

Now that we have your attention, sports fans, we'd like to clue you into a nifty little event called **Starlight Golf** at Hidden Valley Golf Course in Cottage Grove: At 8:30pm Friday, Aug. 29, slicers and duffers and hackers of an adventurous disposition can partake of night golfing, in which participants hit the darkened links with colored balls that light up electronically when whacked with a club. Tee markers, flags and bridges, along with golfers in glowing garb, will be the only things visible during the game, which might be the coolest idea since *Dark Side of the Moon* was set to a laser show. Be sure to call ahead (942-3046) to reserve a spot, or just go to spectate. Cost to play is \$15.



Family Gayme Night, 7:30pm, Drag Show, 10:30pm, Tiny Tavern, 394 Blair Blvd. \$5, \$2 stu.

Game Show w/Host Elliot Martinez, 8pm, Blairally Vintage Arcade, 245 Blair Blvd. FREE.

Poker Tournament, 9pm, Goodfellas, 117 South 14th St., Spfd. Quilts in the Vineyard continues. See Saturday.

HEALTH Occupy Eugene Medical Clinic, noon-4pm, Park Blocks, 8th & Oak. FREE.

KIDS/FAMILIES Family Nature Discovery Day: All About Owls, noon-4pm, Cascades Raptor Center, 32275 Fox Hollow Rd. \$5-\$8 gen. admission, \$2 activities fee.

ON THE AIR "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

Sentinel Radio broadcast, 7am, KPNW 1120AM.

OUTDOORS/RECREATION Obsidians: Bike Row River, 30 miles. Reg. at obsidians.org. Rock Climbing: Community Climb Time at the Columns, ages 8 & up, 9am, Skinner Butte Park, 2nd & Lincoln. \$10.

GEARS Bike Club: Rattlesnake Butte near Dexter, 53 miles, helmet req., 9am, Alton Baker Park. FREE.

Vinyasa Yoga, mixed levels, 9-10:15pm, Everyday People Yoga, 352 W. 12th Ave., See epyogaueugene.com. Don.

Basic Adult Zumba, 11am-noon, Reach Center, 2520 Harris St. \$10 drop-in.

Community Yoga Class, noon-1:30pm, Sweaty Ganesh Yoga, 820 Charnelton St. Don.

Restorative Yoga, mixed levels, noon-1pm, Everyday People Yoga, 352 W. 12th Ave., See epyogaueugene.com. Don.

Prenatal Yoga w/Simrat, 3-4:30pm, Yoga West Eugene, info at 337-8769. \$8 drop-in, \$7 stu.

Foosball League, free play 4-6pm & 8pm-midnight, league 6-8pm, The Barn Light, 924 Willamette St., info at thebarnlight@gmail.com. FREE.

Drop In Yoga, all levels, 5-6:15pm, Eugene Yoga, 3575 Donald St. \$5.

Zumba Dance Fitness Class, 5:30-6:30pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

SOCIAL DANCE Cuban Salsa, 5pm lesson, 6pm social dance, Courtsports, 2728 Pheasant Blvd., Spfd., See eugenecasiner-os.com for info. \$2 sug. don.

La Milonguita, Argentine Tango Social Dance, no partner necessary, 5-7pm, Reach Center, 2520 Harris St. \$5 dance, watch for FREE.

Veselo Folk Dancers, weekly international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 683-3376. \$3.

SPIRITUALBuddha Path Practice, 10:30am-noon, Celebration Belly Dance & Yoga, 1840 Willamette St. Ste 206, email dzogchenbuddhafoundation@gmail.com. FREE.

Dharma Practice, meditation, readings, discussion & more, 10:30am, 1840 Willamette St. Ste 206. FREE.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTO, 4065 W. 11th Ave. #43, info at cophnia-oto.org.

MONDAY

SEPTEMBER 1
SUNRISE 6:36AM; SUNSET 7:49PM
AVG. HIGH 81; AVG. LOW 50

ARTS/CRAFTS MuseArt, draw/paint local musicians, 5-7pm,

Cozmic, 199 W. 8th Ave. \$5 sug. don.

BENEFITS Pints Gone Wild! fundraiser for Cascadia Wildlands, noon-9pm, Ninkasi Tasting Room, 272 Van Buren St. Don.

FILM Movie Night, 9pm, The City, 2222 MLK Jr. Blvd. FREE.

GATHERINGS Eugene Lunch Bunch Toastmasters, learn public speaking in a friendly atmosphere, noon, 101 W. 10th Ave. Room 316, call 341-1690. Lane County Central Labor Council Labor Day Picnic, potluck, no booze, 1-4pm, Jack B. Lively Memorial Park, 6100 Thurston Rd., Spfd. FREE.

Pine Needle Basket Guild, share ideas & techniques, 1:30-4pm, The Crafty Mercantile, 517 E. Main, Cottage Grove, call 514-0704. FREE.

Overeaters Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th Ave. FREE.

Auditory Art Extravaganza, bring art supplies, 7-11pm, Cush Cafe, 1235 Railroad Blvd. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Empathy Cafe, evolve your talk, learn compassionate nonviolent communication in a group, 7-9pm, info & reg. at 484-7366. \$7-\$25 don.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, Sexual Assault Support Services, 591 W. 19th Ave. FREE.

Oregon Bus Club, 7pm, Oakshire Public House, 207 Madison St., see oregonbusclub.org. FREE.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Trivia Night, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Cards Against Humanity Night, 7:30pm, Tiny Tavern, 394 Blair Blvd. FREE.

Eugene Cannabis TV Recording Session, 7:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

Sin Night, bingo, trivia, karaoke & more, 7:30pm, Happy Hours, 645 River Rd. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

Annual Glass Stock West continues. See Sunday.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM.

OUTDOORS/RECREATION Drop In Yoga/Sunrise Yoga, 6:15-7:15am, Eugene Yoga, 3575 Donald St., See eugeneyoga.us. \$5.

Hatha Yoga Basics, 7-8:15am, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Chair Yoga, 7:30-8:30pm, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Basic Adult Zumba, 10-11am, On the Move Fitness, 519 Main, Spfd. \$10 drop-in.

Gentle Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. \$5, scholarships available.

Qigong for Health, 4:30pm, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Basic Adult Zumba, 6-7pm, Denbaya Studio, 1325 Jefferson St. First class \$5, drop-in \$10.

Original Method Tai Chi & Qigong in the Park, 6-8pm today & Wednesday, Sladden Park, call 708-1163. \$10.

Recreation Swims, entire facility open to all ages, 6:30-8:30pm, Amazon Pool, 2600 Hilyard St. \$5, \$4.50 ages 3-17.

Beginners Evening Yoga, 6:30pm today & Wednesday, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Zumba Dance Fitness Class, 7-8pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Aug. 28.

Pinocle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318, \$0.25.

West Coast Swing, lessons & dance, 7-10:30pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPIRITUAL Discovering Your True Nature through the Teachings of the Mystics, 1-2:30pm, Unity of the Valley, 39th & Hilyard, email mercyskiss@efn.org. FREE.

Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-9431. Don.

Beginning Level Samatha Meditation Class, drop-ins welcome, 6-7pm, Saraha Buddhist Temple, 477 E. 40th Ave. \$10 sug. don.

TUESDAY

SEPTEMBER 2
SUNRISE 6:37AM; SUNSET 7:47PM
AVG. HIGH 80; AVG. LOW 50

FARMERS MARKETS Lane County Farmers Market, 10am-3pm, 8th & Oak.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Downtown LCC Campus 108, 101 W. 10th Ave., call 343-3743. FREE.

Church Women United Breakfast, 7am, 17th & Willamette, call 554-2546. FREE, breakfast extra.

NAMI Connections, peer support group for people living with mental illness, 3:30-5pm, First

United Methodist Church, 1376 Olive St. FREE.

Cascadia Forest Defenders potluck, 5:30pm, Charnel-Mulligan Park, 17th & Charnelton. FREE.

Wine & Cheese After-Work Chorus, a new adult chorus, 5:30-7pm, The Shedd, info & reg. at 687-6526.

Wilderness 50th Celebration Happy Hour, 6:30pm, Ninkasi Brewing, 272 Van Buren St.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45 pm, Northwest Community Credit Union, 3660 Gateway St., info at toddk.pe@gmail.com. FREE.

Health Care for All, drug pricing discussed, 7pm, First Methodist Church, 1376 Olive St. FREE.

Adult Children of Alcoholics Meeting, 7-8pm, Santa Clara Church of Christ, 175 Santa Clara Ave., Santa Clara.

Local Talent Show, bring your talents, 7-10pm, Cush Cafe, 1235 Railroad Blvd. FREE.

Oakridge Bingo, proceeds go to local organizations, 7pm, Big Mtn. Pizza, 47527 Hwy. 58, Oakridge. \$5/4 cards.

Trivia Night, 7-9pm, LaVelle Tap Room, 400 International Way. FREE.

Trivia Night, includes prizes, 7pm, White Horse Saloon, 4360 Main, Spfd. FREE.

Co-Dependents Anonymous 12-step Meeting, 7-8pm, Valley Methodist Church, 25133 E. Broadway, Veneta. FREE.

Open Mic Poetry, 7:30pm sign-up, Cush Cafe, 1235 Railroad Blvd., call 393-6822. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Starlight Lounge, 830 Olive St. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

LECTURES/CLASSES Intermediate to Adv. Dance Classes, everything from ballroom to tap, 4-8pm, Red Cane Theatre, 1077 Chambers St., call 556-4524. \$20-\$40.

Genealogy: Next Steps, research your family tree, 6pm, Sheldon library, 1566 Coburg Rd. FREE.

Self-Esteem/Modeling Workshops continue. See Thursday, Aug. 28.

Cloth Diaper Demonstration Class continues. See Saturday.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM. Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

Zany Zoo Kids Day!



Plus music by the Moonshine Clan!



Saturday, August 30th

Luther Lane & Territorial 11am-1pm





OREGON MEDICINAL ALTERNATIVES

541-735-3398 • 388 Pearl St (base of Skinner's Butte)
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