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SAVAGE LOVE

PANNIES AND FORTIES
 BY DAN SAVAGE



I am a straight male, married to a woman for 25 years. Our marriage started to go sour about 14 years ago. Sex was infrequent and stultifying. Finally, when the kids were old enough, I made plans to separate. When my wife got wind of these plans, she finally agreed to work on our relationship. We had long and heartfelt conversations. Things got better. Sex got more frequent, if not more exciting. Then I saw a letter referencing cuckolding in your column in the Coast, the weekly paper here in Halifax. I mentioned it to my wife. She asked me to read it to her. This led to a conversation about the possibility of introducing cuckolding into our relationship. She agreed after she made certain it was something I really wanted. She now has a guy in mind. My first choice for this scenario would be all three of us having sex. My second choice would be he and I having sex with her. The third would be me watching. The last would be them having sex and me hearing about it afterward. She has opted for the last option and is reluctant to share all the details. She has asked me why her having sex with another man is so exciting. She speculated it is because I have a big ego—if other men want her, her value is higher. That sounded weird to me. For me, it is all about sex. The idea of her letting another guy in, going down on him, etc. is exciting to me. We will be breaking the rules for what married couples are supposed to do. I have been on cuckolding websites. It seems a lot of guys go in for humiliation. Some claim they have small dicks and want a larger man to satisfy their wives. None of those things apply to me. I just think it is hot, exciting sex. My question: Has there been research into cuckolding? Why do husbands find it hot and desirable?

Clearly Understanding Cuckold Kink

"There hasn't been a lot of research into the cuckolding phenomenon," said David J. Ley, PhD, a clinical psychologist and the author of *Insatiable Wives: Women Who Stray* and *The Men Who Love Them*. "Historically, men whose wives cuckolded them were publicly humiliated, and their wives were often severely punished. It is only in the past decade or so that this fantasy has catapulted itself into the public consciousness, largely due to an intersection of female sexual liberation and the ability of the internet to allow men with these fantasies to find each other and learn they are not alone."

Because of this history—cuckolded men publicly shamed, cuckolding wives brutally punished—there hasn't been much nonjudgmental, non-sex-panicky research into men with your desires, CUCK. Ley's book represents the first comprehensive effort to explore your particular kink.

"CUCK's wife is right," said Ley, "in that many men do get an ego boost out of sharing their 'hot wife.' But there are many other motivations as well. Some men are into the idea of cuckolding and humiliation, in a masochistic way. Leopold von Sacher-Masoch, who masochism was named after, explored this fantasy specifically for the humiliation of it."

Men who enjoy the humiliation aspect of their wives sleeping with other men tend to identify with the term "cuckold," CUCK, while men who are into the hot, exciting sex aspect—men like you—tend to identify as "hotwifers."

"There are lots of men who explore this fantasy just because they think it's very sexy to imagine or see their wife having hot sex with someone else and being fully satisfied," said Ley. "One very interesting biological theory for this is related to the concept of sperm competition. Essentially, the theory goes that men get physically aroused when they know that their sperm might have to compete with those of another man, in order to possibly (even theoretically) impregnate a woman. In such circumstances, the men thrust harder and deeper during sex, they ejaculate harder, and their ejaculate contains more sperm."

As for your wife's restrictions—you can't be there, she'll share some details but not all—Ley thinks your wife is testing you. "She's setting boundaries," said Ley. "She wants to see how serious CUCK is, how he's going to react. And she's also establishing some level of independence. It's her body and her sexuality, too, after all." Ley thinks you guys are coming at this from a good place. Your marriage is on the upswing, you're talking about your desires openly and honestly, and you're willing to compromise. "I've worked with couples who have made this fantasy and lifestyle work," said Ley. "And the key component is communication, grounded by mutual trust and respect. If you pursue this, do it with honest communication on both your parts."

You can follow Dr. Ley on Twitter @DrDavidLey.

I am a straight 19-year-old girl in college. I broke up with my boyfriend of several months a week before Valentine's Day (a WHOLE nother situation), and during that relationship, I met this other guy, one of his friends. This friend has been in a relationship for 2.5 years. But his girlfriend cheated on him, and now he has a free card to go fuck someone else. He wants that person to be me! We have fooled around some, but even though I am not looking for a relationship right now, I have reservations about fucking someone who is in a relationship, even if it's on a Go Fuck Someone Else card. Advice?

Uneasy And Unsure

Unless there are just two guys at your college—your ex and this dude with the Go Fuck Someone Else card—I would urge you to fuck someone else. This scenario has drama written all over it. Your ex will be pissed at you for fucking his friend, he'll be pissed at his friend for fucking you, the friend's girlfriend will be pissed at you for fucking her boyfriend—GFSE card or no GFSE card. Who needs that kind of grief? Find a hot student, RA, TA, or prof who isn't in your circle and fuck him instead.

I'm a 25-year-old guy with a gender-neutral partner. We've been monogamous for about three years, and our GGG sex life is fantastic. One of our favorite things to do is for me to deep-throat their cock. It's long and thick—definitely bigger than average—and I take pride in being able to fit it all the way down my throat. They sometimes fuck my throat, quite roughly at times. Is there a medical danger to deep-throating? Sometimes it makes my throat a little sore for a few days after. We've tried to stop deep-throating while we figure out if it's dangerous or not. But when we get caught up in the moment, it's just so hot that we can't stop ourselves. What should we do? Could we be harming my throat?

Two Wondering If Naughty Kink's Safe

I could go find an expert for you, TWINKS, or search the medical literature. But if deep-throating were dangerous—if cocks were doing permanent damage to throats—I would've heard about it by now. An intense deep-throating session is physically taxing, and you feel it for a few days after. Snowboarding, which I'm off doing with husband and son this week, has the same effect on my legs. My advice: Take it easy for a while after trashing your throat, just as I take it easy after trashing my legs.

Hear the Lovecast recorded live at Seattle's Neptune Theatre on Valentine's Day at savagelovecast.com.

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