

# EVENTS CALENDAR

## you are invited

Of One Mother Church  
of Love and Wisdom

10:30 Sundays: Eugene, OR  
call for directions

541-285-4102

## NEW YEARS RESOLUTIONS ?

SPIRITUAL & SELF-IMPROVEMENT  
BOOKS\* TAROT\* DVDS\* CARDS\* GIFTS

25% OFF CALENDARS & PLANNERS

TAROT READINGS ON SATURDAYS

**STAR GATE**  
Awareness Resources

1374 Willamette • 541-342-8348  
Mon. - Sat. 11:11 - 7:11



3635 Hilyard • 686.0432

**Knowing the Self Workshop**  
Yoga, Meditation, & Lifestyle  
For Strength & Clarity in 2013

Saturday, Jan 12, 2-5 pm

\$25 pre-registered, \$35 at door  
Gurumukh Singh 515-6468

www.yogawesteugene.com

## Yes Hypnosis Works STOP SMOKING NOW!!!

4 SESSIONS - PERMANENTLY

CALL Shoshanah Thielle  
CHT



541-684-3965  
yeshypnosisworks.com

## BIKRAM'S YOGA COLLEGE OF INDIA



## INTRODUCTORY PACKAGE \$20 for 10 Days

This is a 90 minute total body workout in a room heated to 105 degrees.

|         | M | T | W | TH | F | SA | SU |
|---------|---|---|---|----|---|----|----|
| 6:30am  | • | • | • | •  | • |    |    |
| 7:00 am |   |   |   |    |   | •  |    |
| 9:00am  | • | • | • | •  | • | •  | •  |
| Noon    | • |   | • |    | • |    |    |
| 4:00pm  | • | • | • | •  | • | •  | •  |
| 6:00pm  | • | • | • | •  | • |    |    |

**Community Class by Donation Sundays Noon**  
FIRST CLASS: Arrive 20 minutes early - Bring a large towel & water bottle  
Wear gym shorts & a tank top - Don't eat for 2-3 hours before class  
Be prepared to work hard & sweat!

820 Charnelton • 349-9642



@eugeneweekly

## THE SPIRAL SCHOOL Upcoming Events

1/12 Transform w/Self-Hypnosis  
w/Willow Rose  
1/16 Alive! Detox to Thrive  
w/Luminara Serdar  
1/23-2/6 Meditative Journal Writing  
w/MaryJo Comins

541-349-0595 www.TheSpiralSchool.com

## QIGONG

REGISTER & MAKE APPOINTMENTS ONLINE

INTRODUCTORY CLASS Tues 5:30-7pm  
Call to join any week, 4 - 1.5 hr classes \$50

INTRO TO MEDICAL QIGONG THERAPY  
The foundation course of a complete system of Chinese Energetic Medicine: 2 Weekends:  
Feb 16, 17 & Mar 16, 17 plus 6 hrs of weekly classes, NCCAOM PDU's for Acupuncture given

ERIC SHAFFER, DMQ

Advanced Instructor of the IIMQ curriculum  
3496 Onyx St. Eugene, OR 541-654-0219  
info@qigong-clinic.com www.qigong-clinic.com



Albanian and Rom Dances  
Taught by Steve Kotansky

**January 19 & 20**

VESELO COMMUNITY FOLK DANCERS

Linda at 726-7548

Shirley at 683-6197



Structural Assessment & Integration,  
Loami Loami Hot Stone,  
Swedish Relaxation and Deep Tissue,  
Myofascial Release, Energy Healing.  
Parent Packages & First Time Client Discounts Available  
Auto and Medical Insurance Accepted

TAMMY WISE LMT# 11561 JUSTUS GROSE WISE LMT# 16860



auroragalleryandtattoo.com

541-844-1628



304 E. 13th Ave.  
Eugene, OR 97401

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facebook/AuroraGalleryandTattoo

# CLASSIFIEDS

To place a classified ad: **CALL** 541.484.0519 **EMAIL** classy@eugeneweekly.com  
**WEB** classifieds.eugeneweekly.com **WRITE** 1251 Lincoln St. Eugene, OR 97401  
**VISIT** our office Monday-Friday 8am-5pm

LINE ADS: \$11/3 LINES  
ADDITIONAL LINES: \$4

## EVENTS

**NATIVE AMERICAN CULTURAL EVENT** Cottage Grove Library, Sat. Jan. 12th, noon-5. From Eugene: I-5 So. to Exit 174, Rt. at end of exit, veer left at "Y", Rt. at E. Gibbs to 700 E. Gibbs. From south of Cottage Grove: I-5 No. to Exit 174; left at end of exit, veer left at "Y" then Rt. at E. Gibbs to 700 E. Gibbs. 541-942-3828.

**VOICE OVER WORKSHOP** Get behind a microphone & learn skills to become a professional voice talent! Taught by Bill Barrett, Pro Voice Talent and Radio Personality & Don Ross, Don Ross Productions Recording Studio. Sunday, January 27. eugenevoclasses@gmail.com or 541-343-2692.

## BULLETIN BOARD

### Classes

**EUGENE FENCERS CLUB** Modern Olympic Fencing. Foil, Epee & Saber. USFA/USFCA Certified Coaches. Roosevelt Middle School, Tuesday & Thursday, 6-8:30pm, 541-688-6574, eugenefencersclub.org

### Garage Sales

**MOVING SALE!** 501 Division Ave. Space 50, Sat 1/12, 9-5p couch, loveseat, twin bed, recliner, and misc. household items

### Opportunities

**ICE HOCKEY! ANYONE CAN PLAY!** Adult, non-checking, coed ice hockey leagues and classes in Eugene! No skating experience necessary. Classes with free loaner gear starting soon! 541-357-7166. icecenter@gmail.com www.icecenterhockey.org

**PLAY RUGBY! EUGENE REIGN IS RECRUITING PLAYERS & FANS!** Training Mon & Wed 5:30-7:30pm at SEHS soccer fields. No experience necessary! eugenewomensrugby.com

### Wanted

**FREE RECYCLING, FREE REMOVAL** Unwanted appliances, cars, trucks, parts, batteries, wheels, scrap metal, mowers, cans. Tom 541-653-4475.

**CASH FOR CARS:** Any Car/Truck. Running or Not! Top Dollar Paid. We Come To You! Call For Instant Offer: 1-888-420-3808 www.cash4car.com [AAN CAN]

### Workshops

**VOICE OVER WORKSHOP** Get behind a microphone & learn skills to become a professional voice talent! Taught by Bill Barrett, Pro Voice Talent and Radio Personality & Don Ross, Don Ross Productions Recording Studio. Sunday, January 27. eugenevoclasses@gmail.com or 541-343-2692.

### Pets

**GREENHILL HUMANE SOCIETY** Everybody Deserves a Good Home. Fri-Tues 11am-6pm, Closed Weds & Thurs. 88530 Greenhill Rd, 541-689-1503 green-hill.org Look for our Pet of the Week!

**SHELTER ANIMAL RESOURCE ALLIANCE** S.A.R.A.'s Treasures Gift & Thrift Shop. Volunteer, Donate, Shop, ADOPT! 821 River Road, Open Daily 10am-6pm. 541-607-8892 sarastreasures.org Look for this week's Rescued Cat.

### Lost & Found

**REWARD:** Silver celtic pin/brooch lost somewhere between 5th & Willamette and the UO. Call 541-341-1779 or 541-393-0759

### Adoption/Family Services

**ADOPT** Lots of love to offer a child in a stable, secure and nurturing home. Fees paid. Call anytime (800)-571-4136.

**ADOPT:** Advertising & TV Executives yearn for 1st baby to LOVE & CHERISH. Expenses paid. 1-800-989-8921.

**PREGNANT? CONSIDERING ADOPTION?** Talk with caring agency specializing in matching Birthmothers with Families Nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6293 Void in Illinois [AAN CAN]

## HELP WANTED

**HVAC TECHNICIAN/INSTALLER APPRENTICESHIP** APPLICATIONS FOR FUTURE APPRENTICESHIP EMPLOYMENT in Lane and Douglas Counties. Minimum qualification: 18 yrs old, High School grad or GED and 1 yr HS Algebra with C or placement test equivalent. Pick up applications **JANUARY 21 THRU FEBRUARY 1, 2013** 9am-4pm at Comfort Flow Heating 1951 Don St. Springfield Directions or Info at 541-279-1543.

**SDANCERS\$** Tired of your current club! **SWEET ILLUSIONS** has day & night shifts available. No experience, can train. Excellent tips! 541-852-8625 or 541-517-7196 **THE HOTTEST CLUB IN LANE COUNTY!**

**HELP WANTED!!!** MAKE \$1000 A WEEK mailing brochures from home! FREE Supplies! Helping Home Workers since 2001! Genuine Opportunity! No Experience required. Start Immediately! www.mailing-usa.com [AAN CAN]

**\$\$\$HELP WANTED\$\$\$** Extra Income! Assembling CD cases from Home! No Experience Necessary! Call our Live Operators Now! 1-800-405-7619 EXT 2450 http://www.easywork-greatpay.com [AAN CAN]

## SEEKING EMPLOYMENT

**LOST YOUR JOB?** Place a free line ad here (up to 4 lines, 160 characters) for 2 weeks. Briefly list your skills/experience & contact info. Email to: office@eugeneweekly.com or call 541-484-0519

**YARD CARE WINTER CLEAN UP** Trimming, weeds, maintenance, leaves, pruning & more. 541-741-4899

### Career Training

**AIRLINE CAREERS** - Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified - Housing available. Job placement assistance. CALL Aviation Institute of Maintenance 877-492-3059 [AAN CAN]

**ATTEND COLLEGE ONLINE** from Home. \*Medical, \*Business, \*Criminal Justice, \*Hospitality. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV authorized. Call 800-481-9472 www.CenturaOnline.com [AAN CAN]

### Business Opportunities

**FRIENDLY STREET MARKET - FOR SALE** Iconic south Eugene neighborhood natural food store for sale. Enjoy your work, earn a good living, and know that you are doing positive work in the world! Interested in this unique opportunity? Inquiries to: friendlystreetmarket@gmail.com

**HELP WANTED!** make extra money in our free ever popular homemailer program, includes valuable guidebook! Start immediately! Genuine! 1-888-292-1120 www.how-towork-fromhome.com

**REACH 5 MILLION** hip, forward-thinking consumers across the U.S. When you advertise in alternative newspapers, you become part of the local scene and gain access to an audience you won't reach anywhere else. http://www.altweeklies.com/ads

## WELLNESS

### Bodywork

**CAR ACCIDENT? BODY HURTING?** Your insurance will pay for massage, chiropractic etc. Eugene Wellness Center 1551 Oak. 541-344-8912

**ROLFING** relieves chronic pain, improves posture, helps you find ease in your body. Mark Donahue, Certified Advanced Rolfier, 25 yrs exp. LMT #14017 markdonahuerolfing.com 541-232-7630

### Classes

**QIGONG CLASSES** - no experience needed -Tues from 5:30-7 pm \$50/mo  
**QIGONG ENERGETIC HEALING** - Eric Shaffer, DMQ - Instructor/Clinician 541-852-1628 www.qigong-clinic.com

### Counseling

**ANXIETY. SPIRITUAL ISSUES.** Free Initial Consult/Sliding scale fee. Alan Zundel, M.A. 541-510-8804. alanzcounseling.com

**CLEAR HEART COUNSELING** Mindfulness-based Counseling, Bach Flower Remedies, Channeled Guidance. Ker Cleary, MA 541-349-0595 ClearHeartCounseling.com

**EFFECTIVE FREEDOM TECHNIQUES** A new holistic approach to counseling. Awakening Minds 541-606-9451

### Fitness

**WANT TO LOSE WEIGHT OR GAIN MUSCLE MASS?** Call Randy to schedule a free consultation and free week membership at the gym. He specializes in functional movement, customized exercises, weight loss, & nutrition. CrossFit Level 1 and National Academy of Sports Medicine certified. Randy, Personal Trainer at International Fitness, Gateway Mall (541-) 378-8799.

### Health & Nutrition

**LOSE WEIGHT GET FIT WINTER SPECIAL** Infrared Sauna, whole body vibration. Eugene Wellness Center 1551 Oak. 541-344-8912

## Life Works Where Shift Happens

### School of Hypnosis

Next Certification Class  
Begins Saturday, January 19, 2013

### Counseling Center

Individuals, Couples, Family Counseling



541-744-6655 • Lifeworks-or.com

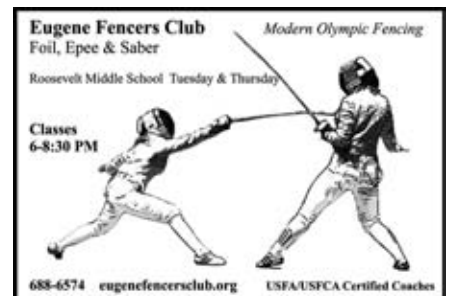


• changing old patterns to allow new choices  
• creating healthy relationships

Individuals/Couples

485-4559 • www.nancymac.net

sliding scale



## Eliel Luma Fionn



Intuitive Consultations

Energy Balancing

Reiki Instruction

(541) 653-8959

"You are the miracle, let yourself happen."