SPIRITUAL Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. Donat.

TUESDAY

JULY 16

SUNRISE 5:45AM; SUNSET 8:52PM
AVG. HIGH 83; AVG. LOW 52

ARTS/CRAFTS Beading Circle, 3-6pm, Harlequin Beads & Jewelry, 1027 Willamette St., FREE.

FILM *The Miracle at Morgan's Creek*, 7pm, UO Baker Center, 325 E. 10th Ave.

FOOD/DRINK New Beer Release, OBF 26, 6pm, Oakshire Public House, 207 Madison St., info at 654-5520.

The Corner Market continues. See Thursday, July 11.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Original Pancake House, 782 E. Broadway, call 343-3743 for info. FREE.

WellMama support group for pregnant & new mamas feeling overwhelmed, anxious, depressed, 10:30am-noon, Parenting Now, 86 Centennial Loop, info at 896-0410. FREE.

NAMI Connections, peer support group for people living with mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Adult Children of Alcoholics Meeting, 7-8pm, Santa Clara Church of Christ, 175 Santa Clara Ave., Santa Clara.

Oakridge Bingo, proceeds go to local organizations, 7pm, Big Mtn. Pizza, 47527 Hwy. 58, Oakridge. $5/4 cards.

Trivia Night, 7pm, Divine Cupcake, 1680 W. 11th Ave. FREE.

Women's polyamory reading & discussion group, 7-8:30pm, email for location at polydisco3@gmail.com. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

HEALTH 3-Series Feldenkrais Group Class w/Steve Cable, 12:30-1:30pm, Willamette medical Center, 2401 River Rd., info & sign-up at 345-8292. $10, $25/3 classes.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Kids: Mexican Bark Painting, 1pm & 3pm, downtown library, info at 682-8316. FREE.

LECTURES/CLASSES Conquering the Dragon, dealing w/ addictiction, for the whole family, noon-1:15pm, Just In Time, 1095 W. 7th Ave., info at lisa@heartfornow.org or 579-3084. FREE.

Astronomy for Beginners, 5:30pm, downtown library, info at 682-5450. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9fm.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Pinochle for Seniors, 9am-noon, Campbell Community Center, 155 High St. $0.25.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. $0.25.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. $15 per race, $50 per month.

Disciples of Dirt bike club women Tuesday night rides, helmets required, 6:30pm, various locations throughout the summer, info & locations at disciplesofdirt.org/forum/rides FREE.

Pool Hall continues. See Thursday, July 11.

SOCIAL DANCE Joy of Hula Community Dance, family friendly, 6:30pm, 1400 Lake Dr., info at 688-4052.

Beginning Samba class, 6:45-7:45pm, Celebration Belly Dance & Yoga Studio, info at 255-9253. $10.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, $3; 7:45pm dance, $2, Willamalane Activity Center, 215 W. C St., Spfd., 344-7591.

THEATER Mad Duckling Children's Theater: *Rumpelstiltskin Revisited*, 11am-noon today through Thursday, July 18, Amazon Community Center, 2700 Hilyard St., www.eugene-or.gov/recenroll

WEDNESDAY

JULY 17

SUNRISE 5:46AM; SUNSET 8:51PM
AVG. HIGH 83; AVG. LOW 52

ARTS/CRAFTS Fiber Arts Circle: knitters, crocheters, designers, spinners, weavers, felters, beaders & needleworkers, 4-6pm, Harlequin Beads & Jewelry, 1027 Willamette St., FREE.

BENFITS Oakshire Inspires for EWEB Child Development Center, 11am-10pm, Oakshire Public House, 207 Madison St., info at 654-5520.

COMEDY All Comedy 1450's Official Happy Hour, 4-6pm Wednesdays through Aug. 28, The Davis Restaurant.

FOOD/DRINK Sweetwater Farm Stand, fresh farm produce, products & recopes, 4-6pm, 1243 Rainbow Dr.

The Corner Market continues. See Thursday, July 11.

GATHERINGS Free Admission Day at UO Museum of Natural & Cultural History, 11am-5pm, UO. FREE.

Teen Board Gaming, 2pm, downtown library, info at 682-8316. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Foreclosure Defense meeting, 5pm-7pm, Growers' Market, 454 Willamette St., info at 844-8280. FREE.

Touch a Truck, get close to fire engines, cement trucks, sweepers & more, all ages, 5-7:30pm, Petersen Barn, 870 Berntzen Rd. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 5:30-6:30pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Suite A, 209.

D&D Encounters, dungeons & dragons campaigns, 6pm, Delight, 811 E. Main St., Cottage Grove, info at delightcg@gmail.com

Support Group for People Who Have Loved Ones w/Asperger's Syndrome, 6-7:30pm, 105 W. Q St., Spfd., info at 221-0900.

Lane Regional Air Protection Agency public meeting to provide info about an app. to modify air quality permit for Seneca biomass facility, 6:30pm, Harris Hall, 125 E. 8th Ave. FREE.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

Trivia at Supreme Bean, 7pm, 16 Tons Supreme Bean, 29th & Willamette St. FREE.

Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 8pm, The Barn Light, 924 Willamette St. FREE.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Kids: Mexican Bark Painting, 3pm, Bethel Branch Library, 1990 Echo Hollow Rd., info at 682-8316. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Sensory Storytime, stories for children w/sensory integration or other special needs w/caregivers, 1pm, downtown library, info at 682-8316. FREE.

LECTURES/CLASSES Class for women recently widowed or seeking information about divorce, noon-1pm, Community Mediation Services, 93 Van Buren St., info at 2ndsaturdayeugene.org or 239-3504. $25/4 classes.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9fm.

OUTDOORS/RECREATION Chess for Seniors, 9am-noon, Campbell Community Center, 155 High St. $0.25.

Bike Riding for Seniors, weekly in-town rides, helmets required, 9:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Accessible Acquatics, swimming classes for individuals with disabilities, 10am, Amazon Pool, 2600 Hilyard St. $7.

Aqua Nia, 10-11am, Tamarack Wellness Center, 3575 Donald St., pre-reg. at 686-9290. $11.

Nia Dance & Martial Arts Movement, 11:30am-1pm, Park Blocks, 8th & Oak St.

Foursome Bridge for Seniors, noon-3:30pm, Campbell Community Center, 155 High St. $0.25.

Cribbage for Seniors, 12:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd. $0.25.

Bingo for Seniors, 1-4pm, Campbell Community Center, 155 High St. $0.25.

Yoga for Chronic Pain, 4:15-5:15pm, Willamette Medical Center, 2401 River Rd. $10.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. $8.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. $5.

Fusion Belly Dance w/Audralina, 6-7pm, TranZenDance Studio, 3887 Potter St. $5-$10.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. $10 Drop-In, $80 for 10 class punchcard. First class FREE.

Pinball Tournament, 21+, 8pm, Blairally Vintage Arcade, 245 Blair Blvd., info at 335-9742.

Pool Hall continues. See Thursday, July 11.

SOCIAL DANCE Intro to Cuban Salsa Dancing: Styling & Musicality, 8pm, The Reach Center, 2520 Harris St., info at heidi@weiskel.org $5.

SPIRITUAL A Course in Miracles Drop-In Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. FREE.

Open Heart Meditation, noon, Unity of the Valley, 39th & Hilyard, info at open-your-heart.org.uk FREE.

THEATER *Rumpelstiltskin Revisited* continues. See Tuesday.

THURSDAY

JULY 18

SUNRISE 5:47AM; SUNSET 8:51PM
AVG. HIGH 83; AVG. LOW 52

CABARET The Trudy Bauchery Variety Show w/The Ultraviolets, 9:30pm, Sam Bond's. $8.

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