

Oregon boasts some elderly trees: the Doerner Fir in Coos County, one of the largest coast Douglas fir trees in the world, and the well-named Big Tree in Oregon Caves National Monument, which is estimated between 1,200 and 1,500 years old. To find the really old trees, you'll have to go south and observe the bristlecone pines, some of which hit the 5,000-year range. On Jan. 16, Native Plant Society member Charlene Simpson will give a talk on **"Living History: The Bristlecone Pines"** and show pictures from her trip just north of Death Valley, where a thriving bristlecone pine forest grows. They're not pretty, but damn it, they're old, and worth a second glance.

"Living History: The Bristlecone Pines," w/Charlene Simpson starts 7:30pm Thursday, Jan. 16, at Lane County Mental Health Conference Room, 2411 Martin Luther King Blvd., call 349-9999. FREE.



Bike Riding for Seniors, weekly in-town rides, helmets required, 9:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Tai Chi for Balance 1 & 2, 9:45am & 11am, River Road Annex, 1055 River Rd. \$4.

Accessible Acquatics, swimming classes for individuals with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Aqua Nia, 10-11am, Tamarack Wellness Center, 3575 Donald St., pre-reg. at 686-9290. \$11.

Aerial Yoga, adult classes, 11am-noon, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Foursome Bridge for Seniors, noon-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Cribbage for Seniors, 12:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Bingo for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Yoga & Tae Kwon Do combo class, 4pm, Alchemy Lotus Healing Center, 1380 W. 17th

Ave., info at 286-0000 or yogini-matrix@gmail.com. \$5 sug. don.

Yoga for Chronic Pain, 4:15-5:15pm, Willamette Medical Center, 2401 River Rd. \$10.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

Prenatal Yoga, 5:30-6:45pm, Just Breathe Yoga Studio, 2868 Willamette St. Ste 200, call 343-3770. \$11.

Active & Restorative Yoga Blend, 7-8:30pm, Just Breathe Yoga Studio, 2868 Willamette St. Ste 200, call 343-3770. \$11.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pinball Tournament, 21+, 8pm, Blairally Vintage Arcade, 245 Blair Blvd., info at 335-9742.

Beginners Evening Yoga continues. See Monday.

Pool Hall continues. See Thursday, Jan. 16.

**SPIRITUAL** A Course in Miracles Drop-in Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. Don.

Open Heart Meditation, noon, Unity of the Valley, 39th & Hilyard, info at 914-0431. FREE.

**THEATER** *Mamma Mia!*, 7:30pm today & tomorrow, Hult Center. \$35-\$57.50.

## THURSDAY

**JANUARY 23**  
SUNRISE 7:39AM; SUNSET 5:11PM  
AVG. HIGH 48; AVG. LOW 35

**FILM** *Ocean Frontiers: The Dawn of a New Era in Ocean Stewardship*, discussion & reception to follow, 5:30pm, Knight Law Center 175, UO Campus. \$5 sug. don.

**FOOD/DRINK** The Corner Market continues. See Thursday, Jan. 16.

**GATHERINGS** Forming a 350. org Climate Change Group, 7pm, First United Methodist Church, 1376 Olive St., call 485-1755. FREE.

"The Adventure Ahead: Elementary Education & 1st Grade Admissions," 7-8:30pm, Eugene Waldorf School, 1350 McLean Blvd. FREE.

Board Game Night continues. See Thursday, Jan. 16.

Doc's Pad Drag Queen Bingo w/ Karesse continues. See Thursday, Jan. 16.

Downtown Public Speakers Toastmasters Club continues. See Thursday, Jan. 16.

Eugene Metro Business Networking International continues. See Thursday, Jan. 9.

Group Acupuncture Clinic continues. See Thursday, Jan. 16.

McKenzie Milky Mamas continues. See Thursday, Jan. 16.

Trivia Night at Sidebar continues. See Thursday, Jan. 16.

Trivia Night at Sixth Street Grill continues. See Thursday, Jan. 16.

Wonderful Ones Storytime continues. See Thursday, Jan. 16.

**LECTURES/CLASSES** Small Business Clinic: Ask the Experts, 5-7pm, downtown library, pre-reg. at 682-5450. FREE.

"New Trails in the Central Oregon Cascades," w/Bill Sullivan, 7pm, Eugene Garden Club, 1645 High St. FREE.

**ON THE AIR** "Arts Journal" continues. See Thursday, Jan. 16.

"The Point" continues. See Thursday, Jan. 16.

**OUTDOORS/RECREATION** Aerial Yoga continues. See Thursday, Jan. 16.

Aqua Yoga continues. See Thursday, Jan. 16.

Contact Juggling continues. See Thursday, Jan. 16.

Drop-in Kayaking continues. See Thursday, Jan. 16.

Gentle Yoga continues. See Thursday, Jan. 16.

Hot Mamma's Club continues. See Thursday, Jan. 16.

Mahjong for Seniors continues. See Thursday, Jan. 16.

Prenatal Yoga continues. See Thursday, Jan. 16.

Pool Hall continues. See Thursday, Jan. 16.

Team Run Eugene continues. See Thursday, Jan. 16.

Walk with Us continues. See Thursday, Jan. 16.

Yoga Weight Management continues. See Thursday, Jan. 16.

**SOCIAL DANCE** Crossroads Blues Fusion Dance continues. See Thursday, Jan. 16.

Square Dancing continues. See Thursday, Jan. 16.

Yoga Dance Party & Vegetarian Dinner continues. See Thursday, Jan. 16.

**SPIRITUAL** Reiki Tummo Healing Clinic continues. See Thursday, Jan. 16.

**THEATER** *Mamma Mia!* continues. See Wednesday.

**VOLUNTEER** Care for Owen Rose Garden continues. See Thursday, Jan. 16.

## CORVALLIS AND SURROUNDING AREAS

**THURSDAY, JAN. 16:** Soul Collage, make cards w/magazine & photo images, 6:30-8:30pm, Co-op Community Meeting Room, 1007 S.E. 3rd St., call 704-0135. \$10, mem. \$8.

**FRIDAY, JAN. 17:** *The King of Spain's Daughter*, 7:30pm, Withycombe Hall, OSU Campus. \$5, \$3 stu.

**SATURDAY, JAN. 18:** Sprouting Seeds, Grains, Beans & Nuts, 1-3pm, Co-op Community Meeting Room, 1007 S.E. 3rd St. \$10, mem. \$7.

*The King of Spain's Daughter*, 2:30pm, Majestic Theatre, 115 S.W. 2nd St. \$8, \$6 stu.

**TUESDAY, JAN. 21:** A Discussion about the Trans-Pacific

Trade Deal w/Rep. Peter DeFazio, 5-6:30pm, Boys & Girls Club, 1112 N.W. Circle Blvd. FREE.

**WEDNESDAY, JAN. 22:** Corvallis Waldorf School Tour, 8:30-10:30am, 3855 N.E. Highway 20, pre-reg. at 758-4674. FREE.

Forum: Megaloads, Tar Sands, Oil Exports & Oregon, 7pm, Corvallis-Benton County Public Library, 645 N.W. Monroe Ave., call 745-5210. FREE.

Screening of *World Peace & Other Fourth Grade Achievements*, 7pm, Majestic Theatre, 115 S.W. 2nd St. FREE.

**THURSDAY, JAN. 23:** Ava Helen & Linus Pauling Annual Peace Lecture w/John Hunter, 7pm, Milam Auditorium, OSU Campus. FREE.

## ATTENTION OPPORTUNITIES

Hospice of Sacred Heart is seeking volunteers to assist terminally ill patients & their families. For more info or to register for an informational meeting, contact Victoria Spear at 242-8755 or email vspear@peacehealth.org.

Actors Cabaret of Eugene is holding auditions for *Once on This Island* 1pm Saturday, Jan. 18 at 996 Willamette St. Prepare a Broadway-style song w/accompaniment.

The Springfield Arts Commission is accepting applications to fill four vacancies on its nine-member volunteer Arts Commission. Apply by Jan. 31. For more info or applications, visit City Manager's Office, 225 5th St., Spfd., or springfieldartscommission.org.

The Very Little Theatre is holding auditions for *Habeas Corpus* 1pm Saturday, Jan. 25, at 2350 Hilyard St. Parts available for seven men & five women, ranging in age from early 20s to 50s. Contact karen.sch@uoregon.edu for more info.

The Lane County Board of Commissioners is seeking applications from those interested in serving on the Lane County Farm Review Board Advisory Committee. For more info or for applications, contact 682-4203 or visit 125 E. 8th Ave. Apply by 5pm Monday, Feb. 10.

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