



KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Toddlers' Storytime, 11am, Barnes & Noble, 1163 Valley River Dr. FREE.

Sensory Storytime, for children w/sensory integration needs w/caregivers, 1pm, downtown library, info at 682-8316. FREE.

Bird Biz, explore the lives of owls w/Willamette Resources & Educational Network, 3pm, Bethel Branch Library, 1990 Echo Hollow Rd. FREE.

Family Board Game Night, 6pm, Castle of Games, 660 Main, Spfd. FREE.

Storytime, 6:30pm, Barnes & Noble, 1163 Valley River Dr. FREE.

Mad Duckling Children's Theatre: *The Jungle Book* continues. See Tuesday.

LECTURES/CLASSES Teens: Watercolors, w/Mari Livie, 2pm, downtown library, call 682-8316. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9AM.

OUTDOORS/RECREATION Obsidians: Amazon Headwaters/ Spencer Butte, 6.2 miles. Reg. at obsidians.org.

Yoga in the Morning, 7:30-8:45am, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11. Chess for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Bike Riding for Seniors, weekly in-town rides, helmets required, 9:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Tai Chi for Balance 1 & 2, 9:45am & 11am, River Road Annex, 1055 River Rd. \$4.

Accessible Aquatics, swimming classes for individuals with

disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Aqua Nia, 10-11am, Tamarack Wellness Center, 3575 Donald St., pre-reg. at 686-9290. \$11.

Basic Adult Zumba, 10-11am, Xcape Dance Academy, 420 W. 12th Ave. \$10 drop-in.

Aerial Yoga, adult classes, 11am-noon, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Foursome Bridge for Seniors, noon-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Cribbage for Seniors, 12:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Bingo for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Yoga & Tae Kwon Do combo class, 4pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., info at 286-0000 or yogini-matrix@gmail.com. \$5 sug. don.

Walk It Off, walk, run or bike for fitness, 5-6:30pm through Aug. 20, Alton Baker Park. FREE.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pinball Tournament, 21+, 8pm, Blairally Vintage Arcade, 245 Blair Blvd., info at 335-9742.

Pool Hall continues. See Thursday, July 24.

Beginners Evening Yoga continues. See Monday.

Original Method Tai Chi & Qigong in the Park continues. See Wednesday.

SOCIAL DANCE Joy of Hula Community Dance, all ages, 6:30pm, call 603-4393 for location.

SPECTATOR SPORTS Emeralds vs. Everett, 7:05pm today

through Saturday, 1:05pm Sunday, PK Park, 2800 MLK Jr. Blvd, call 342-5367 for tix. \$7-\$13.

SPIRITUAL A Course in Miracles Drop-in Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. Don.

THEATER *Go Shanufa* continues. See Thursday, July 24.

Open Heart Meditation, noon, Unity of the Valley, 39th & Hilyard, info at 914-0431. FREE.

VOLUNTEER Friends of Buford Park & Mount Pisgah Work Party, harvest & cut blackberry, bring water, 8-11am, Emerald Meadows, Buford Park, contact volunteer@bufordpark.org. FREE.

THURSDAY

JULY 31
SUNRISE 6AM; SUNSET 8:38PM
AVG. HIGH 84; AVG. LOW 52

FARMERS MARKETS Lane County Farmers Market continues. See Thursday, July 24.

GATHERINGS Amazon Community Center Rhythm Festival, family-friendly drum circle w/ Samba Ja, 5:30-8pm, 2700 Hilyard St. FREE.

Doc's Pad Drag Queen Bingo w/ Karess continues. See Thursday, July 24.

Downtown Public Speakers Toastmasters Club continues. See Thursday, July 24.

Eugene Metro Business Networking International continues. See Thursday, July 24.

Group Acupuncture Clinic continues. See Thursday, July 24.

McKenzie Milky Mamas continues. See Thursday, July 24.

Trivia Night at Sidebar continues. See Thursday, July 24.

KIDS/FAMILIES Bird Biz, explore the lives of owls w/Willamette Resources & Educational Network, 3pm, Sheldon Branch Library, 1566 Coburg Rd. FREE.

This Saturday evening, the sounds of Japanese Taiko drumming and traditional folk dancing will fill the air at Alton Baker Park, where the Japanese American Association of Lane County will hold its annual **Obon and Taiko Festival**. Each dance will begin with a lesson from Seiko Sensei, a longtime Obon dance instructor in the Eugene/Springfield area, and observers get the chance to participate in these storytelling dances. James Anderson, president of the Japanese American Association of Lane County, says that the Eugene Taiko group plays drums all over the state, so head to Alton Baker for a chance to see the group play locally.

The Obon & Taiko Festival is 5-9pm Saturday, July 26, at Alton Baker Park. FREE. — *Amy Schneider*

Teen/Tween Scene Book Groups, 4pm, downtown library, call 682-8316. FREE.

Mad Duckling Children's Theatre: *The Jungle Book* continues. See Tuesday.

Wonderful Ones Storytime continues. See Thursday, July 24.

LECTURES/CLASSES Intro to Facebook, 1:30pm, downtown library, call 682-5450. FREE.

The Opal Network Presents: From Dreams to Action, presentation & discussion about trauma, dreaming & more, w/ Bjo Ashwill, 2pm, downtown library. FREE.

"Medicare Made Clear," for those new to Medicare, 5-6pm, The Oregon Insurance Lady Office, 333 W. 10th Ave., call 222-9020. FREE.

Transformation Arts Tai Chi & Qigong in the Park continues. See Tuesday.

ON THE AIR "Arts Journal" continues. See Thursday, July 24.

"The Point" continues. See Thursday, July 24.

OUTDOORS/RECREATION Broad Pacific Northwest Masters Basketball Tournament, premier competitive Masters Hoops tournament w/five brackets of age divisions for players ages 50-70+, 9am-6pm,, Willamalane Center for Sports & Recreation, 250 S. 32nd St., Spfd. \$595/team, \$100 free agent.

GEARs Bicycle Ride: McKenzie View & Sunderman, 35 miles, helmet required, 9am, meet at Alton Baker Park. FREE.

GEARs Bicycle Ride: Women Only Ride to Fox Hollow, 25 miles, helmet required, 6pm, meet at Alton Baker Park. FREE.

Aerial Yoga continues. See Thursday, July 24.

Aqua Yoga continues. See Thursday, July 24.

Contact Juggling continues. See Thursday, July 24.

Drop-in Kayaking continues. See Thursday, July 24.

Gentle Yoga continues. See Thursday, July 24.

Hot Mamma's Club continues. See Thursday, July 24.

Mahjong for Seniors continues. See Thursday, July 24.

Prenatal Yoga continues. See Thursday, July 24.

Pool Hall continues. See Thursday, July 24.

Team Run Eugene continues. See Thursday, July 24.

Walk with Us continues. See Thursday, July 24.

Yoga Weight Management continues. See Thursday, July 24.

SOCIAL DANCE Crossroads Blues Fusion Dance continues. See Thursday, July 24.

Square Dancing continues. See Thursday, July 24.

Yoga Dance Party & Vegetarian Dinner continues. See Thursday, July 24.

SPIRITUAL Reiki Tummo Healing Clinic continues. See Thursday, July 24.

Self-Breema: The Art of Being Present continues. See Thursday, July 24.

Zen West Meditation Group continues. See Thursday, July 24.

THEATER *Go Shanufa* continues. See Thursday, July 24.

No Shame Workshop continues. See Thursday, July 24.

VOLUNTEER Care for Owen Rose Garden continues. See Thursday, July 24.

CORVALLIS AND SURROUNDING AREAS

FRIDAY, JULY 25: Soul Analysis Workshop, 6-8pm, Mystic Mountain Healing Arts Center, 435 N.W. 4th St., pre-reg. at 760-4196. FREE.

SATURDAY, JULY 26: Corvallis Farmers Market, 9am-1pm, 1st & Jackson.

Craft Beer Picnic, food, vendors, live music & more, noon-9pm, Cornelius Orchard & Farm, 2275 S.W. 53rd St. \$6, ages 11 & under FREE.

SUNDAY, JULY 27: *A Shayna Maidel*, 3pm & 7pm, Majestic Theatre, 115 S.W. 2nd St., call 738-7469 for tix. \$8, \$6 stu. & sr.

TUESDAY, JULY 29: Corvallis Knights vs. Bend Elks, 6:40pm today through July 31, Goss Stadium, 430 S.W. Langton Pl., Corvallis. \$6.

WEDNESDAY, JULY 30: Corvallis Farmers Market, 9am-1pm, 1st & Jackson.

Benton County Fair, w/American Young, David Nail, Marshall Tucker Band & Johnny Limbo & The Lugnuts, noon-11pm today & tomorrow, noon-midnight Aug. 1-2, Benton County Fairgrounds, Corvallis. \$6, \$4 sr., ages 18 & under FREE.

ATTENTION OPPORTUNITIES

The Majestic Theatre in Corvallis, 115 S.W. 2nd St., will hold auditions for *The Andersonville Trial* 5pm August 5-6. The director is looking for 8-12 men ages 18 & above.

The Audience Awards announces a new online film competition for short LGBTQ-related fiction & non-fiction films 15 minutes & under. Filmmakers from Washington, Oregon, Idaho, Montana & Alaska are invited to submit films through July 31. See theaudienceawards.com for more info.

TrackTown USA seeks 50-100 volunteers for IAAF World Junior Championships Oregon 2014. Volunteer opportunities include team greeters at Eugene & PDX airports, transportation drivers & more. Visit oregon14.com or email volunteers@gotrack-townusa.com.

SASS is creating a monthly self-care workshop for survivors of sexual assault & it is seeking practitioners of various healing modalities to help provide this service to survivors. For more info, contact 484-9791 or sgassist@sass-lane.org.

Honor your pet w/an original painting by the Oregon Modified Dolls, who will incorporate your pets' paw prints into the pictures. This benefit for West Coast Cat & Dog Rescue will take place on Aug. 9 at PetSmart on Chad Dr. Call 225-4955 for more info.

Sprout City Studios is casting for background performers & video production crew. Rehearsals & shoots will be held locally. Contact scsfilmpj@googlegroups.com for more info.

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