

CALENDAR

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Try Free Class: Total Body Workout, 6:45am, Petersen Barn Center, 870 Berntzen Rd. FREE.

Try Free Class: Try Yoga, 9am, Petersen Barn Center, 870 Berntzen Rd. FREE.

Pinochle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Basic Adult Zumba, 10-11am, On the Move Fitness, 519 Main, Spfd. Drop-in \$10.

Try Free Class: Chair Yoga, 10:15am, Petersen Barn Center, 870 Berntzen Rd. FREE.

Zumba w/Shelly, 10:45-11:45am, Celebration Belly Dance & Yoga, 1840 Willamette St. #206. \$8 drop-in.

Try Free Class: Tai Chi, 11:30am, Petersen Barn Center, 870 Berntzen Rd. FREE.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Prenatal Yoga, 5:30-6:45pm, Core Star Center, 439 W. 2nd Ave., 556-7144. \$10, \$48 for 6 classes, sliding scale.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

The Tap & Growler Running Group, 6pm, Tap & Growler, 207 E. 5th Ave., call 505-9751. FREE.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Basic Adult Zumba, 6-7pm, Reach Center, 2520 Harris St. First class \$5, drop-in \$10.

Zumba Dance Fitness Class, 7-8pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Tricycle Racing, cash & prizes for winners, 9pm, McShane's Bar & Grill, 86495 College View Rd. FREE.

Pool Hall continues. See Thursday, Aug. 28.

SOCIAL DANCE Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$3, Willamalane Adult Activity Center, 215 W. C St., Spfd., 344-7591.

Bailonga: Argentine Tango Milonga, 8-11pm, Vet's Club, 1626 Willamette St. \$4-\$8.

SPIRITUAL Relationship w/Sacred Texts, instructional classes based on text by Dogen, 7-9pm, Eugene Zendo, 2190 Garfield St., call 302-4576. FREE.

VOLUNTEER Eugene Park Stewards Rhododendron Garden Work Party, 9am-noon, Hendricks Park Rhododendron Garden. FREE.

WEDNESDAY
SEPTEMBER 3
SUNRISE 6:38AM; SUNSET 7:45PM
AVG. HIGH 80; AVG. LOW 49

ARTS/CRAFTS Figure Drawing from Life, open model sessions,

6:30-9pm, Emerald Art Center, 500 Main, Spfd. \$5.

COMEDY Comedy Open Mic w/Mac Chase, 9pm, Tiny Tavern, 394 Blair Blvd. FREE.

FARMERS MARKETS The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 513-4527.

Sweetwater Farm Stand, fresh farm produce, products & recipes, 4-6pm, 1243 Rainbow Dr.

Coast Fork Farm Stand continues. See Saturday.

FILM Film & Social Hour: *Forever Wild: Celebrating America's Wilderness*, 6pm, Bijou Classic, 492 E. 13th. \$10.

IWW Movie & Discussion: *Guarda Bosques (Forest Keepers)*, 7pm, Mcnail-Riley House, 601 W. 13th Ave. FREE.

International Film Night, 7-10pm, Cush Cafe, 1235 Railroad Blvd. FREE.

GATHERINGS Green Lane Sustainable Business Network, member meeting, 11:30am-1pm, Eugene Hilton, 66 E. 6th Ave. FREE.

Class for women recently widowed or seeking information about divorce, noon-1pm, Community Mediation Services, 93 Van Buren St., info at 2ndsaturdayeugene.org or 239-3504. \$25/4 classes.

Wellsprings Friends School Open House, 4-6:30pm, 3590 W. 18th. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd., south entrance. FREE.

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Ste A, 209.

Support Group for People Who Have Loved Ones w/Asperger's Syndrome, 6-7:30pm, 1283 Lincoln St., call 221-0900 for info.

Co-Dependents Anonymous, men-only 12-step meeting, 7-8pm, McKenzie Willamette Hospital, 1460 G St., Spfd., east entrance, info at 913-9356. FREE.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

Trivia Night, 7pm, 16 Tons, 29th & Willamette St. FREE.

Trivia Night, 7-9pm, The Cooler, 20 Centennial Loop. FREE.

Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

Beer Pong, 9pm, B & B Lounge, 213 N. Front St., Creswell. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, The Barn Light, 924 Willamette St. FREE.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Toddlers' Storytime, 11am, Barnes & Noble, 1163 Valley River Dr. FREE.

Sensory Storytime, for children w/sensory integration needs w/caregivers, 1pm, downtown library, info at 682-8316. FREE.

Family Board Game Night, 6pm, Castle of Games, 660 Main, Spfd. FREE.

Whimsical Wednesday Storytime, 6:30pm, Barnes & Noble, 1163 Valley River Dr. FREE.

LECTURES/CLASSES Try Free Class: Nia Dance Exercise, 1:15pm, Petersen Barn Center, 870 Berntzen Rd. FREE.

Migraine Headaches, non-medication treatment w/Zachary Corbett, L.Ac., 5:30pm, 132 E. Broadway, Ste 312. FREE.

Self-Esteem/Modeling Workshops continue. See Thursday, Aug. 28.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9AM.

OUTDOORS/RECREATION Obsidians: hike to Lowder Mountain in the Three Sisters Wilderness, reg. at obsidians.org.

Yoga in the Morning, 7:30-8:45am, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Chess for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Bike Riding for Seniors, weekly in-town rides, helmets required, 9:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Tai Chi for Balance 1 & 2, 9:45am & 11am, River Road Annex, 1055 River Rd. \$4.

Accessible Aquatics, swimming classes for individuals with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Aqua Nia, 10-11am, Tamarack Wellness Center, 3575 Donald St., pre-reg. at 686-9290. \$11.

Basic Adult Zumba, 10-11am, Xcape Dance Academy, 420 W. 12th Ave. \$10 drop-in.

Aerial Yoga, adult classes, 11am-noon, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Foursome Bridge for Seniors, noon-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Cribbage for Seniors, 12:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Bingo for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Yoga & Tae Kwon Do combo class, 4pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., info at 286-0000 or yoginimatix@gmail.com. \$5 sug. don.

Walk It Off, walk, run or bike for fitness, 5-6:30pm through Aug. 20, Alton Baker Park. FREE.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pinball Tournament, 21+, 8pm, Blairally Vintage Arcade, 245 Blair Blvd., info at 335-9742.

Pool Hall continues. See Thursday, Aug. 28.

Beginners Evening Yoga continues. See Monday.

Original Method Tai Chi & Qigong in the Park continues. See Wednesday.

SOCIAL DANCE Joy of Hula Community Dance, all ages, 6:30pm, call 603-4393 for location.

SPIRITUAL A Course in Miracles Drop-in Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. Don.

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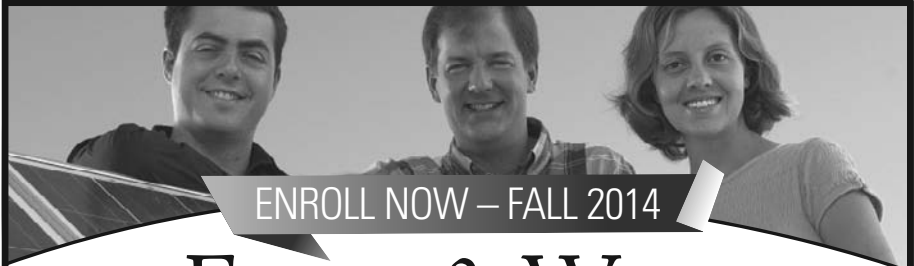
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