

Sweet 'N' Savory Sunday: Sweet & Savory Crepes & Wine, noon-4pm, Saginaw Vineyard, info at (503)-679-0579.

The Awesome Food Goddess, Chrissy's Festival of Wonder & Delight, 2-4pm, Park Blocks, 8th & Oak St. FREE.

GATHERINGS Fundraising sale featuring new & used household & kitchen items, home décor, clothing, jewelry, books, movies, toys & more, 10am-5pm, S.A.R.A.'s Treasures, 871 River Rd., info at sarastreasures.org.

Open House Celebration, 11am-3pm, I Run With Scissors salon, 1849 Oak St. FREE.

"Thrill the World Eugene" practice, learn to dance to Michael Jackson while wearing a zombie costume, noon-2pm, Downtown Athletic Club, 999 Willamette St., info at 521-0630 or 913-6637. FREE.

Pregnancy & post-partum wellness support group, WellMama, 7pm, Charnelton Wellness Center, 1245 Charnelton St. #7, info at 800-896-0410. FREE.

Poker Tournament, 9pm, Goodfellas, 117 South 14th St., Spfd.

Cabela's Fall Great Outdoor Days continues. See Saturday.

Chainsaw Art Festival continues. See Friday.

Create! Eugene continues. See Thursday, Aug. 15.

Eugenius Indoor Market continues. See Friday.

HEALTH Occupy Eugene Medical Clinic, noon-4pm, Park Blocks, 8th & Oak. FREE.

KIDS/FAMILIES Pokemon League, 1pm, Cozmic. FREE.

LECTURES/CLASSES iPad for Beginners, 2:30pm, downtown library, info at 682-5450. FREE.

ON THE AIR Sentinel Radio

broadcast, 7am, KPNW 1120AM.

OUTDOORS/RECREATION Obsidians: hike Black Crater, 7.4 miles; climb Mt. Washington, 10.5 miles, sign up obsidians.org.

Prenatal Yoga, 3-4:30pm, Yoga West Eugene, info at 337-8769. \$8 drop-in, \$7 stu.

Foosball League, free play 4-6pm & 8pm-midnight, league 6-8pm, The Barn Light, 924 Willamette St., info at thebarnlight@gmail.com FREE.

Yoga by Donation, mixed levels, 6-7:15pm, Eugene Yoga, 3575 Donald St., eugeneyoga.us. Donat.

SOCIAL DANCE Music & Dance workshops w/Taller de Son Jarocho, 3-5pm, WCC, Clark & N. Jackson St. FREE.

Tango Milonga, 3-5pm lessons, \$12; 5-7pm dance, \$5, Reach Center, 2520 Harris St.

Cuban Salsa, 5pm lesson, 6pm social dance, Courtsports, 2728 Pheasant Blvd., Spfd., see www.eugenecasineros.com for info. \$2 sug. don.

La Milonguita, Argentine Tango Social Dance, no partner necessary, 5-7pm, Reach Center, 2520 Harris St. \$5 dance, watch for FREE.

Veselo Folk Dancers, weekly international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 683-3376. \$3.

SPIRITUAL Yoga Attunement w/ Dave Curtis, all levels, 6:45-8am, Saraha Nyingma, 447 E. 40th Ave., info at yogawithdave.com or 515-3614. \$10 pre-reg., \$12 door.

Pre-Natal Yoga with Simrat, 3-4:30pm, Yoga West Eugene, 3635 Hilyard St., info at 343-7825, \$8.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTD, 4065 W.



REBELUTION PLAYS CUTHBERT ON FRIDAY (SEE MUSIC LISTINGS)

11th Ave. #43, info at cophnia-oto.org.

THEATER *Julius Caesar* continues. See Saturday.

My Father's Dragon continues. See Thursday, Aug. 15

The New Honky Tonk continues. See Friday.

Pump Boys & Dinettes continues. See Friday.

VOLUNTEER Volunteers Needed, Blanton Ridge Trailhead, 9am-

noon, Blanton Ridge, 682-4850. FREE.

MONDAY

AUGUST 19
SUNRISE 6:21AM; SUNSET 8:10PM
AVG. HIGH 83; AVG. LOW 51

ARTS/CRAFTS Plain Air Paint Out continues. See Thursday, Aug. 15.

FILM Movie Night, 9pm, The City. FREE.

GATHERINGS Eugene Lunch Bunch Toastmasters, learn public speaking in a friendly atmosphere, noon, Room 316, 101 W. 10th Ave., info at 341-1690.

Honoring Ancient Traditions: experience a natural awareness shift to meet a personal guide to rhythmic drumming, 6pm, info & location at 632-0321. Donat.

McKenzie Flyfishers Monthly Meeting, 6pm social hour, 6:30pm dinner, Maple Room, Boulevard Grill, 2123 Franklin Blvd., info at mckenzieflyfishers.org.

Board Game Night, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com FREE.

Eugene Peace Choir rehearsal, 7-9pm, First Congregational Church, 1050 E. 23rd Ave., info at 302-6418.

Evolve-Talk-Listen! A facilitated weekly salon for meaningful sharing, practice "compassionate nonviolent communication" to resolve difficult situations, 7-9pm, info & location at 484-7366. \$7-\$20 donat.

Humble Beagle Pub Trivia Night w/host Elliot Martinez, 7pm, Humble Beagle Pub, 2435 Hilyard St. FREE.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

Create! Eugene continues. See Thursday, Aug. 15.

LECTURES/CLASSES Make the High Holy Days Come Alive: discover secrets on how to relate to these days in a meaningful way w/Shmuel Shalom Cohen, 6pm, info & sign up at conscioustorah.com & 514-2571. \$20/workshop.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9fm.

OUTDOORS/RECREATION Vinyasa Flow Yoga, 9-10:15pm, Studio 508, 508 Blair Blvd., info at studiofiveoight.wordpress.com. \$6-\$10.

Flowing Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. \$5, scholarships available.

Disciples of Dirt social group ride to Baldy & back up Ridgeline, meet 6pm, headwaters of Ridgeline trail off Martin St., info at disciplesofdirt.org/forum/monday-night-ridgeline-rides.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Aug. 15.

Pinochle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318, \$0.25.

Beyond Basics & Advanced Beyond Basics, 7-8pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPIRITUAL Make the High Holy Days Come Alive: discover

BEST HANGOVER BREAKFAST

9 STRAIGHT YEARS!

2004 • 2005 • 2006 • 2007 • 2008
2009 • 2010 • 2011 • 2012

Brails

RESTAURANT & ESPRESSO

BREAKFAST ALL DAY

7am - 3pm
Everyday

1689 Willamette
343-1542

see our full menu on facebook

BEST OF EUGENE 2012-2013

• GLOBAL AWARENESS • PROJECT-CENTERED CURRICULUM •

• PEACE EDUCATION • ANTI-BIAS ATTITUDES •

• CARING, FRIENDLY KID CULTURE •

Drinking Gourd

ELEMENTARY SCHOOL

Introduction Tours
Classes of 12-15 students
Spaces Available grades K-4.
Call 689-5255 to arrange a tour

Individualized Instruction
Tuition: \$550-\$950/mo. on a Sliding Scale

689-5255 • dgschool.org
2809 Shirley St., Eugene
(off River Road and Irving)

• SPANISH • MUSIC • DRAMA • TECHNOLOGY • ADV. PLACEMENT •

DONALD DEXTER JR DMD LLC

DENTISTRY

"The first wealth is health."
-Ralph Waldo Emerson

Invest in your health, the returns are abundant.

2233 WILLAMETTE ST, BLDG B • 541-485-6644
www.drddexter.com

Lane

Community College

ACHIEVING DREAMS

Massage Therapy Program

is now accepting NEW STUDENTS

Come to the informational meeting at
Lane Community College's new Downtown Campus,
101 W. 10th St. Eugene, on
Monday, August 19, 2013
from 6-8 pm in Room 221.

For more information please call 541-463-6100