

WHAT'S HAPPENING

THURSDAY

AUGUST 1

SUNRISE 6:01AM; SUNSET 8:36PM
AVG. HIGH 84; AVG. LOW 52

FARMERS MARKETS Lane County Farmers Market, 10am-2pm Thursdays through Sept. 26, Fifth St. Public Market.

FOOD for Lane County Youth Farm Stand at Riverbend, 2-6pm, Sacred Heart Medical Center's Riverbend Campus, 3333 Riverbend Dr., Spfd., food-for-lanecounty.org. FREE.

FOOD/DRINK The Corner Market, noon-6pm today, tomorrow, Tuesday, Wednesday & Thursday, Aug. 8, 295 River Rd., 513-4527.

Wine tasting, 5-7pm, Supreme Bean Coffee Co., 2864 Willamette St. FREE.

GATHERINGS Create! Eugene, a month-long celebration of the arts in Eugene & surrounding communities: workshops, exhibits, & performances in all fields of art, many visual & dance events, today through Aug. 31, info at www.createeugene.org

Group Acupuncture Clinic, 10am orientation, 10-11:30am clinic,

Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. \$10, scholarships available.

Eugene Metro Business Networking International, 11:30am, Downtown Athletic Club, 999 Willamette St., <http://wkly.ws/159> \$12 lunch.

Downtown Public Speakers Toastmasters Club, drop-ins welcome noon-1:05pm, Les Lyle Conference Rm, Fourth floor Wells Fargo Bldg., 99 E. Broadway Ave., info at 485-1182. FREE.

InStove Public Tour, 5:30pm, InStove, 79099 Hwy. 99, Cottage Grove, info & RSVP at 942-9519 or instove.org. FREE.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Hearing Voices & Extreme States Support Group, 6pm, 1257 High St., upstairs, info at differentminds.us/eshv/ FREE.

Town Hall on the recently adjourned Legislative Session w/Senator Chris Edwards, House Majority Leader Val Hoyle, & Rep. Nancy Nathanson, 6-7:30pm, Prairie Mountain School, 5305 Royal Ave. FREE.

Trivia Night, 7pm, Sixth Street Grill, 55 W. 6th Ave. FREE.

Doc's Pad Drag Queen Bingo w/ Trai La Trash, 8pm, Doc's Pad, 710 Willamette St. FREE.

Trivia Night, 8pm, Rogue Public House, 844 Olive St. FREE.

Trivia Night, 9pm, Sidebar, 1680 Coburg Rd.

KIDS/FAMILIES Wonderful Ones Storytime, 1-year-olds w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Kids: Create a Kite, 3pm, Sheldon Branch Library, 1566 Coburg Rd., info at 682-8316. FREE.

LECTURES/CLASSES Small Business Clinic: Ask the Experts, 5-7pm, downtown library, info & pre-reg. at 682-5450. FREE.

Summer Beginning Improv Workshop for Adults, 7-9pm, Thursdays through Aug. 29, Arcade Theater, 513 Main St., Cottage Grove, info at [arcade.theater@opalcentercg.org](mailto:theater@opalcentercg.org). \$25/6 weeks & show.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9fm.

"Arts Journal," current local arts, 9-10pm, Comcast Channel 29.

OUTDOORS/RECREATION

Pool Hall for seniors, 8:30am-4:30pm, today, tomorrow & Monday through Thursday, Aug. 8. \$0.25. Mahjong for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Walk with Us, weekly self-led neighborhood walking group, ages 50 & up, 9:30-10:30am, meet at Petersen Barn Community Center, 870 Berntzen Rd. FREE.

Gentle Yoga, 5:30-6:30pm, Trauma Healing Project, 2222 Coburg Rd., STE 300, 687-9447. \$5, scholarships available.

Prenatal Yoga, 5:30-6:45pm today & Thursday, Aug. 8, RiverBend Medical Center, 3333 Riverbend Dr., Spfd., 222-7074. \$11, \$40 for 4 classes.

Aqua Yoga, 5:45-6:45pm today & Thursday, Aug. 8, Tamarack Wellness Center, 3575 Donald St. \$11.

Team Run Eugene adult track workout group, 6pm, ATA Track, 24th & Fillmore St. FREE.

Contact Juggling, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Drop-in Kayaking, bring equipment, no instruction provided, ages 12 & up, 8-10pm, Echo Hollow Pool, 1655 Echo Hollow Rd. \$5

Hot Mamma's Club, 8:15pm, All That! Dance Company, 855 W. 1st Ave., info at 688-1523 or allthatdance@hotmail.com \$10.

SOCIAL DANCE Yoga Dance Party & vegetarian dinner, 7pm, Alchemy Lotus Healing Center,

1380 W. 17th Ave., RSVP at yoginimatrix@gmail.com \$8.

Crossroads Blues Fusion Dance, 7:30-11:30pm, Just Breathe, 2868 Willamette St. #200, info at crossroadsbluesfusion.com.

Cuban Suelta I: Individual Salsa Dancing, no experience required, 8pm, Flex Studios, 1005 Oak Alley, info at heid@weiskel.org. \$10.

SPIRITUAL Reiki Tummo Healing Clinic, 5:30-7:30pm, 1340 W. 17th Ave., call 914-0431 for appt. Donat.

Zen West meditation group, bringing practice home, beginners welcome, 7:30-9pm, Unitarian Universalist Church of Eugene, 1685 W. 13th Ave, info at 543-5344 or zenwesteugene@gmail.com Donat.

THEATER No Shame Eugene Workshop: Co-Create Improv, stories, songs, sketches, 7:30pm, New Zone Gallery, 164 W. Broadway Ave. FREE.

The Cripple of Inishmaan, 8pm today through Saturday, 2pm Sunday, Very Little Theatre, 2350 Hilyard St., info & tix at 344-7751 or thevt.com. \$12-\$17.

VOLUNTEER Care for Owen Rose Garden, bring gloves & small hand-weeding tools, instruction provided, noon-3pm, end of N. Jefferson St., 682-5025.

FRIDAY

AUGUST 2

SUNRISE 6:02AM; SUNSET 8:35PM
AVG. HIGH 84; AVG. LOW 52

ARTS/CRAFTS Mitzi Linn's Studio Sale, colorful inspired

paintings, prints & cards, 10am-7pm today & tomorrow, 4942 W. Amazon Dr., 485-8725.

BENEFITS Community Yard Sale, Eugene Zendo Benefit, today & tomorrow, 2190 Garfield St.

Flyer fundraiser for Oregon league of Conservation Voters, 4-8pm, Claim 52 Brewing, 1030 Tyinn St., info & flyer at olcv.org/lanebusinessspotlight.

CABARET The Red Raven Follies w/Breaker's Yard, 9:30pm, Sam Bond's. \$8.

DANCE Eugene Ballet Co: "Instaballet," 5-8pm, Oregon Contemporary Theatre, 194 W. Broadway Ave., info at 485-3992. FREE.

FARMERS MARKETS Market-place@Sprout, year-round indoor & outdoor farmers market w/entertainment, 3-7pm, 418 A St., Spfd. info at sproutfoodhub.org.

FILM Nordic Film Summer Series: *Babette's Feast*, 7pm, Lawrence Hall 177, UO Campus.

The Muppets (2011), 8:30pm, Meadow Park, Spfd. FREE.

Honey I Shrunk the Kids, 9pm, Willakenzie Park. FREE.

FOOD/DRINK Eugene Food Not Bombs, 2-4pm, 8th & West Park. FREE.

Wine Tasting, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd.

The Corner Market continues. See Thursday, Aug. 1.

GATHERINGS Oakridge Ukulele Festival, classes, hula, open-mic, performances,

The dirty, filthy garage scene is back in style, and there ain't nothing quite so fine. Since grunge died out and douche-rock kicked in, it's been a desert out there. But have no fear; King Tuff — the Sub Pop beast that knocked Jack White (yes, Jack effing *White*) from his spot on the Billboard Chart — is here to save you. It's crunchy, lo-fi pop, rock 'n' roll with teeth, and Eugene could use more of it. That's why it's so exciting that Paper Moon Photo Studio & Gallery is hosting not only King Tuff this week, but also The Spyrals — a super group featuring members of Thee Oh Sees and Ty Segall. Eugene, stop being so terrified of distortion already, would 'ya?

King Tuff & The Spyrals play with Audacity 8pm Wednesday, Aug. 7, at Paper Moon, 543 Blair Blvd; \$7.

