

SUDOKU

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8	6	5		1				
				6	8			2
					7			9
	3	9						
4	8						9	5
					7	3		
1			8					
3			6	5				
			3					
					9	7	1	

Place numbers 1-9 so that each row, column and 3x3 square has each number only once. There is only one solution. Good Luck! Stumped? Visit www.sudokuplace.com for a puzzle solver.

WELLNESS

Bodywork

MASSAGE THERAPY Car accidents, whip lash, chronic pain, relaxation. Insurance accepted, avail weekends. Shoshannah Thielle, LMT #3461. 541-684-3965.

ROLFING relieves chronic pain, improves posture, helps you find ease in your body. Mark Donahue, Certified Advanced Rolfier, 25 yrs exp. LMT #14017 markdonahuerolfing.com 541-232-7630

Classes

SATURDAYS: 8:30-9:30am Open Meditation group & Gentle Yoga class 9:30-10:30am. Tuesdays: Codependency Solutions 6-7:30pm. Bernadette Center, 1283 Lincoln St. www.elsvanderhorst.com

Counseling

CLEAR HEART COUNSELING Mindfulness-based Counseling, Bach Flower Remedies, Channeled Guidance. Ker Cleary, MA 541-349-0595 ClearHeartCounseling.com

CranioSacral Therapy

HEART IN HAND HOLISTIC HEALING Educated touch & loving presence. Sessions uniquely tailored to your needs. Hakomi Body-Centered Therapy, Integrative Manual Therapy, CranioSacral Therapy, Reiki Master & more. Meg Blanchet, MA, LMT, CHP, IMT, C. In practice since 1982. 541-485-3246 LMT# 3724 Gift certificates available.

Wellness

COLON HYDROTHERAPY AT SUNRISE COLONICS Celebrating 15 years. Schedule your cleanse. Laura Taylor 541-484-6224

WHITE BIRD DENTAL CLINIC 1400 Mill St. Eugene. Emergency & on-going denistry for Low/No income residents of Lane County. Accepts OHP & under insured. 541-344-8302

Women's Health

GRASSROOTS GYNECOLOGY. Specializing in teen health, sexual health, gynecology, and menopause medicine. Now accepting Blue Cross Blue Shield and most other major insurances. 1755 Coburg Rd. Building I, Suite 2, Eugene. 541-505-7510. GRASSROOTSGYNECOLOGY.COM

WOMEN'S HEALTH AND WELLNESS LLC. PERSONALIZED GYNECOLOGY CARE FOR WOMEN THROUGHOUT THEIR LIFETIME. Preventative Care, General Gynecology, Contraception, and Menopausal Management. Dorothy Shannon, Certified Nurse Midwife, now practicing solely in general Women's Health Care. 1755 Coburg Road, Bldg. 1, Suite 2 in Eugene. (541) 984-3000.

Yoga

FREE YOGA & MEDITATION CLASSES Relax body, mind, spirit. Thurs 7-8pm. 1st United Methodist, 1376 Olive. 541-686-0506

YOGA WEST Kundalini Yoga in Eugene as taught by Yogi Bhajan. First two classes for the price of one. 3635 Hillyard, yogawest-eugene.com

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HOME SERVICES

Building/Remodel

AFFORDABLE REMODELS Compassionate estimates. Green construction available. 35 years experience with design & construction. CCB# 116497. Call Brad 541-913-0652.

GILMORE EXCAVATION Concrete asphalt removal and clearing • roads • driveways • heavy hauling • fire clearing • ponds • horse arenas • greenhouse prep ccb#107745. 541-946-1000

OREGON STATE LAW requires anyone contracting for construction work to be licensed with the Construction Contractors Board. An active license means the contractor is bonded & insured. Verify CCB licenses at: www.hirelicensedcontractor.com

Chimney Sweep

PROFESSIONAL CHIMNEY SERVICES 40 yrs+ experience. Jolly Good Chimney Sweep. David Stuart Bull Esq. CCB#51931. Call 541-344-5571

Cleaning

CONNIE'S CLEANING 1 time, monthly, weekly/bi-weekly. 22 yrs experience. Starting at \$16/hr. Excellent references. 541-222-0060

ECOFRIENDLY HOMECARE & HOUSE SITTING Regular or occasional. Call Michelle 541-285-1252. Spaces available for November

Painting

CUSTOM QUALITY HOUSE PAINTING by ArtTrek. Interior, Exterior. Faux Finish. Lead Safe. WWW.ARTTREKINC.COM 683-0626. ccb#62677

Plaster Stucco

INDEPENDENT PLASTERING & STUCCO, LLC. New remodel & old. Chimneys & fireplaces. 24 years. CCB# 151757. Greg 541-747-1287

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541-953-6675 Gus Ramirez 541-514-4283
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CERTIFIED COLORIST 541-484-1160 Melissa @ Roni's Salon 447 W. 11th Downtown Eugene. Fall Specials: Deep Cond Treatment free w/ any color. Indulge yourself. You're worth it!

Film/Video/Photography

COMMUNITY TELEVISION (Comcast channel 29) offers hands-on classes in Studio, Field & Digital Editing. For info call 541-790-6616 or info@ctv29.org

REAL ESTATE

Realtors

A SOCIALLY responsible Realtor. Kathy Ging, M.A., G.R.I., 27 years of ethical practice. Amethyst Realty LLC 541-342-8461 or 541-729-1444 kathy@kathyging.com. www.kathyging.com

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RENTALS

Commercial

\$800 / 1050FT² - OFFICE/STUDIO SPACE IN THE WHITI (781 MONROE STREET) w/kitchen & 3 rooms (w/2 rooms at the entryway). Entrance is behind a locked gate & up a set of stairs. Street parking. Space is located above Sweet Potato Pie's new storefront - next to Noli & Sweet Life. Great potential! Call Elizabeth 541-915-8619

Shared Housing

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Rental Services

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LEGAL NOTICES

IN THE CIRCUIT COURT FOR THE STATE OF OREGON IN AND FOR THE COUNTY OF LANE CITIMORTGAGE, INC., its successors in interest and/or assigns, Plaintiff, v. FRANCES L. CARVER; ALFRED H. CARVER; CITIBANK SOUTH DAKOTA N.A.; AND OCCUPANTS OF THE PREMISES, Defendants. Case No. 161308148 **SUMMONS BY PUBLICATION TO THE DEFENDANTS: OCCUPANTS OF THE PREMISES:** In the name of the State of Oregon, you are hereby required to appear and answer the complaint filed against you in the above-entitled Court and cause on or before the expiration of 30 days from the date of first publication of this summons. The date of first publication of this matter is November 21, 2013. If you fail timely to appear and answer, plaintiff will apply to the above-entitled court for the relief prayed for in its complaint. This is a judicial foreclosure of a deed of trust in which the plaintiff requests that the plaintiff be allowed to foreclose your interest in the following described real property: LOT 49, BLOCK 4, RIDGEVIEW ESTATES SECOND ADDITION, AS PLATTED AND RECORDED IN FILE 72, SLIDE 62, LANE COUNTY OREGON PLAT RECORDS, IN LANE COUNTY, OREGON. Commonly known as: 414 N 72nd Street, Springfield, Oregon 97478. **NOTICE TO DEFENDANTS: READ THESE PAPERS CAREFULLY!** A lawsuit has been started against you in the above-entitled court by JPMorgan Chase Bank, National Association, successor in interest by purchase from the FDIC as Receiver of Washington Mutual Bank F/k/a Washington Mutual Bank, FA, plaintiff. Plaintiff's claims are stated in the written complaint, a copy of which was filed with the above-entitled Court. You must "appear" in this case or the other side will win automatically. To "appear" you must file with the court a legal document called a "motion" or "answer." The "motion" or "answer" [or

IN FILE 72, SLIDE 35, LANE COUNTY OREGON PLAT RECORDS, IN LANE COUNTY OREGON. Commonly known as: 541 North 38th Place, Springfield, Oregon 97478. **NOTICE TO DEFENDANTS: READ THESE PAPERS CAREFULLY!** A lawsuit has been started against you in the above-entitled court by CitiMortgage, Inc., plaintiff. Plaintiff's claims are stated in the written complaint, a copy of which was filed with the above-entitled Court. You must "appear" in this case or the other side will win automatically. To "appear" you must file with the court a legal document called a "motion" or "answer." The "motion" or "answer" [or "reply"] must be given to the court clerk or administrator within 30 days of the date of first publication specified herein along with the required filing fee. It must be in proper form and have proof of service on the plaintiff's attorney or, if the plaintiff does not have an attorney, proof of service on the plaintiff. If you have any questions, you should see an attorney immediately. If you need help in finding an attorney, you may contact the Oregon State Bar's Lawyer Referral Service online at www.oregonstatebar.org or by calling (503) 684-3763 [in the Portland metropolitan area] or toll-free elsewhere in Oregon at (800) 452-7636. This summons is issued pursuant to ORCP 7. RCO LEGAL, P.C., Alex Gund, OSB #114067 agund@rcocoll.com Attorneys for Plaintiff, 511 SW 10th Ave., Ste. 400, Portland, OR 97205. P: (503) 977-7840. F: (503) 977-7963.

IN THE CIRCUIT COURT FOR THE STATE OF OREGON IN AND FOR THE COUNTY OF LANE JPMORGAN CHASE BANK, NATIONAL ASSOCIATION, SUCCESSOR IN INTEREST BY PURCHASE FROM THE FDIC AS RECEIVER OF WASHINGTON MUTUAL BANK F/K/A WASHINGTON MUTUAL BANK, FA, its successors in interest and/or assigns, Plaintiff, v. MIKE MILLER AKA MICHAEL W. MILLER AKA MICHAEL WILLIAM MILLER; DISCOVER BANK; AMERICAN EXPRESS BANK FSB; PORTFOLIO RECOVERY ASSOCIATES, LLC; MIDLAND FUNDING, LLC AND OCCUPANTS OF THE PREMISES, Defendants. Case No. 161314001 **SUMMONS BY PUBLICATION TO THE DEFENDANTS: OCCUPANTS OF THE PREMISES:** In the name of the State of Oregon, you are hereby required to appear and answer the complaint filed against you in the above-entitled Court and cause on or before the expiration of 30 days from the date of first publication of this summons. The date of first publication of this matter is November 21, 2013. If you fail timely to appear and answer, plaintiff will apply to the above-entitled court for the relief prayed for in its complaint. This is a judicial foreclosure of a deed of trust in which the plaintiff requests that the plaintiff be allowed to foreclose your interest in the following described real property: LOT 49, BLOCK 4, RIDGEVIEW ESTATES SECOND ADDITION, AS PLATTED AND RECORDED IN FILE 72, SLIDE 62, LANE COUNTY OREGON PLAT RECORDS, IN LANE COUNTY, OREGON. Commonly known as: 414 N 72nd Street, Springfield, Oregon 97478. **NOTICE TO DEFENDANTS: READ THESE PAPERS CAREFULLY!** A lawsuit has been started against you in the above-entitled court by JPMorgan Chase Bank, National Association, successor in interest by purchase from the FDIC as Receiver of Washington Mutual Bank F/k/a Washington Mutual Bank, FA, plaintiff. Plaintiff's claims are stated in the written complaint, a copy of which was filed with the above-entitled Court. You must "appear" in this case or the other side will win automatically. To "appear" you must file with the court a legal document called a "motion" or "answer." The "motion" or "answer" [or

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