

CLASSIFIEDS

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ADVERTISEMENT

HELLO! MY NAME IS



Ker Cleary, LPC BFRP
 ClearHeart Counseling
 The Spiral School

My work is threefold: I am a licensed professional counselor, a channeler and a Bach Foundation Registered Practitioner.

I trained as a counselor at Naropa University, earning my MA in Contemplative Psychotherapy in 2002. The program is deeply grounded in Tibetan Buddhist thought and practice. Meditation and self-inquiry were the cornerstones of my education, along with a firm foundation in Western psychological theory and practice. My counseling work is based in helping clients befriend themselves and practice compassion for themselves and others. This brings joy, relief and transformation.

People come see me for help with their lives, when they are unhappy, anxious or stuck. They come to connect with their own basic goodness and inner wisdom. Some come for counseling, some for channeling; anyone can add flower remedies to a session for no extra charge. My clients tell me they want to work with me because they know I will not judge them and I will help them develop the tools they need. I help people who long to feel understood, who want to include their spirituality in their self-healing work, and who realize that learning to love themselves is the most effective path to positive change.

When channeling, (separate from my counseling work), I am in a light trance, allowing my guides to come through and converse with the person. The guides might ask or answer questions, and generally offer a sense of peace, wellbeing and clarity. All kinds of topics can be addressed in this way. I have been consciously channeling since 1989.

The premise of Bach flower remedies – using the vibrational energy of flowers for healing – might seem odd at first, but most people find them quite helpful. In 1930s England Dr. Edward Bach set out to design a simple, non-harming system of healing that anyone could learn. His 38 remedies (plus Rescue Remedy) address spiritual/mental/emotional imbalances such as jealousy, fear, anger, procrastination, exhaustion, intrusive thoughts, overwhelm, etc.

In 2012 I opened The Spiral School of Healing & Mystical Arts (Not Quite Hogwarts). Our website [TheSpiralSchool.com] explains our mission and classes. New classes start in the fall.

www.ClearHeartCounseling.com
www.TheSpiralSchool.com
 541-349-0595

Interested in writing about your business?
 It is now included as part of a discounted Classifieds ad package.
 Call 541-484-0519 for more info.

EVENTS

HANDMADE COMMUNITY MARKET come shop local for plants and handcrafted items and support the beginnings of a N Eugene/ Santa Clara farmers' market. SAT MAY 18 10am-4pm. FREE. 1011 Irvington Dr 97404. More Info? irvingmarket.blogspot.com

QUALITY CRAFT SHOW 16th Annual. May 25 & 26, 10 am. Yachats Commons. 70 Booths, Crafts, Art, Demos, Face Painting, Chair Massage, Food, Fun. Free Admission. 541-547-4664. **EXPECT THE EXCEPTIONAL**

FOR SALE

Garage Sales

3RD ANNUAL WHITEAKER GARAGE SALE SAT. MAY 18TH 9-2pm. 25 Households. Cool stuff, free stuff. Maps for the sale will be available at 1224 W. 4th Ave.

EUGENE PEACE CHOIR YARD SALE Saturday, May 18th, 9am - 4pm at 2915 Durbin Street, Eugene.

yART SALE - NEW ZONE GALLERY FUNDRAISER May 17-19. Fri & Sat 10am. Sun 12pm. 164 W. Broadway. Household goods, electronics, art, supplies & more. **MUSIC FUN & NINKASI BEER!**

BULLETIN BOARD

Announcements

QUALITY CRAFT SHOW 16th Annual. May 25 & 26, 10 am. Yachats Commons. 70 Booths, Crafts, Art, Demos, Face Painting, Chair Massage, Food, Fun. Free Admission. 541-547-4664. **EXPECT THE EXCEPTIONAL**

WEDNESDAY MAY 22 OUR 3 YEAR CELEBRATION! "Hoagies R Us", 4925 Barger Dr. Eugene (next to "Dari-Mart") Hours 10-8, all sales will be HALF PRICE. 541-607-6000

Opportunities

ICE HOCKEY! ANYONE CAN PLAY! Adult, non-checking, coed ice hockey leagues and classes in Eugene! No skating experience necessary. Classes with free loaner gear starting soon! 541-357-7166. icecenter@gmail.com www.icecenterhockey.org

PLAY RUGBY! EUGENE REIGN IS RECRUITING PLAYERS & FANS! Training Mon & Wed 5:30-7:30pm at SEHS soccer fields. No experience necessary! eugenewomensrugby.com

Wanted

CASH FOR CARS: Any Car/Truck. Running or Not! Top Dollar Paid. We Come To You! Call For Instant Offer: 1-888-420-3808 www.cash4car.com [AAN CAN]

GARAGE SPACE TO WORK ON MY TOOLS IN TRADE FOR HOME & GARDEN SERVICES & some cash. Call Nate 541-543-0571

HAVE YOU GOT A TALENT YOU WOULD LIKE TO SHOWCASE AT THE LANE COUNTY FAIR. singers, musicians, dancer, jugglers...give me a call or email if you are interested. Ask for Bill Shreve 541-484-0519 or bills@eugeneweekly.com

Pets

GREENHILL HUMANE SOCIETY Everybody Deserves a Good Home. Fri-Tues 11am-6pm, Closed Weds & Thurs. 88530 Greenhill Rd, 541-689-1503 green-hill.org Look for our Pet of the Week!

SHELTER ANIMAL RESOURCE ALLIANCE S.A.R.A.'s Treasures Gift & Thrift Shop. Volunteer, Donate, Shop, **ADOPT!** 871 River Road, Open Daily 10am-6pm. 541-607-8892 saratreasures.org Look for this week's Rescued Cat.

Adoption/Family Services

ADOPT: A CREATIVE FINANCIALLY SECURE HOME, TV PRODUCER, LOVE & LAUGHTER AWAITS 1ST BABY. EXPENSES PAID. SARAH 1-800-352-5741

HELP WANTED

SDANCERS Tired of your current club! **SWEET ILLUSIONS** has day & night shifts available. No experience, can train. Excellent tips! 541-852-8625 or 541-517-7196 **THE HOTTEST CLUB IN LANE COUNTY!**

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SEEKING EMPLOYMENT

LOST YOUR JOB? Place a free line ad here (up to 4 lines, 160 characters) for 2 weeks. Briefly list your skills/experience & contact info. Email to: office@eugeneweekly.com or call 541-484-0519

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AIRLINE CAREERS – Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified – Housing available. Job placement assistance. CALL Aviation Institute of Maintenance 877-492-3059 [AAN CAN]

ATTEND COLLEGE ONLINE from Home. *Medical, *Business, *Criminal Justice, *Hospitality. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV authorized. Call 800-481-9472 www.CenturaOnline.com [AAN CAN]

Business Opportunities

DISCOVER THE "SUCCESS AND MONEYMAKING SECRETS" THEY don't want you to know about. To get your FREE "Success and Money Making Secrets" CD, please call 1-800-790-5752 [AAN CAN]

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EVENTSCALENDAR



Ker Cleary, LPC, BFRP
 ClearHeart Counseling

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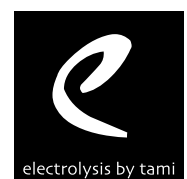
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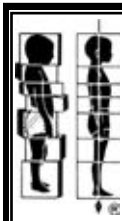
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