

EVENTS CALENDAR

QIGONG



QIGONG SELF-HEALING CLASSES
 Tues 6:30-7:45pm, call/join any week, \$50/mo

SPRING CLASS & HEALING PACKAGES
 1) Lungs-Allergies/Respiration/Grief-Loss
 2) Liver-Tendons/Eyes/Heat Conditions/Anger
 Package includes: 8 Classes, 1 Private Tutorial, 1 Energetic Treatment, Prepaid Fee \$158

ONLINE APPOINTMENTS & REGISTRATION
www.qigong-clinic.com info@qigong-clinic.com

ERIC SHAFFER, DMQ 541-654-0219

NOT For Dogs Only
 Organic Dog Snacks

Our mission is to educate dog owners on the importance of feeding every dog a grain-free & gluten-free diet. *NFDO is sold online & at health conscious pet stores. Give your dog a REAL treat!*

TheHealthyDogStore.com

Organic & Handmade



www.moonrootsoaps.com

Shop online to get 10% off! Use coupon code EUGWEEKLY at checkout

FREE Intro to Yoga,
 w/Donna O'Neil Friday April 12, 6-7:30
Roll and Release!
 Foam Roller Workshop
 Sat April 13, 1:30-3:30 \$20 adv
Preregister for both as workshops fill!
\$39/ One Month Unlimited Yoga*
Over 60 Weekly Classes for Every Level
**must be new to Eugene Yoga*
EUGENE YOGA
 A SANCTUARY FOR BODY, MIND, SPIRIT
 3575 Donald St. Eugene, OR 97405
 541-520-8771 • info@eugeneyoga.us
www.eugeneyoga.us

YOGA WEST
 3635 Hilyard

Sacred Sound Concert/Workshop
 Sat, April 13, 7-9 pm
 Mantra, Music, and Meditation
 With visiting mantra artist
Guru Shabad Singh
 \$20 adv/ \$25 door
 Tix on our website or at the studio
 541-337-8769
www.yogawesteugene.com

Lane County FARMERS MARKET

Locally Grown, Naturally!
NOW OPEN!
 Saturday at 8th & Oak St.
 Downtown Eugene 9am - 3pm
 We accept EBT & Credit Cards

Indoor – Weekend FARMER'S MARKET!

Inside the Gateway Mall next to Sears

Fri Noon – 9p, Sat and Sun 10a – 6p
 Open Every Weekend, Year-Round

EuGenius Market

Produce - Plants - Art - Food - Vendors

Ask for a cup of coffee! 50¢

www.EuGeniusMarket.com
 EuGenius? Me Too!

Improve Health, Well Being & Personal Relationships NOW!

Offering Spiritual Healing and Guidance
 On issues of Spirit, Mind & Body

* Shamanic Healer with 25+ years experience

* Reiki

* ThetaHealing

* Results System - Brain Balance

* Ionic Detox Foot Bath

* Call for other services



Metamorphosis
 Healing Retreat

Call for Appointment - 541-844-2339
www.MetamorphosisHealing.net



EVENTS

HUGE BENEFIT RUMMAGE SALE! Camas Ridge Community School. Large 425 student school wide sale. Quality furniture, clothing, toys, books, household goods & electronics, and much more! SATURDAY APRIL 13TH, 9am-5pm, 1150 E. 29th Ave Location: Camas Ridge Community School-1150 E. 29 Go to: estatesale-finder.com for more info.

BULLETIN BOARD

Classes

EUGENE FENCERS CLUB Modern Olympic Fencing. Foil, Epee & Saber. USAF/USFCA Certified Coaches. Roosevelt Middle School, Tuesday & Thursday, 6-8:30pm, 541-688-6574, eugenefencersclub.org

Lost & Found

MISSING PETS! \$400 REWARD Last seen 3/6 Puppy 15 wk Pit bull mix. gray [named Diesel] & Sandy blonde Pug Terrier (10 lbs) named Bentley. Vicinity Hwy99 & Roosevelt, could be anywhere. HELP! 541-359-5437 or 541-340-0425.

Opportunities

HUGE INDOOR FARMER'S MARKET! Every weekend in EuGenius Market at Gateway Mall, next to Sears. Opportunities for Vendors: call Dave Wells 541-729-2608

ICE HOCKEY! ANYONE CAN PLAY!! Adult, non-checking, coed ice hockey leagues and classes in Eugene! No skating experience necessary. Classes with free loaner gear starting soon! 541-357-7166. icecenter@gmail.com www.icecenterhockey.org

PLAY RUGBY! EUGENE REIGN IS RECRUITING PLAYERS & FANS! Training Mon & Wed 5:30-7:30pm at SEHS soccer fields. No experience necessary! eugenewomensrugby.com

Wanted

HAVE YOU GOT A TALENT YOU WOULD LIKE TO SHOWCASE AT THE LANE COUNTY FAIR. singers, musicians, dancer, jugglers...give me a call or email if you are interested. Ask for Bill Shreve 541-484-0519 or bills@eugene-weekly.com

VOLUNTEERS NEEDED FOR THE FRIENDS OF EUGENE PUBLIC LIBRARY BOOK SALE For more info: friendseugenelibrary.org or 541-484-1452

Pets

GREENHILL HUMANE SOCIETY Everybody Deserves a Good Home. Fri-Tues 11am-6pm, Closed Weds & Thurs. 88530 Greenhill Rd, 541-689-1503 green-hill.org Look for our Pet of the Week!

SHELTER ANIMAL RESOURCE ALLIANCE S.A.R.A.'s Treasures Gift & Thrift Shop. Volunteer, Donate, Shop. **ADOPT!** 871 River Road, Open Daily 10am-6pm. 541-607-8892 sarastreasures.org Look for this week's Rescued Cat.

Adoption/Family Services

ADOPTION: ACTIVE EXECUTIVE & FUTURE STAY-HOME MOM, UNCONDITIONAL LOVE AWAITS MIRACLE 1ST BABY. EXPENSES PAID 1-888-919-1604 STEVE & NORMA

HELP WANTED

COMPUTER KEYBOARD & DIGITAL CAMERA SKILLS! WANTED SOMEONE TO LIST ITEMS ON EBAY, MUST BE ABLE TO TYPE 50-60 WPM, GOOD AT DESCRIBING ITEMS, GOOD LISTENER, FAST LEARNER, DETAILED WORK, DEPENDABLE. 15-20 HRS/WEEK. \$9/HR DEP ON EXPERIENCE. EMAIL RESUME &/OR JOB EXPERIENCE TO: ORR1115@GMAIL.COM

\$DANCERS\$ Tired of your current club! **SWEET ILLUSIONS** has day & night shifts available. No experience, can train. Excellent tips! 541-852-8625 or 541-517-7196 **THE HOTTEST CLUB IN LANE COUNTY!**

MCNAMAINS NORTH BANK IS NOW HIRING LINE COOKS! Qualified apps must have an open & flex sched including, days, eves, wknds and holidays. We are looking for applicants who have prev exp and enjoy working in a busy customer service-oriented enviro. Please apply online 24/7 at www.mcmenamains.com or pick up a paper app at any McMenamins location. Mail to 430 N. Killingsworth, Portland OR, 97217 or fax: 503-221-8749. Call 503-952-0598 for info on other ways to apply. Please no phone calls or emails to individ locs! E.O.E.

PERSONAL ASSISTANT WANTED I am looking for a responsible personal assistant. Position is flexible, so students can apply. Computer literacy is a plus. chtman85@gmail.com

PROGRAMMER ANALYST SELCO Community Credit Union is looking for a Programmer Analyst who can analyze, design, develop, and test line-of-business applications utilizing a variety of products, technologies, and techniques. To find out more about the position and download an application, visit our website, selco.org. SELCO is an Equal Employment Employer.

SEEKING EMPLOYMENT

EX-FELON NEEDS SECOND CHANCE Hire me save on taxes! Highly skilled in many different areas. Will work any job, any wage. Email: allainknowles@yahoo.com 541-682-2297

LOST YOUR JOB? Place a free line ad here (up to 4 lines, 160 characters) for 2 weeks. Briefly list your skills/experience & contact info. Email to: office@eugeneweekly.com or call 541-484-0519

QUALITY, QUALIFIED HOUSEKEEPER Mother of one, needs extra income. Have refs. Jennifer 541-606-2644

Career Training

TATTOO SCHOOL
 Space Available!
WWW.GARDENOFINKTATTOO.COM

Business Opportunities

FRIENDLY STREET MARKET - FOR SALE
 Iconic south Eugene neighborhood natural food store for sale. Enjoy your work, earn a good living, and know that you are doing positive work in the world! Interested in this unique opportunity? Inquiries to: friendlystreetmarket@gmail.com

THE THINK AND GROW RICH OF THE 21ST CENTURY! Revolutionary breakthrough for success being released! For a FREE CD, please call 1-800-385-8470. [AAN CAN]

Work Exchange

GARDENING, LANDSCAPING, METAL WORK, CONSTRUCTION. Live-in Work-exchange at Retreat Center, California. Clean wholesome lifestyle, spiritual inquiry, vegetarian. Includes monthly pocket-money. Min. age 23. Sorry, no pets or children. 510-981-1987 website: volunteer.odiyan.org

WELLNESS

Acupuncture

EUGENE COMMUNITY ACUPUNCTURE An affordable good health practice. \$15-\$40 sliding scale. 260 E. 15th Ave, Eugene. Karen Wilson, L.Ac. 541-953-3882. EugeneCommunityAcupuncture.com

Bodywork

MASSAGE THERAPY Car accidents, whip lash, chronic pain, relaxation. Insurance accepted, avail weekends. Shoshannah Thielle, LMT #3461. 541-684-3965.

ROLFING relieves chronic pain, improves posture, helps you find ease in your body. Mark Donahue, Certified Advanced Rolfier, 25 yrs exp. LMT #14017 markdonahuerolfing.com 541-232-7630

SANCTUARY MASSAGE Structural Assessment & Integration: Improve posture, boost energy, look & feel younger in ten sessions. This is age reversing for your joints! Auto & Medical Insurance Accepted. Tammy Wise (lmt #11561) Justus Grose Wise (lmt #16860) 541-343-0109

Counseling

CLEAR HEART COUNSELING Mindfulness-based Counseling, Bach Flower Remedies, Channeled Guidance. Ker Cleary, MA 541-349-0595 ClearHeartCounseling.com

Fitness

WANT TO LOSE WEIGHT OR GAIN MUSCLE MASS? Call Randy to schedule a free consultation. He specializes in functional movement, customized exercises, weight loss, & nutrition. CrossFit Level 1 and National Academy of Sports Medicine certified. Randy, Personal Trainer at International Fitness, Gateway Mall (541-) 378-8799.

Health & Nutrition

WANT TO BE THE BEST VERSION OF YOU? Call Randy to schedule a free consultation & week membership to the gym. He'll customize a plan to your needs/goals. Functional movements & nutrition expertise. CrossFit Level 1 and National Academy of Sports Medicine certified. Randy, Personal Trainer at International Fitness, Gateway Mall (541-) 378-8799.

Hypnosis

A BETTER CHOICE FOR YOU! Life Works School of Hypnosis. New class begins on April 20th. Register now. Lifeworks-or.com, 541-744-6655. Visa/MC/Discover/AMEX accepted.

A REAL SHIFT FOR YOU! LIFEWORKS
 School of Hypnosis: Certification Class starts Sat., Apr. 20, 2013.
 \$ off for early registration. Counseling Center: Individuals, Couples and Families. Lifeworks-or.com
 541-744-6655 - Credit Cards ok.

HYPNOSIS is a powerful tool for change. Stress? Health issues? Smoking? Weight loss? Anxiety? Phobias? Pregnancy? Nancy Mac, CHT 541-485-4559 www.NancyMac.net

STOP SMOKING NOW!!!
 4 Sessions - Permanently.
 Call Shoshannah Thielle, CHT 541-684-3965.
YesHypnosisWorks.com

Massage

CATHY BOUTON LMT, Integrating Eastern and Western massage techniques to promote total body/mind wellness 14 yrs exp. \$15 off 1st session 541-221-8461 lic.#12049

MARGARET'S DEEP-TISSUE MASSAGE
 \$40 / 1st hr. 28 yrs exp.
 Thorough, soothing, vibrant, memorable
 541-513-2692 #2144

MASSAGE FOR STRESS and pain relief, relaxation & overall health. Fragrance-free. Introductory discount. Jayne Syverson 689-5303. Lic#4866

SANCTUARY MASSAGE Couples Massage, Loami Loami Hot Stone, Swedish Relaxation, Deep Tissue & Myofascial Release, Energy Healing, Structural Assessment & Integration. Auto & Medical Insurance Accepted. Tammy Wise (lmt #11561) Justus Grose Wise (lmt #16860) 541-343-0109

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Spiritual

IMPROVE RELATIONSHIPS CHANGE YOUR LIFE.
METAMORPHOSISHEALING.NET
 CALL 541-844-2339

Nancy Mac, CHT
 counseling hypnotherapy

- changing old patterns to allow new choices
- creating healthy relationships

Individuals/Couples
 485-4559 • www.nancymac.net
 sliding scale

Yes Hypnosis Works

STOP SMOKING CLASS STARTS
 Sat. April 27th, 12-2pm, 6 weeks

WEIGHT LOSS CLASS STARTS
 Sat. April 27th, 9-11am, 6 weeks

Call for More Info
Shoshannah Thielle CHT
 541-684-3965
yeshypnosisworks.com