



SHANI PLAYS SATURDAY MARKET & APPEARS ON KLCC'S SATURDAY CAFE THIS WEEK

Prenatal Yoga, 3-4:30pm, Yoga West Eugene, info at 337-8769. \$8 drop-in, \$7 stu.

Foosball League, free play 4-6pm & 8pm-midnight, league 6-8pm, The Barn Light, 924 Willamette St., info at thebarnlight@gmail.com FREE.

Yoga by Donation, mixed levels, 6-7:15pm, Eugene Yoga, 3575 Donald St., eugeneyoga.us. Donat.

SOCIAL DANCE Sunday Jam: Dancin' in the Park, 2-6pm, Sladden Park, N. Adams & Cheshire. FREE.

Tango Milonga, 3-5pm lessons, \$12; 5-7pm dance, \$5, Reach Center, 2520 Harris St.

Cuban Salsa, 5pm lesson, 6pm social dance, Courtsports, 2728 Pheasant Blvd., Spfd., see www.eugenecasineros.com for info. \$2 sug. don.

La Milonguita, Argentine Tango Social Dance, no partner necessary, 5-7pm, Reach Center, 2520 Harris St. \$5 dance, watch for FREE.

USA Dance: Ballroom dancing, 6pm beginning cha-cha lesson,

7pm open dance, Veterans' Memorial Club, 1626 Willamette St. 2nd floor. \$8, \$5 mem., stu.

Veselo Folk Dancers, weekly international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 683-3376. \$3.

SPIRITUAL Yoga Attunement w/ Dave Curtis, all levels, 6:45-8am, Saraha Nyingma, 447 E. 40th Ave., info at yogawithdave.com or 515-3614. \$10 pre-reg., \$12 door.

"Movement Awareness: A Template for Emotional Healing,

noon-2pm, Cascade Center for Spiritual Living, 205 Dorris St., Spfd., info & pre-reg. at 747-3887 or stanarsp@efn.org.

Pre-Natal Yoga with Simrat, 3-4:30pm, Yoga West Eugene, 3635 Hilyard St., info at 343-7825, \$8.

Make the High Holy Days Come Alive: discover secrets on how to relate to these days in a meaningful way w/Shmuel Shalom Cohen, 6pm, info & sign up at conscioustorah.com & 514-2571. \$20/workshop.

Interfaith Prayer Service, 6:45-8pm, First Christian Church, 1166 Oak St. Donat.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTD, 4065 W. 11th Ave. #43, info at cophnia-oto.org.

Lipz Dances Pride Celebration: Undie Sunday, a gender & sexuality-inclusive night to shimmy in your skivvies, 8pm-midnight, Downtown Lounge. \$3.

THEATER *Julius Caesar* continues. See Saturday.

My Father's Dragon continues. See Thursday, Aug. 8

The New Honky Tonk continues. See Friday.

Pump Boys & Dinettes continues. See Friday.

Inquiry Group for the work of Byron Katie, identify & investigate stressful thoughts, 6:30pm, info & location at 686-3223. FREE.

Board Game Night, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com FREE.

Depression Bipolar Support Alliance, peer support group for people w/depression or bipolar illness, 7-8:30pm, First United Methodist Church, 1376 Olive St.

Diabetes Support Group, 7-9pm, Sacred Heart Medical Center at RiverBend, 3333 RiverBend Dr., Spfd.

Evolve-Talk-Listen! A facilitated weekly salon for meaningful sharing, practice "compassionate nonviolent communication" to resolve difficult situations, 7-9pm, info & location at 484-7366. \$7-\$20 donat.

Humble Beagle Pub Trivia Night w/host Elliot Martinez, 7pm, Humble Beagle Pub, 2435 Hilyard St. FREE.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

Create! Eugene continues. See Thursday, Aug. 8.

LECTURES/CLASSES eBooks for Nook, 5:30pm, downtown library, info at 682-5450. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9fm.

OUTDOORS/RECREATION Flowing Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. \$5, scholarships available.

Disciples of Dirt social group ride to Baldy & back up Ridgeline, meet 6pm, headwaters of Ridgeline trail off Martin St., info at disciplesofdirt.org/forum/monday-night-ridgeline-rides.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Aug. 8.

Pinocle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318, \$0.25.

Beyond Basics & Advanced Beyond Basics, 7-8pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPIRITUAL Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. Donat.

TUESDAY

AUGUST 13
SUNRISE 6:14AM; SUNSET 8:19PM
AVG. HIGH 83; AVG. LOW 51

ARTS/RAFTS Beading Circle, 3-6pm, Harlequin Beads & Jewelry, 1027 Willamette St. FREE.

FILM Teen Picks: Movies & Summer Reading kick-off, 5-7pm, Springfield Library, 225 5th St., Spfd.

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