

7-9pm, info & reg. at 484-7366. \$7-\$25 don.

Global Climate Convergence Meeting, people, planet & peace over profit, 7pm, Upstairs Grower's Market, 454 Willamette St., contact iconoclasmo.scott@gmail.com. FREE.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, Sexual Assault Support Services, 591 W. 19th Ave. FREE.

Oregon Bus Club, 7pm, Oakshire Public House, 207 Madison St., See oregonbusclub.org. FREE.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Trivia Night, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Cards Against Humanity Night, 7:30pm, Tiny Tavern, 394 Blair Blvd. FREE.

Eugene Cannabis TV Recording Session, 7:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

Sin Night, bingo, trivia, karaoke & more, 7:30pm, Happy Hours, 645 River Rd. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

KIDS/FAMILIES Summer Fun in the Garden & Summer Food Rocks, garden activities by School Garden project, food by Bethel School District, games & crafts, ages 17 & under, 10-11:30am today & Wednesday through Aug. 13, breakfast 9:45-10am, lunch 11:30am-noon, Fairfield Elementary Garden, 3455 Royal Ave. FREE.

Teens@2: DIY Ice Cream, ages 10 & up, 2pm, Springfield Public Library, call 726-2287. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM.

OUTDOORS/RECREATION Drop In Yoga/Sunrise Yoga, 6:15-7:15am, Eugene Yoga, 3575 Donald St., See eugeneyoga.us. \$5.

Hatha Yoga Basics, 7-8:15am, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Chair Yoga, 7:30-8:30pm, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Basic Adult Zumba, 10-11am, On the Move Fitness, 519 Main, Spfd. \$10 drop-in.

Gentle Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. \$5, scholarships available.

Qigong for Health, 4:30pm, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Basic Adult Zumba, 6-7pm, Denbaya Studio, 1325 Jefferson St. First class \$5, drop-in \$10.

Original Method Tai Chi & Qigong in the Park, 6-8pm today & Wednesday, Sladden Park, call 708-1163. \$10.

Beginners Evening Yoga, 6:30pm today & Wednesday, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Zumba Dance Fitness Class, 7-8pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, July 31.

Pinochle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318, \$0.25.

West Coast Swing, lessons & dance, 7-10:30pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPIRITUAL Discovering Your True Nature through the Teachings of the Mystics, 1-2:30pm, Unity of the Valley, 39th & Hilyard, email mercyskiss@efn.org. FREE.

Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. Don.

Beginning Level Samatha Meditation Class, drop-ins welcome, 6-7pm, Saraha Buddhist Temple, 477 E. 40th Ave. \$10 sug. don.

Saraha Buddhist Institute Orientation Meeting, intro to the background, purpose & activities of the institute, 6-7pm, Saraha Nyingma Buddhist Temple, 477 E. 40th Ave., see saraha.org. FREE.

TUESDAY
AUGUST 5
SUNRISE 6:05AM; SUNSET 8:31PM
AVG. HIGH 84; AVG. LOW 52

ACTIVISM Grannies Sing for Health Care, 6pm, Lane County Health Department Building, 7th & Charnelton. FREE.

FARMERS MARKETS Lane County Farmers Market, 10am-3pm, 8th & Oak.

FILM Movies in the Garden: *Stand by Me*, 7pm doors, Village Green Resort, 725 Row River Rd., Cottage Grove. \$2.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Downtown LCC Campus 108, 101 W. 10th Ave., call 343-3743. FREE.

Church Women United Breakfast, 7am, 17th & Willamette, call 554-2546. FREE, breakfast extra.

Lane County Association of PERS Retirees, 10am, Campbell Senior Center, 155 High St. FREE.

NAMI Connections, peer support group for people living with mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE.

Retirement Security Town Hall, w/Ted Wheeler, 5:30pm, LCC Downtown Small Business Development Center, 101 W. 10th Ave. Ste 304. FREE.

Wine & Cheese After-Work Chorus, a new adult chorus, 5:30-7pm, The Shedd, info & reg. at 687-6526.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45 pm, Northwest Community Credit Union, 3660 Gateway St., info at toddk.pe@gmail.com. FREE.

Rep. Barnhart & Sen. Beyer Community Town Hall, 6:30-8pm, Coburg Community Center, 91136 N. Willamette St., Coburg. FREE.

Adult Children of Alcoholics Meeting, 7-8pm, Santa Clara Church of Christ, 175 Santa Clara Ave., Santa Clara.

Local Talent Show, bring your talents, 7-10pm, Cush Cafe, 1235 Railroad Blvd. FREE.

Oakridge Bingo, proceeds go to local organizations, 7pm,

Big Mtn. Pizza, 47527 Hwy. 58, Oakridge. \$5/4 cards.

Trivia Night, 7-9pm, LaVelle Tap Room, 400 International Way. FREE.

Trivia Night, includes prizes, 7pm, White Horse Saloon, 4360 Main, Spfd. FREE.

Co-Dependents Anonymous 12-step Meeting, 7-8pm, Valley Methodist Church, 25133 E. Broadway, Veneta. FREE.

Open Mic Poetry, 7:30pm sign-up, Cush Cafe, 1235 Railroad Blvd., call 393-6822. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Starlight Lounge, 830 Olive St. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

SLUG Queen Science, experiment w/balloons, bubbles & booms, 1pm & 3pm, downtown library. FREE.

Watchamacalit Workshop, ages 8 & up, build using recycled materials, 1pm, Springfield Public Library, call 726-3766. FREE.

Mad Duckling Children's Theatre: *The Jungle Book* continues. See Thursday, July 31.

LECTURES/CLASSES Kayaking Basics, 7pm, REI, 306 Lawrence St., reg. at rei.com/eugene. FREE.

"Effective Natural Allergy Relief: Life Beyond Medication," w/ Zachary Corbett continues. See Thursday, July 31.

Cloth Diaper Demonstration Class continues. See Saturday.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM. Anarchy Radio w/John Zerzan, 7pm, KWA 88.1FM.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Pinochle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Basic Adult Zumba, 10-11am, On the Move Fitness, 519 Main, Spfd. Drop-in \$10.

Zumba w/Shelly, 10:45-11:45am, Celebration Belly Dance & Yoga, 1840 Willamette St. #206. \$8 drop-in.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

Cycling for Veterans, 5:30-7:30pm through Aug. 26, Maurie Jacobs Park. FREE.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Prenatal Yoga, 5:30-6:45pm, Core Star Center, 439 W. 2nd Ave., 556-7144. \$10, \$48 for 6 classes, sliding scale.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

The Tap & Growler Running Group, 6pm, Tap & Growler, 207 E. 5th Ave., call 505-9751. FREE.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Basic Adult Zumba, 6-7pm, Reach Center, 2520 Harris St. First class \$5, drop-in \$10.

Zumba Dance Fitness Class, 7-8pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Tricycle Racing, cash & prizes for winners, 9pm, McShane's Bar & Grill, 86495 College View Rd. FREE.

Pool Hall continues. See Thursday, July 31.

SOCIAL DANCE Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$3, Willamalane Adult Activity Center, 215 W. C St., Spfd., 344-7591.

Bailonga: Argentine Tango Milonga, w/intro lesson, 8-11pm, Vet's Club, 1626 Willamette St. \$4-\$8.

SPIRITUAL Introduction to Buddhism, public teaching introducing the history & principles of Buddhism, 6-7pm, Saraha Nyingma Buddhist Temple, 477 E. 40th Ave., see saraha.org. FREE.

Relationship w/Sacred Texts, instructional classes based on text by Dogen, 7-9pm, Eugene Zendo, 2190 Garfield St., call 302-4576. FREE.

THEATER Son of Hollywood: *Flying Home—Swing's the Thing*, 8pm, The Shedd, 868 High St. \$22-\$38.

VOLUNTEER Eugene Park Stewards Rhododendron Garden Work Party, 9am-noon, Hendricks Park Rhododendron Garden. FREE.

WEDNESDAY
AUGUST 6
SUNRISE 6:06AM; SUNSET 8:30PM
AVG. HIGH 84; AVG. LOW 52

ARTS/RAFTS Figure Drawing from Life, open model sessions, 6:30-9pm, Emerald Art Center, 500 Main, Spfd. \$5.

COMEDY Comedy Open Mic w/ Mac Chase, 9pm, Tiny Tavern, 394 Blair Blvd. FREE.

FARMERS MARKETS The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 513-4527.

Sweetwater Farm Stand, fresh farm produce, products & recipes, 4-6pm, 1243 Rainbow Dr.

Coast Fork Farm Stand continues. See Saturday.

FILM International Film Night, 7-10pm, Cush Cafe, 1235 Railroad Blvd. FREE.

IWW Move & Discussion: *Anarchism in America*, 7pm, McNail-Riley House, 601 W. 13th Ave., contact iconoclasmo.scott@gmail.com. FREE.

GATHERINGS GreenLane Sustainable Business Network Monthly Meeting: Eugene City Hall Sustainable Remodel, 11:30-1pm, Eugene Hilton, 66 E. 6th Ave. FREE, lunch extra.

Class for women recently widowed or Seeking information about divorce, noon-1pm, Community Mediation Services, 93 Van Buren St., info at 2ndsaturdayeugene.org or 239-3504. \$25/4 classes.

Teens: Doctor Who Marathon & Party, costumes encouraged, 2-6pm, downtown library, call 682-8316. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Temple Beth Israel Mid-Week Community Picnic, 5:30pm, Tugman Park, call 485-7218. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd., south entrance. FREE.

Downtown Dodgeball: Rock & Dodge, '80s hairband theme, 6-8pm, Kesey Square/Broadway Plaza. FREE.

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Ste A, 209.

Support Group for People Who Have Loved Ones w/Asperger's Syndrome, 6-7:30pm, 1283 Lincoln St., call 221-0900 for info.

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