

2 for 1 Recreation Swims, all ages, 1:10-3:40pm, Echo Hollow Pool. 1655 Echo Hollow Rd.; 1:40-4:30pm, Sheldon Pool, 2443 Willakenzie Rd., \$3.75, \$3.25 kids.

Prenatal Yoga, 3-4:30pm, Yoga West Eugene, info at 337-8769. \$8 drop-in, \$7 stu.

Foosball League, free play 4-6pm & 8pm-midnight, league 6-8pm, The Barn Light, 924 Willamette St., info at thebarnlight@gmail.com FREE.

Yoga by Donation, mixed levels, 6-7:15pm, Eugene Yoga, 3575 Donald St., eugeneyoga.us. Donat.

SOCIAL DANCE Tango Milonga, 3-5pm lessons, \$12; 5-7pm dance, \$5, Reach Center, 2520 Harris St.

Cuban Salsa, 5pm lesson, 6pm social dance, Courtsports, 2728 Pheasant Blvd., Spfd., see www.eugenecasineros.com for info. \$2 sug. don.

La Milonguita, Argentine Tango Social Dance, no partner necessary, 5-7pm, Reach Center, 2520 Harris St. \$5 dance, watch for FREE.

Veselo Folk Dancers, weekly international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 683-3376. \$3.

SPECTATOR SPORTS EMFC Azul Soccer Team home games continue. See Saturday.

SPIRITUAL Yoga Attunement w/ Dave Curtis, all levels, 6:45-8am, Saraha Nyingma, 447 E. 40th Ave., info at yogawithdave.com or 515-3614. \$10 pre-reg., \$12 door.

Pre-Natal Yoga w/Simrat, 3-4:30pm, Yoga West Eugene, 3635 Hilyard St., info at 343-7825, \$8.

Introduction to Tibetan Meditation, 7:15pm, Just Breathe Yoga

Studios, 2868 Willamette #200, info at justbreatheeverybody.com, \$8-\$11.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTD, 4065 W. 11th Ave. #43, info at cophnia-oto.org.

THEATER *Steel Magnolias* continues. See Friday.

MONDAY

JULY 8
SUNRISE 5:38AM; SUNSET 8:57PM
AVG. HIGH 81; AVG. LOW 51

FILM Movie Night, 9pm, The City. FREE.

GATHERINGS Eugene Lunch Bunch Toastmasters, learn public speaking in a friendly atmosphere, noon, Room 316, 101 W. 10th Ave., info at 341-1690.

Creative Maladjustment Week: Write letters to legislators, 2-4pm, MindFreedom International offices, 454 Willamette St., info at cmweek.org.

Anime Club, ages 12-18, 4-5:30pm, Ophelia's Place, 1577 Pearl St. FREE.

Inquiry Group for the Work of Byron Katie, identify & investigate stressful thoughts, 6:30pm, info & location at 686-3223. FREE.

Board Game Night, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com FREE.

Evolve-Talk-Listen! A facilitated weekly salon for meaningful sharing, practice "compassionate nonviolent communication" to resolve difficult situations, 7-9pm, info & location at 484-7366. \$7-\$20 donat.

Humble Beagle Pub Trivia Night w/host Elliot Martinez, 7pm, Humble Beagle Pub, 2435 Hilyard St. FREE.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave.

Monday Night Drop-in Group, self-identified women age 18 over, 7-8:30pm, Sexual Assault Support Services, 591 W. 19th Ave., info at 343-SASS {7277}. FREE.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Sexual Assault Support Services, weekly drop-in support group for self-identified women ages 18 & up, 7-8:30pm, 581 W. 19th Ave., info at 484-9791 x302. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

LECTURES/CLASSES Two-day Sign Language workshop, 1-3pm today & Wednesday, Springfield Library, 225 5th St., pre-reg. at 726-3766 or wheremindsgrow.org/programs.

eBooks for Kindle, 5:30pm, downtown library, info at 682-5450. FREE.

"The Higgs Boson: A Window on the Big Bang," 6pm, downtown library, info at 682-5450. FREE.

Conversations on the Forest w/ Rob Handy, 7pm, Cozmic. FREE.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9fm.

OUTDOORS/RECREATION Flowing Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. Donat.

Recreation Swim, 6:30-8:30pm, Amazon Pool, 2600 Hilyard St.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics,

1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, July 4.

Pinochle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318, \$0.25.

Creative Maladjustment Week: Dance Party at Kesey Square, 5-9:30pm, Kesey Square, info at cmweek.org. FREE.

Beyond Basics & Advanced Beyond Basics, 7-8pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPIRITUAL Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. Donat.

TUESDAY

JULY 9
SUNRISE 5:39AM; SUNSET 8:57PM
AVG. HIGH 81; AVG. LOW 51

ARTS/CRAFTS Beading Circle, 3-6pm, Harlequin Beads & Jewelry, 1027 Willamette St., FREE.

BENEFITS Mindfreedom International fundraiser, 7pm, Cozmic. FREE.

FILM Teen Picks: Movies & Summer Reading kick-off, 5-7pm, Springfield Library, 225 5th St., Spfd.

You Can't Take It With You, 7-9:30pm, UO Baker Center, 325 E. 10th Ave.

FOOD/DRINK New Beer Release: Fairly Special Bitter, 6pm, Oakshire Public House, 207

Madison Ave., info at 654-5520.

The Corner Market continues. See Thursday, July 4.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Original Pancake House, 782 E. Broadway, call 343-3743 for info. FREE.

Parkinson's Disease Support Group of Lane County monthly meeting, 10:30am-noon, Campbell Community Center, 155 High St., info at 345-2988 or leah@parkinsonsresources.org.

NAMI Connections, peer support group for people living w/mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE.

Annual Latino Business Expo, 5:30-8pm, Selco CCU, 925 Harlow Rd., Spfd., pre-reg. at eugenechamber.com. \$8 adv., \$10 door.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Creative Maladjustment Week: Open mic for jokesters & music by NineDice, 6-9pm, Cozmic, info at cmweek.org.

Adult Children of Alcoholics Meeting, 7-8pm, Santa Clara Church of Christ, 175 Santa Clara Ave., Santa Clara.

Oakridge Bingo, proceeds go to local organizations, 7pm, Big Mtn. Pizza, 47527 Hwy. 58, Oakridge. \$5/4 cards.

Trivia Night, 7pm, Divine Cupcake, 1680 W. 11th Ave. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Kids' Flea Market, 11am-1pm, Springfield Library, 225 5th St., Spfd., info at 726-2235.

Stones & Cones: Art w/Nearby Nature, 1pm & 3pm, downtown library, info at 682-8316. FREE.

Dig Into Reading: a children's archaeology program, ages 6-10, 1:30-2:15pm, Fern Ridge Library, 88026 Territorial Rd., Veneta. FREE.

LECTURES/CLASSES Conquering the Dragon, dealing w/ addiction, for the whole family, noon-1:15pm, Just In Time, 1095 W. 7th Ave., info at lisa@heartfornow.org or 579-3084. FREE.

"Evolutionary Hotspots," 6pm, downtown library, info at 682-5450. FREE.

Beginning Quilting, 7pm, Fern Ridge Library, 88026 Territorial Rd., Veneta.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9fm.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Pinochle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

WREN Wetland Wander, 9-10:30am, Checkermallow Access, info at wewetlands.org or 338-7047. FREE.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

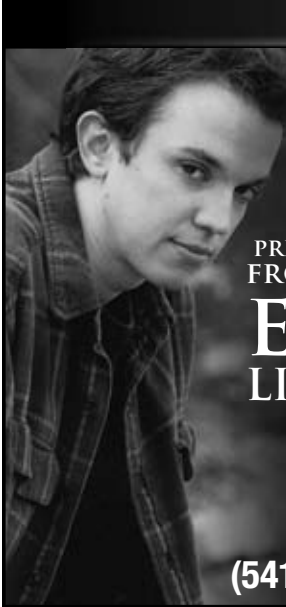
Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.



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