

THEATER *Beauty & The Beast*, 7pm today & tomorrow, 2pm Sunday, Churchill High School, 1850 Bailey Hill Rd., 431-0444. \$8-\$12.

Hairspray: The Broadway Musical, 7pm today & tomorrow, 3pm Sunday, New Hope Center Auditorium, 1790 Charnelton St., tickets at wkly.ws/f. \$15-\$21.

Les Misérables continues. See Thursday, April 16.

Lucky Me continues. See Thursday, April 16.

Sila continues. See Thursday, April 16.

Trailer Park Palooza continues. See Thursday, April 16.

SATURDAY

APRIL 18
SUNRISE 6:24AM; SUNSET 8:00PM
AVG. HIGH 61; AVG. LOW 39

COMEDY An Evening w/ Bill Maher: Live Stand-up Tour, 8pm, Hult Center. \$49.75-\$69.75.

DANCE UO Repertory Dance Company Spring Concert continues. See Friday.

FARMERS MARKETS Hideaway Bakery Farmers Market, 9am-2pm, Hideaway Bakery, 3377 E. Amazon.

Lane County Winter Farmers Market, 10am-2pm, 8th & Oak. FREE.

Coast Fork Farm Stand, 11am-6pm, 10th & Washington, Cottage Grove.

FILM DisOrient Film Festival continues. See Friday.

GATHERINGS Covered Bridge Regatta, races, food & vendors, 8am-5pm today & tomorrow, Dexter Lake, Lowell, info at wkly.ws/1zy. FREE.

Earth Day Celebration, demos, contests & food, 9am-1pm, Schnitzer Steel, 111 Hwy 99 N. FREE.

One Green World's Plants to the People, edible plant sale, 9:30-11:30am, BRING, 4446 Franklin Blvd., Glenwood. FREE.

Saturday Market, 10am-5pm; 10am Lonesome Randall; 11am Invincible Vince; 12pm Richard Crandell; 1pm Acoustic Etouffee; 2pm Brian Cutean; 3:30pm Kef, Park Blocks at 8th & Oak, see eugenecitymarket.org for info. FREE.

Willamette Cascade Model Railroad Club Show & Sale, 10am-5pm today & 10am-3pm tomorrow, Lane County Fairgrounds, 976 W. 13th Ave. \$1-\$6.

Springfield Thunderegg Rock & Mineral Show, 10am-5pm, Goshen Grange, 85629 Dillard, Hwy 58, Matthews. FREE.

Friends of Awbrey Park Wildflower Celebration, 11am-2pm, Awbrey Park, corner of Spring Creek Dr. & River Rd. FREE.

Lane County Master Gardener Spring Plant Sale, 11am-5pm, EWEB Plaza parking lot, 500 E. 4th Ave. FREE.

Community Town Halls w/ Rep. Barnhart & Sen. Beyer, 11:30am-12:30pm, Coburg City Hall, 91136 N. Willamette St., Couburg & 1-2pm, 175 Law School, UO. FREE.

Daisy C.H.A.I.N. Craft Fair, noon-4pm today & tomorrow, Daisy's Place, 1244 Lawrence St., info at wkly.ws/1zw. FREE.

Co-Dependents Anonymous, 12 step meeting, noon-1pm, White Bird Clinic, 341 E. 12th Ave. FREE.

Peace Vigil, noon-1pm, downtown library, info at 342-2914. FREE.

Earth Day in the Park, speakers, live music, demos & more, 2-6pm, Alton Baker Park, info at wkly.ws/1zv.

Dungeons & Dragons, role-playing, 3pm, Delight, 811 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE.

St. Vinnie's Metamorphose Earth Day Upcycle Fashion & Art Challenge, 6pm, Oregon Wine Lab, 488 Lincoln St. \$6-\$12.

Drumming Circle, 7pm, 1325 Jefferson St. FREE.

KIDS/FAMILIES Family Music Time w/Rich Glauber, 10:15am, downtown library, info at 682-8316. FREE.

Family Movie Matinee @ the Library, celebrate Earth Day w/Dr. Suess favorite, 3pm, Springfield Library, 225 Fifth St., Spfld. FREE.

LECTURES/CLASSES Women's Self Defense Class, 10:30-11:45am, Petersen Barn Community Center, 870 Berntzen Rd., contact warriorsisters@riseup.net. FREE.

Successful Internet Searching, 11am-1pm, downtown library. FREE.

ON THE AIR Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

The De'Ampe Soul Hama Show, 10pm, Comcast channel 29.

OUTDOORS/RECREATION Obsidians: Hike to Angel's Rest, 4.6 miles; hike to Carpenter Mountain/Tidbits Mnt., 6.6 miles, reg. at obsidians.org.

Audubon Society Bird Walk to Elijah Bristow State Park in Dexter w/Dave Bontrager, 8am, meet at east parking lot of South Eugene High School, 400 E. 19th Ave., 968-9249. \$3.

GEARS Bicycle Club: Poodlee Creek route of bRamble metric century, 62 miles, helmet required, 9am, Alton Baker Park. FREE.

Hot Springs Trail Run, 9am, Belknap Hot Springs, 59296 Belknap Hot Springs Rd., McKenzie Bridge. \$35-\$60.

Friends of Buford Park & Mt. Pisgah Native Plant Nursery Tour, 10:30am-noon, Buford Park, reg. at wkly.ws/1zt. FREE.

SOCIAL DANCE Noche de Salsa Cubana, salsa dancing, 8pm, Vet's Club, 1626 Willamette St. \$6.

SPECTATOR SPORTS Roller Derby Double Header: Emerald City Roller Girls vs. Portland's Heartless Heathers & B-Team vs. Willamette Kidney Thieves, 6pm, Lane Events Center, 796 W. 13th Ave., info at ECRG.com. \$12 adv., \$15 door.

SPIRITUAL Pristine Mind Meditation Seminar, 10am-noon today & 2-4pm tomorrow, Saraha Nyingma Buddhist Institute, 477 E. 40th Ave. \$35/\$108.

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VOLUNTEER Springfield Living Roadways Planting w/REI, 9am-1pm, info at wkly.ws/1zu.

Front Entrance Cleanup Work Party, 10am-1pm, Mt. Pisgah Arboretum Visitor Center, 34901 Frank Parrish Rd., RSVP to 741-4110. FREE.

SUNDAY

APRIL 19
SUNRISE 6:23AM; SUNSET 8:01PM
AVG. HIGH 61; AVG. LOW 39

BENEFITS Spaghetti Feed for Nightingale Health Sanctuary, 5-8pm, Cornbread Cafe, 1290 W. 7th Ave. \$6-\$10.

FARMERS MARKETS Cottage Grove Farmers' Market, 11:30am-2:30pm, First Presbyterian Church, Adams & Third St., Cottage Grove. FREE.

FILM Cult Movie Night: *Terror*, 7pm, The Boreal, 450 W. 3rd Ave. Don.

DisOrient Film Festival continues. See Friday.

FOOD/DRINK Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd.

Wine Tasting, Noble Fall Sundays, noon-5pm, Noble Estate Vineyard & Winery, 29210 Gimpi Hill Rd., info at 338-3007 or noblestatewinery.com.

The Awesome Food Goddess, Chrissy's Festival of Wonder & Delight, 2-4pm, Park Blocks, 8th & Oak St. FREE.

GATHERINGS Southwest Hills Neighborhood Garden Fair, 2-4pm, Wayne Morse Family Farm, 595 Crest Dr. FREE.

Let your kids play with knives!

Everyone is fascinated with knives. But how can you become a competent adult knife user without first spending time with knives as a child? Learn why childhood is actually the best time to learn safe knife use. Follow the Five Knife Safety Steps and get your kids outside using knives!

Sponsored by:
Whole Earth Nature School
A local non-profit provider of school-year nature programs and summer nature camps.

Take Risks, Safely: Kids want to do dangerous things. Some more than others, but the draw toward it is real. Get your kids using knives with your supervision to allow them a mentored avenue for their proclivity toward danger. Teach them to feed their need for risk-taking in a responsible way!

Trade a Cut Now for a Lost Finger Later: Kids will get cut using knives, it's going to happen. Would you rather they get a small cut when you are around to bandage their finger (and hurt pride), or banish them from using knives altogether and worry they'll only wait until you are not around to support and mentor them? You don't really want them playing with knives, but using a tool.

Knives are Powerful Tools: They can cut and shape wood, and can cut and misshape flesh. Their power is a double-edged one, and learning how to walk that line with awareness will help your child realize their own power within themselves. Their new confidence will influence other areas of their life, as well.

Connect With a Skill That's Over 2 Million Years Old: Yes, humans have been using knives for a looong time! Help them safely reconnect and they'll think you're the most awesome mom or dad, ever! **Just teach them the following:**

- 1. Sharp Knife = Safe Knife | Dull Knife = Dangerous Knife**
Most parents seem to think that this can't possibly apply to kids and that their kid will be safer with a dull knife. Please don't do this. A sharp knife will be more efficient to use, it will require less force, and if it slips it won't fly out of control.
- 2. Stay Seated While Carving**
This creates a solid and steady foundation, and avoids the easy temptation to move around with an open knife. Focus all your attention on what you are doing.
- 3. Create, and Maintain, Your "Blood Bubble"**
A "blood bubble" is defined as anywhere you can reach with the combined length of your arm and your knife blade. Your blood bubble is anywhere that you could accidentally draw blood on someone else. While carving, make sure that there is no one else within your blood bubble! Teach others to respect yours, as well.
- 4. Cut Away From All Body Parts (and stop cutting if you look away)**
Note that we didn't say "always cut away from yourself." It is easy to be cutting away from your torso but still be cutting toward a finger or even your leg while sitting down. Also, stop cutting if you need to look away, like when talking with someone.
- 5. Close or Sheathe Knives Not In Use**
Knives that are left with the blade exposed pose an obvious hazard. Whenever you are finished using your knife, even if it is only for a few moments, it needs to be folded closed or put into its sheath.

CAMP GUIDE

South Eugene High School
31st Annual Soccer Camp
June 15-19
1st - 8th grade
M-Th 9-2;
F 9-12
\$130
early registration & sibling discounts
Register:
southeugenecampclub.org

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DEEP NATURE CONNECTION