

If there's anyone who can lay claim to hiking all over Oregon, it's former *EW* columnist Bill Sullivan. Having hiked nearly every public trail in Oregon with 17 guidebooks to his name, Sullivan's your man if you're in search of a trail more out-of-the-ordinary than Skinner Butte or Fern Ridge. On Thursday, Jan. 23, Sullivan will present **"New Hikes in the Central Oregon Cascades,"** a slide show lecture that offers a handful of newly discovered trails that Sullivan unearthed while he was updating one of his guidebooks, *100 Hikes in the Central Oregon Cascades*. Attend the talk and you'll get the inside scoop on a Mt. Jefferson wildflower meadow and a hot springs near Oakridge, sure to trigger a few, "Where is that?!" comments on Facebook.

"New Hikes in the Central Oregon Cascades," w/Bill Sullivan runs 7-9pm Thursday, Jan. 23, at the Eugene Garden Club, 1645 High St. FREE.



mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE.

WACAC, a new adult chorus, 5:30-7pm, The Shedd, info & reg. at 687-6526.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45 pm, Northwest Community Credit Union, 3660 Gateway St., info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8pm, Santa Clara Church of Christ, 175 Santa Clara Ave., Santa Clara.

Lively Introduction to Meditation, instruction & support for developing meditation practice, facilitated by Lisa-Marie DiVincent, 7-9pm, location & reg. at 484-7366. Don.

Local Talent Show, bring your talents, 7-10pm, Cush Cafe, 1235 Railroad Blvd. FREE.

Oakridge Bingo, proceeds go to local organizations, 7pm, Big Mtn. Pizza, 47527 Hwy. 58, Oakridge. \$5/4 cards.

Trivia Night, 7-9pm, LaVelle Tap Room, 400 International Way. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, Little Notes Suzuki, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Little Family Yoga, for preschoolers, 10:30-11am, Springfield Public Library, call 726-2235. FREE.

LECTURES/CLASSES "Trimming for Blooms," w/Mark Bloom, 1-2pm, Eugene Garden Club, 1645 High St., call 688-1256. FREE.

Effective Program Evaluation, 3-5pm, Amazon Community Center, 2700 Hilyard St. Sliding scale.

Buying & Selling on eBay, 7pm, Fern Ridge Library, 88026 Territorial Hwy., Veneta. FREE.

LITERARY ARTS Windfall Reading: Cai Emmons & Karen McPherson, 5:30pm, downtown library. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM. Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Climate Warm-Up Walk, talk about global climate change & next year's cross-country march to inspire action, 8am, EWEB, 500 E. 4th Ave.

Pinochle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Tuesday Morning Regulars, 9am-noon, Hendricks Park Rhododendron Garden. FREE.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Prenatal Yoga, 5:30-6:45pm, Core Star Center, 439 W. 2nd Ave., 556-7144. \$10, \$48 for 6 classes, sliding scale.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

"Tuesday Tempo" Zumba, 6-7pm, Reach Center, 2520 Harris St. First class \$5, drop-in \$10.

Tricycle Racing, cash & prizes for winners, 9pm, McShane's Bar & Grill, 86495 College View Rd. FREE.

Pool Hall continues. See Thursday, Jan. 16.

SOCIAL DANCE Joy of Hula Community Dance, family friendly, 6:30pm, 1400 Lake Dr., info at 688-4052.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$3, Willamalane Adult Activity Center, 215 W. C St., Spfd., 344-7591.

SPIRITUAL Learn Zen Meditation, instructional classes based on text by Dogen, 7-9pm, Eugene Zendo, 2190 Garfield St., call 302-4576. FREE.

WEDNESDAY

JANUARY 22
SUNRISE 7:40AM; SUNSET 5:10PM
AVG. HIGH 48; AVG. LOW 35

BENEFITS Oakshire Inspires, benefit for FOOD for Lane County, 11am-10pm, Oakshire Public House, 207 Madison St., call 654-5520. Don.

FILM *Touching the Void*, 1pm, Willamalane Adult Activity Center, 207 W. C St., Spfd. FREE.

International Film Night, 7-10pm, Cush Cafe, 1235 Railroad Blvd. FREE.

FOOD/DRINK Sweetwater Farm Stand, fresh farm produce, products & recopes, 4-6pm, 1243 Rainbow Dr.

The Corner Market continues. See Thursday, Jan. 16.

Coast Fork Farm Stand continues. See Saturday.

GATHERINGS "Windows on Waldorf," visit Eugene Waldorf School while classes are in session, 8:30-10:30am, 1350 McLean Blvd., pre-reg. at 683-6951. FREE.

Your Body, Your Sexuality Group, ages 14-18, 4-5pm through March 12, Ophelia's Place, 1577 Pearl St. Ste 100, pre-reg. at 284-4333. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Foreclosure Defense Meeting, 5-7pm, Growers' Market, 454 Willamette St., info at 844-8280. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd., south entrance. FREE.

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Ste A, 209. Support Group for People Who

Have Loved Ones w/Asperger's Syndrome, 6-7:30pm, 1283 Lincoln St.

A Discussion about Trans-Pacific Partnership Trade Deal w/Rep. Peter DeFazio, 6-7:30pm, EMU Fir Room, UO Campus. FREE.

Postpartum & Pregnancy Depression/Anxiety Support, 6:30pm, McKenzie Willamette Hospital, 1460 G St., Spfd., call 1-800-896-0410. FREE.

Co-Dependents Anonymous, men-only 12-step meeting, 7-8pm, McKenzie Willamette Hospital, 1460 G St., Spfd., east entrance, info at 913-9356. FREE.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

Trivia Night at Supreme Bean, 7pm, 16 Tons Supreme Bean, 29th & Willamette St. FREE.

Trivia Night, 7-9pm, The Cooler, 20 Centennial Loop. FREE.

Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, The Barn Light, 924 Willamette St. FREE.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Sensory Storytime, for children w/sensory integration needs w/caregivers, 1pm, downtown library, info at 682-8316. FREE.

Family Board Game Night, 6pm, Castle of Games, 660 Main, Spfd. FREE.

LECTURES/CLASSES Class for women recently widowed or seeking information about divorce, noon-1pm, Community Mediation Services, 93 Van Buren St., info at 2ndsaturdayeugene.org or 239-3504. \$25/4 classes.

LGBTQ Spectrum, meeting for LGBTQIA youth, 5-6pm through March 19, Ophelia's Place, 1577 Pearl St. Ste 100. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9AM.

OUTDOORS/RECREATION Active & Restorative Yoga Blend, 7-8:30am, Just Breathe, 2868 Willamette St. Ste 200., call 343-3770. \$11.

Yoga in the Morning, 7:30-8:45am, Eugene Chiropactic Group, 131 E. 11th Ave., call 343-3455. \$11.

Chess for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

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