

LOCAL BOYZ HAWAIIAN CAFÉ
1425 NW Monroe Ave., Corvallis. 754-5338.
Aloha-style plate lunches, served in three different sizes, w/steamed rice & macaroni salad or steamed veggies. Wheelchair accessible. LG. 11am-8pm M-F, noon-7pm Sa. V/MC/Debit. \$-\$\$.

NEW MORNING BAKERY
219 SW 2nd St., Corvallis. 754-0181.
Corvallis landmark for 25 years. Now serving fine wine & microbrews. Italian espresso bar. International specialties from scratch w/all-natural fresh ingredients. Soups, salads, sandwiches, Italian breads, pastries, cookies & desserts. Catering & wedding cakes available. Wheelchair accessible. Some OG/LG. 7am-9pm Mo-Sa; 8am-8pm Su. V/MC. \$.

PITA PIT
1425 NW Monroe, Corvallis. 738-PITA.
Serving lunch & dinner: pitas stuffed w/falafel, baba ghanouj, gyros, roast beef, chicken & a variety of other selections. Choose your own toppings & sauce. Delivery. 11am-3am M-W, 11am-4am Th-Sa, noon-2am Su. \$.

QUIZNO'S CLASSIC SUBS
1573 SW 53rd St., Corvallis. 752-1600, fax 752-2316.
700 NE Circle Blvd., Ste 103, Corvallis. 753-7827, fax 753-6769.
Serving lunch & dinner: Sub sandwiches, fresh soups & salads made daily. Vegetarian entrees, catering available. Delivery now available: \$8 minimum order, \$2 delivery fee. Order online at quiznos.com or phone it in. LG. 10am-9pm M-Sa, 10am-8pm Su. All major cards. \$.

SUNNYSIDE UP CAFE
116 NW 3rd St., Corvallis. 758-3353.
Organic coffee, loose leaf teas, soup, salads, sandwiches, wraps, baked goodies, all-day breakfast w/organic eggs. Eclectic menu. Wheelchair accessible. Some OG/LG. 6am-4pm daily. MC/V. \$.

TOGO'S GREAT SANDWICHES
2317 NW 9th St., Corvallis. 753-1444.
Hot & cold sandwiches, soups & salads. Wheelchair accessible. 10am-10pm daily. MC/V/AE/D. \$.

UNIVERSITY HERO
211 SW 5th St., Corvallis. 752-7827.
2307 NW Kings Blvd., Corvallis. 758-1070.
Serving specialty sandwiches on fresh sub rolls, made from scratch daily, along w/fresh made soups, salads & baked goods including the giant cookie, cheese bread & pizza sticks. Also now offering Healthy Kids' Meals. Wheelchair accessible. LG. 10am-8pm M-Sa, 11am-8pm Su. V/MC. \$.

YOGURT HILL
943 NW Kings Blvd., Corvallis. 758-3337.
Frozen yogurt, ice cream, sandwiches, light lunch & dinner menu. 11am-9pm M-F, 11am-7pm Sa, closed Su. \$.

Chinese

BLUE SKY CHINESE RESTAURANT
1585 SW 53rd St., Corvallis. 752-7528.
Serving lunch & dinner, lunch specials daily. Wheelchair accessible. 11:30am-9:30pm M-Th, 11:30am-10pm F-Sa, noon-9:30pm Su. AE/MC/N/DC. \$-\$\$.

CHINA BLUE RESTAURANT
2307 NW 9th St., Corvallis. 757-8088.
Serving lunch & dinner. 11:30am-10pm Su-F. 4pm-10pm Sa. V/MC. \$-\$\$.

CHINA DELIGHT
325 NW 2nd St., Corvallis. 753-3753.
Serving lunch & dinner, specializing in Szechwan, Mandarin, traditional Chinese & vegetarian cuisine. Some OG. 11am-9pm Su-Th, 11am-10pm F & Sa. All major cards. \$.

JADE GARDEN
503 SW 3rd St., Corvallis. 752-7455.
Lunch, dinner, orders to go, banquet facilities, lounge. 11am-9:30pm Su-Th, 11am-10:30pm F & Sa. V/MC. \$.

KIM HOA'S KITCHEN
1875 NW Circle Blvd., Corvallis. 754-9751.
Serving lunch & dinner. 11am-9pm M-F. V/MC. \$.

KING TIN
1857 NW 9th St., Corvallis. 752-1722.
Serving lunch & dinner. 11am-9:30pm daily. V/MC. \$.

PANDA EXPRESS
Oregon State University, Corvallis. 737-6888.
Serving lunch & dinner, Chinese cuisine for students & those on the go. 10am-8pm M-F, 11am-7pm F & Sa. No cards. \$.

PING'S GARDEN
1209 9th Ave., Albany. 967-7367.
Serving lunch & dinner. 11am-10pm daily. V/MC. \$-\$\$.

Coffeehouses

BEANERY, THE
948 NW Circle Blvd., Corvallis. 754-5916.
2541 NW Monroe Ave., Corvallis. 757-0828.
500 SW 2nd, Corvallis. 753-7442.

Serving Allann Bros coffee & espresso, deli & grilled panini sandwiches, fresh entrées, pastries & desserts. Whole bean coffee, loose leaf premium tea, coffee/tea accessories. "Joe Box" coffee/tea to go. Catering available. Wheelchair accessible. Circle Blvd.: 6am-6pm M-F, 7am-6pm Sa, 8am-5pm Su. Monroe St.: 6am-5:30pm M-F, 7am-2pm Sa, 8am-2pm Su. 2nd St.: 6am-11pm daily. All major cards. \$.

CRESWELL COFFEE COMPANY
116 Melton Rd., Creswell 895-8860
creswellcoffeeco.com
Full-service coffee house serving Cafeto coffee & organic gourmet dishes including homemade soups, salads & panini featuring some local, organic produce, vegetarian entrees, pastry selection featuring Humble Bagel, Fleur de Lis & New Day Bakery. 7:30am-3pm Su-M, 6:30am-5pm Tu-Th, 6:30am-9pm F, 7:30am-9pm Sa. V/MC/D. \$.

INTERZONE
1563 NW Monroe, Corvallis. 754-5965.
Fresh pastries every morning, all-vegetarian soups, casseroles, vegan options. All-natural Monin Syrups, organic coffee & dairy. Serving breakfast weekends, huevos rancheros, tofu scrambles, omelettes & breakfast burritos. OG/LG. 7am-10pm M-F, 8am-10pm Sa & Su summer hours, open until midnight during the school year. MC/V. \$.

MAPLETON CAFFEINATION STATION
10786 Hwy. 126, Mapleton. 268-1995.
A walk-in coffee shop selling organic coffee & espresso from Café Mam. House-made baked goods are made w/only natural & fresh ingredients, no hydrogenated oils. House roasted, ground & triple-filtered chai. Free wi-fi; covered deck overlooks the Siuslaw. Some OG. 7am-6pm Th-M, 7am-noon Tu. MC/V/D.

Continental

CAFÉ SHEILAGH
1043 Hwy. 99 N, Cottage Grove. 942-5510
Offering gourmet breakfast & lunch with cocktail, wine & beer service. Pastries & organic coffee. Brunch menu on Sundays includes special omelettes, various eggs benedicts, smoked salmon cassolette & much more! Dinner F & Sa starting at 5pm & by reservation any night. Catering & private party bookings available. Open at 5pm Fr & Sa, 8am-2:30pm Tu-Su. MC/N/DC. \$-\$\$\$\$.

DELIS FIRST ALTERNATIVE CO-OP
1007 SE 3rd St., Corvallis. 753-3115. (South store)
NW 29th & Grant Ave., Corvallis. 452-3115. (North store)
First Alternative's commercial kitchen, Feast Alternative, offers a mostly organic hot bar & salad bar, deli entrées & made-to-order sandwiches at the South Store. Pre-packaged Grab & Go meals, two soups daily & baked goods offered at both stores. Meat, vegetarian & vegan options. Seating areas at both stores. Wheelchair accessible. OG/LG. South: 9am-9pm daily. North: 7am-9pm daily. All cards except AmEx. Mostly sold by weight. \$.

JIMMY JOHN'S GOURMET
495 7th Ave. 505-9079; 3336 Gateway, Spd.
747-2000
Subs & club sandwiches served on choice of fresh-baked French bread or 7-grain wheat, delivery. M-Su. 10am-10pm. D/V/MC. \$.

OLD WORLD DELI
341 SW 2nd St., Corvallis. 752-8549.
Serving breakfast & lunch. 8am-10pm M-Sa, 11am-5pm Su. MC/V. \$.

WINE DEPOT & DELI
300 2nd Ave. SW, Albany. 967-9499. Fax 987-9454.
Sandwiches, soups, salads, desserts at the Two Rivers Market. Wine by the glass. 9am-8pm M-F, 9am-5:30pm Sa, noon-5pm Su. All major cards. \$-\$\$\$.

Food Carts

PREM ROSE EDIBLES
Corvallis Winter Market, Benton County Fairgrounds.
Organic, fair trade chocolates & organic rose petal jam. Specials, events & sales posted at twitter.com/premroseedibles 9am-1pm Sa.

Indian

EVERGREEN INDIAN RESTAURANT
136 SW 3rd St., Corvallis. 754-7944.
Serving lunch & dinner, traditional Indian dishes. Lunch: 11:30am-2:30pm, dinner 5-9:30pm daily. V/MC. \$-\$\$\$.

NIRVANA
1945 NW 9th, Corvallis. 738-0487.
Wheelchair accessible. Some OG/LG.

International

CRYSTAL'S KING OF FALAFEL CUISINE & CAFE
1425 NW Monroe Ave. #E, Corvallis. 752-6403.
Mediterranean specialties: falafel, gyros, chicken & meat. Wheelchair accessible. Some OG. 9am-8:30pm daily. V/MC. \$.

NOVAK'S HUNGARIAN RESTAURANT & CATERING
2306 Heritage Way SE, Albany. 967-9488.
Traditional Hungarian specialties: Chicken paprikas, kolbasz, cabbage rolls. Vegetarian entrees. In-house bakery. Novak's also offers catering for events & special occasions. Wheelchair accessible. LG. 6:30am-9pm daily. MC/V/AE/D. \$.

RIVERVIEW MONGOLIAN GRILL
230 NW 1st St., Corvallis. 754-8402.
Pick your own vegetables, sauces & meats, prepared before your eyes. 11am-8pm Su-Th, 11am-9pm F & Sa. V/MC. \$.

Italian

IZZYS PIZZA BAR & CLASSIC BUFFET
2475 NW 9th, Corvallis. 757-1156
Serving lunch & dinner, family friendly atmosphere. 11am-9pm Su-Th, 11am-10pm F & Sa. V/MC. \$.

NATALIA & CRISTOFORO'S ITALIAN DELI
351 NW Jackson St. Corvallis, OR 97333. 752-1114.
Funky italian deli featuring a variety of meats & cheeses sliced to order. Italian products & gourmet sandwiches/paninis served in a cozy atmosphere. Deli trays & catering available. Featuring an exclusively italian wine cellar in which wine classes are hosted. \$\$. 11am-3pm M-Sa.

Japanese

AOMATSU JAPANESE RESTAURANT
122 NW 3rd St., Corvallis. 752-1410.
Full sushi bar, lively atmosphere. Friendly sushi chefs entertain you. Lunch, dinner & lots of specials. Noodles, tempura, BBQ, teriyaki & more. Lunch: 11:30am-2:30pm M-F. Dinner: 5pm-9pm M-Sa. V/MC/DC/AE. \$\$\$.

Korean

YOUNG'S KITCHEN
2051 NW Monroe Ave., Corvallis. 757-1626.
Korean & Japanese. Sushi, udon, teriyaki ribs, yakisoba. Take-out. 10:30am-9pm M-Sa. \$-\$\$.

Mexican

BOMBS AWAY CAFÉ
2527 NW Monroe Ave., Corvallis. 757-7221.
Traditional recipes, fresh ingredients, all made right here. A family atmosphere in our front room w/full wait service in our lounge. We specialize in natural meats & vegetarian fare, seafood & shellfish entrées, homemade desserts & breads. 11am-midnight M-F, 5pm-midnight Sa, 5pm-9pm Su. V/MC/AE. \$-\$\$.

EL PRESIDENTE MEXICAN RESTAURANT & CANTINA
1110 NE 2nd St., Corvallis. 752-1360.
Serving lunch & dinner, traditional Mexican food, full bar. 11am-2am daily. V/MC/AE. \$.

EL SOL DE MEXICO
1597 NW 9th St., Corvallis. 752-9299.
Lunch & dinner, beer, wine & cocktails. Parties up to 30 people, food to go. 11am-10pm Su-Th, 11am-11pm F & Sa. V/MC/DC/AE. \$-\$\$.

EL TAPATIO RESTAURANT
1845 NW Circle Blvd., Corvallis. 758-1735.
Serving lunch daily & dinner on Fridays & Saturdays. 11am-10pm Su-Th, 11am-11pm F & Sa. V/MC/AE/DC. \$.

QDOBA
2001 NW Monroe Ave. #105, Corvallis. 757-2800.
Not just big burritos. Big flavors. Open for breakfast. Wheelchair accessible. LG. 8am-10pm M-W, 8am-1am Th-Sa, 8am-9pm Su. V/MC/AE/D. \$.

SANCHO'S MEXICAN GRILL
1425 NW Monroe, Corvallis. 752-2500.
Sancho's specializes in homestyle Mexican cuisine prepared daily in an atmosphere both festive & intimate. Salsa music plays nightly in this low-lit, cozy nook. Quality food, mellow mood. Outside balcony. Full bar selection featuring imported Mexican tequilas & beers. Aribal 11am-1am M-Sa. MC/V/AE. \$.

Microbrew

BLOCK 15 RESTAURANT & BREWERY
300 SW Jefferson Ave., Corvallis. 541-758-2077.



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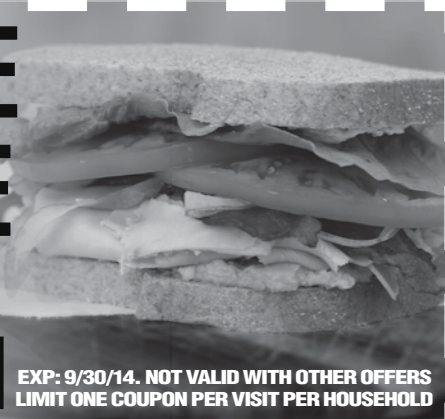
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