

**OUTDOORS/RECREATION** Acrobatics, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Dec. 6.

Pinochle for Seniors continues. See Friday.

**SOCIAL DANCE** Beginning African Dance w/Andrea, 7-8:15pm, WOW Hall. \$10, \$8 stu.

Beyond Basics & Advanced Beyond Basics, 7-9pm, The Vet's Club, 1626 Willamette St.

Scottish Country Dance w/Robert & Leone, all dances taught; reels, jigs, strathspeys, 7-9pm, Studio B, 1590 Willamette St., info at 935-6051. \$15/month.

**SPIRITUAL** Winter Solstice Yoga Retreat (all levels) w/Dave Curtis, 6:45-8am today through Thursday, Dec. 13, Saraha Nyngma, 477 E. 40th Ave., reg. at yogawithdave.com or 515-3614.

Late Morning Health & Wellness Qigong, 10:30-11:30am, Eugene United Methodist Church, 1376 Olive St., info at 708-1163. \$5.

Open Heart Meditation, 5:30-6:30pm, 1210 W. 4th Ave., info at 914-0431. FREE.

## TUESDAY

**DECEMBER 11**  
SUNRISE 7:38AM; SUNSET 4:34PM  
AVG. HIGH 46; AVG. LOW 34

**FOOD/DRINK** Creswell Farmers' Market, 4-6pm, 182 S. 2nd St., Creswell.

The Corner Market continues. See Thursday, Dec. 6.

Park Blocks Farmer's Market continues. See Thursday, Dec. 6.

**GATHERINGS** Cascade Toastmasters, drop-ins welcome,

6:45-8:15am, Original Pancake House, 782 E. Broadway, call 343-3743 for info. FREE.

Parkinson's Disease Support Group of Lane County monthly meeting, 10:30am-noon, Campbell Community Center, 155 High St., info at 345-2988.

Water Blessing Ceremony, 11:40am-12:10pm, EWEB, 500 E. 4th Ave. FREE.

Parkinson's Disease support group for partners of people w/ Parkinson's, 1:30pm, Eugene Hearing & Speech Center, 1500 W. 12th Ave., info at 345-2988. FREE.

NAMI Connections, peer support group for people living with mental illness, 3:30-5pm, First United Methodist Church, 1376 Olive St. FREE

International Association of Administrative Professionals, 5:30pm, Boulevard Grill, 2123 Franklin Blvd., RSVP at <http://www.iaap-mckenzie.org/>

Health Care for All Oregon meeting, 7pm, EWEB, 500 E. 4th Ave.

Industrial Workers of the World Meeting, 7pm, New Day Bakery, 449 Blair Blvd., info at [iconoclasmo.scott@gmail.com](mailto:iconoclasmo.scott@gmail.com) FREE.

Trivia Night, 7pm, Divine Cupcake, 1680 W. 11th Ave. FREE.

Side Bar D&T Bingo Night, 9pm, 1680 Coburg Rd., 343-1200. FREE.

Tricycle Races, 9pm, McShanes, 86495 College View Rd. FREE.

New Zone Gallery Holiday Gift Store continues. See Thursday, Dec. 6.

**KIDS/FAMILIES** Terrific Twos Storytime, for 2-year-olds w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

**LECTURES/CLASSES** Conquering the Dragon, dealing w/



**TRACIE MANSO'S HOLIDAY POTTERY STUDIO SALE IS THIS WEEKEND**

addition, for the whole family, noon-1:15pm, Jesco Center, 340 Blair Blvd., 579-3084. FREE.

"Basic Quilting," 7pm, Fern Ridge Library, Veneta, info at 935-7512. FREE.

Bike Maintenance Basics, 7pm, REI, 306 Lawrence St., pre-reg. FREE.

**OUTDOORS/RECREATION** Pinochle for Seniors, 9am-noon, Campbell Community Center, 155 High St. \$0.25.

WREN Wetland Wander, bring picnic lunch, water & sturdy shoes, 9-10:30am, Stewart Pond, Bertelsen Rd. & Steward Rd., info at 338-7047. FREE.

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 Riverbend Dr., Spfd., info at 515-0462.

Nia 5 Stages, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447.

Nia Dance, 1pm-2pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447.

Scrabble for Seniors, 1-3pm, Campbell Community Center, 155 High St. \$0.25.

Practice sailing, 5:30pm-8:30pm, River House Center, 682-5329. \$40.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Disciples of Dirt: Ladies mountain bike rides, 6pm, locations vary, info at [disciplesofdirt.org/forum/planned-rides](http://disciplesofdirt.org/forum/planned-rides)

Double Staff, 7:30-8:30pm, Academy of Artistic Gymnastics, 1205 Oak Patch Rd., 344-2002. \$10 Drop-In, \$80 for 10 class punchcard. First class FREE.

Pool Hall continues. See Thursday, Dec. 6.

**SOCIAL DANCE** All Access Dance Party, 5pm, Cozmic. FREE.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$2, Willamalane Activity Center, 215 W. C St., Spfd., 344-7591.

**SPIRITUAL** Winter Solstice Yoga Retreat (all levels) w/Dave Curtis continues. See Monday.

**VOLUNTEER** Volunteer orientation, 6:30pm, WOW Hall.

## WEDNESDAY

**DECEMBER 12**  
SUNRISE 7:39AM; SUNSET 4:34PM  
AVG. HIGH 46; AVG. LOW 34

**COMEDY** Brickwall Comedy Club Open Mic, 8:30pm, Brickwall Comedy Club. FREE.

**DANCE** Eugene Youth Ballet: The Nutcracker: Short & Suite, 4pm, downtown library, info at 682-8316. FREE.

**FILM** *Daddy Long Legs*, 1pm, Willamalane Adult Center, 215 W. C St., Spfd. FREE.

*Poetry of Resilience, The Poetry Deal: A Film w/Diane di Prima*, 7pm, Jordan Schnitzer Museum, UO Campus.

**FOOD/DRINK** Holiday Meals for Seniors, 11:30am, Campbell Community Center, 155 High St. \$6.

Sweetwater Farm Stand, fresh farm produce, products & recipes, 4-6pm, 1243 Rainbow Dr.

The Corner Market continues. See Thursday, Dec. 6.

**GATHERINGS** Free Admission Day at UO Museum of Natural & Cultural History, 11am-5pm, UO. FREE.

10 week Beravement Support Group, Wednesdays through Nov. 7, 3-4:30pm, South Lane Mental Health, 1245 Birch Ave., Cottage Grove, pre-reg. 767-4185. Don.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Beyond Toxics Open House, premier of two new video documentaries including one about La Pine pesticide poisoning, 5-8pm, Beyond Toxics Office, 1192 Lawrence St. FREE.

Homeowner Assistance Meeting, 5pm-7pm, Growers' Market, 454 Willamette St. FREE.

NAMI Connections Support Group for individuals w/mental illness, 6pm, NAMI Office, 76 Centennial Loop., Suite A, 209.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

Trivia at Supreme Bean, 7pm, 16 Tons Supreme Bean, 29th & Willamette. FREE.

**SECOND ANNUAL "Neighbors in Need" FOOD DRIVE**

In 2011 one of our customers approached us with a great idea she had seen in action while visiting another state. We accepted her challenge and launched our "Neighbors in Need" food drive, which was a success. Last December our customers purchased and donated 99 food gift packs (\$1650!).

**IT'S EASY TO HELP OUT**  
Pick a \$10 or \$20 pre-packaged healthy-food gift pack; buy it at the register; put it in our food drive barrel. St. Vincent de Paul of Lane County is handling distribution.

**THANK YOU FOR YOUR GENEROSITY!**

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