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CALENDAR

JONNY FRITZ DOGS IT
UP AT THE WOW HALL
ON SATURDAY (SEE
MUSIC LISTINGS)



Branch Library, 1566 Coburg Rd., info at 682-8316. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Foreclosure Defense Meeting, 5-7pm, Growers' Market, 454 Willamette St., info at 844-8280. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 5:30-6:30pm, St. Thomas Episcopal Church, 1465 Coburg Rd., south entrance. FREE.

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Ste A, 209.

Support Group for People Who Have Loved Ones w/Asperger's Syndrome, 6-7:30pm, 1283 Lincoln St.

Co-Dependents Anonymous, men-only 12-step meeting, 7-8pm, McKenzie-Willamette Hospital, 1460 G St., Spfd., East Entrance, info at 913-9356. FREE.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

Trivia Night at Supreme Bean, 7pm, 16 Tons Supreme Bean, 29th & Willamette St. FREE.

Trivia Night, 7-9pm, The Cooler, 20 Centennial Loop. FREE. Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, The Barn Light, 924 Willamette St. FREE.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Sensory Storytime, for children w/sensory integration needs w/caregivers, 1pm, downtown library, info at 682-8316. FREE.

LECTURES/CLASSES Class for women recently widowed or seeking information about divorce, noon-1pm, Community Mediation Services, 93 Van Buren St., info at 2ndsaturday-eugene.org or 239-3504. \$25/4 classes.

Medicare & You, 1pm, downtown library. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9AM.

OUTDOORS/RECREATION Chess for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Bike Riding for Seniors, weekly in-town rides, helmets required, 9:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Tai Chi for Balance 1 & 2, 9:45am & 11am, River Road Annex, 1055 River Rd. \$4.

Accessible Aquatics, swimming classes for individuals

with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Aqua Nia, 10-11am, Tamarack Wellness Center, 3575 Donald St., pre-reg. at 686-9290. \$11.

Aerial Yoga, adult classes, 11am-noon, Bounce Gymnastics & Circus Arts Center, 329 W. 3rd Ave., 343-4222. \$10 first class, \$15 drop-in.

Foursome Bridge for Seniors, noon-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Cribbage for Seniors, 12:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Bingo for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Yoga & Tae Kwon Do combo class, 4pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., info at 286-0000 or yoginimatrix@gmail.com. \$5 sug. don.

Yoga for Chronic Pain, 4:15-5:15pm, Willamette Medical Center, 2401 River Rd. \$10.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

Fusion Belly Dance w/Audralina, 6-7pm, TranZenDance Studio, 3887 Potter St. \$5-\$10.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pinball Tournament, 21+, 8pm, Blairally Vintage Arcade, 245 Blair Blvd., info at 335-9742.

Pool Hall continues. See Thursday, Oct. 10.

Beginners Evening Yoga continues. See Monday.

SOCIAL DANCE Cuban Suelta II: Individual Salsa Dancing, intermediate level, previous experience required, 7pm, The Reach Center, 2520 Harris St., info at heidi@weiskel.org. \$10.

SPIRITUAL A Course in Miracles Drop-in Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. Don.

Open Heart Meditation, noon, Unity of the Valley, 39th & Hilyard, info at 914-0431. FREE.

THURSDAY

OCTOBER 17
SUNRISE 7:31AM; SUNSET 6:25PM
AVG. HIGH 64; AVG. LOW 41

FARMERS MARKETS FOOD for Lane County Youth Farm Stand at Riverbend continues. See Thursday, Oct. 10.

FOOD/DRINK The Corner Market continues. See Thursday, Oct. 10.

GATHERINGS Pregnancy & Postpartum Mental Wellness Support Group, 10:30am, Charnelton Wellness Center, 1245 Charnelton St. #7. 1-800-896-0410. FREE.

Hearing Voices & Extreme States Support Group, 6pm, First United Methodist Church, 1376 Olive St., info at different-minds.us/eshv. FREE.

Board Game Night continues. See Thursday, Oct. 10.

Doc's Pad Drag Queen Bingo w/ Trai La Trash continues. See Thursday, Oct. 10.

Downtown Public Speakers Toastmasters Club continues. See Thursday, Oct. 10.

Eugene Metro Business Networking International continues. See Thursday, Oct. 10.

Group Acupuncture Clinic continues. See Thursday, Oct. 10.

McKenzie Milky Mamas continues. See Thursday, Oct. 10.

Trivia Night at Rogue Public House continues. See Thursday, Oct. 10.

Trivia Night at Sidebar continues. See Thursday, Oct. 10.

Trivia Night at Sixth Street Grill continues. See Thursday, Oct. 10.

KIDS/FAMILIES Wonderful Ones Storytime continues. See Thursday, Oct. 10.

LECTURES/CLASSES Trip Initiator Clinic, train to become a UO Outdoor Program trip initiator, 4-6:30pm, Outdoor Program Office, UO Campus. FREE.

Franchising 101, 6pm, downtown library. FREE.

Earthquake Preparedness & Response Training, 7-8:30pm, Hilyard Community Center, 2580 Hilyard St. FREE.

Science Pub, The Role of the Prefrontal Cortex, 7-9pm, Cozmic, 199 W. 8th Ave. FREE.

LITERARY ARTS Book Release Party, *The Best Film You've Never Seen*, Q & A w/author Robert Elder & screening of *A Man for All Seasons*, 7pm, Bijou Art Cinemas, 492 E. 13th Ave. FREE, tickets \$7.

ON THE AIR "Arts Journal" continues. See Thursday, Oct. 10.

"The Point" continues. See Thursday, Oct. 10.

OUTDOORS/RECREATION Aerial Yoga continues. See Thursday, Oct. 10.

Aqua Yoga continues. See Thursday, Oct. 10.

Contact Juggling continues. See Thursday, Oct. 10.

Drop-in Kayaking continues. See Thursday, Oct. 10.

Gentle Yoga continues. See Thursday, Oct. 10.

Hot Mamma's Club continues. See Thursday, Oct. 10.

