

7-8:30pm, First United Methodist Church, 1376 Olive St. FREE.

Diabetes Support Group, 7-9pm, PeaceHealth Sacred Heart Medical Center at RiverBend Room 12C, 3333 RiverBend Dr., Spfd. FREE.

Evolve-Talk-Listen! A facilitated weekly salon for meaningful sharing, practice "compassionate nonviolent communication" to resolve difficult situations, 7-9pm, info & location at 484-7366. \$7-\$20 don.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

KIDS/FAMILIES No School Swim Day, ages 3-17, 1:40-3:40pm, Sheldon Pool, 2443 Willakenzie Rd. \$3.25.

LECTURES/CLASSES Asperger Support Network Community Resource Event, overview of local resources, 6-7:15pm, 1650 W. 11th Ave., Ste 8, pre-reg. at wkly.ws/1m1. \$15.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM.

OUTDOORS/RECREATION Hatha Yoga Basics, 7-8:15am, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Chair Yoga, 7:30-8:30pm, Eugene Chiropractic Group, 131 E. 11th Ave., call 343-3455. \$11.

Gentle Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. \$5, scholarships available.

Mom & Baby Yoga, 11am-noon, Just Breathe, 2868 Willamette St. Ste 200, call 343-3770. \$11.

Qigong for Health, 4:30pm, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Yin Yang Yoga, 5:30-6:45pm, Studio 508, 508 Blair Blvd. \$10.

Aerial Yoga, adult classes, 6-7pm, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Beginners Evening Yoga, 6:30pm today & Wednesday, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Queer Yoga, allies welcome, 7-8:15pm, Studio 508, 508 Blair Blvd. \$10.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Nov. 7.

Pinocle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318, \$0.25.

Beyond Basics & Advanced Beyond Basics, 7-8pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPIRITUAL Water Blessing Ceremony, 11:45am-12:15pm,

EWEB Plaza Fountain, 500 E. 4th Ave. FREE.

Discovering Your True Nature through the Teachings of the Mystics, 10-week study group, 1-2:30pm Mondays through Dec. 23, Unity of the Valley, 39th & Hilyard, email mercyskiss@efn.org. FREE.

Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. Don.

Beginning Level Samatha Meditation Class, drop-ins welcome, 6-7pm, Saraha Buddhist Temple, 477 E. 40th Ave. \$10 sug. don.

Interfaith Prayer Service, names of the Divine, 6:45-8pm, First Christian Church, 1160 Oak St. FREE.

Beginning Calm Abiding Meditation 6-Week Workshop, newcomers welcome, through Nov.

25, 7:30-8:30pm, Just Breathe Yoga Studio, 2868 Willamette St. Ste 200, call 343-3770. \$11/class.

THEATER Acting Improv Workshop, 7:30-9:30pm, Arcade Theater, 513 Main, Cottage Grove, call 213-200-0612. \$10.

TUESDAY

NOVEMBER 12
SUNRISE 7:04AM; SUNSET 4:49PM
AVG. HIGH 53; AVG. LOW 38

ARTS/RAFTS Beading Circle, 3-6pm, Harlequin Beads & Jewelry, 1027 Willamette St., FREE.

BENEFITS Home for the Holidays Winter Wonderland Auction, benefit for A Family for Every Child, 5:30-9:30pm, Valley River Inn. \$75 don.

Lane County
FARMERS MARKET
Locally Grown, Naturally!
Saturday Farmers Market
Downtown Eugene
8th & Oak St.
9 am to 3 pm
Holiday Market
Lane Events Center
Starting Every Sat & Sun
Nov 23 - Dec 22

A Jam Session

*in memory of Charles Nathan,
composer of the song, "I'll Think of Something"*

Title song to a new CD
by

Greg Nathan String Bass and Voice

Mike Denny Jazz Guitar



The Vet's Club, Eugene

November 9th 2:00 to 5:00 pm

featured artists:

Paul Biondi, Mike Denny,
Greg Nathan, Donna Courtell,
Gus Russell & Bruce Cole

A limited supply of
"I'll Think of Something" CD's
will be for sale at \$15 each.

After Nov. 9th

CD's and Downloads

can be ordered at:

cdbaby.com/cd/gregnathan

Just in time for the Holidays!

ALL AGES | NO COVER

Luna & Larry's Coconut Bliss Presents

A Night of Bliss

Community Benefit & Celebration
Featuring Live Music & *Endless* Coconut Bliss Sundaes!

SATURDAY, NOVEMBER 9 • 5-9 PM
UUCE • 1685 W. 13th Ave. Eugene

Silent Auction • Raffle • Kids Zone • Snacks • Beverages

Music by
MY FATHER'S GHOST • MATURA SITAR AND FRIENDS

All proceeds benefit
School Garden Project • Beyond Toxics

Suggested donation
\$10 - \$25 per person • \$25 - \$50 per family

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