

CALENDAR

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Prenatal Yoga, 5:30-6:45pm, Core Star Center, 439 W. 2nd Ave., 556-7144. \$10, \$48 for 6 classes, sliding scale.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

The Tap & Growler Running Group, 6pm, Tap & Growler, 207 E. 5th Ave., call 505-9751. FREE.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Basic Adult Zumba, 6-7pm, Reach Center, 2520 Harris St. First class \$5, drop-in \$10.

Zumba Dance Fitness Class, 7-8pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Tricycle Racing, cash & prizes for winners, 9pm, McShane's Bar & Grill, 86495 College View Rd. FREE.

Pool Hall continues. See Thursday, June 26.

SOCIAL DANCE Joy of Hula Community Dance, family friendly, 6:30pm, 1400 Lake Dr., info at 688-4052.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$3, Willamalane Adult Activity Center, 215 W. C St., Spfd., 344-7591.

SPIRITUAL Relationship w/Sacred Texts, instructional classes based on text by Dogen, 7-9pm, Eugene Zendo, 2190 Garfield St., call 302-4576. FREE.

VOLUNTEER Friends of Buford Park & Mount Pisgah Work Party, harvest native seed & perform wide variety of gardening tasks, 8-11am, Native Plant Nursery, Buford Park, pre-reg. at volunteer@bufordpark.org. FREE.

Eugene Park Stewards Rhododendron Garden Work Party, 9am-noon, Hendricks Park Rhododendron Garden. FREE.

WEDNESDAY

JULY 2
SUNRISE 5:34AM; SUNSET 8:59PM
AVG. HIGH 79; AVG. LOW 50

ARTS/CRAFTS Figure Drawing from Life, open model sessions, 6:30-9pm, Emerald Art Center, 500 Main, Spfd. \$5.

BENEFITS Oakshire Inspires, benefit for Eugene Education Foundation, 11am-10pm, Oakshire Public House, 207 Madison St., call 654-5520. Don.

COMEDY Comedy Open Mic w/Mac Chase, 9pm, Tiny Tavern, 394 Blair Blvd. FREE.

FILM *The Spectacular Now*, 2pm, downtown library, call 682-8316. FREE.

International Film Night, 7-10pm, Cush Cafe, 1235 Railroad Blvd. FREE.

IWW Movie: *Growthbusters: Hooked on Growth*, 7pm, McNail-Riley House, 601 W. 13th Ave., contact iconoclasmo.scott@gmail.com. FREE.

FOOD/DRINK The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 513-4527.

Sweetwater Farm Stand, fresh farm produce, products & recopies, 4-6pm, 1243 Rainbow Dr. Coast Fork Farm Stand continues. See Saturday.

GATHERINGS WellMama Mother-to-Mother Support for Depression/Anxiety, 10-11am, Parenting Now, call 800-896-0410. FREE.

Class for women recently widowed or seeking information about divorce, noon-1pm, Community Mediation Services,

93 Van Buren St., info at 2ndsaturdayeugene.org or 239-3504. \$25/4 classes.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Foreclosure Defense Meeting, 5-7pm, Growers' Market, 454 Willamette St., info at 844-8280. FREE.

Temple Beth Israel Mid-Week Community Picnic, 5:30pm, Tugman Park, call 485-7218. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd., south entrance. FREE.

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Ste A, 209.

Support Group for People Who Have Loved Ones w/Asperger's Syndrome, 6-7:30pm, 1283 Lincoln St., call 221-0900 for info.

Co-Dependents Anonymous, men-only 12-step meeting, 7-8pm, McKenzie Willamette Hospital, 1460 G St., Spfd., east entrance, info at 913-9356. FREE.

Support Group Meeting for Survivors of Sexual Assault, all genders welcome, 18+, 7-8:30pm, SASS, 591 W. 19th Ave. FREE.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

Trivia Night, 7pm, 16 Tons, 29th & Willamette St. FREE.

Trivia Night, 7-9pm, The Cooler, 20 Centennial Loop. FREE.

Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, The Barn Light, 924 Willamette St. FREE.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Toddlers' Storytime, 11am, Barnes & Noble, 1163 Valley River Dr. FREE.

Sensory Storytime, for children w/sensory integration needs w/caregivers, 1pm, downtown library, info at 682-8316. FREE.

Super Stories, w/Paulette Ansari, 3pm, Bethel Branch Library, 1990 Echo Hollow Rd. FREE.

Family Board Game Night, 6pm, Castle of Games, 660 Main, Spfd. FREE.

Storytime, 6:30pm, Barnes & Noble, 1163 Valley River Dr. FREE.

LECTURES/CLASSES Depression Recovery Workshop, w/Mike Meyer, 11:30am-1pm, WOW Hall, 8th & Lincoln, call 503-680-6576. FREE, don. accepted.

iPad: Next Steps, 2:30pm, downtown library. FREE.

"Future w/out Fear — Being Obstacle Free," w/Charlie Hogg, 6pm, downtown library, call 343-5252. FREE.

Dome Show of the Week: Astro-naut continues. See Monday.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9AM.

OUTDOORS/RECREATION Obsidians: Amazon Headwaters/Spencer Butte, 6.2 miles. Reg. at obsidians.org.

Yoga in the Morning, 7:30-8:45am, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11. Chess for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Bike Riding for Seniors, weekly in-town rides, helmets required, 9:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Gentle Yoga, 9:30-10:30am, Trauma Healing Project, 2222 Coburg Rd. Ste 300, call 698-9447. \$5, scholarships available.

Tai Chi for Balance 1 & 2, 9:45am & 11am, River Road Annex, 1055 River Rd. \$4.

Accessible Aquatics, swimming classes for individuals with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Aqua Nia, 10-11am, Tamarack Wellness Center, 3575 Donald St., pre-reg. at 686-9290. \$11.

Basic Adult Zumba, 10-11am, Xcape Dance Academy, 420 W. 12th Ave. \$10 drop-in.

Aerial Yoga, adult classes, 11am-noon, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Foursome Bridge for Seniors, noon-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Cribbage for Seniors, 12:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Bingo for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Yoga & Tae Kwon Do combo class, 4pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., info at 286-0000 or yoginimatrix@gmail.com. \$5 sug. don.

Walk It Off, walk, run or bike for fitness, 5-6:30pm through Aug. 20, Alton Baker Park. FREE.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pinball Tournament, 21+, 8pm, Blairally Vintage Arcade, 245 Blair Blvd., info at 335-9742.

Pool Hall continues. See Thursday, June 26.

Beginners Evening Yoga continues. See Monday.

Original Method Tai Chi & Qigong in the Park continues. See Wednesday.

SPIRITUAL A Course in Miracles Drop-in Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. Don.

Open Heart Meditation, noon, Unity of the Valley, 39th & Hilyard, info at 914-0431. FREE.

THURSDAY

JULY 3
SUNRISE 5:35AM; SUNSET 8:59PM
AVG. HIGH 79; AVG. LOW 50

GATHERINGS Hearing Voices & Extreme States Support Group, 6pm, First United Methodist Church, 1376 Olive St., see differentminds.us/eshv. FREE.

Board Game Night continues. See Thursday, June 26.

Doc's Pad Drag Queen Bingo w/Karess continues. See Thursday, June 26.

Downtown Public Speakers Toastmasters Club continues. See Thursday, June 26.

Eugene Metro Business Networking International continues. See Thursday, June 26.

Group Acupuncture Clinic continues. See Thursday, June 26.

McKenzie Milky Mamas continues. See Thursday, June 26.

Trivia Night at Sidebar continues. See Thursday, June 26.

KIDS/FAMILIES Preschool Fun w/Art & Science, ages 3-6, 10:30-11am, Springfield Public Library, call 726-2287. FREE.

Super Stories, w/Paulette Ansari, 3pm, Sheldon Branch Library, 1566 Coburg Rd. FREE.

Wonderful Ones Storytime continues. See Thursday, June 26.

LECTURES/CLASSES "Medicare Made Clear" continues. See Thursday, June 26.

Music & Dance Workshops w/Taller de Son Jarocho continues. See Thursday, June 26.



Mad Duckling Children's Theatre

July 8th-July 12th & July 15th-July 19th

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