

CALENDAR

Healing Center, 1380 W. 17th Ave., info at 286-0000 or yoginimatrix@gmail.com. \$5 sug. don.

Yoga for Chronic Pain, 4:15-5:15pm, Willamette Medical Center, 2401 River Rd. \$10.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pinball Tournament, 21+, 8pm, Blairally Vintage Arcade, 245 Blair Blvd., info at 335-9742.

Beginners Evening Yoga continues. See Monday.

Pool Hall continues. See Thursday, March 13.

SPIRITUAL The Seth Books as Channeled through Jane Roberts, email SethGroup@Live.com for time & location. FREE.

A Course in Miracles Drop-in Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. Don.

Open Heart Meditation, noon, Unity of the Valley, 39th & Hilyard, info at 914-0431. FREE.

THEATER *The Darling Children's Excellent Adventure*, 7pm today & tomorrow, Hult Center. \$15.

THURSDAY

MARCH 20
SUNRISE 7:16AM; SUNSET 7:26PM
AVG. HIGH 57; AVG. LOW 38

GATHERINGS Hearing Voices & Extrem States Support Group, 6pm, First United Methodist

Church, 1376 Olive St., see differentminds.us/eshv. FREE.

Meet the East Lane County Commissioner Candidates, 6:30pm, McKenzie River Mt. Resort, 51668 National Forest Development Rd., Blue River, call 580-9120. FREE.

Board Game Night continues. See Thursday, March 13.

Doc's Pad Drag Queen Bingo w/ Karesse continues. See Thursday, March 13.

Downtown Public Speakers Toastmasters Club continues. See Thursday, March 13.

Duke Marmalade's Campfire Variety Hour continues. See Thursday, March 13.

Eugene Metro Business Networking International continues. See Thursday, March 13.

Group Acupuncture Clinic continues. See Thursday, March 13.

McKenzie Milky Mamas continues. See Thursday, March 13.

Trivia Night at Sidebar continues. See Thursday, March 13.

Wonderful Ones Storytime continues. See Thursday, March 13.

LECTURES/CLASSES "Oregon's High Desert Wildlands, from the Badlands to the Owyhee," w/Joe Walacki & Borden Beck, 7pm, Eugene Garden Club, 1645 High St. FREE.

Presentation on the Delta Ponds Habitat Enhancement Project, w/Lauri Holts, 7:30pm, Lane County Mental Health Conference Room, 2411 Martin Luther King Jr. Blvd., call 349-9999. FREE.

ON THE AIR "Arts Journal" continues. See Thursday, March 13.

"The Point" continues. See Thursday, March 13.

OUTDOORS/RECREATION Aerial Yoga continues. See Thursday, March 13.

Aqua Yoga continues. See Thursday, March 13.

Contact Juggling continues. See Thursday, March 13.

Drop-in Kayaking continues. See Thursday, March 13.

Gentle Yoga continues. See Thursday, March 13.

Hot Mamma's Club continues. See Thursday, March 13.

Mahjong for Seniors continues. See Thursday, March 13.

Prenatal Yoga continues. See Thursday, March 13.

Pool Hall continues. See Thursday, March 13.

Team Run Eugene continues. See Thursday, March 13.

Walk with Us continues. See Thursday, March 13.

Yoga Weight Management continues. See Thursday, March 13.

SOCIAL DANCE Crossroads Blues Fusion Dance continues. See Thursday, March 13.

Square Dancing continues. See Thursday, March 13.

Yoga Dance Party & Vegetarian Dinner continues. See Thursday, March 13.

SPIRITUAL Heart of Now Intro, practice of authenticity, presence, community, 7-9:30pm, 390 Vernal St., call 579-3084. FREE.

Channeling Group continues. See Thursday, March 13.

Reiki Tummo Healing Clinic continues. See Thursday, March 13.

THEATER No Shame Workshop continues. See Thursday, March 13.

The Darling Children's Excellent Adventure continues. See Wednesday.

VOLUNTEER Care for Owen Rose Garden continues. See Thursday, March 13.

CORVALLIS AND SURROUNDING AREAS

THURSDAY, MARCH 13: OSU Board of Trustees Meeting, 8:30am-1pm, CH2M-Hill Alumni Center, 725 S.W. 26th St. FREE.

SATURDAY, MARCH 15: Independent Schools Fair, 10am-1pm, Corvallis Public Library, 645 N.W. Monroe Ave. FREE.

Igor Stravinsky's *The Rite of Spring*, w/Agnieszka Laska Dancers, 7:30pm, The Majestic Theatre, 115 S.W. 2nd St., call 738-7469 for tix. \$15-\$20.

SUNDAY, MARCH 16: CoHo Ecovillage Tour, 1pm, CoHo Ecovillage, 1975 S.E. Crystal Lake Dr., call 753-4453. FREE.

ATTENTION OPPORTUNITIES

Twens & teens are invited to join in The Big Read by picking up a copy of *The Great Gatsby* & pre-registering for the downtown library's book groups, which will meet on Thursday, March 27. Pre-register at the library or call 682-8316.

The City of Eugene is now recruiting for city boards, committees & commissions. The recruitment will conclude Friday, March 28. There are currently four vacancies on the Human Rights Commission for which applications are being accepted. To apply, visit ceapps.eugene-or.gov/csboardapplicants.

Volunteer registration for the Eugene Marathon opened March 10. For more info, email volunteer@eugenemarathon.com.



Once a month, Cozmic transforms into a tropical isle, but this time, **Aloha Friday** is kicking it up a notch. It will include all the usual components, like excellent ukelele and guitar music from guest musicians Herb Ohta Jr., Chino Montero and Keoki Kahumoku, as well as hula dancing from Christina Wong. This time, audience members get the chance to play with the guest artists in a special open mic performance. Just make sure to bring along a few copies of the chord chart and prepare to jam. The Hawaii-themed evening continues with a presentation on sustainable farming practices by Kahumoku, who raises pigs on the Big Island. Hawaii is more than 2,000 miles away from Eugene, but Aloha Friday makes it seem much closer.

Aloha Friday starts 6pm Friday, March 14, at Cozmic, 199 W. 8th Ave. \$10.
— Amy Schneider



EUGENE OPERA PRESENTS PUCCINI'S

THE GIRL OF THE GOLDEN WEST

A "Western" with love, redemption, an unforgettable heroine and thrilling music!

MARCH 14 & 16

TICKETS: (541) 682-5000

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