



Take a sojourn in Cottage Grove this weekend and learn about its lively origins with four days of old-timey fun at the **55th Bohemia Mining Days Festival**. This year’s theme is “Swindlers, Scoundrels, Liars & Cheats,” a nod to the town’s wild youth, and it will play out through parades, gold panning and other demonstrations, scores of vendors, live music, a beer garden, a root beer garden, pony rides and a carnival. Venues throughout town will host the festival, but the majority of it will take place at Bohemia and Coiner Parks. On Sunday, July 20, The Prospectors & Goldiggers (of the literal kind) Club will hold its 50th Miner’s Breakfast on the Mountain, an early morning feast of pancakes, ham and eggs.

The 55th Bohemia Mining Days Festival in Cottage Grove is July 17-20; details and the full schedule are available at www.bohemiaminingdays.org. Carnival and select events require admission fees, but entry to festival is FREE. — *Samuel Wendel*

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

Cycling for Veterans, 5:30-7:30pm through Aug. 26, Maurie Jacobs Park. FREE.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Prenatal Yoga, 5:30-6:45pm, Core Star Center, 439 W. 2nd Ave., 556-7144. \$10, \$48 for 6 classes, sliding scale.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

The Tap & Growler Running Group, 6pm, Tap & Growler, 207 E. 5th Ave., call 505-9751. FREE.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Basic Adult Zumba, 6-7pm, Reach Center, 2520 Harris St. First class \$5, drop-in \$10.

Zumba Dance Fitness Class, 7-8pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Tricycle Racing, cash & prizes for winners, 9pm, McShane’s Bar & Grill, 86495 College View Rd. FREE.

Pool Hall continues. See Thursday, July 17.

SOCIAL DANCE Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$3, Willamalane Adult Activity Center, 215 W. C St., Spfd., 344-7591. Bailonga: Argentine Tango Milonga, 8-11pm, Vet’s Club, 1626 Willamette St. \$4-\$8 sliding scale.

SPECTATOR SPORTS Emeralds vs. Tri-City, 7:05pm today through Saturday, PK Park, 2800 MLK Jr. Blvd, call 342-5367 for tix. \$7-\$13.

SPIRITUAL Relationship w/Sacred Texts, instructional classes based on text by Dogen, 7-9pm, Eugene Zendo, 2190 Garfield St., call 302-4576. FREE.

VOLUNTEER Eugene Park Stewards Rhododendron Garden Work Party, 9am-noon, Hendricks Park Rhododendron Garden. FREE.

WEDNESDAY

JULY 23
SUNRISE 5:51AM; SUNSET 8:46PM
AVG. HIGH 84; AVG. LOW 52

ARTS/CRAFTS Figure Drawing from Life, open model sessions, 6:30-9pm, Emerald Art Center, 500 Main, Spfd. \$5.

COMEDY Comedy Open Mic w/Mac Chase, 9pm, Tiny Tavern, 394 Blair Blvd. FREE.

FARMERS MARKETS The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 513-4527.

Sweetwater Farm Stand, fresh farm produce, products & recipes, 4-6pm, 1243 Rainbow Dr.

Coast Fork Farm Stand continues. See Saturday.

FILM *Take Back Your Power*, followed by discussion & Q&A, 6:30-9pm, Wellspring School, 3590 W. 18th Ave., call 653-0589. Sug. don.

International Film Night, 7-10pm, Cush Cafe, 1235 Railroad Blvd. FREE.

GATHERINGS Lane County Fair, 11am-11pm today through Saturday, 11am-8pm Sunday, Lane County Fairgrounds, see atthefair.com. \$9, \$7 sr., \$6 ages 12 & under, ages 5 & under FREE.

Class for women recently widowed or Seeking information about divorce, noon-1pm, Community Mediation Services, 93 Van Buren St., info at 2ndsat-urdayeugene.org or 239-3504. \$25/4 classes.

The Eugene Active 20-30 Club New Member Information Event, 4-7pm, Alton Baker Park, Day Island Road, contact Ioni.foster@gmail.com. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Temple Beth Israel Mid-Week Community Picnic, 5:30pm, Tugman Park, call 485-7218. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd., south entrance. FREE.

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Ste A, 209.

Support Group for People Who Have Loved Ones w/Asperger’s Syndrome, 6-7:30pm, 1283 Lincoln St., call 221-0900 for info.

Healer Heal Thyself Meetup, for all healers, professional & otherwise, 6:30-9pm, 1245 Charnelton St. #8, see emeraldgroveic.org. FREE.

Co-Dependents Anonymous, men-only 12-step meeting, 7-8pm, McKenzie Willamette Hospital, 1460 G St., Spfd., east entrance, info at 913-9356. FREE.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

Trivia Night, 7pm, 16 Tons, 29th & Willamette St. FREE.

Trivia Night, 7-9pm, The Cooler, 20 Centennial Loop. FREE.

Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, The Barn Light, 924 Willamette St. FREE.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Toddlers’ Storytime, 11am, Barnes & Noble, 1163 Valley River Dr. FREE.

Sensory Storytime, for children w/sensory integration needs w/caregivers, 1pm, downtown library, info at 682-8316. FREE.

Louisiana Fiddlin’, try fiddling w/Kelly Thibodeaux, 3pm, Beth-el Branch Library, 1990 Echo Hollow Rd. FREE.

Family Board Game Night, 6pm, Castle of Games, 660 Main, Spfd. FREE.

Storytime, 6:30pm, Barnes & Noble, 1163 Valley River Dr. FREE.

Minecraft Boot Camp continues. See Monday.

ON THE AIR “The Point,” 9-9:30am, KPOV 88.9AM.

OUTDOORS/RECREATION Obsidians: Amazon Headwaters/Spencer Butte, 6.2 miles. Reg. at obsidians.org.

Yoga in the Morning, 7:30-8:45am, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11. Chess for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Bike Riding for Seniors, weekly in-town rides, helmets required, 9:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Tai Chi for Balance 1 & 2, 9:45am & 11am, River Road Annex, 1055 River Rd. \$4.

Accessible Aquatics, swimming classes for individuals with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Aqua Nia, 10-11am, Tamarack Wellness Center, 3575 Donald St., pre-reg. at 686-9290. \$11.

Basic Adult Zumba, 10-11am, Xcape Dance Academy, 420 W. 12th Ave. \$10 drop-in.

Aerial Yoga, adult classes, 11am-noon, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Foursome Bridge for Seniors, noon-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Cribbage for Seniors, 12:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Bingo for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Yoga & Tae Kwon Do combo class, 4pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., info at 286-0000 or yoginimatix@gmail.com. \$5 sug. don.

Walk It Off, walk, run or bike for fitness, 5-6:30pm through Aug. 20, Alton Baker Park. FREE.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

GEARs Bicycle Ride: Alvadore, 29 miles, choose slow or fast group, 6pm, meet at Alton Baker Park. FREE.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pinball Tournament, 21+, 8pm, Blairair Vintage Arcade, 245 Blair Blvd., info at 335-9742.

Pool Hall continues. See Thursday, July 17.

Beginners Evening Yoga continues. See Monday.

Original Method Tai Chi & Qigong in the Park continues. See Wednesday.

SOCIAL DANCE Joy of Hula Community Dance, all ages, 6:30pm, call 603-4393 for location.

SPIRITUAL A Course in Miracles Drop-in Study Group,

10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. Don.

Open Heart Meditation, noon, Unity of the Valley, 39th & Hilyard, info at 914-0431. FREE.

THURSDAY

JULY 24
SUNRISE 5:52AM; SUNSET 8:45PM
AVG. HIGH 84; AVG. LOW 52

FARMERS MARKETS Lane County Farmers Market continues. See Thursday, July 17.

GATHERINGS SmartUps Summer BBQ, local food, craft beer & more, 4:30-8:30pm, Agrarian Ales, 31115 Crossroads Ln., call 242-2366. \$8.

Doc’s Pad Drag Queen Bingo w/Karess continues. See Thursday, July 17.

Downtown Public Speakers Toastmasters Club continues. See Thursday, July 17.

Eugene Metro Business Networking International continues. See Thursday, July 17.

Group Acupuncture Clinic continues. See Thursday, July 17.

McKenzie Milky Mamas continues. See Thursday, July 17.

Trivia Night at Sidebar continues. See Thursday, July 17.

KIDS/FAMILIES Louisiana Fiddlin’, try fiddling w/Kelly Thibodeaux, 3pm, Sheldon Branch Library, 1566 Coburg Rd. FREE.

Wonderful Ones Storytime continues. See Thursday, July 17.

Minecraft Boot Camp continues. See Monday.

LECTURES/CLASSES Milk Steaming/Latte Art Class, 6pm, Vectors Espresso, 2866 Crescent Ave. #101. \$10.

“The Next Tsunami: Living on a Restless Coast,” w/Bonnie Henderson, 6pm, downtown library. FREE.

Music & Dance Workshops w/Taller de Son Jarocho continues. See Thursday, July 17.

LITERARY ARTS Lunch w/Author Colette Tennant, noon, Indulge! Antiques, 1461 Mohawk Blvd., Spfd. FREE.

ON THE AIR “Arts Journal” continues. See Thursday, July 17.

“The Point” continues. See Thursday, July 17.

OUTDOORS/RECREATION Obsidians: Pre’s Rock/Hendricks Park, 4 miles. Reg. at obsidians.org.

GEARs Bicycle Ride: Clearwater Trail in Springfield, 25 miles, helmet required, 9am, meet at Alton Baker Park. FREE.

Beginners Kundalini Yoga, live music & mantra, 7pm, call 603-4393 for location. Don.

Kundalini Yoga & Meditation, community practice, beginners welcome, 7pm, call 603-4393 for location. Don.

Aerial Yoga continues. See Thursday, July 17.

Aqua Yoga continues. See Thursday, July 17.

Contact Juggling continues. See Thursday, July 17.

Drop-in Kayaking continues. See Thursday, July 17.

Gentle Yoga continues. See Thursday, July 17.

Hot Mamma’s Club continues. See Thursday, July 17.

Mahjong for Seniors continues. See Thursday, July 17.

Prenatal Yoga continues. See Thursday, July 17.

Pool Hall continues. See Thursday, July 17.

Team Run Eugene continues. See Thursday, July 17.

Walk with Us continues. See Thursday, June 12.

Yoga Weight Management continues. See Thursday, July 17.

SOCIAL DANCE Crossroads Blues Fusion Dance continues. See Thursday, July 17.

Square Dancing continues. See Thursday, July 17.

Yoga Dance Party & Vegetarian Dinner continues. See Thursday, July 17.

SPIRITUAL Reiki Tummo Healing Clinic continues. See Thursday, July 17.

Self-Breema: The Art of Being Present continues. See Thursday, July 17.

Zen West Meditation Group continues. See Thursday, July 17.

THEATER No Shame Workshop continues. See Thursday, July 17.

VOLUNTEER Care for Owen Rose Garden continues. See Thursday, July 17.

CORVALLIS AND SURROUNDING AREAS

THURSDAY, JULY 17: The Sound & The Fury Benefit Concert, benefit for da Vinci Days Festival, 7:30pm, Majestic Theatre, 115 S.W. 2nd St. \$25, \$20 stu. & sr.

SATURDAY, JULY 19: Corvallis Farmers Market, 9am-1pm, 1st & Jackson.

The Graand Kinetic Challenge, race events, pageantry, team songs, engineering, art judging & more, today & tomorrow, Benton County Fairgrounds, Corvallis, call 740-0165 or email graandkineticchallenge@gmail.com. FREE admission, \$5 vehicle parking charge.

WEDNESDAY, JULY 23: Corvallis Farmers Market, 9am-1pm, 1st & Jackson.

ATTENTION OPPORTUNITIES

The Eugene Springfield Art Project & the City of Springfield are looking for amateur & professional chalk artists to participate in their first Chalk Fest. Third place wins \$100, second place wins \$300 & first place wins \$500. For more info, see eugenespringfieldartproject.org/chalk-fest-application. Deadline to apply is Aug. 1.

The Covered Bridge Photo Contest is in full swing. Submit your enties of covered bridges in Parvin, Pengra, Lowell & Unity to coveredbridgephotos@gmail.com. Deadline is Aug. 8. See bridgingcommunitiesparcourse.wordpress.com for contest rules or call 937-3034.

The Oregon Book Awards group is looking for books written by Oregon writers with an original publication date between Aug. 1, 2013 & July 31, 2014. Deadline to submit is 5pm Friday, Aug. 29. Email susan@literary-arts.org for more info.

Eugene Sunday Streets needs volunteers. Two shifts are available: 11:30am-2pm & 1:30-4pm. If you are interested in volunteering, see eugene-or.gov/essvolunteer or call 501-0390.

Deadline to make reservations for the Applegate Regional Theatre Murder Mystery Dinner is July 23. To make a reservation, email art-inc@hotmail.com or call 935-3636.

The Springfield Arts Commission invites artists interested in exhibiting in individual or group art or educational exhibitions. Exhibition lengths vary from four to six weeks. For entry guidelines, see springfieldarts-commission.org/cityhall_gallery.html. Entries should be received by Sept. 29. Call 726-2237 for more info.

SASS is hosting an art exhibit for artists who are survivors of sexual assault. All mediums considered. Submission is free. For more info, contact 484-9791 or see sass-lane.org.