

FREE film screenings for Public Power Week

5:30 to 7:30 p.m.
EWEB North Building, 500 E. 4th Ave.

The Eugene Water & Electric Board will host two FREE documentary film screenings to provide customers with different perspectives on water and electric issues.



Tuesday, Oct. 8
"What will it really take, to transition from oil and coal, to the energies of tomorrow?"



Thursday, Oct. 10
"An unflinching examination of the big business of bottled water..."

Door prizes, popcorn and beverages offered!
For more information: eweb.org/events

Rely on us.



CALENDAR



RACE FOR THE CURE TAKES OFF SUNDAY

Rocktoberfest, indoor wall climbing & giveaways, all ages & ability levels, 3-6pm, Willamalane Center, 250 S. 32nd St., Spfd. FREE.

Foosball League, free play 4-6pm & 8pm-midnight, league 6-8pm, The Barn Light, 924 Willamette St., info at thebarnlight@gmail.com. FREE.

Yoga by Donation, mixed levels, 6-7:15pm, Eugene Yoga, 3575 Donald St., eugeneyoga.us. Don.

SOCIAL DANCE Music & Dance workshops w/Taller de Son Jarocho, 3-5pm, WCC, Clark & N. Jackson St. FREE.

Tango Milonga, 3-5pm lessons, \$12; 5-7pm dance, \$5, Reach Center, 2520 Harris St.

Cuban Salsa, 5pm lesson, 6pm social dance, Courtsports, 2728 Pheasant Blvd., Spfd., see eugenecasineros.com for info. \$2 sug. don.

La Milonguita, Argentine Tango Social Dance, no partner necessary, 5-7pm, Reach Center, 2520 Harris St. \$5 dance, watch for FREE.

Veselo Folk Dancers, weekly international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 683-3376. \$3.

SPIRITUAL Yoga Attunement w/ Dave Curtis, all levels, 6:45-8am, Saraha Nyingma, 447 E. 40th Ave., info at yogawithdave.com or 515-3614. \$10 pre-reg., \$12 door.

Buddha Amitabha Tsog Offering, no peanuts, meat or alcohol for offering, 9am-5pm w/lunch break at noon, Saraha Buddhist Institute, 477 E. 40th Ave. \$45 sug. don.

Torah Trek Hike, Alsea Falls, 2pm, Temple Beth Israel, 1175 E. 29th Ave. FREE.

Pre-Natal Yoga with Simrat, 3-4:30pm, Yoga West Eugene, 3635 Hilyard St., info at 343-7825. \$8.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTD, 4065 W. 11th Ave. #43, info at cophnia-oto.org.

THEATER August: Osage County continues. See Thursday, Oct. 3.

MONDAY

OCTOBER 7
SUNRISE 7:18AM; SUNSET 6:42PM
AVG. HIGH 69; AVG. LOW 43

BENEFITS "Supporting Recovery from Psychosis," Ron Coleman, benefit seminar for David Oaks, 9am-4:30pm, Lane County Behavioral Health, 2411 Martin Luther King Blvd., reg. at wkly.ws/1kf. \$99.

FILM Movie Night, 9pm, The City, 2222 MLK Jr. Blvd. FREE.

GATHERINGS League of Women Voters of Lane County Meetings, agriculture discussion, contact charlie@efn.org for times & locations. FREE.

Eugene Lunch Bunch Toastmasters, learn public speaking in a friendly atmosphere, noon, Room 316, 101 W. 10th Ave., info at 341-1690.

Labor Day Picnic hosted by Lane County Central Labor Council, bring a side dish, noon-4pm, John Lively Picnic Shelters, behind SPLASH, 6100 Thurston Rd., Spfd.

Tween Scene, crafts, games & snacks, ages 9-13, 3:30-4:30pm, Springfield Public Library. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Evolve-Talk-Listen! A facilitated weekly salon for meaningful sharing, practice "compassionate nonviolent communication" to resolve difficult situations, 7-9pm, info & location at 484-7366. \$7-\$20 don.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9FM.

OUTDOORS/RECREATION Obsidians: Backpack Lost Coast, 25 miles, sign up obsidians.org.

Vinyasa Flow Yoga, 9-10:30am, Studio 508, 508 Blair Blvd. \$6-\$10.

Flowing Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. \$5, scholarships available.

Qigong for Health, 4:30pm, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Disciples of Dirt social group ride to Baldy & back up Ridgeline, meet 6pm, headwaters of Ridgeline trail off Martin St., info at wkly.ws/1kd.

Beginners Evening Yoga, 6:30pm today & Wednesday, Willamalane Adult Center, 215 W. C St., Spfd. \$4.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-in, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Oct. 3.

Pinocle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318. \$0.25.

Beyond Basics & Advanced Beyond Basics, 7-8pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPIRITUAL Vajrasattva Teaching, 9am-noon, Saraha Buddhist Institute, 477 E. 40th Ave. \$25 sug. don.

Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. Don.

TUESDAY

OCTOBER 8
SUNRISE 7:19AM; SUNSET 6:40PM
AVG. HIGH 68; AVG. LOW 42

ARTS/RAFTS Beading Circle, 3-6pm, Harlequin Beads & Jewelry, 1027 Willamette St. FREE.

FILM "History in Context" Documentary Series Pt. 3: War and Resilience, Part 1, 7pm, Unitarian Universalist Church of Eugene, 1685 W. 13th Ave. FREE.

Teen Picks: Sherlock Holmes movie, pizza & snacks, 5-7pm, Springfield Public Library, info at 726-2235. FREE.

FOOD/DRINK New Beer Release: Existential, 6pm, Oakshire Public House, 207 Madison St., info at 654-5520.

Pig Roast, various music artists outside, 6pm, Agate Alley Laboratory, 26th & Willamette St. FREE.

The Corner Market continues. See Thursday, Oct. 3.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Original Pancake House, 782 E. Broadway, call 343-3743 for info. FREE.

Parkinson's Disease Support Group, 10:30am-noon, Campbell Community Center, 155 High St., info at 345-2988. FREE.

NAMI Connections, peer support group for people living with mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE.

WACAC, a new adult chorus, 5:30-7pm, The Shedd, info & reg. at 687-6526.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Oakleigh Meadow CoHousing Orientation, 6-8pm, Oakleigh Meadow CoHousing, info at oakleighmeadow.org. FREE.

Shuffleboard & Foosball tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45 pm, Northwest Community Credit Union, 3660 Gateway St., info at toddk.pe@gmail.com. FREE.



ELEVATION A BACKCOUNTRY FILM

PART SKI FLICK, PART DOCUMENTARY AND FULL ON PROPAGANDA PIECE PROMOTING THE JOYS AND WONDER OF EXPLORING ON SKIS AND SPLIT-BOARD



FRIDAY OCTOBER 11TH AT BACKCOUNTRY GEAR

DOORS 6PM / SHOW 7:30PM / ADMISSION \$10
BACKCOUNTRYGEAR.COM / 1855 W 2ND AVE EUGENE



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