

## THE WOMEN ARE RISING UP



Anna Brenneman, Sales & Service



Chris Norton, Store Manager



Ardas Khalsa, Office Manager



Virginia Xing, Co-owner

# Bicycle Way of Life

2480 Alder St. | 556 Charnelton | 3870 W. 11th Av.



## CALENDAR



FREE SHAKESPEARE IN THE PARK'S PRODUCTION OF JULIUS CAESAR OPENS SATURDAY AT AMAZON PARK

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James Van Praagh, psychic medium, 8pm, McDonald Theatre. \$55-\$65.

Create! Eugene continues. See Thursday, Aug. 1.

Eugenius Indoor Market continues. See Friday.

Oakridge Ukulele Festival continues. See Friday.

Olive Grand's Grand Opening Celebration continues. See Friday.

**KIDS/FAMILIES** Nearby Nature Quest: Creepy Crawly Safari, 10am-noon, Alton Baker Park. \$2, \$5 family, mem. FREE.

Play Group for ages 2-4, 10am-noon Saturdays through Aug. 17, Petersen Barn Community Center, 870 Berntzen Rd. \$2/child.

Family Music Time, 10:15am, downtown library, info at 682-8316. FREE.

Cuentos y Canciones: Stories & Songs in Spanish, 11:15am, Bethel Branch Library, 1990 Echo Hollow Rd., info at 682-8316. FREE.

Parent & Baby Yoga, 11:45am-12:45pm, Just Breathe, 2868 Willamette St. #200, 852-6866. \$8-\$11.

**LECTURES/CLASSES** Store & Share Digital Photos, 10am, downtown library, info at 682-5450. FREE.

"Jordan Schnitzer Museum of Art: A History," 3pm, downtown library, info at 682-5450. FREE.

**ON THE AIR** Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

The De'Amby Soul Hama Show, 10pm, Comcast Channel 29.

"The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

**OUTDOORS/RECREATION** 15th Annual Blackberry bRamble,

community bicycle event, early reg. available, 100 mile, 62 mile, 40 mile options, music, skateboard contest, jugglers, beer/wine garden & more, dinner, speaker & movie today, ride & celebration tomorrow, Hilyard Community Center, 2580 Hilyard St., www.eugenegears.org/bramble/

Cascade Cream Puff Mountain Bike Race, today & tomorrow, Oakridge/Westfir, www.cascadecreampuff.com

Obsidians: climb Three Fingered Jack, 11 miles, sign up obsidians.org

Public Hike at Elliott State Forest, meet 8:30am, Growers Market, 4th & Willamette St. FREE.

First Saturday Park Walk, all ages, 9-11am, Willow Creek Nature Reserve.

Invasive Species Walk, 10am-noon, Mt. Pisgah Arboretum Visitor Center, 34910 Frank Parrish Rd., info at 747-3817. \$5 donat, mem. FREE.

Prenatal Yoga, 10-11:30am, Just Breathe, 2868 Willamette St. #200, 852-6866. \$8-\$11.

Prenatal Yoga, 11:30am-12:45pm, Eugene Yoga, 3575 Donald St.

Urban Weed Identification Walk, 11:30am-12:30pm, GrassRoots Garden, 1465 Coburg Rd. FREE.

Women's Self Protection Classes, 12:30-1:30pm, Leung's Tai Chi & Kung Fu Academy, 1331 W. 7th, info at 654-1162. Sliding scale.

Eugene Astronomical Society annual Dark-Sky Star Party, weather permitting, dusk, Dexter State Park, info at eugeneastro.org.

**SOCIAL DANCE** All-Levels African Dance w/Alseny, 11am-12:30pm, WOW Hall. \$12, \$10 stu.

Cuban Salsa Dancing w/intro lesson, 9pm, upstairs at the Vet's Club, 1626 Willamette St., info at meetup.com/cubansalsa. \$6.

**SPIRITUAL** Buddhist Seminar: Living & Liberating on the Buddha's Path by Orgyan Chawang Rinpoche, 10am-4pm today & tomorrow, Saraha Nyingma Buddhist Temple, 477 E. 40th Ave., info at 359-3588. \$37 sug. donat.

Consciousness guide to spiritual enlightenment, 10am & 11:30am, Eugene Wellness Center, 1551 Oak St., info & pre-reg. at 344-8912. FREE.

**THEATER** Shakespeare in the Park: *Julius Caesar*, 6pm Saturdays & Sundays through Aug. 25, Amazon Community Park, 2700 Hilyard St., info at 682-5373. FREE.

*The Cripple of Inishmaan* continues. See Thursday, Aug. 1.

*Les Miserables* continues. See Friday.

*The Great White Way: A Tribute to Broadway* continues. See Friday.

**VOLUNTEER** Civic Stadium Work Party, bring gloves, hand tools & water, 10am-noon, Civic Stadium.

## SUNDAY

AUGUST 4  
SUNRISE 6:04AM; SUNSET 8:32PM  
AVG. HIGH 84; AVG. LOW 52

**BENEFITS** A Sacred Day at Stillpoint continues. See Saturday.

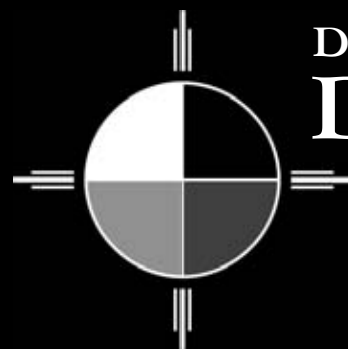
**FARMERS MARKETS** Fairmount Farmers Market, 10am-2pm Sundays through September, Sun Automotive Parking Lot, 19th & Agate St.

New Day Bakery Farmers' Market, 11am-3pm, New Day Bakery, 449 Blair Blvd.

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