



SOL SEED
PHOTO BY ATHENA DELENE

BEST LOCAL MUSICIAN(S)

1. **Sol Seed** solseedmusic.com
2. **Medium Troy** mediumtroy.com
3. **(tie) Soul Vibrator and The Sugar Beets** soundcloud.com/soulvibrator; thesugarbeets.com

We all know by now that the path into any Eugenean showgoer's heart is to play music that's hell good to smoke weed to, and in this, Sol Seed delivers. The sextet's reggae fusion vibe is individualized by its cocktail of self-described hip-hop, rock, Latin, jazz, folk and funk influences. Even

more than their impressively diverse musicianship, though, Sol Seed has an admirable spirit. A Sol Seed show is a feel-good experience to end all feel-good experiences, with a perfect balance of jam band grooving and sing-along opportunities. And they appear to be the first band ever to have a mission statement, clearly stated and published on their website (solseedmusic.com): "Music created with the intention of spreading unconditional love, universal acceptance and an urge to reach across social, spiritual and cultural boundaries." Chill. And catch Sol Seed performing at Cozmic 9 pm Friday, Nov. 7.



BEST OPEN JAM/OPEN MIC NIGHT

1. **Sam Bond's** 407 Blair Blvd. 431-6603. sambonds.com.
2. **Cozmic** 199 W. 8th Ave. 338-9333. cozmicpresents.com.
3. **Hot Mama's Wings** 420 W. 13th Ave. 653-9999. hotmamaswings.com.

PHOTO BY TRASK BEDORTHA



STAFF PICKS

BEST TEENAGE ANTI-WASTELAND

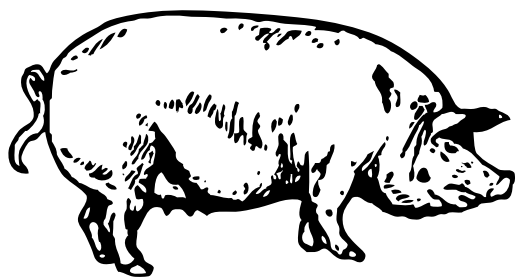
eugene-or.gov/wjskatepark

Every once in a while, city government does its job and does it remarkably well. Such is the case with the recently opened WJ Skatepark — the largest such skatepark, covered and lighted, in the nation. Dreamed up by a group of skaters who petitioned the city for a new park, and a decade in the making, this \$2.5-million carnival of concrete is a shredder's wet dream, offering features like a drop pool, iconic ribbon and mini snake run, along with oodles of rolling plains and steep terrain that accommodate everyone from beginners to pros. At 23,000 square feet and open to the public from 6 am to 1 am, this is the sort of public works project that restores one's faith in bureaucracy and the power of the people to petition the government for a redress of teenage grievances. Way to be, Eugene.

BEST FRIEND OF EXTRACURRICULARS IN 4J SCHOOLS

eefflane.org; betheeducationfoundation.org

The **Eugene Education Foundation (EEF)** helps 4J schools and students achieve what might otherwise be impossible. It accomplishes this by providing grant money for projects that are not attainable through regular sources of funding, such as state and bond money. In the 2013-2014 school year, EEF funded projects that found transportation for homeless students, assisted the School Garden Project at Adams Elementary School and put thousands of dollars toward bolstering music education throughout the district. The Bethel Education Foundation serves a similar purpose, and last year, it contributed \$19,919 worth of grants to projects in the Bethel School District.



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And don't forget... TIKI NIGHT!
with Party Downtown
Monday, November 17th!

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RESTAURANT

30 East Broadway • 541.683.5896
Tues-Thurs 5-9:30pm
Fri-Sat 5-10:30pm