



The Magical Moombah, The Shlubby Submarine, 10am & 1pm, The Shedd, 868 High St., info & tix at theshedd.org. \$5.

Family Music Time, Samuel Becerra, 10:15am, downtown library, info at 682-8316. FREE.

Parent & Baby Yoga, 11:45am-12:45pm, Just Breathe, 2868 Willamette St. #200, 852-6866. \$8-\$11.

Saturday Stories & Songs, "Going on a Bear Hunt," 1pm, Springfield Public Library. FREE.

Dog Tale Time, read to dogs, 2-3:30pm, downtown library, pre-reg. at 682-8316. FREE.

Family Sailing, ages 8 & up, no experience required, bring dinner, 5-9pm, Richardson Park Marina, Fern Ridge Reservoir, 682-5329. \$30 per person.

LECTURES/CLASSES "Balancing Energy & the Environment," UO School of Law symposium, 8:30am, Knight Law Center, UO Campus.

Joy, Sleep, Exercise & Diet, integrative healthcare, 16+, 10am-1pm today & Saturday, Oct. 11, Science Factory, 2300 Leo Harris Pkwy. \$10 for both sessions.

"QPR for Suicide Prevention," 2pm, downtown library. FREE.

LITERARY ARTS Poetry Reading, Jennifer Boyden, Charles Goodrich & Rodger Moody, 5pm, Tsunami Books, 2585 Willamette St. FREE.

ON THE AIR Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

Ducks Football Game at Colorado, 3pm, KZEL, 96.1FM & PAC-12 Networks.

The De'AmPy Soul Hama Show, 10pm, Comcast channel 29.

OUTDOORS/RECREATION Obsidians: Climb The Twins, 6.6 miles; Indigo Lake, 5 miles, sign up obsidians.org.

Waldo Lake Drive & Hike, designed for persons w/disabilities, 18+, 9am-5pm, Hilgard Community Center, 2580 Hilgard St., info at 682-5311. \$25.

Prenatal Yoga, 10-11:30am, Just Breathe, 2868 Willamette St. #200, 852-6866. \$8-\$11.

Prenatal Yoga, 11:30am-12:45pm, Eugene Yoga, 3575 Donald St.

Urban Weed Identification Walk, 11:30am-12:30pm, GrassRoots Garden, 1465 Coburg Rd. FREE.

Women's Self Protection Classes, 12:30-1:30pm, Leung's Tai Chi & Kung Fu Academy, 1331

W. 7th Ave., info at 654-1162. Sliding scale.

SOCIAL DANCE All-Levels African Dance w/Alseny, 11am-12:30pm, WOW Hall. \$12, \$10 stu.

Cuban Salsa Dancing w/Intro Lesson, 9pm, Veteran's Club, 1626 Willamette St., info at meetup.com/cubansalsa. \$6.

SPIRITUAL Torah Trek & Making Prayer Real w/Rabbi Mike Comins, Torah study, potluck & hike, 9am-3pm, Temple Beth Israel, 1175 E. 29th Ave., info at tbieugene.org. FREE.

Consciousness guide to spiritual enlightenment, 10am & 11:30am, Eugene Wellness Center, 1551 Oak St., info & pre-reg. at 344-8912. FREE.

Community Kirtan, spiritual singing, 7-9pm, Freedom Yoga, 1633 Willamette St. \$1 sug. don.

THEATER August: *Osage County* continues. See Thursday, Oct. 3.

God of Carnage continues. See Friday.

The New Honky Tonk continues. See Thursday, Oct. 3.

Monty Python's *Spamalot* continues. See Friday.

Young Frankenstein continues. See Friday.

VOLUNTEER Great Willamette River Clean Up, 8:30am check-in, 2pm celebration, Alton Baker Park; UO Outdoor Program River Clean Up, 7am, Outdoor Program Barn, UO Campus. FREE.

SUNDAY

OCTOBER 6
SUNRISE 7:17AM; SUNSET 6:44PM
AVG. HIGH 69; AVG. LOW 43

BENEFITS Race for the Cure, 6:30am reg., 7-11:30am Survivor City, 7:30am timed 8k run,

7:40am timed 5k run, 9:30am untimed 5k & walk, Autzen Stadium. Don.

CROP Hunger Walk, funding for Food for Lane County & Church World Service, reg. at 1pm, walk at 2pm, Alton Baker Park, info at cropwalkonline.org. Don.

Give a Hut Fundraiser, food & live music, 3-7pm, Cornbread Cafe, 1290 W. 7th Ave. \$10, \$5 kids.

Food HubHub Variety Show & Fundraiser, 5:30pm, Axe & Fiddle, 657 E. Main, Cottage Grove, info at coastforkbc@gmail.com. \$5-\$50 sug. don.

Umgami Wami Fundraiser, barbeque & silent auction, The Village School, 2855 Lincoln St., 4-7pm, \$15-\$25 sug. don.

DANCE *Peter Pan* continues. See Saturday.

FARMERS MARKETS New Day Bakery Farmers Market, 11am-3pm, New Day Bakery, 449 Blair Blvd.

FILM Satsang w/Mooji: *You're Here, That's It!*, 11am, Center for Sacred Sciences, 5440 Saratoga St. FREE.

Spiritual Film Series: *The Happy Movie*, 5pm, Fern Ridge Public Library, 88026 Territorial Rd., Veneta. FREE.

FOOD/DRINK Hop Farm Ales & Seasonal Farm Menu, noon-dusk, Agrarian Ales, 31115 W. Crossroads Ln.

Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd.

Sweet 'N' Savory Sunday: Sweet & Savory Crepes & Wine, noon-4pm, Saginaw Vineyard, info at (503)-679-0579.

Wine Tasting, Noble Fall Sundays, noon-5pm, Noble Estate Vineyard & Winery, 29210 Gimpl Hill Rd., info at 338-3007 or nobleestatewinery.com.

The Awesome Food Goddess, Chrissy's Festival of Wonder & Delight, 2-4pm, Park Blocks, 8th & Oak. FREE.

GATHERINGS Rainbow Family Potluck Picnic, bring food to share, 2-6pm, Alton Baker Park. FREE.

ASL Sign Language Chat D/deaf Eyes & Hands, 6-9pm, Top City Frozen Yogurt Cafe, 1665 W. 18th Ave.

Analog Sunday Record Listening Party w/House of Records, 7pm, The Barn Light, 924 Willamette St.

Poker Tournament, 9pm, Goodfellas, 117 S. 14th St., Spfd.

Eugenius Indoor Market continues. See Friday.

HEALTH Occupy Eugene Medical Clinic, noon-4pm, Park Blocks, 8th & Oak. FREE.

KIDS/FAMILIES Dig It! Fall Family Day, crafts and hands-on activities, 11am-3pm, Museum of Natural & Cultural History, UO Campus. \$5 per family.

Family Fun: The Deep Woods Show, puppets, songs & storytelling, 2:30pm, downtown library. FREE.

LECTURES/CLASSES Master Class w/Saxophonist Kenneth Tse, 1:30pm, Beall Concert Hall, UO Campus. FREE.

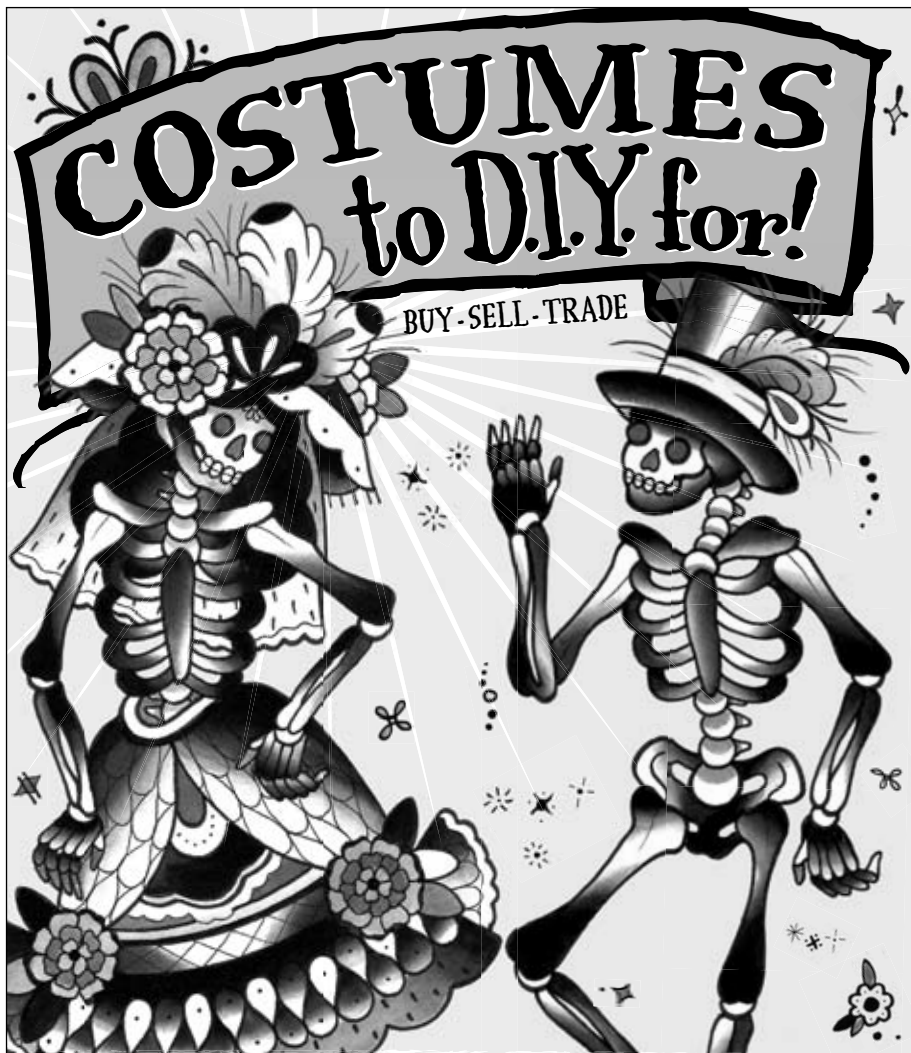
eBooks for Kindle, borrow free eBooks, 5:30pm, downtown library, 682-8316. FREE.

ON THE AIR "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

Sentinel Radio broadcast, 7am, KPNW 1120AM.

OUTDOORS/RECREATION Obsidians: Yoran & Lils Lake Loop, 12 miles, sign up obsidians.org.

Prenatal Yoga, 3-4:30pm, Yoga West Eugene, info at 337-8769. \$8 drop-in, \$7 stu.



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