

Adult Children of Alcoholics Meeting, 7-8pm, Santa Clara Church of Christ, 175 Santa Clara Ave., Santa Clara.

Industrial Workers of the World Meeting, 7pm, New Day Bakery, 449 Blair Blvd., info at icono-clasmo.scott@gmail.com.

Oakridge Bingo, proceeds go to local organizations, 7pm, Big Mtn. Pizza, 47527 Hwy. 58, Oakridge. \$5/4 cards.

“What Do You Know?” Trivia Night, Tuesdays through Oct. 29, 7pm, White Horse Saloon, 4360 Main, Spfd., info at 744-1146. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

League of Women Voters of Lane County Meetings continue. See Monday.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, Little Notes Suzuki, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Kids: Louisiana Fiddlin', 1pm & 3pm, downtown library, info at 682-8316. FREE.

LECTURES/CLASSES Medicare Presentation, ages 50+, 1:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd., pre-reg at wkly.ws/1ak. FREE.

iPad for Beginners, 6pm, Sheldon Branch Library, 1566 Coburg Rd. FREE.

Stress Reduction Intro Class, 6:30-7:30pm, Northwest Center for Health Promotion, 90 E. 27th Ave. Ste A, info at 343-0536. FREE.

“Ferns from the Woods to the Rooftop,” uses of ferns in the garden, 7pm, Campbell Community Center, 155 High St. \$5, mem. FREE.

ON THE AIR “The Point,” 9-9:30am, KPOV 88.9FM.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Climate Warm-Up Walk, talk about global climate change & next year's cross-country march to inspire action, 8am, EWEB, 500 E. 4th Ave.

Pinochle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Tuesday Morning Regulars, 9am-noon, Hendricks Park Rhododendron Garden. FREE.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

OBRA Criterium, bike ride, 1k flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.



MICHAEL FRANTI PLAYS
MCDONALD THEATRE TUESDAY
(SEE MUSIC LISTINGS)

Prenatal Yoga, 5:30-6:45pm, Core Star Center, 439 W. 2nd Ave., 556-7144. \$10, \$48 for 6 classes, sliding scale.

Disciples of Dirt bike club women Tuesday night rides, helmets required, 6:30pm, various locations throughout the summer, info & locations at wkly.ws/1ke. FREE.

Pool Hall continues. See Thursday, Oct. 3.

SOCIAL DANCE Joy of Hula Community Dance, family friendly, 6:30pm, 1400 Lake Dr., info at 688-4052.

Beginning Samba Class, 6:45-7:45pm, Celebration Belly Dance & Yoga Studio, info at 255-9253. \$10.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$3, Willamalane Adult Activity Center, 215 W. C St., Spfd., 344-7591.

SPIRITUAL Foundations of Zen Practice Class, “Vow,” 7:45-9pm, Eugene Zendo, 2190 Garfield St., info at eugenezendo.org. FREE.

WEDNESDAY
OCTOBER 9
SUNRISE 7:21AM; SUNSET 6:38PM
AVG. HIGH 68; AVG. LOW 42

ARTS/CRAFTS Fiber Arts Circle: knitters, crocheters, designers, spinners, weavers, felters, bead-ers & needleworkers, 4-6pm, Harlequin Beads & Jewelry, 1027 Willamette St. FREE.

FILM Movie Group: *Show Boat*, 1pm, Willamalane Adult Activity Center, 215 W. C St., Spfd. FREE.

The Velvet Underground in Boston & Bufferin, Andy Warhol films, 7pm, Jordan Schnitzer Museum of Art, UO Campus. FREE.

FOOD/DRINK Sweetwater Farm Stand, fresh farm produce, products & recopes, 4-6pm, 1243 Rainbow Dr.

The Corner Market continues. See Thursday, Oct. 3.

GATHERINGS Fall Grief & Bereavement Support Group, 6-week series, 3-4:30pm, South Lane Mental Health, 1245 Birch Ave., Cottage Grove, info & pre-reg. at 767-4197. FREE.

Teen Gaming, weekly through Nov. 20, 3:30-5:30pm, Sheldon Branch Library, 1566 Coburg Rd., info at 682-8316. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Foreclosure Defense Meeting, 5-7pm, Growers' Market, 454 Willamette St., info at 844-8280. FREE.

ACLU Civil Conversation: The Right of Assembly in Public Places, 5:30-7pm, Agate Alley's Laboratory Restaurant, 2645 Willamette St. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 5:30-6:30pm, St. Thomas Episcopal Church, 1465 Coburg Rd., south entrance. FREE.

NAMI Connections Support Group for individuals w/mental

illness, 6pm, NAMI Office, 76 Centennial Loop, Ste A, 209.

Support Group for People Who Have Loved Ones w/Asperger's Syndrome, 6-7:30pm, Garden Way Retirement Community, 175 S. Garden Way, Spfd.

Pregnancy & Postpartum Mental Wellness Support Group, 6:30pm, McKenzie-Willamette Hospital, 1460 G St., Spfd. FREE.

Co-Dependents Anonymous, men-only 12-step meeting, 7-8pm, McKenzie-Willamette Hospital, 1460 G St., Spfd., east entrance, info at 913-9356. FREE.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main, Spfd.

Trivia Night at Supreme Bean, 7pm, 16 Tons Supreme Bean, 29th & Willamette. FREE.

Trivia Night, 7-9pm, The Cooler, 20 Centennial Loop. FREE.

Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, The Barn Light, 924 Willamette St. FREE.

League of Women Voters of Lane County Meetings continue. See Monday.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Sensory Storytime, for children w/sensory integration needs

w/caregivers, 1pm, downtown library, info at 682-8316. FREE.

LECTURES/CLASSES Class for women recently widowed or seeking information about divorce, noon-1pm, Community Mediation Services, 93 Van Buren St., info at 2ndsaturday-eugene.org or 239-3504. \$25/4 classes.

Medicare Presentation, ages 50+, 1:30-3pm, Campbell Community Center, 155 High St., pre-reg. at wkly.ws/1ak. FREE.

“Making Fermented, Live & Cultured Foods,” 7-9pm, Stellaria Bldg., 150 Shelton-McMurphey Blvd., 357-7505. \$20-\$30 sug. don.

ON THE AIR “The Point,” 9-9:30am, KPOV 88.9AM.

OUTDOORS/RECREATION Chess for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Bike Riding for Seniors, weekly in-town rides, helmets required, 9:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Tai Chi for Balance 1 & 2, 9:45am & 11am, River Road Annex, 1055 River Rd. \$4.

Accessible Acquatics, swimming classes for individuals with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Aqua Nia, 10-11am, Tamarack Wellness Center, 3575 Donald St., pre-reg. at 686-9290. \$11.

Foursome Bridge for Seniors, noon-3:30pm, Campbell Com-

munity Center, 155 High St. \$0.25.

Cribbage for Seniors, 12:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Bingo for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Yoga & Tae Kwon Do combo class, 4pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., info at 286-0000 or yoginimatrix@gmail.com. \$5 sug. don.

Yoga for Chronic Pain, 4:15-5:15pm, Willamette Medical Center, 2401 River Rd. \$10.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

Fusion Belly Dance w/Audralina, 6-7pm, TranZenDance Studio, 3887 Potter St. \$5-\$10.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 drop-in, \$80 for 10 class punchcard. First class FREE.

Pinball Tournament, 21+, 8pm, Blairally Vintage Arcade, 245 Blair Blvd., info at 335-9742.

Pool Hall continues. See Thursday, Oct. 3.

Beginners Evening Yoga continues. See Monday.

SOCIAL DANCE Cajun/Zydeco Dance, 6:30-9pm, New Day Bakery, 449 Blair Blvd. \$3 sug. don.

Cuban Suelta II: Individual Salsa Dancing, intermediate level, previous experience required, 7pm, The Reach Center, 2520 Harris St., info at heidi@weiskel.org. \$10.

SPIRITUAL A Course in Miracles Drop-in Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. FREE.

Open Heart Meditation, noon, Unity of the Valley, 39th & Hilyard, info at 914-0431. FREE.

THEATER Very Little Theatre Backstage Tour, 12:15-1pm, The Very Little Theatre front lobby, 2350 Hilyard St. FREE.

THURSDAY
OCTOBER 10
SUNRISE 7:22AM; SUNSET 6:37PM
AVG. HIGH 67; AVG. LOW 42

FARMERS MARKETS FOOD for Lane County Youth Farm Stand at Riverbend continues. See Thursday, Oct. 3.

FILM Willamette Valley Sustainable Foods Alliance Screening: *Ingredients*, 5:30-9pm, Sprout!, 401 A St., Spfd. \$5 sug. don.

FOOD/DRINK The Corner Market continues. See Thursday, Oct. 3.



HOCKEY IS BACK

Friday, October 4 @ 7:35p
The Rink Exchange • 796 West 13th Avenue

Generals
vs.
Tri-Cities Outlaws

Get tickets at EugeneGenerals.com or 541-359-4154