

Community HU, miracles, spiritual freedom & more, 11am, Eckankar Center of Eugene, 2833 Willamette St. Ste C, call 343-2657. FREE.

Prenatal Yoga with Simrat, 3-4:30pm, Yoga West Eugene, 3635 Hilyard St., info at 343-7825, \$8.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge 070, 4065 W. 11th Ave. #43, info at cophnia-oto.org.

THEATER *In The Heights* continues. See Friday.

Who Am I This Time? continues. See Thursday, Nov. 21.

MONDAY

NOVEMBER 25
SUNRISE 7:21AM; SUNSET 4:38PM
AVG. HIGH 49; AVG. LOW 36

FILM Movie Night, 9pm, The City, 2222 MLK Jr. Blvd. FREE.

GATHERINGS Eugene Lunch Bunch Toastmasters, learn public speaking in a friendly atmosphere, noon, Room 316, 101 W. 10th Ave., info at 341-1690.

Zonta Says No to Violence Against Women, candlelight vigil, 4:30-5:30pm, 7th & Willamette. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Depression Bipolar Support Alliance, peer support group, 7-8:30pm, First United Methodist Church, 1376 Olive St. FREE.

Evolve-Talk-Listen! A facilitated weekly salon for meaningful sharing, practice "compassionate nonviolent communication" to resolve difficult situations, 7-9pm, info & location at 484-7366. \$7-\$20 don.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

KIDS/FAMILIES No School Swim Day, ages 3-17, 1:40-3:40pm, Sheldon Pool, 2443 Willakenzie Rd. \$3.25.

LECTURES/CLASSES "Wild Beauty: Photographs of the Columbia Gorge," w/John Laursen, 7pm, Knight Library Browsing Room, UO Campus. FREE.

"Note to Educators: Hope Required When Growing Roses in Concrete," w/Jeff Duncan-Andrade, 7:30pm, PLC 180, UO Campus. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM.

OUTDOORS/RECREATION Hatha Yoga Basics, 7-8:15am, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Chair Yoga, 7:30-8:30pm, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Gentle Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. \$5, scholarships available.

Mom & Baby Yoga, 11am-noon, Just Breathe, 2868 Willamette St. Ste 200, call 343-3770. \$11.

Qigong for Health, 4:30pm, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Yin Yang Yoga, 5:30-6:45pm, Studio 508, 508 Blair Blvd. \$10.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Beginners Evening Yoga, 6:30pm today & Wednesday, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Queen Yoga, allies welcome, 7-8:15pm, Studio 508, 508 Blair Blvd. \$10.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Nov. 21.

Pinocle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318, \$0.25.

Beyond Basics & Advanced Beyond Basics, 7-8pm, The Vet's Club, 1626 Willamette St.

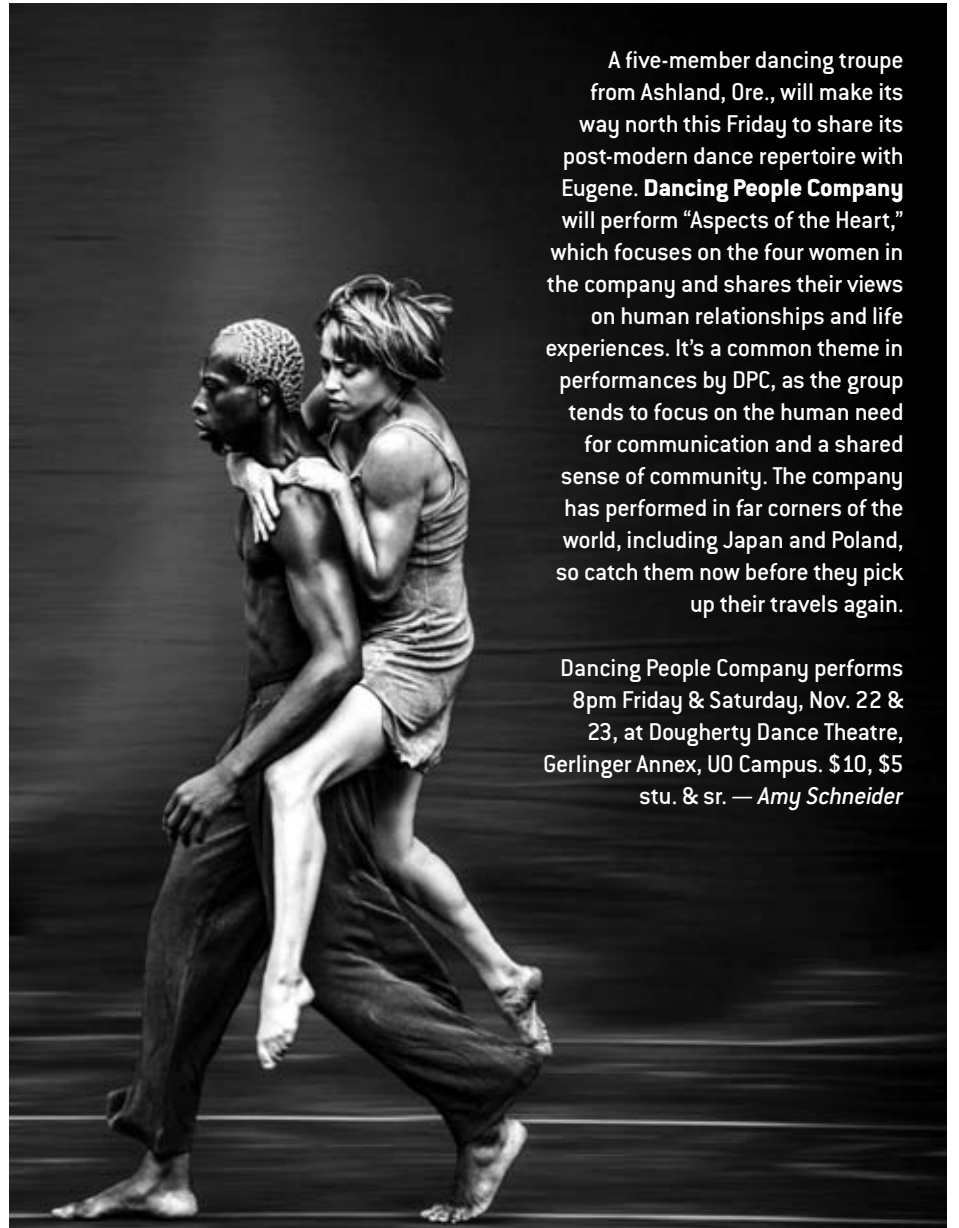
Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPIRITUAL Discovering Your True Nature through the Teachings of the Mystics, 10-week study group, 1-2:30pm Mondays through Dec. 23, Unity of the Valley, 39th & Hilyard, email mercyskiss@efn.org. FREE.

Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. Don.

Beginning Level Samatha Meditation Class, drop-ins welcome, 6-7pm, Saraha Buddhist Temple, 477 E. 40th Ave. \$10 sug. don.

Open Drum Journey Circle, 6pm, call 232-1038 for location. FREE.



A five-member dancing troupe from Ashland, Ore., will make its way north this Friday to share its post-modern dance repertoire with Eugene. **Dancing People Company** will perform "Aspects of the Heart," which focuses on the four women in the company and shares their views on human relationships and life experiences. It's a common theme in performances by DPC, as the group tends to focus on the human need for communication and a shared sense of community. The company has performed in far corners of the world, including Japan and Poland, so catch them now before they pick up their travels again.

Dancing People Company performs 8pm Friday & Saturday, Nov. 22 & 23, at Dougherty Dance Theatre, Gerlinger Annex, UO Campus. \$10, \$5 stu. & sr. — Amy Schneider

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