

OUTDOORS/RECREATION Flowing Yoga, 11am-noon, Trauma Healing Project, 2222 Coburg Rd, Ste 300, 687-9447. Donat.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, June 6.

Pinocle for Seniors continues. See Friday.

SOCIAL DANCE International Folk Dance Lessons, 2:30-4pm, Campbell Senior Center, 155 High St., 682-5318, \$0.25.

Beyond Basics & Advanced Beyond Basics, 7-8pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

West Coast Swing, 7pm lessons, 8-10:30pm dance, The Vet's Club, 1626 Willamette St., info at 68swing.com \$6, \$4 stu., mem.

SPIRITUAL Open Heart Meditation, 5:30-6:30pm, 1340 W. 17th Ave., info at 914-0431. Donat.

TUESDAY

JUNE 11
SUNRISE 5:29AM; SUNSET 8:56PM
AVG. HIGH 72; AVG. LOW 47

ARTS/CRAFTS Beading Circle, 3-6pm, Harlequin Beads & Jewelry, 1027 Willamette St., FREE.

FILM Rio Bravo, 7pm, UO Baker Center, 325 E. 10th Ave.

FOOD/DRINK The Corner Market continues. See Thursday, June 6.

GATHERINGS Cascade Toastmasters, drop-ins welcome,

6:45-8:15am, Original Pancake House, 782 E. Broadway, call 343-3743 for info. FREE.

Parkinson's Disease Support Group of Lane County, 10:30am, Campbell Community Center, 155 High St., info at 345-2988 or leah@parkinsonsresources.org.

Water Blessing Ceremony, 11:45am-12:15pm, EWEB Fountain, 500 E. 4th Ave. FREE.

NAMI Connections, peer support group for people living with mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE.

MindFreedom International meeting to create the first annual "Creative Maladjustment Week" this summer, 2-4pm, MindFreedom International, 454 Willamette St., info at office@mindfreedom.org or 345-9106.

Board Game Night, new players welcome, 6-11pm, Funagain Games, 1280 Willamette St., info at 654-4205. FREE.

Community Meeting w/Rep. Barnhart, 6-7pm, Coburg City Hall, 91069 N. Willamette St., Coburg. FREE.

Adult Children of Alcoholics Meeting, 7-8pm, Santa Clara Church of Christ, 175 Santa Clara Ave., Santa Clara.

Industrial Workers of the World meeting, 7pm, New Day Bakery, 449 Blair Blvd., info at icono-clasmo.scott@gmail.com.

Oakridge Bingo, proceeds go to local organizations, 7pm, Big Mtn. Pizza, 47527 Hwy. 58, Oakridge. \$5/4 cards.

Trivia Night, 7pm, Divine Cupcake, 1680 W. 11th Ave. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, 10:15am & 11am,



THE BEST OF NO SHAME EUGENE TAKES PLACE ON FRIDAY

downtown library, info at 682-8316. FREE.

LECTURES/CLASSES Conquering the Dragon, dealing w/addiction, for the whole family, noon-1:15pm, Just In Time, 1095 W. 7th Ave., info at lisa@heartfornow.org or 579-3084. FREE.

Living Well w/Chronic Conditions, 5-8pm, Willamalane Adult Center, 215 W. C St., Spfd., info & pre-reg. at livingwell@lcog.org or 682-4103.

ON THE AIR "The Point," 9-9:30am, KPOV 88.9fm.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION

Pinocle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

WREN Wetland Wander, 9-10:30am, Golden Garden Ponds, info at 338-7047. FREE.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Disciples of Dirt bike club women Tuesday night rides, helmets required, 6:30pm, various locations throughout the summer, info & locations at disciplesofdirt.org/forum/rides FREE.

Pool Hall continues. See Thursday, June 6.

SOCIAL DANCE Joy of Hula Community Dance, family friendly, 6:30pm, 1400 Lake Dr., info at 688-4052.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$2, Willamalane Activity Center, 215 W. C St., Spfd., 344-7591.

SPIRITUAL New Book Group: Practice of the Sublime Heart Jewel, 6-7pm, Saraha Nyingma Buddhist Temple, 477 E. 40th Ave., info at saraha.org. FREE.

Meditation in Everyday Life, 7-8:30pm, Open Sky Shambhala Meditation Center, 100 W. Q St., Spfd., info at 914-2029 or eugene.shambhala.org \$40-\$50/5 week course.

WEDNESDAY

JUNE 12
SUNRISE 5:29AM; SUNSET 8:56PM
AVG. HIGH 72; AVG. LOW 47

ARTS/CRAFTS Fiber Arts Circle: knitters, crocheters, designers, spinners, weavers, felters, bead-ers & needleworkers, 4-6pm, Harlequin Beads & Jewelry, 1027 Willamette St., FREE.

FILM Cider House Rules, 1pm, Willamalane Adult Center, 215 W. C St., Spfd.

FOOD/DRINK Sweetwater Farm Stand, fresh farm produce, products & recopes, 4-6pm, 1243 Rainbow Dr.

The Corner Market continues. See Thursday, June 6.

GATHERINGS Free Admission Day at UO Museum of Natural & Cultural History, 11am-5pm, UO. FREE.

Row River Tail Corridor Plan Open House, 3-7pm, Cottage Grove Community Center, 700 E. Gibbs Ave., Cottage Grove.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Foreclosure Defense meeting, 5pm-7pm, Growers' Market, 454 Willamette St., info at 844-8280. FREE.

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Suite A, 209.

D&D Encounters, dungeons & dragons campaigns, 6pm, Delight, 811 E. Main St., Cottage Grove, info at delightcg@gmail.com

Support Group for People Who Have Loved Ones w/Asperger's Syndrome, 6-7:30pm, 105 W. Q St., Spfd., info at 221-0900.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

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COMPLETE FRENCH 101, 102, AND 103 THIS SUMMER!

Lane Community College is pleased to offer a full year of beginning French in one 11-week summer session. This course is offered as a hybrid course: it meets Monday-Thursday in a traditional classroom on the Lane campus, and students also engage 20% of the course online, from home or another remote setting.

- French 101 and 102 meet for four weeks each, June 24-August 16
- French 103 meets for three weeks, August 19-September 6
- Each course is 5 credits, so students can accumulate up to 15 credits of first-year French
- French 101 and French 102 fulfill the language requirement for admission to 4 yr colleges and universities
- Successful completion of FR 103 allows students to enroll in the 200 level sequence next academic year and to fulfill the language requirement for a BA degree

For more information:
Karin Almquist
almquistk@lanecc.edu
541.463.5140
Division of Language, Literature and Communication
541.463.5419

Lane Community College
ACHIEVING DREAMS