

CALENDAR

Yoga Weight Management, 6:30pm today & Thursday, Aug. 14, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Yoga for Outdoor Fitness, 7pm, REI, 306 Lawrence St., reg. at rei.com/eugene. FREE.

Contact Juggling, 7:30-8:30pm today & Thursday, Aug. 14, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 drop-in, \$80 for 10 class punchcard. First class FREE.

Drop-in Kayaking, bring equipment, no instruction provided, ages 12 & up, 8-10pm today & Thursday, Aug. 14, Echo Hollow Pool, 1655 Echo Hollow Rd. \$5

SOCIAL DANCE Music & Dance Workshops w/Taller de Son Jarocho, 7-9pm today & Thursday, Aug. 14, American Legion Hall, 344 8th St., Spfd. FREE.

Square Dancing, Sam Bucher teaching & calling, 7-9pm, Willamalane Adult Activity Center, 215 W. C St., Spfd. \$3.

Yoga Dance Party & Vegetarian Dinner, 7pm today & Thursday, Aug. 14, Alchemy Lotus Healing Center, 1380 W. 17th Ave., RSVP at yoginimatrix@gmail.com. \$8.

Crossroads Blues Fusion Dance, 7:30pm lesson, 8:30-11:30pm dance, Ballet Northwest Academy, 380 W. 3rd Ave., See crossroadsbluesfusion.com. \$5.

Hot Mamma's Club, 8pm today & Thursday, Aug. 14, All That! Dance Company, 855 W. 1st Ave., info at 688-1523 or allthatdance@hotmail.com. \$10.

SPIRITUAL Reiki Tummo Healing Clinic, 5:30-7:30pm today & Thursday, Aug. 14, 1340 W. 17th Ave., call 914-0431 for appt. Don.

Self-Breema: The Art of Being Present, 6-6:50pm today & Thursday, Aug. 14, call 914-4162 for location. First class FREE.

Zen West Meditation Group, 7:30-9pm today & Thursday, Aug. 14, Unitarian Universalist Church, 1685 W. 13th Ave., call 543-5344. Don.

THEATER Roving Park Players: *The Wind in the Willows*, 6pm today & tomorrow, Campbell Community Center, 155 High St. FREE.

Son of Hollywood: *Pete Kelly's Blues*, 7pm, The Shedd, 868 High St. \$20-\$48.

Leader of the Pack, 8pm today through Saturday, 2pm Sunday, The Very Little Theatre, 2350 Hilyard St., call 344-7751 for tix. \$15-\$20.

No Shame Workshop, create improv, stories, songs, sketches, 7:30pm today & Thursday, Aug. 14, New Zone Gallery, 164 W. Broadway. FREE.

VOLUNTEER Care for Owen Rose Garden, bring gloves & small hand-weeding tools, instruction provided, noon-3pm today & Thursday, Aug. 14, end of N. Jefferson St., 682-5025.

FRIDAY
AUGUST 8

SUNRISE 6:08AM; SUNSET 8:27PM
AVG. HIGH 84; AVG. LOW 52

ARTS/CRAFTS ChalkFest, watch professional artists create large chalk drawings, noon-8pm, Eugene Springfield Art Project, 224 E. 11th Ave., call 915-7458. FREE.

BENEFITS Freek-Nite Grateful Growers Benefit, 9pm, Cowfish, 62 W. Broadway. \$3-\$5.

FARMERS MARKETS Market-place@Sprout, year-round indoor & outdoor farmers market w/entertainment, 3-7pm, 418 A St., Spfd. info at sproutfoodhub.org.

FILM Movies in the Park: *The Blind Side*, 8:30pm, Fort Park, Spfd. FREE.

Movies in the Park: *Chitty Chitty Bang Bang*, 9pm, University Park. FREE.

FOOD/DRINK Friday Nights at the Farm, beer, food & music, 3-8pm, Agrarian Ales, 31115 W. Crossroads Ln.

Noble Friday Nights, wine-tasting & music, 4-9pm, Noble Estate Urban Tasting Room, 560 Commercial St. Ste F, See nobleestatewinery.com.

Wine Tasting, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd.

GATHERINGS Yawn Patrol Toastmasters, 6-7:45am, LCC Downtown Center, 110 W. 10th Ave.

Metropolitan Wastewater Management Commission, 7:30am, Library Meeting Room, Springfield City Hall, 225 5th St., Spfd. FREE.

Mohawk Valley Music Festival, geodesic dome & bands Head for the Hills, Polyrhythms, Sol Seed, Love Bomb GoGo Marching Band & more, 8am today through Sunday, Bob Russell's Ranch, 39638 Mohawk Loop Rd., Marcola. \$90 adv., \$125 door.

"Woofstock—Rock & Purr 12-hour Adoptathon," free food, live music, movies & more, 11am-11pm, Greenhill Humane Society, 88530 Green Hill Rd., see green-hill.org. FREE.

Nursing Nook, walk-in breast-feeding support, 12:30-5pm, Neighborhood New Mothering Center, 1262 Lawrence St. #3, info at daisymotheringchain.org. FREE.

Eugene Mindworks Coworking & Business Incubator Grand Opening Party, live music, refreshments, networking, 4:30-6:30pm, 207 E. 5th Ave. Ste 220, email service@eugene-mindworks.com. FREE.

Life Group for Adults, strength based, solution oriented, 5:30pm, Irving Grange, 1011 Irvington Dr. FREE.

Adult Children of Alcoholics Meeting, 5:45-6:45pm, St. Mary's Episcopal Church, 1300 Pearl St.

SLUG Queen Competition & Coronation, w/One More Time Marching Band, 6:30pm, Park Blocks, 8th & Oak. FREE.

Mr. Bill's Traveling Trivia, 7pm, Rogue Public House, 844 Olive St., call 345-4155. FREE.

Channeling Gathering w/Ker Cleary & Julia Trippe, 7:30-10pm, The Spiral School, 474 Willamette St. Ste 302, call 349-0595. \$5 sug. don.

HEALTH Take Off Pounds Sensibly, 9am, Nazarene Church, 727 Broadway, call 689-5316. FREE.

KIDS/FAMILIES Baby Storytime, ages 0-1 w/caregivers, 10:15am & 11:15am, downtown library. FREE.

Family Storytime, 10:15am, Bethel Branch Library, 1990 Echo Hollow Rd.; 10:15am, Sheldon Branch Library, 1566 Coburg Rd. FREE.

Family Game Night, 6-8pm, Petersen Barn, 870 Berntzen Rd. FREE.

Mad Duckling Children's Theatre: *The Jungle Book* continues. See Thursday, Aug. 7.

LECTURES/CLASSES "Effective, Safe Natural Allergy Relief—Life Beyond Medication," w/Zachary Corbett, 5:30pm today & Tuesday, 132 E. Broadway Ste 312, pre-reg. at 228-4822. FREE.

Science Factory Dome Show: Legends of the Night Sky continues. See Thursday, Aug. 7.

LGBTQ Interweave: *Elena Undone*, 6pm potluck, 7pm movie, Unitarian Universalist Church, 1685 W. 13th Ave., call 225-8696. FREE.

LITERARY ARTS Just B. Jordan Book Signing, author of *Never to Live*, 9-11am, Vectors Espresso, 2866 Crescent Ave. #101. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9 FM.

The De'Ampe Soul Hama Show, 10pm, Comcast channel 29.

"The Sunday Morning Hangover TV Show," 11pm, Comcast channel 29.

OUTDOORS/RECREATION Obsidians: Climb Mt. Jefferson, 12 miles; backpack South Matthieu Lake, 3 miles. Reg. at obsidians.org.

Tour of Fish Lake Remount Station, w/Jim Denny, 8:30am-4:30pm, meet at South Eugene High School, pre-reg. at 225-6440. FREE.

Walk 'n' Talkers, weekly self-led neighborhood walking group, 9-11am, meet at Campbell Community Center, 155 High St. FREE.

Basic Adult Zumba, 10-11am, On the Move Fitness, 519 Main, Spfd. Drop-in \$10.

Bridge Group for Seniors, 12:30-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Pinocle for Seniors, 12:30-3pm today & Monday, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Native Plant Nursery, 1-4pm, Alton Baker Park.

Happy Hour Yoga, 3:45-4:45pm, Willamette Medical Center, 2401 River Rd. \$10.

Family Sailing, sail on evening breezes as the sunlight fades, 5-8:30pm, ages 8+, meet at Richardson Park Marina, Dock B, Fern Ridge Lake. \$30. Reg. at eugene-or.gov.

Magic the Gathering, standard deck casual play, 6pm, Castle of Games, 660 Main, Spfd. \$1.

Magic the Gathering, 6pm, Delight, 811 E. Main St., Cottage Grove, info at delightcg@gmail.com. FREE.

Sauni Zumba, 6-7pm, Reach Center, 2520 Harrist St. \$5.

Poker Tournament, 9pm, Goodfellas, 117 S. 14th St., Spfd., 726-9815.

Pool Hall continues. See Thursday, Aug. 7.

SOCIAL DANCE All Request International Folk Dancing, 2-3:30pm, Willamalane Adult Activity Center, 215 W. C St., info at 603-0998. \$1.50.

Salsa Dancing w/Jose Cruz, 8:30pm, Vet's Club Ballroom, 1626 Willamette St. \$7.

SPIRITUAL Healing w/Spiritual Light Journey Circle, healing for ourselves, the community, our planet, 7-9pm, Eugene Friends Meeting House, 2284 Onyx St., call 345-8370 or see leiahart.com. FREE.

THEATER *Vietnam: An Inner View*, music, dramatic readings, film photos & photobook preview, 5:45 reception, 7pm performance, Tsunami Books, 2585 Willamette St. \$10 adv., \$11 door.

A Flea in Her Hair, 8pm today & tomorrow, 2:30pm Sunday, Cottage Theatre, 700 Village Dr., Cottage Grove, call 942-8001 for tix. \$18, \$15 ages 6-18.

Grease, 6:30pm dinner, 8pm show today & tomorrow, Actors Cabaret, 996 Willamette, call 683-4368 for tix. \$42.95 w/ dinner, \$37.95 w/burger special, \$27 prime seats, \$24 reserved seats, \$16 restricted view seats.

Gentlemen Prefer Blondes, 7:30pm today & 1:30pm Sunday, Hult Center, call 434-7000 for tix. \$11-\$46.

No Shame Eugene Performance, 15 5-minute original acts, 7:30pm, The Atrium Building, 99 W. 10th Ave. FREE.

Leader of the Pack continues. See Thursday, Aug. 7.

Roving Park Players: *The Wind in the Willows* continues. See Aug. 7.

VOLUNTEER Eugene Park Stewards Volunteer Work Party, 9am-noon, Native Plant Nursery, Alton Baker Park, 555 Day Island Rd., call 682-4831. FREE.

DOWNTOWN FASHION SHOW

SIDEWALK to CATWALK

WEDNESDAY, AUGUST 13

Fun and vending begins at 5:30pm

Crossroads Blues Fusion
Dancing from 6-7pm

Fashion Show starts at 7:30 pm

EAST PARK BLOCKS, 8TH & OAK

ADMISSION IS FREE!



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