



ENROLL TODAY!

Energy & Water Conservation Careers

Accepting New Students for Fall 2014.

2-Year Degrees in:

- ✓ Water Conservation
- ✓ Energy Management
- ✓ Building Controls
- ✓ Renewable Energy

PHONE: **(541) 463-6160**
WEBSITE: **nweei.org**



Lane Community College is an equal opportunity/affirmative action institution.

CALENDAR



Gentle Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. \$5, scholarships available.

Qigong for Health, 4:30pm, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Basic Adult Zumba, 6-7pm, Denbaya Studio, 1325 Jefferson St. First class \$5, drop-in \$10.

Original Method Tai Chi & Qigong in the Park, 6-8pm today & Wednesday, Sladden Park, call 708-1163. \$10.

Recreation Swims, entire facility open to all ages, 6:30-8:30pm, Amazon Pool, 2600 Hilyard St. \$5, \$4.50 ages 3-17.

Beginners Evening Yoga, 6:30pm today & Wednesday, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Zumba Dance Fitness Class, 7-8pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Aug. 21.

Pinocle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318, \$0.25.

West Coast Swing, lessons & dance, 7-10:30pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPECTATOR SPORTS Emeralds vs. Vancouver, 7:05pm today through Friday, PK Park, 2800 MLK Jr. Blvd, call 342-5367 for tix. \$7-\$13.

SPIRITUAL Discovering Your True Nature through the Teachings of the Mystics, 1-2:30pm, Unity of the Valley, 39th & Hilyard, email mercyskiss@efn.org. FREE.

Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. Don.

Beginning Level Samatha Meditation Class, drop-ins welcome, 6-7pm, Saraha Buddhist Temple, 477 E. 40th Ave. \$10 sug. don.

Foundation, 5-9pm, Planktown Brewery, 364 Main, Spfd. Don.

FARMERS MARKETS Lane County Farmers Market, 10am-3pm, 8th & Oak.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Downtown LCC Campus 108, 101 W. 10th Ave., call 343-3743. FREE.

Church Women United Breakfast, 7am, 17th & Willamette, call 554-2546. FREE, breakfast extra.

Parkinson's Disease Support Group, 1:30pm, Eugene Hearing & Speech Center, 1500 W. 12th Ave.

NAMI Connections, peer support group for people living with mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE.

Dog Days of Summer, celebration of all things canine, toys, treats, photo booth, picnic, 5:30-8pm, Museum of Natural & Cultural History, 1680 E. 15th Ave. FREE.

Wine & Cheese After-Work Chorus, a new adult chorus, 5:30-7pm, The Shedd, info & reg. at 687-6526.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45 pm, Northwest Community Credit Union, 3660 Gateway St., info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8pm, Santa Clara Church of Christ, 175 Santa Clara Ave., Santa Clara.

Local Talent Show, bring your talents, 7-10pm, Cush Cafe, 1235 Railroad Blvd. FREE.

Oakridge Bingo, proceeds go to local organizations, 7pm, Big Mtn. Pizza, 47527 Hwy. 58, Oakridge. \$5/4 cards.

Trivia Night, 7-9pm, LaVelle Tap Room, 400 International Way. FREE.

Trivia Night, includes prizes, 7pm, White Horse Saloon, 4360 Main, Spfd. FREE.

Co-Dependents Anonymous 12-step Meeting, 7-8pm, Valley Methodist Church, 25133 E. Broadway, Veneta. FREE.

Open Mic Poetry, 7:30pm sign-up, Cush Cafe, 1235 Railroad Blvd., call 393-6822. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Starlight Lounge, 830 Olive St. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, 10:15am & 11am,

downtown library, info at 682-8316. FREE.

LECTURES/CLASSES The Dominion of the Future w/Dr. Richard Chartoff, everything you wanted to know about rubbers from a leading researcher, 6pm, downtown library. FREE.

Culturing & Probiotics, vegan cooking class, 6:30pm, Eugene Adventist Church, 1275 Polk St. FREE.

Cloth Diaper Demonstration Class continues. See Saturday.

Self-Esteem/Modeling Workshops continues. See Monday.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM. Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Pinochle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Basic Adult Zumba, 10-11am, On the Move Fitness, 519 Main, Spfd. Drop-in \$10.

Zumba w/Shelly, 10:45-11:45am, Celebration Belly Dance & Yoga, 1840 Willamette St. #206. \$8 drop-in.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

Cycling for Veterans, 5:30-7:30pm through Aug. 26, Maurie Jacobs Park. FREE.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Prenatal Yoga, 5:30-6:45pm, Core Star Center, 439 W. 2nd Ave., 556-7144. \$10, \$48 for 6 classes, sliding scale.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

The Tap & Growler Running Group, 6pm, Tap & Growler, 207 E. 5th Ave., call 505-9751. FREE.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Basic Adult Zumba, 6-7pm, Reach Center, 2520 Harris St. First class \$5, drop-in \$10.

Zumba Dance Fitness Class, 7-8pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Tricycle Racing, cash & prizes for winners, 9pm, McShane's Bar & Grill, 86495 College View Rd. FREE.

Pool Hall continues. See Thursday, Aug. 21.

MUSEUM OF NATURAL AND CULTURAL HISTORY FREE ADMISSION

DOG DAYS OF SUMMER

Tuesday, August 26, 5:30-8:00 p.m.
1680 E. 15th Ave., Eugene

Dogs and their humans are invited to the museum's south lawn for a celebration of all things canine!

Dog toys, dog treats, and more * Photobooth fun
Obedience demonstrations * Dog-friendly businesses
Picnicking encouraged

7:00 p.m.—Explore the evolution of dogs with museum paleontologist Edward B. Davis

natural-history.uoregon.edu • 541-346-3024

ADOPT SHELTER SPOON LOVE NW PET luckydog wags! DOG & CAT

UNIVERSITY OF OREGON