



EMILY JENSEN & TIM MCLAUGHLIN PLAY HOT MAMA'S WINGS ON SATURDAY (SEE MUSIC LISTINGS, PAGE 18)

MONDAY

JANUARY 7
SUNRISE 7:48AM; SUNSET 4:51PM
AVG. HIGH 46; AVG. LOW 34

BENEFITS Circle of Children, Village School Fundraiser, 6pm, Cozmic. FREE.

FILM Movie Night, 9pm, The City. FREE.

GATHERINGS Eugene Lunch Bunch Toastmasters, learn public speaking in a fun, friendly atmosphere, noon, Room 316, 101 W. 10th Ave.

Tween Scene, make a craft & have a snack, ages 9-13, 3:30-4:30pm, Springfield Library, 225 5th St., Spfd.

Women in Black Standing for Peace, silent vigil, 5-5:30pm, across the street from old federal building, 7th & Pearl St., info at 343-0063. FREE.

Empathy Cafe: Listen & be listened to, learn about & practice the inspiring, effective skills of compassionate, nonviolent communication in a fun & comfortable group, 7-9pm, info & location at 484-7366. Donat.

Jameson's Trivia Night, 7-9pm, 115 W. Broadway.

Poetry Open Mic, 7pm, Granary Pizza, 259 East 5th Ave. FREE.

Bingo, 9pm, Sam Bond's. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave.

Game Night, 9pm, Cowfish, 62 W. Broadway. FREE.

KIDS/FAMILIES No-School Day Program, all-day workshops for creative minds, grades 1-6, 9am-4pm, Science Factory Children's Museum & Exploration Dome, pre-reg. at sciencefactory.org or 682-7888. \$40, mem. \$35.

Reading w/Rover, a positive, non-threatening & fun environment for young readers, 6:30pm, Cottage Grove Public Library, 700 E. Gibbs St., Cottage Grove. FREE.

OUTDOORS/RECREATION Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Jan. 3.

Pinochle for Seniors continues. See Friday.

SOCIAL DANCE Beyond Basics & Advanced Beyond Basics, 7-8pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

SPIRITUAL Open Heart Meditation, 5:30-6:30pm, 1210 W. 4th Ave., info at 914-0431. FREE.

TUESDAY

JANUARY 8
SUNRISE 7:47AM; SUNSET 4:52PM
AVG. HIGH 46; AVG. LOW 34

FILM Now, *Voyager*, 7pm, UO Baker Center, 325 E. 10th Ave.

FOOD/DRINK The Corner Market continues. See Thursday, Jan. 3.

Park Blocks Farmer's Market continues. See Thursday, Jan. 3.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Original Pancake House, 782 E. Broadway, call 343-3743 for info. FREE.

Church Women United Breakfast, 7-8:30pm, Brails Restaurant, 1689 Willamette St., info at 554-2646.

Parkinson's Disease Support Group of Lane County, 10:30am-noon, Campbell Community Center, 155 High St., info at 345-2988 or leah@parkinsonsresources.org

Willama-Library Book Club, ages 18 & up, 10:30am, Springfield Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

NAMI Connections, peer support group for people living with mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE

Drones: a CODEPINK Report From Pakistan, 7pm, Unitarian Universalist Church, 1685 W. 13th Ave., info at 485-1755 or calcpeace@efn.org. FREE.

Industrial Workers of the World Meeting, 7pm, New Day Bakery, 449 Blair Blvd., info at icono-clasmo.scott@gmail.com. FREE.

Trivia Night, 7pm, Divine Cupcake, 1680 W. 11th Ave. FREE.

Side Bar D&T Bingo Night, 9pm, 1680 Coburg Rd., 343-1200. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

LECTURES/CLASSES Conquering the Dragon, dealing w/ addiction, for the whole family, noon-1:15pm, Jesco Center, 340 Blair Blvd., 579-3084. FREE.

Basics of Winter Travel, 5:30pm, Campbell Community Center, 155 High St., info at 682-5318. \$5.

Survival Skills for Artists, 10-week course, 6-9pm, through March 12, Hult Center, info & reg. at 682-5000. \$125/10-weeks.

Cool Western Native Plants, 7pm, Campbell Community Center, 155 High St., info at thehardyplantgroup.org or 344-0896. \$5.

OUTDOORS/RECREATION

Pinochle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

WREN Wetland Wander, 9-10:30am, Red House, 751 S. Danebo Ave., info at 338-7047 or info@wewetlands.org. FREE.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Nia 5 Stages, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447.

Nia Dance, 1pm-2pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

Practice sailing, 5:30pm-8:30pm, River House Center, 682-5329. \$40.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Disciples of Dirt: Ladies mountain bike rides, 6pm, locations vary, info at disciplesofdirt.org/forum/planned-rides

Double Staff, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Jan. 3.

SPIRITUAL Vinyasa Mixed Levels Yoga, 5:30-6:30pm, Everyday People Yoga, 352 W. 12th Ave., info at epyogaeugene.com. Donat.

Buddhist Book Group, 6-7pm, Saraha Nyingma Buddhist Institute, 477 E. 40th Ave., info at saraha.org. FREE.

SOCIAL DANCE Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$2, Willamalane Activity Center, 215 W. C St., Spfd., 344-7591.

WEDNESDAY

JANUARY 9
SUNRISE 7:47AM; SUNSET 4:53PM
AVG. HIGH 46; AVG. LOW 34

COMEDY Brickwall Comedy Club Open Mic, 8:30pm, Brickwall Comedy Club. FREE.

FILM *Psycho*, 1pm, Willamalane Adult Center, 215 W. C St., Spfd. FREE.

FOOD/DRINK Sweetwater Farm Stand, fresh farm produce, products & recopes, 4-6pm, 1243 Rainbow Dr.

The Corner Market continues. See Thursday, Jan. 3.

GATHERINGS Free Admission Day at UO Museum of Natural & Cultural History, 11am-5pm, UO. FREE.

10 week Beravement Support Group, Wednesdays through Nov. 7, 3-4:30pm, South Lane Mental Health, 1245 Birch Ave., Cottage Grove, pre-reg. 767-4185. Don.

Teen Gaming, 3:30-5:30pm, Sheldon Branch Library, 1566 Coburg Rd., info at 682-8316. FREE.

OP Writing Group, 4-5pm, through March 20, Ophelia's Place, 1577 Pearl St., Ste 100. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Homeowner Assistance Meeting, 5pm-7pm, Growers' Market, 454 Willamette St. FREE.

Agile Project Management Methodology panel discussion, 6-8pm, Valley River Inn, 1000 Valley River Wy., info & pre-reg. at eugenepmi.org \$20 adv., \$25 door.

Democracy School Roundtable discussion, 6-9pm, 454 Willamette St., info at 937-3034. FREE.

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Suite A, 209.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

Trivia at Supreme Bean, 7pm, 16 Tons Supreme Bean, 29th & Willamette. FREE.

Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

Bounce w/DJ Sassymouff, 9pm, John Henry's. FREE.

KIDS/FAMILIES Winter Break Camps, through Jan. 7, 2013, Sheldon Center, 2443 Willakenzie Rd., times vary, more info at 682-5312.

Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6 w/caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Sensory Storytime, stories for children w/sensory integration or other special needs w/caregivers, 1pm, downtown library, info at 682-8316. FREE.

Cozmic Carnival, variety, 5pm, Cozmic. FREE.

LECTURES/CLASSES ASL: learn American Sign Language w/ Anne Devlin, all ages, 10am, info & location at www.signwithmebaby.org. FREE.

eBooks for Kindle, 5:30pm, downtown library, info at 682-5450. FREE.

Parenting Teens in the Digital Age w/Jamie Guyn, 6pm, downtown library, info at 682-5450. FREE.

OUTDOORS/RECREATION Weight Training & Strength Yoga, 8:30am, Celebration Studio, 1820 Willamette St. \$10.

Chess for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

Accessible Aquatics, swimming classes for individuals

with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Aqua Nia, 10-11am, Tamarack Wellness Center, 3575 Donald St., pre-reg. at 686-9290. \$11.

Bike Riding for Adults, 10:30am, Campbell Community Center, 155 High St., info at 682-5318. FREE.

Bike Riding for Seniors, weekly in-town rides, helmets required, 10:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Foursome Bridge for Seniors, noon-3:30pm, Campbell Community Center, 155 High St. \$0.25.

Cribbage for Seniors, 12:30-3pm, Petersen Barn Community Center, 870 Berntzen Rd. \$0.25.

Bingo for Seniors, 1-4pm, Campbell Community Center, 155 High St. \$0.25.

Yoga & Tae Kwon Do Class, 4pm, Alchemy Lotus Healing Center, 1380 W. 17th Ave., info at 232-2042. FREE.

Yoga by Donation, mixed levels, 4:15-5:15pm, Eugene Yoga, 3575 Donald St., 520-8771. Donat.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

Rock Climbing, 5:30-8:30pm, Art & Technology Academy, 1650 W. 22nd Ave., info at 682-5329. \$5.

Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Disciples of Dirt Wednesday night mountain bike ride, 7:30pm, locations vary, info at disciplesofdirt.org

Hoopdance Beats, 8-9pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Kayak Pool Sessions, 8-9:30pm, Leghton Pool, SRC. \$4-\$6.

Poi w/Zach, 8-9pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Jan. 3.

SOCIAL DANCE Cajun/Zydeco Dance, 6:30-9pm, New Day Bakery, 449 Blair Blvd. \$3 donat.

Dundun Dance w/Kerfala "Fana" Bangoura, 7-8:30pm, WOW Hall. \$12, \$10 stu.

Argentine Tango Practica, 8-10pm, Knights of Pythias Hall, 420 W. 12th Ave. \$5.

Intro to Cuban Salsa Dancing: Styling & Musicality, 8pm, The Reach Center, 2520 Harris St., info at heidi@weiskel.org \$5.

SPIRITUAL Vinyasa Mixed Levels Yoga, 9-10am, Everyday People Yoga, 352 W. 12th Ave, info at epyogaeugene.com. Donat.

A Course in Miracles Drop-In Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. FREE.

Open Heart Meditation, noon, Unity of the Valley, 39th &

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