

A Healing Space

Chiropractic
Massage
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Intuitive Readings

171 Lawrence Street, Eugene | 541-343-1887

Healthy is beautiful



Ki-ho'alu Foundation Presents
Hawaiian Slack Key Guitar Festival
EUGENE STYLE
Hult Center
Saturday March 22 7:30pm
Adults \$28 • Seniors \$23 • Students \$15
"1 of 50 Must See Events
In America Today"
Acoustic Guitar Magazine, Jan 2014
slackkeyfestival.com

 **Eugene**
Cultural
Services

 **Hult Center**
for the Performing Arts

7th & Willamette, Downtown Eugene • 541-682-5000 • HultCenter.org



Bill Cosby

EUGENE SYMPHONY PRESENTS

The Rite of Spring

Thursday, February 20 at 8:00 PM

SILVA— Tix: \$61-\$20; C & Y

Legendary for the riot it caused a century ago, Stravinsky's greatest ballet score changed music forever

WORK DANCE COMPANY PRESENTS

Animal Instinct

Saturday, February 22 at 7:30 PM

SORENG— Tix: \$20; C & Y

Ferocious and distinct, dancers present their "animal instinct," and support Greenhill Humane Society

EUGENE BALLET COMPANY PRESENTS

Ailey II

Wednesday, February 26 at 7:30 PM

SILVA— Tix: \$63-33; C & Y

The Ailey spirit shines in this critically acclaimed company of talented dancers

EUGENE CONCERT CHOIR PRESENTS

Fauré Requiem

Saturday, March 1 at 8:00 PM

SILVA— Tix: \$38-\$24; C, Y & S

Immerse yourself in this profound and enduring masterwork of French repertoire

An Afternoon with Bill Cosby

Sunday, March 2 at 2:00 PM

SILVA— Tix: \$63.50-\$39.50

Enjoy an afternoon with the legendary entertainer and story-teller

Ticket discount codes:

C = college student, Y = youth, S = senior

**BUY TICKETS ONLINE at HultCenter.org
or call 541-682-5000**

HULT CENTER TICKET OFFICE HOURS:

Tue-Fri, 12-5 PM; Sat, 11 AM-3 PM

ONE HOUR BEFORE PERFORMANCE MON-SAT, TWO HOURS BEFORE ON SUN

UO TICKET OUTLET IN THE EMU:

Mon-Fri, 9 AM-5 PM

CALENDAR

Empathy Cafe aka "Evolve Your Talk!" A facilitated weekly group for practicing "compassionate nonviolent communication" to get more of what you need in life, 7-9pm, info & reg. at 484-7366. \$10-\$20 don.

Eugene Cannabis TV Recording Session, 7:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@yahoo.com. FREE.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.

Oregon Bus Club, 7pm, Oakshire Public House, 207 Madison St., see oregonbusclub.org. FREE.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Cards Against Humanity Night, 7:30pm, Tiny Tavern, 394 Blair Blvd. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM.

OUTDOORS/RECREATION

Hatha Yoga Basics, 7-8:15am, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Chair Yoga, 7:30-8:30pm, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Gentle Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. \$5, scholarships available.

Drop-in Yoga for Girls, 4:30-5:30pm through March 18, Ophelia's Place, 1577 Pearl St. Ste 100, pre-reg. at 284-4333. \$5 don.

Qigong for Health, 4:30pm, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

"Monday Flex" Zumba, 6-7pm, Denbaya Studio, 1325 Jefferson St. First class \$5, drop-in \$10.

Beginners Evening Yoga, 6:30pm today & Wednesday, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Zumba Dance Fitness Class, 7-8pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Feb. 20.

Pinocle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318, \$0.25.

Beyond Basics & Advanced Beyond Basics, 7-8pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPIRITUAL Discovering Your True Nature through the Teachings of the Mystics, 1-2:30pm, Unity of the Valley, 39th & Hilyard, email mercyskiss@efn.org. FREE.

Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. Don.

The Path to Inner Light & Sound, 5:30pm, downtown library. FREE.

Beginning Level Samatha Meditation Class, drop-ins welcome, 6-7pm, Saraha Buddhist Temple, 477 E. 40th Ave. \$10 sug. don.

Calm Abiding Meditation Class, 6-7pm, Saraha Nyingma Buddhist Temple, 477 E. 40th Ave., call 359-3588. \$10.

Finding Balance & Harmony in These Changing Times Intro Class, 6 week series, 7-9pm, call 844-2805 for location. FREE.

Mindfulness Meditation Class, teaching/practice, 7:30-8:30pm, 477 E. 40th Ave., email eugenasangha@gmail.com. Don.

TUESDAY

FEBRUARY 25

SUNRISE 6:56AM; SUNSET 5:56PM
AVG. HIGH 53; AVG. LOW 35

ARTS/CRAFTS Beading Circle, 3-6pm, Harlequin Beads & Jewelry, 1027 Willamette St., FREE.

FOOD/DRINK New Beer Release, 6pm, Oakshire Public House, 207 Madison St., call 654-5520. FREE.

Vegan Cooking Class: How to Make Vegetables Taste Good, 6:30-8:30pm, Eugene Adventist Church, 1275 Polk St. Don.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Original Pancake House, 782 E. Broadway, call 343-3743. FREE.

Support Group for Partners of People w/Parkinson's Disease, 1:30pm, Eugene Hearing & Speech Center, 1500 W. 12th Ave., call 345-2988 or email libby@parkinsonresources.org. FREE.

NAMI Connections, peer support group for people living with mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE.

Eugene City Hall Open House, 4:30-6:30pm, Cal Young Middle School, 2555 Gilham Rd. FREE.

WACAC, a new adult chorus, 5:30-7pm, The Shedd, info & reg. at 687-6526.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45 pm, Northwest Community Credit Union, 3660 Gateway St., info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8pm, Santa Clara Church of Christ, 175 Santa Clara Ave., Santa Clara.

Eugene Gleemen Rehearsal, men's choral group, 7pm, First Christian Church, 12th & Oak, call 255-3003. FREE.

Lively Introduction to Meditation, instruction & support for developing meditation practice, facilitated by Lisa-Marie DiVincent, 7-9pm, location & reg. at 484-7366. Don.

Local Talent Show, bring your talents, 7-10pm, Cush Cafe, 1235 Railroad Blvd. FREE.

Oakridge Bingo, proceeds go to local organizations, 7pm, Big Mtn. Pizza, 47527 Hwy. 58, Oakridge. \$5/4 cards.

TrackTown Tuesday, hear inside scoop on the Ducks & Hayward Field's season, 7pm, Downtown Athletic Club, 999 Willamette St. FREE.

Trivia Night, 7-9pm, LaVelle Tap Room, 400 International Way. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

KIDS/FAMILIES Terrific Two Storytime, for 2-year-olds w/caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Patterson Preschool Co-operative Open House, 12:30-1:30pm, Patterson Preschool, 2801 W. 18th Ave., call 345-0515. FREE.

LECTURES/CLASSES "Coded Utopias & Other Projections: A Traverse Across Conceptual Domains," w/Marko Peljhan, 3:30pm, Gerlinger Lounge, UO Campus. FREE.

Myths for Our Time Writing Workshop, girls ages 10-18, 4:30-5:30pm through March 18, Ophelia's Place, 1577 Pearl St., pre-reg. at 284-4333. \$25-\$50/9 workshops.

Birds as Villains, w/Dan Gleason, 7:30pm, Eugene Garden Club, 1645 High St. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM. Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Climate Warm-Up Walk, talk about global climate change & next year's cross-country march to inspire action, 8am, EWEB, 500 E. 4th Ave.

Pinocle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Tuesday Morning Regulars, 9am-noon, Hendricks Park Rhododendron Garden. FREE.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Prenatal Yoga, 5:30-6:45pm, Core Star Center, 439 W. 2nd Ave., 556-7144. \$10, \$48 for 6 classes, sliding scale.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Sauni Zumba, 6-7pm, Reach Center, 2520 Harris St. First class \$5, drop-in \$10.

Zumba Dance Fitness Class, 7-8pm, Eugene Ballet Academy, 1590 Willamette St. \$10 drop-in.

Tricycle Racing, cash & prizes for winners, 9pm, McShane's Bar & Grill, 86495 College View Rd. FREE.

Pool Hall continues. See Thursday, Feb. 20.

SOCIAL DANCE Joy of Hula Community Dance, family friendly, 6:30pm, 1400 Lake Dr., info at 688-4052.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$3, Willamalane Adult Activity Center, 215 W. C St., Spfd., 344-7591.

SPIRITUAL Relationship w/Sacred Texts, instructional classes based on text by Dogen, 7-9pm, Eugene Zendo, 2190 Garfield St., call 302-4576. FREE.

WEDNESDAY

FEBRUARY 26

SUNRISE 6:54AM; SUNSET 5:57PM
AVG. HIGH 53; AVG. LOW 35

BENEFITS Papa's Pizza Benefit for West Coast Dog & Cat Rescue, print & bring event flier at westcoastdogandcat.org, all day, 1700 W. 11th Ave. & 4011 Main, Spfd., call 225-4955. Don.

Oakshire Inspires for Willamette Valley Sustainable Foods Alliance, 11am-10pm, Oakshire Public House, 207 Madison St., call 654-5520. Don.

COMEDY Comedy Open Mic w/Mac Chase, 9pm, Tiny Tavern, 394 Blair Blvd. FREE.