



PHOTOS BY TODD COOPER

BEST VET

1. **CatCare, Limited** 1400 Willamette St. 302-5824. www.catcarelimited.com
2. **Bush Animal Hospital** 2415 Oakmont Way. 246-7025. www.bushanimalhospital.com
3. **Amazon Park Animal Clinic** 725 E. 25th Ave. 485-0161. amazonparkvet.com

Walk in to CatCare, Limited and you are walking into a 100-year-old house and a cat-specific, family-owned business. Veterinarian Ann Samsell, who started CatCare 15 years ago, says those are just a few of the reasons clients come to the clinic for personal one-on-one attention to their kitties. She says that the homey atmosphere is accentuated for the cats because there are no dogs at the clinic to stress them out. After almost 25 years in practice Samsell decided to focus on felines because cats are “unique animals and have specific needs.” She says cats are “about the perfect pet.” One of the biggest challenges facing cats in Eugene is the amount of outdoor cats, and with the economic downturn people can’t always afford preventative care. Among the issues facing free-roaming cats are feline immunodeficiency virus (FIV, also known as feline AIDs), bite wounds and, Samsell says, rabies. She says that Oregon does not require a rabies shot, but even indoor cats should get one — one of her clients recently found a bat in her closet and a bat in Eugene recently tested positive for rabies. “It’s important to educate clients,” Samsell says, “empower them with information and teach them how to take care of their pets.”

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3. **Nature’s Pet** 2864 Willamette St. #200. 653-9247. www.naturespetmarket.com

Pets and cigarettes go together like ... things that you don’t want your house to smell like. But actually, considering they allow pets to come inside, Mini Pet Mart doesn’t smell bad at all, and it’s got a great array of dog foods from organic and grain-free to mainstream brands. We like them because it doesn’t matter if we show up with a pit bull or an ugly little Chihuahua, they always tell us the dog is cute and give it a treat. Rounding out this category is perennial favorite The Healthy Pet and relative newcomer Nature’s Pet. All three of our readers’ favorite places to pick up pet supplies are awfully nice about offering to carry out the massive bags of dog food it takes to keep the kennel at EW happy.

BEST PLACE TO WORK OUT

1. **YMCA** 2055 Patterson. 686-9622. www.eugeneymca.org
2. **Downtown Athletic Club** 999 Willamette St. 484-4011. www.downtownac.com
3. **Oakway Fitness** 170 Oakway Rd. 343-3314. www.oakwayfit.com

The YMCA has it all and a little more. Not only will you get a wellness coach to assess your overall health and goals when you become a member, but you’ll get access to a suite of resources and offerings ranging from water yoga (“mindful motion”) to Zumba to racquetball challenges to SAT prep courses. A great fit for the health-conscious family and the wallet-conscious academic (just \$35 per month for students) and everyone in between. Director Dave Perez has been there for 20 years and much of the staff has long histories with the Eugene Y as well — they must be doing something right because y’all keep going back!



CatCare Limited


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