always needed!
Please contact us through our Facebook page.*

www.facebook.com/WigglyTailsDogRescue

**Saint Germain on
ADVANCED ALCHEMY:**

Heart Streaming
in The
Aquarian Age
Author talk &
book signing

David Christopher Lewis
www.HeartsCenter.org

Tuesday, August 4 • 7:30-9pm
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\$15 (includes \$5 book discount)

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