# EVENTS CALENDAR


YOGA WEST
3635 Hilyard • 686.0432

***Special New Years Class***
**Jan 1st, 5:30-6:55 pm**
**Yoga & Meditation to lay your foundation & expand into 2013.**
$8 drop-in or YW passes
*Simrat Kaur 343-7825*

***Morning Kundalini Yoga***
**New class begins Jan 3**
**Tues/ Thurs 6:30-7:30 am**
**Jump Start Your Day!**
$8 drop-in or YW passes
*Gurumukh Singh 515-6468*

***Knowing the Self***
**Yoga & Meditation for Strength & Clarity in 2013**
**Fridays, Jan 4-25, 7-8:30 pm**
$24 Series, $8 drop-in, passes
*Gurumukh Singh 515-6468*

**www.yogawesteugene.com**

**WINTER DANCE CLASSES**
**REGISTER SOON**
8 Week Series/Thursday Nights
JAN. 10 - MAR. 14, 2013
Dance with Us!
**Beginning & Beyond Beginning**
Rumba, Cha-Cha, Merengue, Samba
**Intermediate to Advanced**
Silver Rumba
Contact us for registration form
Deadline Dec. 28th (541)342-3058
Email: dancelaurarobert@riousa.com

Ker Cleary, LPC, BFRP
ClearHeart Counseling
Mindfulness-based Counseling
Bach Flower Remedies
Channeled Guidance
541-349-0595
www.ClearHeartCounseling.com

**BigFootLane**
*at the*
**RED LION**
Coburg Rd.
**JANUARY 5TH**

*Eliel Luma Fionn*
**Intuitive Consultations**
**Energy Balancing**
**Reiki Instruction**
**(541) 653-8959**
www.elielfionn.com
*"You are the miracle, let yourself happen."*

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hypnotherapy
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• creating healthy relationships
Individuals/Couples
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sliding scale

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**4 SESSIONS - PERMANENTLY**
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yeshypnosisworks.com

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IMPROVE POSTURE
FIND EASE IN YOUR BODY
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**COLLEGE OF INDIA**
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INTRODUCTORY PACKAGE
**$20 for 10 Days**
This is a 90 minute total body workout in a room heated to 105 degrees.

| | M | T | W | TH | F | SA | SU |
|---|---|---|---|---|---|---|---|
| 6:30am | • | • | • | • | • | | |
| 7:00 am | | | | | | • | |
| 9:00am | • | • | • | • | • | • | • |
| Noon | • | | • | | • | | • |
| 4:00pm | • | • | • | • | • | • | • |
| 6:00pm | • | • | • | • | • | | |

**Community Class by Donation Sundays Noon**
FIRST CLASS: Arrive 20 minutes early - Bring a large towel & water bottle
Wear gym shorts & a tank top - Don't eat for 2-3 hours before class
Be prepared to work hard & sweat!
**820 Charnelton • 349-9642**

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# CLASSIFIEDS

*To place a classified ad:* ***CALL*** *541.484.0519* ***EMAIL*** *classy@eugeneweekly.com*
***WEB*** *classifieds.eugeneweekly.com* ***WRITE*** *1251 Lincoln St. Eugene, OR 97401*
***VISIT*** *our office Monday-Friday 8am-5pm*

**LINE ADS:** $11/3 LINES
**ADDITIONAL LINES:** $4

## EVENTS

**FRI. DEC. 28 FULL MOON TRANSMISSION MEDITATION**
Be part of an extraordinary global network to serve the world at an extraordinary time. 7:00pm Fri. Dec. 28 at Unity Church 3912 Dillard Rd (Hilyard & 39th) www.transmissionmeditation.org (local # 541-686-5071) No experience necessary. ALWAYS FREE. Newcomers to transmission meditation please arrive at 6:30pm. **We are Transforming the Future in Love RIGHT NOW.**

**LEARN TO MAKE CHEESE** A Series of classes at Wise Acres Farm. Please visit: herbaltransitions.com or 541-736-0164 for class information! Taught by Dr. Tilgner.

## BULLETIN BOARD

### Classes

**EUGENE FENCERS CLUB** Modern Olympic Fencing. Foil, Epee & Saber. USFA/USFCA Certified Coaches. Roosevelt Middle School, Tuesday & Thursday, 6-8:30pm, 541-688-6574, eugenefencersclub.org

**FROM CANVAS TO CAREER IN 10 WEEKS** – learn practical tools for success as an artist! Survival Skills for Artists, 10 week class @ the Hult Center, Tues eves 6-9pm Jan 8-March 12, $125. Call 541-682-5000 for info.

**PAINT YOUR WAY TO PROFIT** – get some practical tools for success as an artist! Survival Skills for Artists, 10 week class @ the Hult Center, Tue 6-9pm Jan 8-March 12, $125. Call 541-682-5000 for info.

**LEARN TO MARKET YOUR ART AND TURN YOUR PAINTBRUSH INTO RENT MONEY**! Survival Skills for Artists, 10 week class @ the Hult Center, Tue 6-9pm Jan 8-March 12, $125. Max 25 students. Call 541-682-5000 for info.

### Opportunities

**ICE HOCKEY! ANYONE CAN PLAY!!** Adult, non-checking, coed ice hockey leagues and classes in Eugene! No skating experience necessary. Classes with free loaner gear starting soon! 541-357-7166. icecenter@gmail.com www.icecenterhockey.org

**PLAY RUGBY! EUGENE REIGN IS RECRUITING PLAYERS & FANS!** Training Mon & Wed 5:30-7:30pm at SEHS soccer fields. No experience necessary! eugenewomensrugby.com

### Wanted

**FREE RECYCLING, FREE REMOVAL** Unwanted appliances, cars, trucks, parts, batteries, wheels, scrap metal, mowers, cans. Tom 541-653-4475.

### Pets

**GREENHILL HUMANE SOCIETY** Everybody Deserves a Good Home. Fri-Tues 11am-6pm, Closed Weds & Thurs. 88530 Greenhill Rd, 541-689-1503 green-hill.org Look for our Pet of the Week!

**SHELTER ANIMAL RESOURCE ALLIANCE** S.A.R.A.'s Treasures Gift & Thrift Shop. Volunteer, Donate, Shop, ADOPT! 871 River Road, Open Daily 10am-6pm. 541-607-8892 sarastreasures.org Look for this week's Rescued Cat.

### Adoption/Family Services

**ADOPT** Lots of love to offer a child in a stable, secure and nurturing home. Fees paid. Call anytime (800)-571-4136.

## HELP WANTED

**$DANCERS$** Tired of your current club! **SWEET ILLUSIONS** has day & night shifts available. No experience, can train. Excellent tips! 541-852-8625 or 541-517-7196 **THE HOTTEST CLUB IN LANE COUNTY!**

## SEEKING EMPLOYMENT

**LOST YOUR JOB?** Place a free line ad here (up to 4 lines, 160 characters) for 2 weeks. Briefly list your skills/experience & contact info. Email to: office@eugeneweekly.com or call 541-484-0519

### Business Opportunities

**REACH 5 MILLION** hip, forward-thinking consumers across the U.S. When you advertise in alternative newspapers, you become part of the local scene and gain access to an audience you won't reach anywhere else. http://www.altweeklies.com/ads

## WELLNESS

### Bodywork

**MASSAGE THERAPY** Car accidents, whip lash, chronic pain, relaxation. Insurance accepted, avail weekends. Shoshannah Thielle, LMT #3461. 541-684-3965.

**ROLFING** relieves chronic pain, improves posture, helps you find ease in your body. Mark Donahue, Certified Advanced Rolfer, 25 yrs exp. LMT #14017 markdonahuerolfing.com 541-232-7630

### Classes

**BECOMING AN HERBALIST** A series of herb classes taught by Dr. Tilgner. Please visit: herbaltransitions.com or 541-736-0164 for class information!

### Counseling

**CLEAR HEART COUNSELING** Mindfulness-based Counseling, Bach Flower Remedies, Channeled Guidance. Ker Cleary, MA 541-349-0595 ClearHeartCounseling.com

### Fitness

**WANT TO LOSE WEIGHT OR GAIN MUSCLE MASS?** Call Randy to schedule a free consultation. He specializes in functional movement, customized exercises, weight loss, & nutrition. CrossFit Level 1 and National Academy of Sports Medicine certified. Randy, Personal Trainer at International Fitness, Gateway Mall (541-) 378-8799.

### Hypnotherapy

**A BETTER CHOICE FOR YOU!** LIfe Works School of Hypnosis. New class begins Sat., January 19, 2013. Register now. Lifeworks-or.com, 541-744-6655. Visa/MC/Discover/AMEX accepted.

**A REAL SHIFT FOR YOU! LIFE WORKS**
School of Hypnosis: Certification
Class starts Sat., Jan. 19, 2013.
$ off for early registration. Counseling Center: Individuals, Couples and Families. Lifeworks-or.com
541-744-6655 - Credit Cards ok.

**HYPNOSIS** is a powerful tool for change. Stress? Health issues? Smoking? Weight loss? Anxiety? Phobias? Pregnancy? Nancy Mac, CHt 541-485-4559 www.NancyMac.net

**STOP SMOKING NOW!!!** 4 Sessions - Permanently. Call Shoshanah Thielle, CHT 541-684-3965. YesHypnosisWorks.com

### Massage

**EXCEPTIONAL HOT STONE MASSAGE** FEEL BETTER NOW: Cradled deeply in warmth from head to toes, immediately soothing comfort is paired with skilled and intuitive work. Jennifer Bennett, LMT #18044 LaStone certified: 541-968-8023

**HOLIDAY MASSAGE SPECIAL: $50 FOR AN HOUR** Through January 5. Swedish, Sports, Deep Tissue, Pregnancy, Reflexology & more. 541.505.1193. www.soratherapies.com

**MARGARET'S GENTLE DEEP-TISSUE MASSAGE** Strong, Intuitive, Thorough. 27 yrs exp $40/1st hr 541-513-2692. #2144. Gift Certificates available.

**SANCTUARY MASSAGE** Auto & Medical Insurance Accepted. Parent Packages & 1st Time Client Discounts. Tammy Wise (lmt #11561) Justus Grose Wise (lmt #16860) 541-343-0109

### Yoga

**BIKRAM'S YOGA** College of India Intro Package $20 for 10 days. 90 min workout in heated room. Classes all week! Including Community Class by donation Sundays at noon. 820 Charnelton 541-349-9642

**YOGA ALWAYS BY DONATION**
At Everyday People Yoga. 20+ classes for students of every level. 352 W. 12th Ave. www.everydaypeopleyoga.com

**YOGA BY DONATION WEDNESDAYS** 12:15 and Sundays 4:30 pm. Also by donation - **RECOVERY WITH QIGONG** Tuesdays 7:00-8:00 am. An eclectic blend of Yoga styles and levels offering over 60 weekly drop-in classes. 3575 Donald St. www.eugeneyoga.us

**YOGA WEST** Kundalini Yoga in Eugene as taught by Yogi Bhajan. First two classes for the price of one. 3635 Hilyard, 541-686-0432 yogawesteugene.com

## LEGAL NOTICES

**AMENDED TRUSTEE'S NOTICE OF SALE**
The Trustee under the terms of the Trust Deed described herein, at the direction of the Beneficiary, hereby elects to sell the property described in the Trust Deed to satisfy the obligations secured thereby. Pursuant to ORS 86.745, the following information is provided: **1. PARTIES:** Grantor: JAMES G. KAUFER. Trustee: FIDERLITY NATIONAL TITLE COMPANY OF OREGON. Successor Trustee: NANCY K. CARY Beneficiary: OREGON HOUSING AND COMMUNITY SERVICES DEPARTMENT, STATE OF OREGON as assignee of UMPQUA BANK. **2. DESCRIPTION OF PROPERTY:** The real property is described as follows: Lot 3, Block 20, VENETA, as platted and recorded in Book 7, Page 4, Lane County Oregon Plat Records, in Lane County, Oregon. **3. RECORDING.** The Trust Deed was recorded as follows: Date Recorded: July 23, 2007. Recording No.: 2007-050222. Official Records of Lane County, Oregon. **4. DEFAULT.** The Grantor or any other person obligated on the Trust Deed and Promissory Note secured thereby is in default and the Beneficiary seeks to foreclose the Trust Deed for failure to pay: A payment of $946.00 for the month of October 2011; plus regular monthly payments of $1,004.00 each, due the first of each month, for the months of November 2011 through October 2012; plus late charges and advances; plus any unpaid real property taxes or liens, plus interest. **5. AMOUNT DUE.** The amount due on the Note which is secured by the Trust Deed referred to herein is: Principal balance in the amount of $121,267.66; plus interest at the rate of 6.3750% per annum from September 1, 2011; plus late charges of $363.80; plus advances and foreclosure attorney fees and costs. **6. SALE OF PROPERTY.** The Trustee hereby states that the property will be sold to satisfy the obligations secured by the Trust Deed. A Trustee's Notice of Default and Election to Sell Under Terms of Trust Deed has been recorded in the Official Records of Lane County, Oregon. **7. TIME OF SALE.** Date: February 14, 2013. Time: 11:00 a.m. Place: Lane County Courthouse, 125 E. 8th Avenue, Eugene, Oregon. **8. RIGHT TO REINSTATE.** Any person named in ORS 86.753 has the right, at any time that is not later than five days before the Trustee conducts the sale, to have this foreclosure dismissed and the Trust Deed reinstated by payment to the Beneficiary of the entire amount then due, other than such portion of the principal as would not then be due had no default occurred, by curing any other default that is capable of being cured by tendering the performance required under the obligation or Trust Deed and by paying all costs and expenses actually incurred in enforcing the obligation and Trust Deed, together with the trustee's and attorney's fees not exceeding the amount provided in ORS 86.753. You may reach the Oregon State Bar's Lawyer Referral Service at 503-684-3763 or toll-free in Oregon at 800-452-7636 or you may visit its website at: www.osbar.org. Legal assistance may be available if you have a low income and meet federal poverty guidelines. For more information and a directory of legal aid programs, go to http://www.oregonlawhelp.org. Any questions regarding this matter should be directed to Lisa Summers, Paralegal, (541) 686-0344 (TS #30057.30460). DATED: October 9, 2012. **/S/ NANCY K. CARY** Nancy K. Cary, Successor Trustee, Hershner Hunter, LLP, P.O. Box 1475, Eugene, OR 97440. First publication: 12/06/12. Last publication: 12/27/12

**AMENDED TRUSTEE'S NOTICE OF SALE**
The Trustee under the terms of the Trust Deed described herein, at the direction of the Beneficiary, hereby elects to sell the property described in the Trust Deed to satisfy the obligations secured thereby. Pursuant to ORS 86.745, the following information is provided: **1. PARTIES:** Grantor: JEFFREY E. ANDERSON. Trustee: FIRST AMERICAN TITLE INSURANCE COMPANY OF OREGON. Successor Trustee: NANCY K. CARY. Beneficiary: WASHINGTON FEDERAL FKA WASHINGTON FEDERAL SAVINGS. **2. DESCRIPTION OF PROPERTY:** The real property is described as follows: Lot 152, FLATBUSH SECOND ADDITION, as platted and recorded in File 73, Slides 249 and 250, Lane County Oregon Plat Records, in Lane County, Oregon. **3. RECORDING.** The Trust Deed was recorded as follows: Date Recorded: February 11, 2002. Recording No: 2002-011329. Official Records of Lane County, Oregon. **4. DEFAULT.** The Grantor or any other person obligated on the Trust Deed and Promissory Note secured thereby is in default and the Beneficiary seeks to foreclose the Trust Deed for failure to pay: Monthly payments in the amount of $615.00 each, due the first of each month, for the months of June 2012 through September 2012; plus late charges and advances; plus any unpaid real property taxes or liens, plus interest. **5. AMOUNT DUE.** The amount due on the Note which is secured by the Trust Deed referred to herein is: Principal balance in the amount of