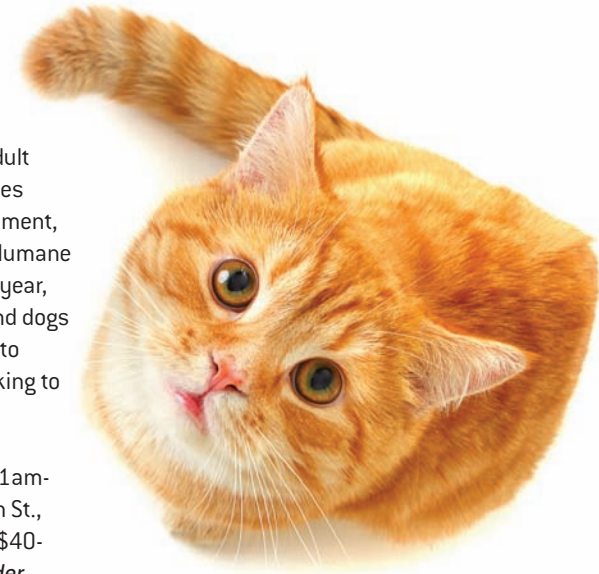


Norma King of the Springfield Trap/Neuter/Return Project says that of the strays and homeless cats she catches and fixes, about 60 percent are friendly, adoptable cats that have been abandoned. That's why King is holding July 20's **Adopt-A-Thon**, where aspiring cat owners can take home local, adult cats for \$40 to \$90. This fee includes spay/neuter, deworming, flea treatment, vaccinations and FIV-testing. The Humane Society of the U.S. says that every year, about 2.7 million adoptable cats and dogs are euthanized — here's a chance to help people like King, who are working to reduce those numbers.

The Cat Adopt-A-Thon takes place 11am-4pm Sunday, July 20, at 303 S. 5th St., Spfd., call 607-4271 for more info. \$40-\$90 adoption fees. — *Amy Schneider*



Go Shanufa continues. See Thursday, July 17.

Snow White & The Dudes continues. See Thursday, July 17.

VOLUNTEER Volunteer Work Party w/Kelsey Irvine & Eugene Park Stewards, 9am-noon, Native Plant Nursery, Alton Baker Park, 200 Day Island Rd., call 682-4831. FREE.

SATURDAY

JULY 19
SUNRISE 5:48AM; SUNSET 8:50PM
AVG. HIGH 84; AVG. LOW 52

BENEFITS All Day Block Party Tag Sale, benefit for Community Supported Shelters, 8am-8pm, 12th & Grant. Don.

A Taste of Home, benefit for local foster children, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. \$50 don.

COMEDY Wildly Wicked Women of Comedy, w/Suzanne Westenhoefer, 7:30pm, Hult Center. \$28.

FARMERS MARKETS Hideaway Bakery Farmers Market, 9am-2pm, Hideaway Bakery, 3377 E. Amazon.

FOOD for Lane County Youth Farm Stand, 10am-2pm through October, FLLC Youth Farm, 705 Flamingo Ave., Spfd.

Lane County Farmers Market, 9am-3pm, 8th & Oak.

Spencer Creek Growers Market, 10am-2pm, Spencer Creek Grange, 86013 Lorane Hwy., See spencercreekgrange.org.

Coast Fork Farm Stand, 11am-6pm, 10th & Washington, Cottage Grove.

FILM Movie in the Park: *The Little Rascals*, 9pm, Sladden Park, N. Adams & Cheshire. FREE.

Movies in the Park: *The Never-ending Story*, 8:30pm, Harry Holt Memorial Park, Creswell. FREE.

FOOD/DRINK Saturday Nights at the Farm, beer, food & music, 3-8pm, Agrarian Ales, 31115 W. Crossroads Ln.

Noble Saturday Nights, wine tasting & music, 4-9pm, Noble Estate Urban Tasting Room, 560 Commercial St. Ste F.

GATHERINGS Saturday Market, 10am-5pm; 10am Foxgloves; 11am Anahid Bertrand; noon David Rogers; 1pm Sacred Harp Singers; 2pm Dreamdog; 3:30pm The Geo 4; 8th & Oak, See eugenessaturdaymarket.org. FREE.

River Appreciation Day, 11am-5pm, Elkton Community Education Center, 15859 Hwy. 38 W., Elkton, call 672-7065. FREE.

Co-Dependents Anonymous, 12 step meeting, noon-1pm, White Bird Clinic, 341 E. 12th Ave. FREE.

Peace Vigil, noon-1pm, downtown library, info at 342-2914. FREE.

Cigar Box Guitar Fest Northwest, w/Ben Rice, Ice Bob, Jerry Zybach & more, 1-10pm, Cozmic, 199 E. 8th Ave., call 556-4433. \$5.

Friends of the Little Dog Corner New Shelter Celebration, decorate the shelter in ribbons, 1-3pm, Amazon Park Small Dog Park. FREE.

Westside Warehouse District Summer Block Party, wine, beer, music, food, artists & more, 2-10pm, Westside Warehouse District, 520-560 Commercial St., call 338-3007. FREE.

Dungeons & Dragons, role-playing, 3pm, Delight, 811 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE.

Bohemia Mining Days continues. See Thursday, July 17.

Downtown Eugene Sidewalk Sale continues. See Thursday, July 17.

Coburg Golden Years Festival continues. See Friday.

Emerald Empire Hempfest continues. See Friday.

KIDS/FAMILIES Family Music Time, Rich Glauber, 10:15am, downtown library, info at 682-8316. FREE.

Alvord Farm & Museum Reptile Day Playshop, 11am, pre-reg. at 949-793-2800 for location. \$5/child, adults FREE.

Teddy Bear Picnic, 11am, Campbell Community Center, 155 High St., call 682-8316. FREE.

Cuentos y Canciones, 11:15am, Bethel Branch Library, 1990 Echo Hollow Rd. FREE.

LECTURES/CLASSES Learn about Healing Meditation, 9-10am through Aug. 28, The Bernadette Center, 1283 Lincoln St. Don.

Cloth Diaper Demonstration Class, 10am today & 7pm Tuesday, Mother Goose Resale, 443 W. 11th Ave., between Lawrence & Washington, pre-reg. at rrmrose@msn.com. FREE.

Compost Demo by Compost Specialist, 10am-noon, BRING, 4446 Franklin Blvd., call 344-5859. FREE.

Women's Self Defense Class, offers training in awareness & confidence building w/reality based hand-to-hand combat practices, 10:30-11:45am, Petersen Barn Community Center, 870 Berntzen Rd., contact warriorsisters@riseup.net. FREE.

Inspiring Women 55+, w/Shirley Collins, 2pm, downtown library. FREE.

ON THE AIR Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

The De'Ampy Soul Hama Show, 10pm, Comcast channel 29.

OUTDOORS/RECREATION Obsidians: Three Mile Lake, 6 miles. Reg. at obsidians.org.

Bird Watching by Canoe Trip to Fern Ridge Lake, furnish your own watercraft, call 343-8664 for location & registration.

GEARs Bicycle Ride: Breakfast in Walterville, 34 miles, helmet required, 9am, meet at Alton Baker Park. FREE.

Gather Yoga, mixed levels, 9-10am, Everyday People Yoga, 352 W. 12th Ave., See epyogaeugene.com. Don.

Hike to Upper Elk Meadows w/ Alan Curtis, wear boots, bring lunch & water, 9am-4pm, meet at South Eugene High School, pre-reg. at 345-2571. FREE.

Heroes 2 Oregon Dragon Boat Paddle Challenge, 9am, Dexter Lake, contact 743-8765 or kayla@eugenecascadescoast.org. \$700/team.

Eugene Running of the Bulls 4 Mile Run, get a red sash & be chased by bulls (derby girls), 10am, Ruth Bascom Bike Path, Alton Baker Park. \$25.

Prenatal Yoga, 11:30am-12:45pm, Eugene Yoga, 3575 Donald St.

Women's Self Protection Classes, 12:30-1:30pm, Leung's Tai Chi & Kung Fu Academy, 1331 W. 7th Ave., info at 654-1162. Sliding scale.

SOCIAL DANCE All-Levels African Dance w/Alseny, 11am-12:30pm, WOW Hall. \$12, \$10 stu.

Beginning Teen/Adult Hip Hop, noon-1pm, Xcape Dance Academy, 420 W. 12th Ave., call 912-1140. \$10.

SPECTATOR SPORTS Emeralds vs. Hillsboro, 7:05pm today & Monday, 5:01pm Sunday, PK Park, 2800 MLK Jr. Blvd, call 342-5367 for tix. \$7-\$13.

SPIRITUAL Eugene Community Kirtan, add your voice to an elevating evening of spiritual singing, 7-9pm, Freedom Yoga, 1633 Willamette St. \$1 don.

THEATER *Snow White & The Dudes* continues. See Thursday, July 17.

Disney's *The Little Mermaid* continues. See Friday.

Grease continues. See Friday.

Swindlers, Scoundrels, Liars & Cheats... OR Oil's Well That Ends Well continues. See Friday.

SUNDAY

JULY 20
SUNRISE 5:49AM; SUNSET 8:49PM
AVG. HIGH 84; AVG. LOW 52

BENEFITS Fundraiser for Lucky Paws Rescue, all day, Falling Sky Brew Pub & Deli, 1334 Oak Alley & 790 Blair Blvd. Don.

Fundraising Parking Lot Sale, benefit for Shelter Animal Resource Alliance, 10am-5pm, S.A.R.A.'s Treasures, 871 River Rd.

Blues Build Benefit, for Junction City/Harrisburg/Monroe Habitat for Humanity, 2:30-7:30pm, Pfeiffer Winery, 25040 Jaeg Rd., Junction City, see jchmhhabitat.org for tix. \$15 adv., \$20 door.

West Coast Dog & Cat Rescue Auction Fundraiser, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd., see westcoastdogandcat.org for tix. \$35.

FARMERS MARKETS Fairmount Neighborhood Farmers Market, 10am-2pm, 19th & Agate, contact farmers@goodfood-easy.com.

Dexter Lake Farmers Market, noon-3pm, Dexter State Recreation Site, 39011 Hwy. 58, Dexter.

FOOD/DRINK Miner's Breakfast on the Mountain, w/The Prospectors & Goldiggers Club,

6am-1pm, Bohemia Saddle Park, info at bohemiamining-days.org. \$7.

Lazy Sunday, beer, food & music, noon-8pm, Agrarian Ales, 31115 W. Crossroads Ln.

Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd.

Wine Tasting, Noble Fall Sundays, noon-5pm, Noble Estate Vineyard & Winery, 29210 Gimpl Hill Rd., info at 338-3007 or noblestatewinery.com.

The Awesome Food Goddess, Chrissy's Festival of Wonder & Delight, 2-4pm, Park Blocks, 8th & Oak St. FREE.

Eugene Food Not Bombs, 2-4pm, Broadway & 8th. FREE.

Emerald Grove Intentional Community Open Gathering & Potluck, 7-9pm, call 301-704-4870 for location. FREE.

GATHERINGS Summer Bird Walk, 8-10:30am, Mount Pisgah Arboretum Visitor Center, 34901 Frank Parrish Rd., call 747-3817. \$5, mem. FREE.

Cat Adopt-a-Thon, sponsored by Springfield Trap/Neuter/Return Project, 11am-4pm, 303 S. 5th St., Spfd., call 607-4271. \$40-\$90.

Eugene Sunday Streets, promote healthy, active living by opening the streets for people to walk, bike & roll in a safe, traffic-free environment, noon-4pm, Washington-Jefferson Park & 5th Ave. FREE.

Analog Sunday Record Listening Party w/House of Records, 7pm, The Barn Light, 924 Willamette St.

Family Gayme Night, 7:30pm, Drag Show, 10:30pm, Tiny Tavern, 394 Blair Blvd. \$5, \$2 stu.

Game Show w/Host Elliot Martinez, 8pm, Blairally Vintage Arcade, 245 Blair Blvd. FREE.

Poker Tournament, 9pm, Goodfellas, 117 South 14th St., Spfd.

Bohemia Mining Days continues. See Thursday, July 17.

Emerald Empire Hempfest continues. See Friday.

HEALTH Occupy Eugene Medical Clinic, noon-4pm, Park Blocks, 8th & Oak. FREE.

LECTURES/CLASSES Round-Pole Framing: The Art of Joining Wood in the Round, 10am-3pm, Aprovecho, 80574 Hazelton Rd., Cottage Grove, email apro@aprovecho.net or see aprovecho.net. Don.

Science and Map Gardens, w/ Kenneth Helphand, 2pm, downtown library, call 682-5450. FREE.

ON THE AIR "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

Sentinel Radio broadcast, 7am, KPNW 1120AM.

OUTDOORS/RECREATION Obsidians: Mt. Thielsen, 10 miles. Reg. at obsidians.org.

GEARs Bicycle Rides: Breakfast in Walterville Slower Ride, 34 miles; Veneta, 47 miles; helmet required, 9am, meet at Alton Baker Park. FREE.

Rock Climbing: Community Climb Time at the Columns, ages 8+, 9-11am, Skinner Butte Park, 2nd & Lincoln. \$10.

Vinyasa Yoga, mixed levels, 9-10:15pm, Everyday People Yoga, 352 W. 12th Ave., See epyogaeugene.com. Don.

Basic Adult Zumba, 11am-noon, Reach Center, 2520 Harris St. \$10 drop-in.

Restorative Yoga, mixed levels, noon-1pm, Everyday People Yoga, 352 W. 12th Ave., See epyogaeugene.com. Don.

Prenatal Yoga w/Simrat, 3-4:30pm, Yoga West Eugene, info at 337-8769. \$8 drop-in, \$7 stu.

Foosball League, free play 4-6pm & 8pm-midnight, league 6-8pm, The Barn Light, 924 Willamette St., info at thebarn-light@gmail.com. FREE.

Washington Jefferson Skatepark + Urban Plaza Skateboard Competition, 4-7pm, Washington St. & 1st Ave., call 682-6321. FREE, \$5 to participate.

Drop In Yoga, all levels, 5-6:15pm, Eugene Yoga, 3575 Donald St., See eugeneyoga.us. \$5.

Zumba Dance Fitness Class, 5:30-6:30pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Music & Dance Workshops w/ Taller de Son Jarocho, 3-5pm, WCC, Clark & N. Jackson St. FREE.

La Milonguita, Argentine Tango Social Dance, no partner necessary, 5-7pm, Reach Center, 2520 Harris St. \$5 dance, watch for FREE.

Tango Milonga, 3-5pm lessons, \$12; 5-7pm dance, \$5, Reach Center, 2520 Harris St.

Cuban Salsa, 5pm lesson, 6pm social dance, Courtsports, 2728 Pheasant Blvd., Spfd., See eugenecasinos.com for info. \$2 sug. don.

Veselo Folk Dancers, weekly international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 683-3376. \$3.

SPIRITUAL Buddha Path Practice, 10:30am-noon, Celebration Belly Dance & Yoga, 1840 Willamette St. Ste 206, email dzogchenbuddhafoundation@gmail.com. FREE.

Dharma Practice, meditation, readings, discussion & more, 10:30am, 1840 Willamette St. Ste 206. FREE.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTD, 4065 W. 11th Ave. #43, info at coph-nia-oto.org.

THEATER Disney's *The Little Mermaid* continues. See Friday.

Grease continues. See Friday.

Swindlers, Scoundrels, Liars & Cheats... OR Oil's Well That Ends Well continues. See Friday.

MONDAY

JULY 21
SUNRISE 5:50AM; SUNSET 8:48PM
AVG. HIGH 84; AVG. LOW 52

FILM Movie Night, 9pm, The City, 2222 MLK Jr. Blvd. FREE.

GATHERINGS Eugene Lunch Bunch Toastmasters, learn public speaking in a friendly atmosphere, noon, 101 W. 10th Ave. Room 316, call 341-1690.



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